



The 5th Annual
**SOMETHIN'
PUMPKIN**



COOKING CONTEST & FESTIVAL

Saturday, October 12, 2019

~ CONTEST DETAILS ~

Somethin' Pumpkin is a cooking contest, pumpkin decorating contest, and festival designed by NC Cooperative Extension as part of Cotton Ginning Days. From growing and cooking with pumpkin, festival activities encourage families to connect with local agriculture and community resources. Entries are judged and displayed as part of Cotton Ginning Days. Cash prizes are awarded for first, second, and third place in each category, as well as a grand prize winner.

Youth activities are also provided, such as pumpkin decorating and face painting. Over the past several years, *Somethin' Pumpkin* has become a family-centered event which carries on not only the skill of cooking, but also the enjoyment of preparing food with family and friends.

THANKS TO OUR PARTNERS & SPONSORS:



Ford's Seed Store



5th Annual Somethin' Pumpkin Cooking Contest & Festival

Sat., October 12, 2019

WINNERS RECEIVE CASH PRIZES!

FREE!



FREE!

GRAND PRIZE: \$200 for overall contest winner!

CATEGORY PRIZES

1st Prize - \$100

2nd Prize - \$50

3rd Prize - \$25

For adults & youth!

For More Info:

Linda J. Minges, MPH, RDN, LDN

NC Cooperative Extension

704.922.2127 | linda_minges@ncsu.edu

Online: gaston.ces.ncsu.edu

Follow on Facebook:

@GastonExtensionHealthyLiving

For accommodations for persons with disabilities, contact 704.922.2127 within 5 business days of event.

CATEGORIES

- **MAIN DISH*** - soups, salads, sandwiches, casseroles
- **DESSERTS*** - cakes, breads, cookies, pastries, & tarts
- **MISCELLANEOUS*** - beverages, appetizers, low-calorie, etc.
- **HOME GROWN** - all ages & all entries made with your own home-grown pumpkin
- **YOUTH (AGES 8 - 12)** - Main Dish & Miscellaneous
- **YOUTH (AGES 8 - 12)** - Desserts
- **YOUTH (AGES 13 - 18)** - Main Dish & Miscellaneous
- **YOUTH (AGES 13 - 18)** - Desserts

**Adult only (ages 19 and older) categories.*


Schedule of Events

9:00am - 10:00am	Entry Drop-off Gaston College - David Belk Cannon Bldg.
10:00am - 1:30pm	Family Activities (Citizens Resource Ctr.)
1:30pm - 2:00pm	Awards Presentation (Citizens Resource Ctr.)



See Contest Rules on Next Page.

CONTEST RULES/INFO

1. Each entry must have first and last name of individual, address, phone number, email, and category of recipe. **Entry forms and recipes are due by Friday, September 6th.** Please be aware that recipe entries cannot be changed after the registration deadline.
2. Submit entry form and recipes by email (linda_minges@ncsu.edu), scanning QR code for online registration, or mail to:
NC Cooperative Extension
Attn: Somethin' Pumpkin Cooking Contest
PO Box 1578
Gastonia, NC 28053

3. Recipes submitted must feature significant amounts of pumpkin and have a distinctive pumpkin flavor. Due to food safety concerns, no home-canned pumpkin is allowed to be used in recipes. Recipes can include: fresh pumpkin, commercially canned pumpkin, or frozen pumpkin.
4. Each person can enter only one recipe per category. Youth may participate in the Youth Category and Home Grown Category.
5. Judging will be based on Taste (40%), Originality (30%), Appearance (20%), and Texture (10%). The decision of judges will be final.
6. All entries are showcased at room temperature. Entries will not be refrigerated, heated, or held on ice after registration drop-off.
7. Due to the number of entries received, all contestants must use inexpensive, disposable storage containers for all entries as listed below:
 - **Main dishes and casseroles:** should be placed in a disposable container, such as aluminum baking pans or all-in-one pans designed for preparing, baking, and storing (such as Glad® OvenWare or other brands).
 - **Baked goods (i.e., cakes, breads, cookies):** should be placed on a sturdy disposable plate, sheet of cardboard, plastic platter, etc., and fully wrapped or boxed.
 - **Soups, salads, stews, and dips:** should be placed in a sturdy disposable container. For items that are warm, please use heat-resistant containers.
 - All dishes need to come "display ready" - you will not be able to set up your own dish/display.
8. Contestants do not need to provide serving utensils.
9. Quantity to submit for various foods:

Yeast Breads & Quick Breads - whole loaf or 1 dozen rolls	Cakes - 1 whole cake
Cookies - 1 dozen	Cupcakes - 1 dozen
Biscuits - 1 dozen	Candies - 1 dozen
Soups & Salads - one quart or 4 cups	Entrees - one quart or 8x8-inch container
10. **Contestants are to bring the prepared dish to Gaston College (David Cannon Belk Building) between 9 - 10AM, Saturday, October 12th. Full details about drop-off will be provided to contestants upon receipt of entry form. Contestants will not be allowed to enter the set-up area where judging is held.**
11. All food entries become the property of NC Cooperative Extension and will be displayed as part of event festivities. *Entries will not be returned to you at the end of the event.*
12. Winners will be announced on Saturday, October 12th at the Awards Presentation (1:30 - 2:00pm) inside the Citizens Resource Center. During this time, all prizes will be awarded. Cash prizes will be awarded by Gaston County Farm Bureau. Winners do not have to be present to win.
13. Prizes will be awarded in each category as follows: first prize - \$100; second prize - \$50; third prize - \$25. A grand prize of \$200 will be awarded to the overall contest winner.
14. The NC Cooperative Extension has the right to use the recipes at its discretion. Recipes will be posted on NC Cooperative Extension's website (www.gaston.ncsu.edu) between October 15th - 18th.
15. This contest is intended for amateur cooks only. Professional chefs or those who earn a significant portion of their income from cooking may not enter the contest.
16. Employees of NC Cooperative Extension and Farm Bureau are ineligible to participate in the Somethin' Pumpkin Cooking Contest.