



# Tar Heel HOMEMAKERS E-news

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November 2016

Volume 6, Number 5

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## In This Issue

- From the President
- In Other News ...
- *Savor the Flavor!* evaluations
- NVON Conference 2017 - Help!!
- Across the State
- Dates to Remember

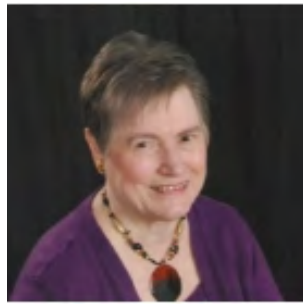
## 2015-2016 Leadership Team

President - Faye Lanier  
President-elect - Judy Blythe  
Past President - Wanda Denning

VPs  
Northeast - Lena Darden  
Southeast - Esther Collier  
North Central - Polly Caudle  
South Central - Shelby Ford  
West - Cathy Holmes

Parliamentarian - Wanda Denning  
Treasurer - Ruth Clifton  
Advisor - Geri Bushel  
CVU Chair - Anne Gaddis  
Cultural Arts Chairs -  
Gloria Smith & Audena Spain

## MESSAGE FROM PRESIDENT



Thank you, North Central District for making the 2016 State Meeting a great success. I have read the recap of the evaluations for the meeting and there were a lot of good things said about the meeting.

We are about to embark into our 104<sup>th</sup> year of ECA and I am hoping it will be one of our best years ever. We have several new programs that will be presented this year and we are very excited to work with you across the State on them.

Judy Blythe will be your President for the next two years and I look forward to working along side her on the Leadership Team. I urge all of you to give her the support that you have given me during these past two years.

Thank you to all the members of my Leadership Team as well as the Agents that assisted us. As I told the Agents on my team "You are the thread that binds ECA" and I meant it to all the Agents across the State. A special thanks to Geri Bushel who has been a joy to work with during my term and I am looking forward to working with her in the future.

I love being your President and I look forward to rest of my year.

Faye W. Lanier

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## Across the State!

### Northeast

Beaufort, Bertie, Camden, Chowan, Currituck, Dare, Edgecombe,  
Franklin, Gates, Halifax, Hertford, Hyde, Martin, Nash,  
Northampton, Pasquotank, Perquimans, Pitt, Tyrrell, Wake, Warren,  
Washington

### Tyrrell County

Tyrrell County ECA hosted the 3rd Annual Local Foods Contest as part of the 25th Annual Scuppernong River Festival. Even though the festival was cancelled due to Hurricane Matthew, the contest went on!



### Southeast

Bladen, Brunswick, Carteret, Columbus, Craven, Duplin,  
Greene, Johnston, Jones, Lenoir, New Hanover, Onslow,  
Pamlico, Pender, Robeson, Sampson, Wayne, Wilson

### Columbus County



Columbus County ECA is holding a quilt Raffle for a beautiful handmade quilt that was made by the Memory Quilters. Proceeds are for county scholarships and community projects. The tickets are \$1 each and the drawing is to be held February 7, 2017 at the Columbus County ECA Achievement Day. Tickets were available from Columbus County ECA members at the State meeting, or by Contacting Meleah Evers at 910-641-3996, or mailing a check made to Columbus County ECA, 45 Government Complex Road, Suite A, Whiteville, NC 28472, notating for the Quilt Raffle.

## Craven County

In April, Peggy Evans presented a very interesting and motivational program to Vanceboro ECA. It was on attributes that can help us have a Tea-Rific Day. She used various teas in her demonstration and we actually got to have a tea party at the end of the program. The attributes were Royalty, Accountability, Personality, Stability, Adversity, Honesty, Generosity, Hospitality, Laughability, Availability, Humility, and Unity.

In May, we cut out fishes from our collections of old greeting cards. The fishes are to be used for eye examinations at the Vanceboro Farm Life Elementary School. We also made plans for our annual picnic at our June meeting.

In June, we met in nearby Washington, took a river cruising ride from NC Estuarium, and picnicked with hot dogs from Bill's Hotdogs. We did some planning and evaluations for our club, and made plans to resume our meetings in September.

## Duplin County



The Stanford-Duplin ECA had 7 members and one liaison agent attend the NCECA State Conference October 24 – 26. Members enjoyed sessions such as Brain Power, Local Foods, and Container Gardening. We had two members to win the district cultural arts competition and enter items into the state conference cultural arts competition. Theresa Bowles won 1<sup>st</sup> place with her colorful wreath in the flower arrangements and wreaths category. Eloise Coston won 2<sup>nd</sup> place in the miscellaneous category for her paper crane. We also had several members recognized during the awards ceremony. Our beloved member, Doreatha Roberts, passed before receiving

her award for 20,000 CVU hours. Her plaque was sent to her family. Anna Jones received an Outstanding Volunteer award. Duplin County was also awarded the Gold Standard Award for Excellence.

Members also set-up an educational booth at the Duplin County Fair with the theme of “Embracing Community Services.” Several members entered items into the fair, some of which were made during cultural arts workshops. All who entered items into the fair won first place in various categories. The members enjoyed showing off their hard work and representing the Extension Community Association.

### North Central

Alamance, Alleghany, Ashe, Caswell, Chatham,  
Davidson, Davie, Durham, Forsyth, Granville,  
Guilford, Orange, Person, Randolph, Rockingham,  
Stokes, Surry, Vance, Wilkes, Yadkin

## Orange County

Ridge Road ECA recently lost two dear members. The funeral of Cora Kenion Clark, was held on Friday, October 28. She was a long time dedicated member of the Ridge Road ECA. She attended ECA meetings, activities, programs, and celebrations with joy and appreciation. She has won much recognition and honors at the annual County Council ECA Achievement Programs. The funeral of Catherine Watkins Brooks was held on September 5. As a pastor's wife, she was not only a great mother, but a first lady at 5 different churches. She was known for her smiles and her ability to throw kisses like the Queen of England.

### South Central

Alexander, Anson, Cabarrus, Catawba, Cumberland, Gaston,  
Harnett, Hoke, Iredell, Lee, Lincoln, Mecklenburg,  
Montgomery, Moore,  
Richmond, Rowan, Scotland, Stanly, Union

### Moore County



In ECA's effort to promote healthy eating habits in our children and their families, Mary Ruth Whitaker, president, presented 1250 My Plate placemats, lesson plans with activities and teaching packets to all kindergarten classes across Moore County. These items were purchased with grant monies received from the North Carolina ECA Foundation.

Mrs. Whitaker is pictured with Gail Miller, Moore County Central Office representative.

### Lee County

Bill Stone, Lee County Extension Director with the NC Cooperative Extension Service, was the featured speaker at the September meeting of the Lemon Springs ECA. Members were brought up to date on Extension history, the trends, changes and challenges.

The Lemon Springs ECA Club won 1st place and a blue ribbon for their fair booth, "Eat With The Rainbow Colors ". Club members serving on the committee were Carol Cox, Peggy Abshear, Betty McNeill, Sondra Burford, Rachel Kelly, Janet Childress, and Valerie Johnson.



In September guild members brought finished quilts they made for the Operation Kid Comfort program at Ft. Bragg. These small quilts and pillows are made for a child with a deployed parent. The organization gives out kits containing transferred family photos and fabric. Some of us added our own touches and received more kits to continue this project. Members also brought in food supplies for the Backpack Pals program of Lee County being run by the CUOC (Christian United Outreach Center). In addition, our guild voted to donate \$200 for this program.

Members Rita & Roland Armstrong contributed these quilts and several others to The Haven of Lee County as part of our ongoing Community Service projects. We continue to collect pillowcases also.

## Lee County, continued



For our September program Barbara Massengill did a trunk show of her quilt collection. This included her first log cabin quilt, appliquéd quilts and historic event quilt. It was wonderful.

Members participating in a holiday Tree Topper table runner. The class was taught by Gladys Noel. Also in October Becky Burgin presented a demonstration of the Electric Quilt 7 program..



The NC ECA State Conference was held October 24-26, 2016 in Winston Salem at the Hawthorne Inn. From left to right is Mildred Smith, President of Lee County ECA, Dr Rich Bonanno, Director of NC Cooperative Extension, and Angela Jenkins, of the Lemon Springs ECA Club. The Lee County ECA was awarded an award for excellence for organizational achievement in fulfilling its mission and purpose. Ann Clarke was recognized with the Outstanding Volunteer Service award. Rachel Kelly won a 1st place and a blue ribbon for her quilt. Bonnie Dean got 2nd place and a red ribbon for her crosstitch baby blanket.

Hearts and Hands ECA Quilters continue to work on community projects to meet the needs of the community, such as offering summer camp for the 4H Crazy Quilters.



**Fleece blankets**



**Quilt of valor recipients**



**Quilt of valor**

## Cabarrus County



The Artistic Adventurers ECA enjoyed going to Coltrane Life Center, an adult daycare on August 29 . Dare Cochran played her violin and entertained with piano playing. The Artistic Adventures ECA Club members played bingo with the other residents .The club donated a large box of prizes for bingo, cookies to munch on, and enjoyed sharing conversation with senior adults. This outing was one of the goals of the Artistic Adventures Club to provide community service .The Club also provides an ongoing magazine drop off at another nursing home and provides card making projects.

They went to see the Dixie Swim Club Play at the Old Courthouse Theater, Concord on August 14. The Dixie Swim Club play was a story of five unforgettable women. It is a hilarious and touching comedy about the friendships that last forever . The Old Courthouse Theater was bought in 1984 from the First Baptist Church. The building

was built in 1923. This theater is beautiful because it still retains some of the architecture of that time. The building has the original stained-glass windows and preserved relics which give the theater character and personality. A wonderful time was had by all members.

Pictured: Dare Cochran, Darnell Hodge and Carol Ferguson with one of the actresses.



The Cabarrus County ECA Council was awarded a 2016 ECA/FCS Grant to increase ECA enrollment in the county. A Steering Committee was formed and met several times during the late spring and summer. The group's goal was to organize 3 new ECA Special Interest Groups- Cooking, Foods and Nutrition, Educational Travelers, and Creative Crafts. The Fall Kickoff was held on Monday evening, September 19, 7pm at the County Extension Office. The Kickoff was publicized in 3 Cabarrus County Fair booths, an outdoor billboard at the Extension Office, on the Channel 22 Government Channel, the Independent Tribune Newspaper, and emails were sent to all FCS class and workshop participants from 20012-2016. Over 75 people attended the Kickoff, enjoyed fall refreshments and learned about ECA! ECA Club Presidents and leaders of the 3 new ECA Special Interest Clubs were introduced. Guests were then invited to go to the special interest club that most interested them. There they completed Information Forms leaving their names, addresses, email, etc.

We are pleased to share that the Educational Travelers ECA Special interest Club has elected officers, and are planning their first educational trip for December 15 and 4 additional trips for 2017, and have 40 plus new ECA members already paying 2017 ECA Dues! The Cooking Club has met and enjoyed a special hands on workshop led by volunteers on "pumpkins", selected officers and the name of their new group. They will be the Culinary Adventurers ECA Special Interest Club and have 9 brand new ECA members who have already paid their dues for 2017! Their next meeting will be December 5. The ECA Crafters group looks forward to having their first meeting on November 10!

## West

Avery, Buncombe, Burke, Caldwell, Cherokee, Cherokee Reservation, Clay, Cleveland, Graham, Haywood, Henderson, Jackson, Macon, Madison, McDowell, Mitchell, Polk, Rutherford, Swain, Transylvania, Watauga, Yancey

## Cleveland County

The Belwood ECA and the Belwood Boy Scout Troop 413 worked together on a Community Garden at the Belwood Scout Hut. The garden was started in May 2016. A former Scout Master, Rodney Willis, brought his horses and some antique farm equipment to prepare the ground. Elmore's Feed and Seed Inc. donated the fertilizer, plants and seeds for the project. The ECA members instructed the scouts on how to sow the seeds and plant the tomatoes. It was a group effort to weed and hoe the garden. The garden was picked every other day and vegetables given to



several of our area food-sharing groups: the U-Can Food Pantry, Congregate Meals seniors at Palm Tree United Methodist Church in Lawndale N. C., The Lord Provides Soup Kitchen in Belwood N. C., the Foodshare at the Foothills Farmers' Market in Shelby, N.C. and to some of the senior citizens in the Belwood Community. The garden produced 530 pounds of vegetables. The Scouts also earned the Boy Scout Gardening Badge.

Photo: Belwood ECA President Jean Ann Privett and Boy Scouts donate vegetables from their community garden to the Farmers Foodshare at the Foothills Farmers' Market in Shelby, NC.

The recent area meeting of the Cleveland County ECA was held at the Cleveland County Memorial Library. Mary Lee Jones, coordinator, and Lorinda Richard, vice-coordinator, of Promoting Safe and Healthy Environment Issue Committee for the Cleveland County ECA were responsible for arranging the program with the cooperation of the library staff.

The book, THE GIRLS OF THE ATOMIC CITY (The Untold Story of the Women Who Helped Win World War II), was reviewed by a member of the library staff through a video. The book, GIRLS OF ATOMIC CITY, was written by Denise Kiernan. She relates the story of Oak Ridge, Tennessee, when it was home to 75,000 people who, without their knowledge, were helping develop the atomic bomb and win World War II. Oak Ridge was a Secret City and the women who worked there were recruited from across the United States. One of the women, Margaret Craig, who now lives in Gaston County, shared some of her memories and experiences with the group who gathered for the video presentation and book review.

Photo: Cleveland County ECA President Pat Farley, second from left) and members enjoyed learning from Atomic City resident, Margaret Craig, and Librarian Bre DuMont.



The Cleveland County ECA Council made a gift of two copies of GIRLS OF THE ATOMIC CITY to the Cleveland County Memorial Library and Ruby C. Hunt YMCA Library. Many ECA members also had the opportunity to purchase personal copies of the book and enjoyed reading and sharing it with others.

## Rutherford County

Rutherford County ECA hosted a special luncheon and program for potential new members on Saturday, October 1. The event provided ladies in the community a chance to learn more about ECA and the work they do in the county. Personal enrichment, fellowship with peers, and helping others in the community were emphasized during the event. Participants enjoyed a delicious soup and sandwich meal, local entertainment, a 'Get to Know ECA' activity, and lots of door prizes. As part of a community service project, participants also painted inspirational messages on canvas bags for special needs children. Following the event, 6 new membership applications were received, which puts us at half our goal of 13 new members in 2017 – very exciting and well worth the effort!

This event was part of a larger recruitment effort designed to market ECA in the county. In addition to the luncheon, new promotional tools including brochures, bookmarks, and magnets were created to enhance marketing strategies. Thanks goes to the NCECA Foundation for its innovative grant to support our efforts and to the hard work of Rutherford County members for their vision and planning. Future plans include updating the Rutherford County ECA webpage, surveying new and potential members to assess interests, and developing new programs to match member needs.

## Cherokee County

The Grape Creek Homemakers of Cherokee County with the NCECA had a great workshop making burp cloths and receiving blankets for our project to go to the Ronald McDonald House in Chattanooga, TN. Some cut out while others sewed. We all had a wonderful time knowing these things would go for a very needy cause.



Our finished project on the burp cloths for the Ronald McDonald House in Chattanooga, TN. Pictured right to left in back: Liz Sharp, Robbin Martin, Reta Hogsed, Pat Davis, Barbara Lovingood, Clydie Rogers. Front from left: Nancy Elizabeth Helms, Jan Rose, Glenda Sneed and Glenda GUDE. Not pictured Robin Johnson (photographer).

## In Other News . . . .

At State conference, your **2017-18 Leadership Team** was installed:

President	Judy Blythe, Craven County
President-elect	Shelby Ford, Union County
Past President	Faye Lanier, Durham County
Vice Presidents	
North Central	Lois Williams, Vance County
	Morris White, Liaison Agent
Northeast	Juanita Nobles, Pitt County
	Leigh Guth, Liaison Agent
South Central	Donna Springle, Harnett County
	Greg Huneycutt, Liaison Agent
Southeast	Angela Abrams, Wilson County
	Debbie Stroud, Liaison Agent
West	
Appointed Parliamentarian	Wanda Denning, Wake County
Appointed Treasurer	Faye Lanier, Durham County
Advisor	Geri Bushel, NCSU
CVU Coordinator	Anne Gaddis, Lenoir County
2017 Cultural Arts Chairs	Louise Faison - Wayne County
	Ruby Brinson - Duplin County



Along with the usual Annual Excellence Awards, Longevity and Outstanding Volunteer Awards, we honored four members with ***Distinguished Service Awards***.

- Ruth Clifton, our Appointed Treasurer, stepped up to fill that position when Faye was elected President-elect. Ruth has done an awesome job but has decided to hand the job back to Faye! We thank Ruth for her dedication and service to ECA!
- Sue Glover has served ECA in many ways during her lifetime. She has held many offices along the way. She was our State President in 1995. She served as editor of the Tar Heel Homemakers newspaper for many years. As you may know, dwindling membership and rising printing & postage costs led to the demise of that newspaper last year. We honor Sue for her dedication to ECA for her outstanding work as editor!
- When NCECA agreed to host the 2017 NVON Conference, we realized that it would be a big undertaking and that we would need funding over and above the registration to cover the cost of the conference. Two members stepped up and immediately started working on ways to supplement the cost. They planned a bus trip to the Ohio Amish Country as well as other fund raising events. They have gone above and beyond and for that we honor Gail Linker and Bobbie Sheperis.



Our deepest sympathies go to Sarah Nixon, a lifelong member of Lincoln County ECA and our 1987 State President. Sarah lost her daughter Murray last week. Murray was also an ECA member. She had served as President of both the FCS and the ECA Foundations.

## HELP...HELP...HELP – NVON CONFERENCE

**REMEMBER MEMBERS** . . . you volunteered in 2015 to assist with our 2017 NVON Conference. Lots of committees are needed to make this happen and maybe you have forgotten you had a job, so here is your reminder. I need to hear from you and what your committee is doing to fulfill the responsibilities. Contact me by phone (704) 786-5324 or E-mail [jwklutz12@gmail.com](mailto:jwklutz12@gmail.com).

Registration Chair – Bobbie Sheperis, Cabarrus County

Workshops/Seminars – Wanda Denning, Wake County

Craft Workshops – Barbara Looney, Cabarrus County

Hostesses & Facilitators – Alma Fields, Lenoir County – Cathy Holmes, Rutherford County

ACWW Silent Auction – Donna Springle, Harnett County

Tour Committee Chairs – Polly Caudle, Forsyth – Joan Quinn, Wake County

Trade Show Committee – Linda Rivenbark, Bladen County

State Displays Chair – Judy Furr, Cabarrus County

Table Decorations – Joan McClure, Gaston County

Favors Committee – Angela Abrams, Wilson County - Judy Elkin, Bladen County

Door Prize Committee – Shelby Ford/SC District, Union County

VACANT & NEEDED: **Host State Table Chair** ( Districts and/or Clubs can sell their crafts)

**Pages** – 2 people to serve during Business meeting & General session



ACWW has a monthly newsletter. You may find it at: <http://us10.campaign-archive1.com/?u=f66538b5dc6363c7efdf765c3&id=7e49edb31e&e=2d9d0caf2510>

VISION is the newsletter of NVON. VISION is published three times a year and individual subscriptions are available. A subscription is \$18.00 for three years.

Make checks payable to: National Volunteer Outreach Network, Inc.  
and mail to the NVON Treasurer  
Judy Bender  
N 1440 Spring Lake Drive  
Dalton WI 53926



NCECA State Conference, *Savor the Flavor*, was held October 24-26 and was hosted by North Central District. The evaluation indicated that this was one of the best conferences we've had. Of the 170 who attended, 123 of you returned evaluations! That is way above the average return! There are a few things we'd like to address that were concerns on the evaluations.

- Yes there was a LOT of food! When we sign a contract with the hotel, it is based upon a food minimum. This year about 25-50 less members registered for conference but we still had to pay the contracted amount, so the food choice was upgraded but ECA has **no** control over the portions the hotel chooses to serve.
- We regret that a couple of our presenters did not show up. There is no way to "make sure they show up" but we will take the suggestion to have a Plan B just in case. Kudos to Sherrie Peeler, Jackson County Agent who stepped in for Local Foods session and received rave reviews!!
- You were pleased with the variety of workshops offered and we'll continue to offer that quality and variety of workshops. We also shared with you three potential partnerships which will allow ECA members to further have an impact in their communities. **Partners Against Trafficking Humans**, **Reality of Money** with State Employees Credit Union, and the Master Food Volunteer. Exciting things lie ahead for ECA!
- Several suggested the conference be moved back to the spring. Doing so creates issues with the District Days, Cultural Arts competition, etc. We also schedule our conference to follow the NVON meeting so that we can share any information from that conference. To schedule ECA's conference any earlier than late October would create conflicts with our Liaison Agents as their meetings are August - September and the State Fair is early October. There are so many factors involved that it is not as easy as one would think.
- There were also comments regarding "lining up" for meals. ECA has no control over that. The doors to the dining area cannot be opened until the hotel staff has set the tables and are prepared for our entrance, which is usually the printed time in the program. Members could use the free time prior to the appointed time to visit, rest, etc. There are always enough seats for those registered and "lining up" doesn't do anything but create angst!

Please know that those planning our conferences try in any way possible to accommodate the needs and comfort of our members, but often we have to do so within the guidelines of the hotels.

## Dates to Remember

### November

- 1- eNews deadline
- 1 - Scholarship information to be sent out
- 1 - Membership dues to county treasurer

### December

- 1 - Individual reports due to club president
- 1- Pennies for Friendship due to Appointed Treasurer
- 1- County Membership dues to Appointed Treasurer
- 7 - Leadership Team Conference Call
- 15- Club reports due to county coordinator and Liaison Agent

### January

- 1 - New officers assume duties
- 1 - Yearbook corrections due to Geri
- 11 - Leadership Team meeting



Place  
Postage  
Here