

Henderson County Extension Intern

Location: Henderson County

Program Area: Family and Consumer Sciences

Immediate/Site Supervisor: William Terry Kelley

Other Mentors and Supervisors: Abigail Pierce; Betsy Hooker

Position Description/Responsibilities:

Henderson County has a strong partnership between our EFNEP Program Assistant and our FCS Agent. This team works together to provide nutrition education, food preservation and safe cooking and using local foods. The pair frequently does demonstrations at four local farmer's markets.

The intern would have the responsibility of assisting these folks with their programs. They would prepare demonstration materials for farmer's markets and participate in the activities. The intern would help to draft programs for adult and youth nutrition programs as well as other programs related to maintaining good health and physical fitness.

Additionally, the intern would learn the basics of food preservation and teaching techniques involved. They would also have the opportunity to learn the routine extension responsibilities of these positions such as pressure canner testing, etc. They would also work with the FCS agent at local programs at libraries and community centers related to healthy eating and simple exercise programs. They would have the opportunity to teach in these programs and prepare curriculum materials.

Benefits/skills student will gain through this internship:

- Learn how to do public demonstrations as well as the basics of nutrition and healthy lifestyles education.
- Opportunity to interact with all Extension staff and get exposure to the multifaceted responsibilities of a large extension office.
- Learn how to develop materials for educating adults and youth and get experience interacting with a diverse audience.
- Become familiar with the responsibilities and importance of the roles of FCS agents and EFNEP Program Assistants and see the impact they can have on important lifestyle changes for people at risk.

Preferred qualifications/previous coursework:

Prefer someone with an interest in local foods and nutrition.