Extension **Gardener** Series Piedmont Lawns & Lawn **Alternatives**



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Extension Agent – Urban & Community Horticulture NC Cooperative Extension – Chatham County Center

Today's Class

- The Place for Lawns in Sustainable Landscapes
- Turf Options
- Lawn Alternatives
- Tips and Resources

Review these slides and find more resources: http://go.ncsu.edu/lawnresources



Sustainable Landscaping Principles

• Increase diversity

- # of species
- Vertical layers

Support ecosystems

- Include native plants
- Reduce inputs
 - Select plants adapted to site and climate
- Enhance beauty and functionality



Where do lawns fit?

- Typically monocultures
 - Low diversity no weeds allowed
 - Support few species other than pests
- High input water, fertilizer, pesticides



Sustainable Lawns

- Minimized to appropriate areas
- Adapted to existing site conditions (sun, drainage)
- Allowed to go dormant during drought
- Tolerate some diversity
 - Many weeds provide important resources for pollinators especially early spring bloomers



Appropriate Areas: Site Conditions

- <u>Sunny</u> at least 4 hrs/day
- Well drained
- Relatively flat to gently sloped
- Smooth, graded surface
- Relatively large block with curving edges – easy to maintain



Appropriate Areas: Usage

- <u>Where you need a wear</u> <u>tolerant surface</u>
 - Recreation/Play
- Where you need a very low surface
 - Safety line of site
 - Preserve/enhance view
- Where you need to maintain an access route



Lawn grasses are the only species tolerant of daily wear!

Sustainable Landscapes: Reducing Lawn Area

Cut out problem areas:

- Wet and/or shady
- Constant, heavy traffic areas
- Difficult to maintain areas:
 - Narrow strips
 - Tight angles
 - Under trees



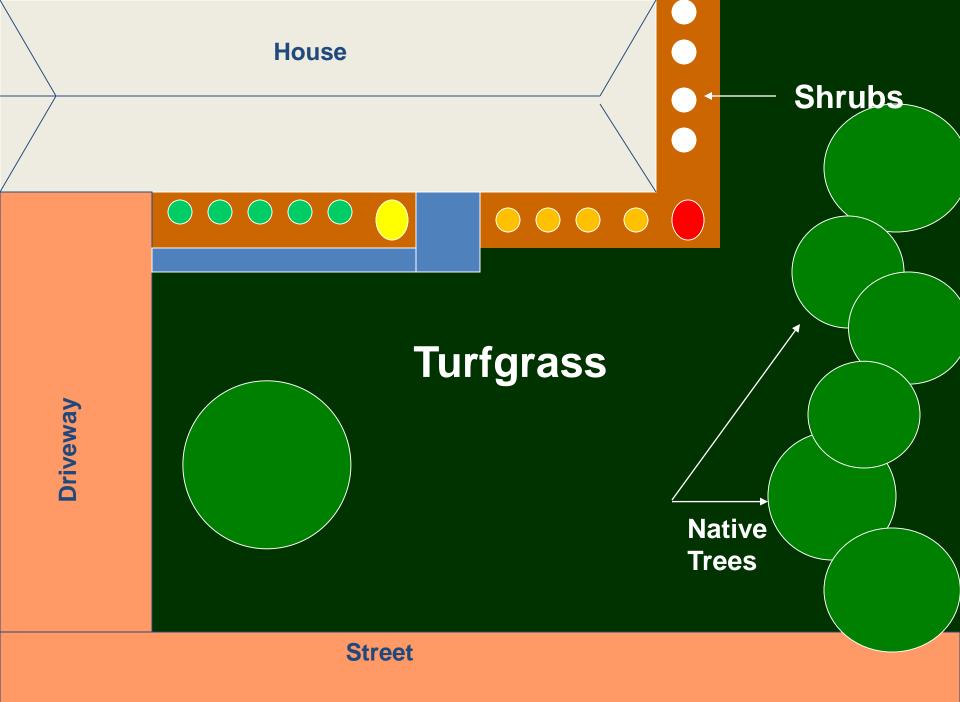
Difficult to maintain!

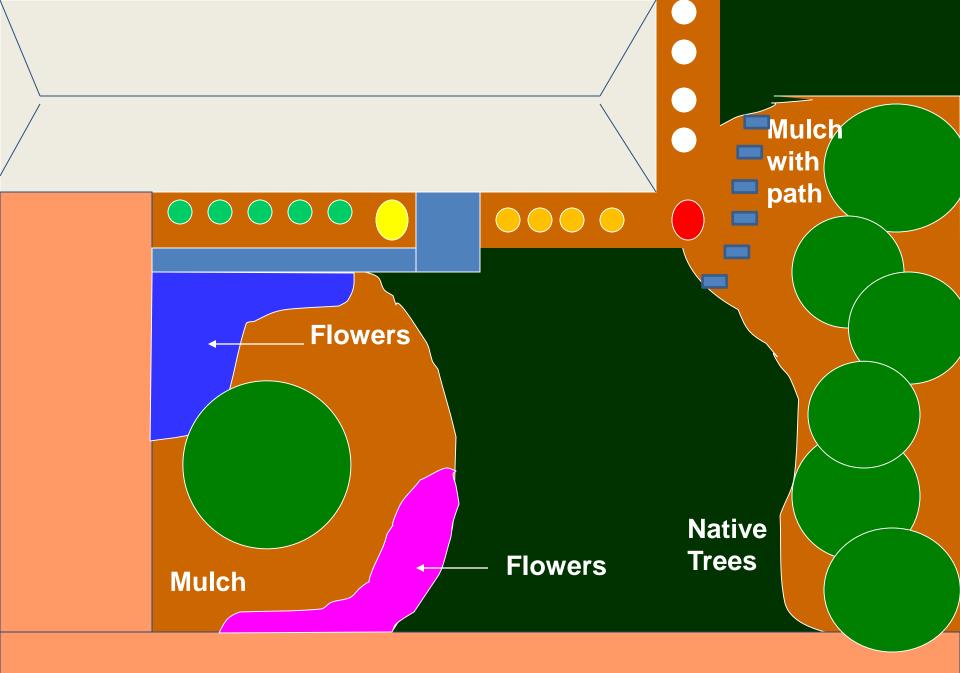
Sustainable Landscapes: Reducing Lawn Area

- Expand mulched area around trees and beds
 - Pine straw
 - Shredded bark
 - Leaves
- Add or expand beds
 on perimeter and side
 yard



Trees, shrubs and flowers increase diversity and enhance appearance!





Turf Options

- Of 10,000 grass species worldwide, ~ 50 adapted to use as turf
 - Tolerate wear and frequent, low mowing
- 7 common lawn species in NC
- No single species adapted to all areas of the state!



Bermuda is used for golf and sports fields – highest wear tolerance

NC Native Grasses

- Over 100 native species
 - Broomsedges (Andropogon)
 - Bluestems (Schizachyrium)
 - Panic Grasses (Panicum)
 - Muhly Grass (Muhlenbergia)
- None are adapted to use as mown turf
- Some are grown as ornamental grasses – deer don't eat them!



Northwind Panic Grass

The Right Turf for Your Lawn

Depends on:

- Climate
- Site conditions: SUN!
- Need for wear tolerance
- Maintenance you can provide
- Budget
- Aesthetic preferences
 - Shade of green
 - Green winter or summer



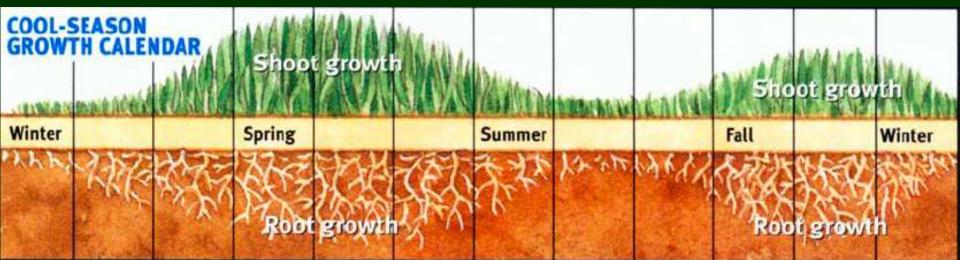
Climate

Will you grow:

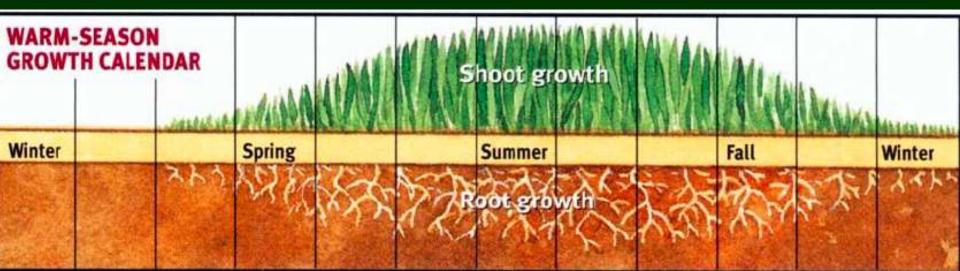
- Cool season grass
 - Green in winter, not so happy in summer
- Warm season grass
 - Brown in winter, happy in summer



Cool Season Turf Growth



Warm Season Turf Growth



You Can't Have Both!

- Warm and cool season lawns don't mix
- If have mix, select preferred species and manage for that species
- Healthy, sustainable lawn begins with knowing your turf type





Turf Species for North Carolina

Cool Season

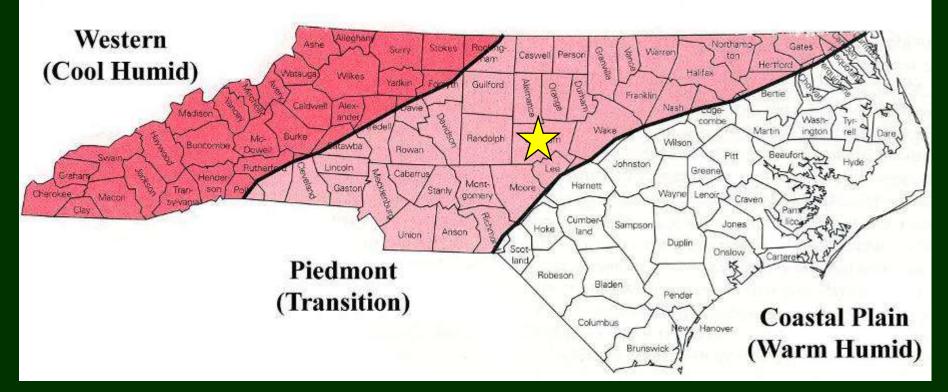
- Tall fescue
- Fine fescues*
- Kentucky bluegrass*

Warm Season

- Zoysia
- Bermuda
- Centipede⁺
- St. Augustine +

* Not well adapted to the piedmont+ More prone to winter damage

Piedmont = Transition Zone Not ideal for either!



West: Cool Season Only Piedmont: Warm & Cool Season Coastal Plain: Warm Season Only

Choosing the Right Turf: Carolina Lawns,

Page 8	Can Be Seeded?	Tolerance Ratings				
		Shade	Heat	Cold	Drought	Wear
Bermudagrass (common)	Yes	1	5	1	6	6
Bermudagrass (hybrid)	No	1	5	2	6	6
Bahiagrass	Yes	4	4	2	6	4
Centipedegrass	Yes	4	4	2	4	1
Kentucky bluegrass/tall fescue mix	Yes	4	4	5	5	5
Kentucky bluegrass/tall fescue/ fine fescue mix	Yes	5	4	5	5	5
St. Augustinegrass	No	5	5	2	4	1
Tall fescue	Yes	4	4	5	5	5
Zoysiagrass	Yes	4	5	4	6	4

Site Conditions

How much sun?

- Even "shade tolerant" grasses need 4 hrs/day
- Shade Tolerance
 - Tall Fescue (good)
 - Zoysia (good)
 - Bermuda (poor)

Drainage

• No turf grasses tolerate poor drainage



Site Conditions: Soil pH and Nutrients

- All turf grasses except centipede grow best if pH above 6.0
 - Piedmont soils typically more acidic
 - Add lime to raise pH
- Soil Testing:
 - To determine how much lime needed, as well as other nutrients
 - Boxes and forms available from NCCE
 - Send samples to NCDA Lab, Raleigh
 - No charge for samples submitted
 April November

Learn more about soil testing



Wear Tolerance

- All grasses have their limit!
- Piedmont turf options in order of wear tolerance:
 - Bermuda (high)
 - Tall Fescue (high)
 - Zoysia (medium)

Large dog, small yard = poor turf



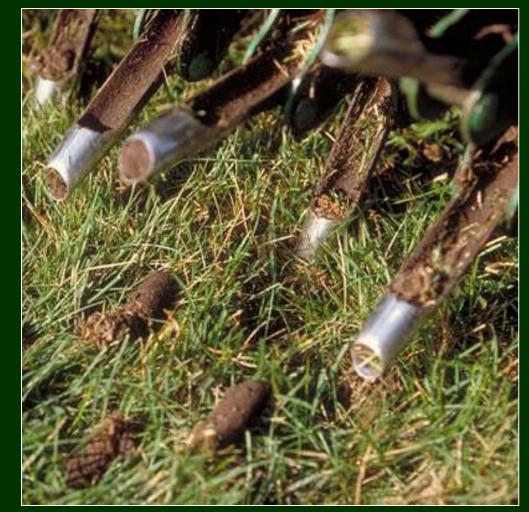
Soil Compaction

- No turf (or other plant) is adapted to highly compacted soil
- Construction equipment, lawn mowers, even foot traffic compact clay soils
- Screwdriver test if difficult to push screwdriver into moderately moist soil, compaction needs to be alleviated



Core Aeration

- Alleviates compaction in established lawns Timing:
- <u>Cool season grasses:</u> Sept/Oct or Feb/March
- Warm season grasses: May/June/July



Maintenance

- How much time and money do you want to spend maintaining your lawn?
 - Mowing, edging, fertilizing, spraying
- Maintenance, high-low:
 - Bermuda
 - Tall fescue
 - Zoysia



Budget

How much can you spend to establish your lawn?

- By seed cheapest
 - Tall fescue: quick, high quality
 - Bermuda: quick, lower quality
 - Zoysia: slow, lower quality
- By sod expensive
 - Better quality varieties of all except tall fescue



Aesthetic Preferences

- How important is green grass in winter?
- Do you like taller turf or shorter turf?
- Shade of green
- Wide blade (coarse texture) or narrow blade (fine texture)



Aesthetic Preferences

Cool Season: Tall Fescue

- Mow high, 3-4"
- Wide blade
- Green most winters
- Dark green color

Warm Season: Zoysia and Bermuda

- Mow lower, 1-2"
- Narrower blade
- Brown/beige in winter
- Zoysia medium dark green
- Bermuda gray-green



WHEN TO MOW YOUR LAWN?					
GRASS TYPE	MOWING HEIGHT	MOW WHEN GRASS REACHES THIS HEIGHT			
BERMUDA GRASS	1″-1½″	1½″-2″			
CENTIPEDE	1½″-2″	2″-3″			
ST. AUGUSTINE	21⁄2″-3″	3 3/4" - 41/2"			
TALL FESCUE	2″-3″	3″-4¾″			
ZOYSIA	1″-1½″	11⁄2″-2″			

Grasscycle!

- Leave clippings on the lawn to decompose
- Reduces Nitrogen needs by 25%
- Does not contribute to thatch when mown at correct height and frequency
- Only remove clippings when mowing delayed or weed seed abundant



Traditional Piedmont Lawn: Tall Fescue

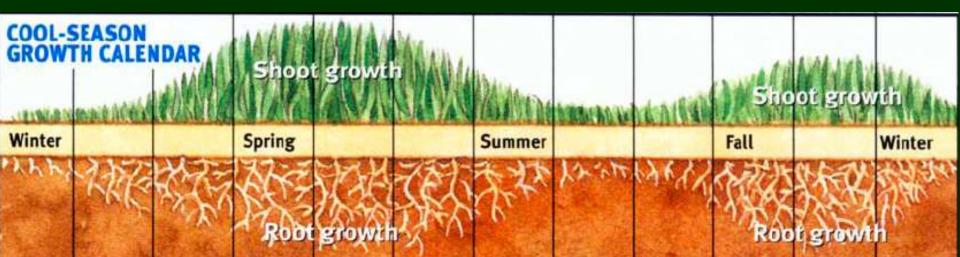
- Most heat tolerant <u>cool season</u> grass
- Sun-part shade
- Mow at 3"+, never shorter than 2.5"
- Wide blade = coarse texture
- Seed in Sept/Oct

Pastures and hayfields in our area are predominantly tall fescue



Cool Season Grasses

- From Europe/Northern Asia
- Best in western half of NC
- Shoots and roots grow during cool times of year: Spring & Fall
- Green in winter, struggle during heat of summer



Tall Fescue

Benefits/Advantages:

- Easiest turf to establish by seed
- Clumping/bunch grass does not run into beds and gardens
- Dark green color
- Green year-round
- Relatively shade tolerant



Bunch Grass



Traditional Piedmont Lawn: Tall Fescue

Disadvantages:

- May go dormant during summer drought if not irrigated
- Becomes spotty/patchy over time
- Has to be overseeded every 2-3 years to maintain thickness/coverage
- Not well adapted to sandy or drought prone soils – best on well drained clay



Tall Fescue Varieties Recommendedfor the Piedmont

- Many named varieties (cultivars) available
- Plant a blend of varieties
- Trials at NCSU have identified best for NC, including:
 - Wolfpack II
 - Rebel IV
 - 3rd Millenium
- NOT Kentucky 31 old pasture variety



Varieties Should Be Listed on Label

PURE SEED VARIETY/KIND	GERMINATION
17.06% TAR HEEL II TALL FESCUE*	85%
17.06% WOLFPACK II TALL FESCUE*	85%
14.62% ENDEAVOR II TALL FESCUE*	85%

OTHER INGREDIENTS 50.00% WATER SMART® PLUS FERTILIZER COATING 1.00% INERT FROM SEED 0.25% OTHER CROP SEED

0.01% WEED SEED NOXIOUS WEED SEEDS: NONE FOUND

LOT NO. 16020003 TESTED: OCT. 2015 SELL BY: JUL. 31, 2016 Always buy seed dated for current year, preferably stored in climate controlled environment (indoors)

If It Sou	Glass	Seed Mixture
Good To	27.13% CREEPING RED FESCUE* 20.05% TALL FESCUE* 16.91% PERENNIAL RYECEASE*	GERM ORIGIN 80.00% OR/CN 85.00% OR
 Many 	9.91% KENTUCKY BLUEGRASS" 8.70% SHEEPS FESCUE" 8.95% HARD FESCUE"	85.00% OR/DK 85.00% OR/WA 80.00% OR
incluc	0.08% OTHER CROP	80.00% OR 80.00% OR
variet	1.85% INERT MATTER 0.06% WEED SEED	LOT NO. L68-14-0127 NET WEIGHT 3 LBS (1.35 kg.)
non a	NOXIOUS WEED SEEDS: NONE FOUND	Variety Not Stated*
specie	IN MT SD and My Sall Du Andrew	Telebrands One Telebrands Plaza
	UT, VA, VT, WA, W, and DC Sell By 05/2015	
	NOTICE ARBITRATION CONCILIENTION MEDIATION REQUI Index the seed taws of several states, arbitration, media intrations a legal action based upon the failure of seed spresented. The consumer shall file a complaint (sever A. ID. ND, SD) along with the required fee pothers applie priouture, Seed Commissioner (IN), or Chief Agriculture is crops, plange or trees by the designated agency and repy of the complaint shall be sent to the seller by com y state statute."	If to which this notice is attached to produce as n for AR, PL, IN, MS, MT, SC, TX, WA; signed only CA, table; with the Commissioner Director/Secretary of

Alternative: Tall Fescue-Clover Blend

- Clover = legume = fixes nitrogen
 - Reduce N fertilizer needs by 1/2
- Dutch white clover
 - Perennial
 - Creeping habit
- Disadvantages:
 - Attracts bees (stings)
 - Slick/clumpy when mown



Tall Fescue – Clover Blend

Mini- or Microclovers preferred

- "Turf Type" white clover
- Lower growing
- Less vigorous
- Smaller leaves
- Less flowers



Bloom Season: Spring-Early Summer



Image source: University of Maryland

Tall Fescue – Clover Blend

Seeding rate:

- 3 5% by volume
- Tall Fescue seeding rate: 6 lbs/1000 sq. ft.
- Add 0.2 0.3 lbs clover per/1000 sq. ft.
- More clover seed = clover dominated lawn

Ideal time: mid-Sept



Other Cool Season Grasses

Annual & Perennial Ryegrass

- Quick fix Not permanent
- Often included in "contractor's blend"
- Sometimes used to overseed warm season lawns in winter
 - This is very damaging!
 - NOT Recommended



Other Cool Season Grasses

Sometimes included in mixes for shade:

- Kentucky bluegrass
- Fine fescues
 - Chewings, Creeping Red = preferable
 - Hard, Sheep = poor heat tolerance

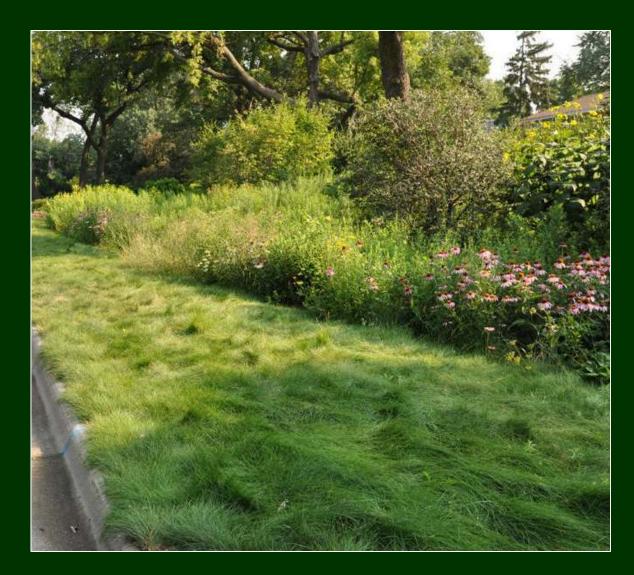
Tall fescue should make up majority of blend

- Looks for 5:1:1 blend
- Tall fescue: KY bluegrass: fine fescue



"No Mow" Lawns

- Typically mix of fine fescues
- Suited to northern states, Pacific NW
- Too hot here?
- May work for shady areas?



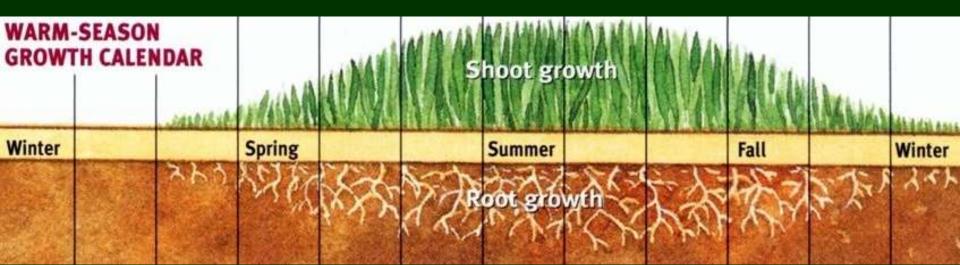
Newer Turf Options: Warm Season Grasses

- Actively grow spring-fall
- Dormant in winter
- Compared to tall fescue:
 - More heat tolerant
 - More drought tolerant
 - More wear tolerant
 - "Self-healing"
- Many varieties must be sodded



Warm Season Grasses

- From Africa, SE Asia
- Best adapted to eastern half of NC
- Bermuda, Zoysia, Centipede, Carpetgrass, St. Augustine, Bahiagrass



How Warm Season Grasses Grow

Spread by:

- Stolons above ground stems
- Rhizomes -below ground stems

"Self Healing"

- Fill in damaged areas
- <u>More difficult to keep out of beds</u>

Seed/plug or sod April-July

 Keep moist during establishment!



Bermudagrass

- Fine to medium texture, narrow blade
 - Mow at 1"-2" with rotary mower, lower with reel mower
- Gray-green to blue-green color

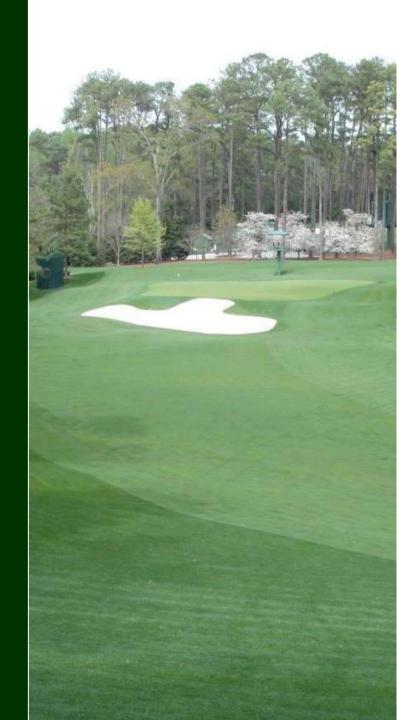
Advantages:

- Excellent wear tolerance
 - High traffic areas
 - Often used on golf courses, sports fields
- High drought tolerance



Bermudagrass: Disadvantages

- Full sun, not shade tolerant
- <u>Spreads rapidly</u>: stolons and rhizomes
 - Quickly spreads into gardens and landscape beds
- Mow frequently = 2/week
- High fertilizer requirements
 - 4 applications nitrogen per year
- HIGH MAINTENANCE Developed for golf courses and sport fields



Bermudagrass Varieties

Common Bermuda

- Coarser texture
- Seeded established fast
- Often considered a weed!
- Spreads rapidly

• Hybrid Bermuda

- Finer texture
- Some varieties can be seeded
- Others must be established from plugs or sod
- See varieties listed in Carolina Lawns publication



Zoysiagrass

- Fine to medium texture, medium- dark green
- Spreads by stolons and rhizomes
 - Not as vigorously as Bermuda
- Good wear resistance
- Very drought tolerant
- Tolerant of moderate shade
- 2 3 applications of N/year
- Developed for residential lawns



'Empire' Zoysia

Zoysiagrass

- Average mowing 1/week
- Moderate Maintenance
- Several varieties, most are sodded
- Zenith and Compadre can be seeded
- Emerald, Meyer early cultivars, much better varieties available now



Zoysiagrass - Newer Cultivars All have Fast Lateral Growth



Wider Leaf Blade

- Crowne
- Empire
- El Toro
- Zenith
- Compadre
- Mow 2-3"

Finer Texture Leaf Blade

- Zorro
- Zeon
- Cavalier
- Diamond
- -GN-Z

Mow lower

Turf Alternatives

- There are no living lawn alternatives that tolerate regular wear
 - Will need paths if want to walk through
- The right choice for your yard will depend on:
 - Site conditions (sun/shade, drainage)
 - Personal preference (appearance)
 - Landscape goals

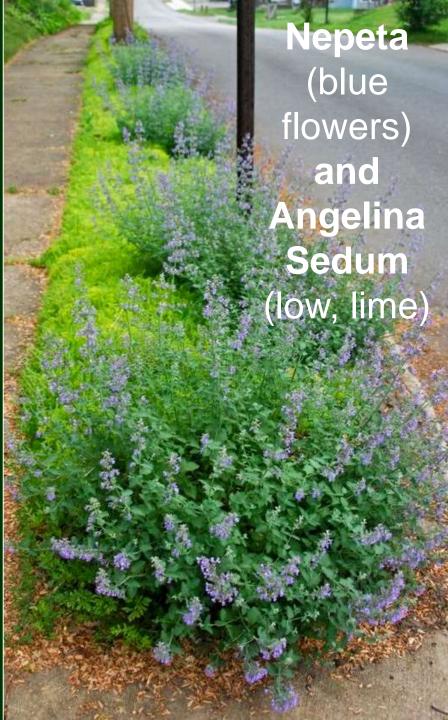


Creeping Jenny

The Wrong Place for Lawns

- Narrow strips
- Narrow areas with concentrated traffic
- On steep slopes
- Poorly drained, wet areas
- Shade
- Covering acres

Plant narrow strips with groundcovers and perennials



Narrow Strips

Plant perennials for pollinators! For ideas:

- www.carolinapollinator garden.com
- Visit the Pollinator Paradise Garden at Chatham Mills, Pittsboro
 – Top 25 Plant List
- Attend upcoming pollinator conservation workshop



Wrong Place: Frequent, Concentrated Traffic

 Add a path! Gravel, mulch, stepping stones





Wrong Place: Steep Slopes

- Native trees

 are the best
 option on
 slopes too
 steep to mow
- Shrubs and ornamental grasses also work – not as long lived



Wrong Place: Wet

- Poor drainage = disease problems!
- Plant moisture tolerant trees, perennials and sedges & rushes
 - River birch
 - Willow oak
 - Bald cypress



Common Rush, *Juncus effusus*



Wrong Place: Shady

- Over 50%
 shade, no turf
 will grow well
- Alternative: groundcover with path OR let moss grow!







Moss Lawns

Cultivating Moss

- For shady, moist areas
- Moss is not tolerant of heavy foot traffic add a path
- Transplant patches spring

 Press into loosened soil
 - Keep moist for 3-4 weeks
- Make a moss slurry:
 - Mix 2 parts moss, 2 parts water, and 1 part buttermilk in a blender
 - Spread over soil surface and keep moist until established



Groundcovers for Shade

- None tolerate foot traffic
 - Add a path
- Perennials
 - Low-growing, evergreen
 - Spreaders or clumpers
- Sedges
 - Grass like plants
 - Deer resistant

Viola walteri 'Silver Gem'



Pennsylvania Sedge Carex pensylvanica

Rosy Sedge

- Carex rosea
- Piedmont native
- 12"
- Slowly spreading
- Dry or moist sites
- Part full shade



More Low Growing, Shade Tolerant Sedges

- Appalachian Sedge, Carex appalachica

 12", dense mounds
 drought tolerant
- Cherokee Sedge,
 Carex cherokeensis
 12 18"
 - Prefers moist sites



Dwarf Mondo Grass





Woodland Stonecrop, Sedum ternatum



Green and Gold *Chrysogonum virginianum*





Foamflower Tiarella cordifolia

Native Ferns Most are deciduous, Christmas Fern is evergreen



Groundcovers for Dry Sunny Sites



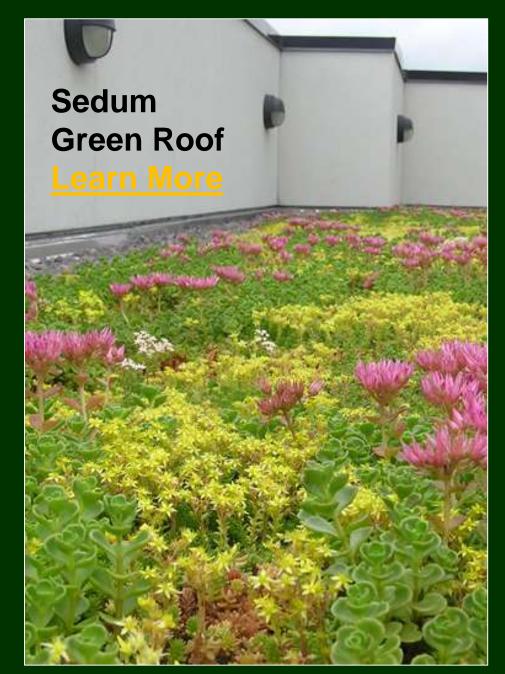


Moss Pink, Phlox subulata

Cheddar Pinks, *Dianthus gratianopolitanus*

Low Growing Sedums

- Drought tolerant require good drainage
- Varieties include:
 - Angelina
 - Blue Spruce
 - Weihenstephaner Gold
 - Sedum spurium
 - Dragon's Blood
 - Red Carpet
 - Sedum album



Junipers

Creeping Juniper

- Juniperus horizontalis
- Lowest growing, 1' x 6'
- Many named varieties
- Shore Juniper
 - Juniperus conferta
 - Grows 18" x 4'
 - 'Blue Pacific' is popular

Both are very drought tolerant



For Wet or Poorly Drained Sites



Rain Lily, Zephyranthes candida Sweet Flag, Acorus species

Wrong Place: Turf Should Not Be a Default!

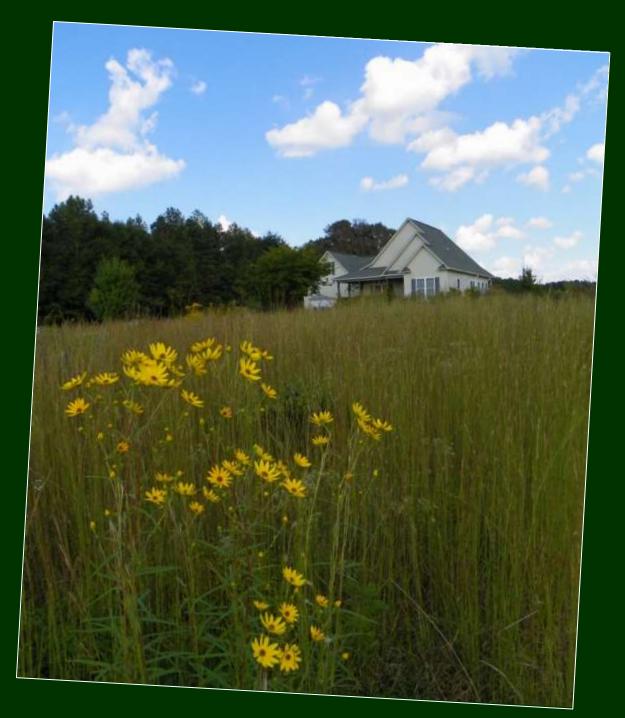


Alternative: Meadow

Dominated by native grasses:

- Little Bluestem
- Big Bluestem
- Indian Grass
- Broomsedges
- Panic Grass

Native perennials mixed in



Longwood Gardens, Kennett Square, PA



Meadows

- Paths and more dges serve as "cues to care"
- Add birdhouse habitat signs
- Mow once a y to prevent wo plants invadin



Meadows

- Select seed mix for local region
- Sow Nov-Feb
- Eliminate weeds and cultivate first!
- Smaller areas can be established with transplants



Site Preparation: Meadows, Lawns, Groudcovers

• SOIL TEST!!!

- Lime and phosphorous should be tilled in
- Alleviate compaction
- Incorporate organic matter – compost
- Eliminate weeds BEFORE planting



Hard work but worth it!

Avoid many problems with a good start!

Amend Before Planting!



Sustainable Lawns

- Begin by choosing right location for turf, then choose best adapted species for location
- Soil preparation is essential!
- Fertilize and lime based on soil test results
- Add trees, shrubs, perennials to increase diversity and beauty!



Resources You Should Know About!

Chatham Gardener email list

- Sustainable gardening information
- Timely tips, pest alerts, new resources
- Upcoming classes and events
- To subscribe:
 - <u>http://go.ncsu.edu/subscribecg</u>



Chatham County Website

- News
- Upcoming events
- Staff directory
- Contact information
- More!

http://chatham.ces.ncsu.edu



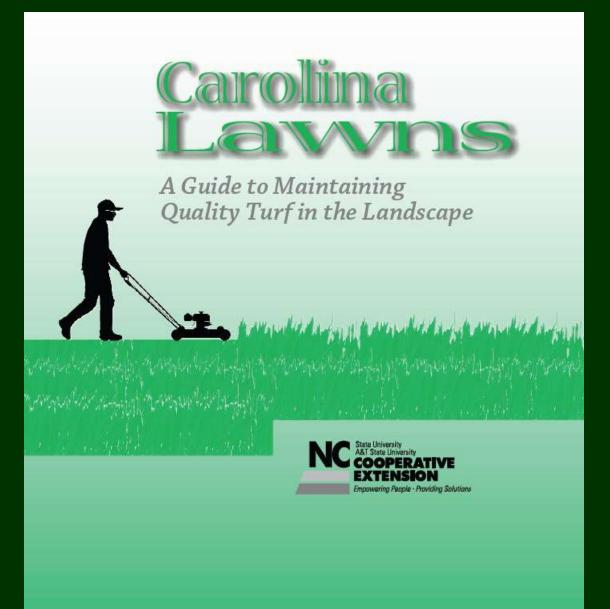
Extension Gardener Handbook

https://content.ces.ncsu.edu/extension-gardener-handbook

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Extension Gardener Har Table of Contents	ndbook Extension Gardener	Handbook	
			9
1. Solis and Plant Nutrients 2. Composting			
3. Botany			
4. Insects	Chante	r Q. Lowpe	
5. Diseases and Disorders		er 9: Lawns	
6. Weeds			
7. Diagnostics			
a. IPM			
9. Lawns			
10. Herbaceous Ornamentalis (Coming soon!)			

12. Native Plants (Coming soon!)

13. Propagation



Available: https://content .ces.ncsu.edu /carolinalawns

Also be sure to download lawn maintenance calendar for your turf type!

Going Native Website http://www.ncsu.edu/goingnative/ Searchable plant database!

NC STATE UNIVERSITY



HOME

NATIVE PLANTS ATTRACTIVE TO WILDLIFE

INVASIVE, EXOTIC PLANTS OF THE SOUTHEAST WHERE TO GET NATIVE PLANTS

MY PLANT LIST



Home >

WHY GO NATIVE

HOW TO GO NATIVE

CREATE YOUR OWN NATIVE LANDSCAPE

Going Native: Urban Landscaping for Wildlife with Native Plants

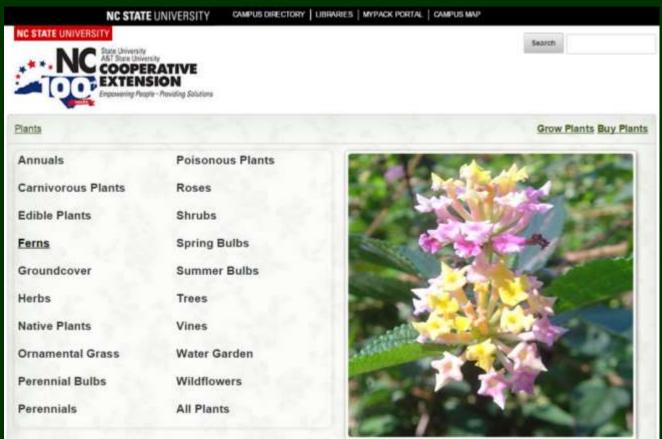
You can go native!...with native plants in your landscape.

- See why landscaping with native plants is better for wildlife and for the environment.
- Find out about the problems caused by invasive, exotic plants. Odds are you have invasive exotics in your own backvard!
- Discover the native plants you can use as alternatives to exotic plants. We even tell you where you can

Extension Plants Database:

Can help you select native and non-invasive nonnative species for your yard

http://plants.ces.ncsu.edu/



Plant Profiles:

- Height
- Hardiness
- Soil
- Exposure
- Description
- Images
- More!

Plants > Native Plants > Hydrangea queroifolia

Hydrangea quercifolia

This plant has poison characteristics. See below.

Common Name(s):

Oakleaf hydrangea

Cultivar(s):

Snow Queen , Snowflake , Harmony , Pee Wee, Sykes Dwarf, Alice, Little Honey (golden foliage), Munchkin (semi-dwarf), Ruby Slippers (semi-dwarf) Categories:

Native Plants, Poisonous Plants, Shrubs

Comment:

Bold leathery leaves; spread of 8 ft.; seeds eaten by birds; mulch to keep root system cool; exfoliating bark on mature plants; wine, orange, and mahogany fall foliage; coarse texture; drought tolerant; native to southeastern US; rapid growth rate

Description:

Deciduous shrubs; leaves opposite, simple, stalked, toothed and sometimes lobed; flowers in terminal, round or umbrella-shaped clusters, white, pink, or blue, 4- 5-parted, the sterile flowers (around the margin or the entire cluster) are much enlarged.

Height:

4-8 ft. Foliage:

Opposite, simple, bold leathery leaves; 3-8 in. long; wine, orange, mahogany fall color

Flower:

4 -12 in. erect panicles of creamy white flowers in summer; fades to pink, then tan; fragrant; good for drying Zones: 5 to 9 Habit:

Deciduous

Site:

Sun to partial shade; prefers moist, well-drained soil but tolerates damp soil Texture:

Coarse Form:

Upright, irregular, rounded, multi-stemmed shrub with limited branching; stoloniferous; forms colonies Exposure:

Sun to partial shade; moist, well drained soil

Fruit:



H. quercifolia 'Snowflake' Photo by Kingsbrae Garden, <u>CC BY-NC-6A - 2.0</u>



H. guercifolia 'Snow Queen' Photo by Henryr10, <u>CC BY-NC-ND - 2.0</u>

Evaluation

Thanks to Cure Nursery for donating our door prize!



880 Buteo Ridge Pittsboro NC 27312 Phone: 919-444-9902 http://www.curenursery.com

Learn more: http://go.ncsu.edu/lawn-resources

Answers to Your Questions, Solutions for Your Problems

In Chatham County, EMGs are available:

- Mon & Thurs, 1-4pm
- 919-545-2715
- chathamemgv@gmail.com

Contact your local Extension office

- <u>http://www.ces.ncsu.edu</u>
- Ask an Expert



http://www.ces.ncsu.edu/ask-an-expert