

Northampton County Cooperative Extension 4-H Summer Fun 2016



REGISTRATION: April 25 – June 17, 2016

Bring or mail required forms and payment to:
Northampton County Cooperative Extension
9495 NC Hwy 305, PO Box 636
Jackson, NC 27845

Office Hours: 8:30 am-5:00 pm Monday-Friday
(252) 534-2711



JOIN THE REVOLUTION
OF RESPONSIBILITY
North Carolina

North Carolina State University and North Carolina A&T State University commit themselves to positive action to secure equal opportunity regardless of race, color, creed, national origin, religion, sex, age, sexual orientation, veteran status or disability.

Registration Information

(the fine print!)

1. To enroll in any 4-H Summer Fun Program, you must fill out the attached registration form, a 4-H Enrollment Form, and a *notarized* 4-H Medical Release Form. You should also review the 4-H Code of Conduct with your child. These forms may be found online at http://www.nc4h.org/procedures_and_guidelines/index.html or obtained from the Northampton County Cooperative Extension Office during normal business hours: 8:30 a.m. to 5:00 p.m. Monday through Friday.
2. Registration will occur **April 25 through June 17, 2016** and will be accepted in person or via the mail. No Internet or phone reservations may be made. Registration is on a first-come, first-served basis and is not complete without payment and forms. **Please observe the registration period.**
3. Payment is required at the time of registration and can be paid with cash (exact change only), money order, or check (made payable to the "Northampton Program Fund").
4. Please review the information on each program that you sign up for carefully, including the stated age ranges and times. You are responsible for ensuring that your child arrives and is picked up on time for each program. If you are more than 15 minutes late for any field trip program, you will be left and no refund issued.
5. We reserve the right to suspend your child from the program without refund should he/she become disruptive or violate the 4-H Code of Conduct in any way. If a child must be dismissed from the program, then the parent/guardian will be called to pick up the child immediately.
6. No refunds will be given for Summer Fun programs except in the event of a cancellation by our office. All refunds will be processed at the conclusion of the entire summer fun program in August. Please allow 4 weeks from that time for checks to be processed.

Hertford-Northampton Livestock Show and Sale

1:00 PM (Show starts), 7:00 PM (Sale starts)

Wednesday, June 8

The 4-H Livestock Club will be having their show and sale on June 8th. Admission is free and the general public is welcome to come and enjoy the events and watch the festivities. The Livestock Show and Sale will be at the Livestock Arena in Murfreesboro, NC.



www.4h.com

NC Citizenship Focus

Monday, June 13 at 8:30 AM - Wednesday, June 15 at 3:30 PM

Monday-Wednesday, June 13-15

North Carolina 4-H offers NC Citizenship Focus to young people interested in learning more about local and state government. Some of the conference highlights include: citizenship themed workshops, NC SPIN, panel discussions, distinguished speakers, a Legislative breakfast, and visits with elected officials. Youth will stay at the Sheraton Raleigh Hotel. Please contact the office for an application. Deadline for applications to be received in our office is May 13, 2016.

Ages: 14-18

Cost: \$100

Class Limit: 2



www.wallpaperart.com

Fun with Wood!

9:00 AM-12:00 Noon

Wednesday, June 15

Bobby Warren, a talented carpenter who teaches at Northampton East High School, will engage youth in a fun, hands-on activity. Youth will make, and take home, a wood masterpiece they can keep for years to come. One snack included.

Ages: 8-up

Cost: \$10

Class Limit: 9



www.gingraph.com

"Racing to Better Health" at the Library

10:30 AM-11:30 AM

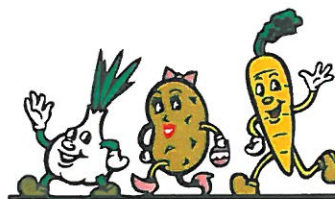
Wednesday, June 22

Join readers of all ages at the Northampton County Memorial Library to hear a special book reading and to engage in fun activities! Event will be held at the Northampton Memorial Library located at 207 West Jefferson Street in Jackson, NC 27845.

Ages: All

Cost: Free

Class Limit: None



www.purplest.com

NEW FOR 2016 - Mad Scientist!

9:00 AM – 3:00 PM

Thursday, June 23



Hold on to your goggles as four 4-H volunteers (Ashita Harris, Lillie Pernell, Michele Spruill and Sandra Mallory) take you through a fun, hands-on day as you do one experiment after another! When the day ends, you will really be a "mad scientist". Please be sure to bring a bagged lunch.

Ages: 7-up

Cost: \$10

Class Limit: 15

www.4h.net/nc4h.com

Girl's Day Out

10:00 AM – 3:00 PM

Monday, June 27

This is a class for girls only! Join us for a day of pampering! We will visit the Halifax Community College Cosmetology Department where you will get your hair and nails done! Then go out to lunch to learn lady-like etiquette, and more. Please meet us at the Northampton County Cooperative Extension Office in Jackson.

Ages: 9-13

Cost: \$20

Class Limit: 9



www.budget4h.com

Survival Skills and Leadership Workshop

9:00 AM – 3:00 PM

Monday, June 27

Youth will learn camping and survival skills and how they relate to leadership values while enjoying time on the Northampton County Nature Trail near the Extension Office in Jackson. Snacks will be provided; youth are asked to bring their own lunch.

Ages: 5-12

Cost: \$5

Class Limit: 12

Hungry to Help Food Distribution

3:30 PM – 5:00 PM

Monday, June 27

Join other 4-H members and community members to distribute food to needy citizens of Northampton County during their monthly food distribution. The Food Bank of the Albemarle delivers food and 4-H'ers help place it in recipients' cars or trucks. The distribution is held at the Jackson United Methodist Church at 206 Thomas Bragg Drive in Jackson, NC 27845.

Ages: 7 and older

Cost: Free

Class Limit: None

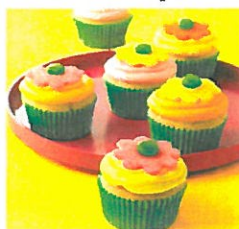


www.foodbankofalbamarle.com

Cupcake Decorating
10:30 AM – 12:00 Noon
Tuesday, June 28

Michelle Burgess, a talented baker, will teach participants to decorate cupcakes using professional techniques. Join the fun and take your creations home! The class will be held at the Northampton County Cooperative Extension Office in Jackson.

Ages: 5-12
Cost: \$5
Class Limit: 12



www.thehealthresearchfoundation.com

Basketball and Healthy Living Camp
Time: 9:00 AM – 3:00 PM each day
Tuesday, June 28-Thursday, June 30

During this three-day camp we will have college basketball coaches on site each morning teaching young people the fundamentals of basketball. In the afternoon, we will have activities showing youth the types of healthy choices that people make to become better athletes. Snacks included. Youth will need to bring a lunch each day. Location to be announced later.

Ages: 5-12
Cost: \$25
Class Limit: 25



www.hipress.com

Northampton County 4th of July Celebration and 4-H Fundraiser
5:00 PM – 10:00 PM
Monday, July 4

Come out to celebrate our nation's independence at the Northampton County 4th of July Celebration! We need your help at our 4-H booth! We will need youth and adults to help sell glow sticks and more. Stay for the evening fireworks, live beach music band, and great entertainment. The event will take place at the Northampton Cultural and Wellness Center in Jackson.

Ages: 7-adult
Cost: Free
Class Limit: None



www.hilwa1papercollecting.com

Sew Exciting!
9:00 AM – 3:00 PM
Wednesday, July 6

Join talented local seamstress, Susan Stephenson, to learn the basics of sewing and have hands-on experience with a sewing machine. Please bring your lunch and a creative mind! Class will be held at the Northampton County Cooperative Extension office in Jackson and a snack will be provided. You will get to take your project home!

Ages: 6-12
Cost: \$10
Class Limit: 10



NEW for 2016 – Learn About Simple Magic and Balloon Animals

10:00 AM – 12:00 Noon

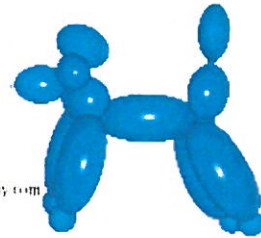
Monday, July 11

Learn from the best! Rita New will take you on a magic carpet ride as she shows you the secret to some magic tricks. Also, try your hand at making balloon animals! Promises to be lots of fun!

Ages: 10-up

Cost: \$5

Class Limit: 10



Northeast District 4-H Science Camp

Tuesday, July 12 at 10:00 AM – Thursday, July 14 at 1:00 PM

This science camp, called S.B.I. Academy (Science. Biotechnology. Investigate) is designed to introduce youth to biotechnology using hands-on demonstrations, fun activities, and engaging workshops. Held at NC Wesleyan College in Rocky Mount, this annual camp is a highlight of the summer. Campers will stay overnight in the dorms. Transportation will be provided to and from Rocky Mount. **REGISTRATION DUE JUNE 17, 2016. Visit**

<http://northampton.ces.ncsu.edu/categories/4-h-youth-development/> or call (252) 534-2711 for the Science Camp registration form.

Ages: Rising 6th-8th graders

Cost: \$50

Class Limit: 6



Hungry to Help Food Distribution

3:30 PM – 5:00 PM

Monday, July 25

Join other 4-H members and community members to distribute food to needy citizens of Northampton County during their monthly food distribution. The Food Bank of the Albemarle delivers food and 4-H'ers help place it in recipients' cars or trucks. The distribution is held at the Jackson 206 Thomas Bragg Drive in Jackson, NC 27845. **United Methodist Church at**

Ages: 7 and older

Cost: Free

Class Limit: None



4-H Little Clover Nutrition Camp (Two Days!)

Day 1: Tuesday, July 26 – 10:00 AM-1:00 PM

Day 2: Wednesday, July 27 – 8:30 AM-5:00 PM – bring bagged lunch on day 2

Day 1 - EB Odom, our FCS Agent, will lead you in having fun with nutrition. Youth will learn about making healthy snacks that you can make yourself and get to eat!! Yummy!

Day 2 - We will travel to the Poe Center for health education in Raleigh, NC. You will have a fun-filled day as you meet the Food Super Heroes, learn about physical fitness and play at Wake Med's Play Well Park (the world's first health education playground).

Ages: 7-9

Cost: \$10 for both days

Class Limit: Day 1 – 13

Day 2 – limited space



The Poe Center
WakeMed's
PlayWELL Park

Soccer Camp

9:00 AM – 12:00 Noon

Thursday, July 28

Join Annas Banna, our Small Farms Ag Agent, as he takes you through the rules of playing soccer. Snack included.

Ages: 7-up

Cost: \$5

Class Limit:



NEW for 2016 – Babysitter’s Backpack Camp!

9:00 AM – 3:00 PM

Tuesday, August 9 and Wednesday, August 10

EB Odom, Family and Consumer Science Agent, will teach you everything you need to know about the basics of babysitting.

Ages: 12-up

Cost: \$15

Class Limit: 12



www.clipartbox.com

Learn to Face Paint!

10:00 AM – 12:00 Noon

Tuesday, August 16

Have you ever wanted to learn how to paint faces like the professionals do? Join Rita New as she teaches you step by step. You might be able to set up your own business once you learn the basics of this art!

Ages: 10-up

Cost: \$5

Class Limit: 10



World4kids.com

Northampton County Cooperative Extension 4-H Summer Fun Registration

Please complete a separate form for each participant. You may make copies of this form.

- Registration Requirements: 4-H Enrollment Form, 4-H Medical Release and Informed Consent Form (notarized), and registration fee
- Make check/money order payable to: Northampton Program Fund

(Please Print)

Name: _____ Age: _____ Phone: _____

					Office Use Only	
CLASS	DATE	AGES	COST	Paid		
NC Citizenship Focus	June 13-15	14-18	\$100			
Fun with Wood	June 15	8-up	\$10			
Racing to Better Health	June 22	all	Free			
Mad Scientist!	June 23	7-up	\$10			
Girls Day Out!	June 27	9-13	\$20			
Survival Skills Workshop	June 27	5-12	\$5			
Hungry to Help	June 27	7-adult	Free			
Cupcake Decorating	June 28	5-12	\$5			
Basketball & Healthy Living Camp	June 28, 29 & 30	5-12	\$25			
4 th of July	July 4	7-adult	Free			
Sew Exciting!	July 6	6-12	\$10			
Learn About Simple Magic/Balloon Animals	July 11	10-up	\$5			
Science Camp	July 12-14	Rising 6 th -8 th	\$50			
Hungry to Help	July 25	7-adult	Free			
Little Clover Nutrition Camp	July 26 & 27	7-9	\$10			
Soccer Camp	July 28	7-up	\$5			
Babysitter's Backpack Camp	August 9 & 10	12-up	\$15			
Learn to Face Paint!	August 16	10-up	\$5			
TOTAL:						



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4-H Enrollment Form



Name of 4-H Group/Unit _____ Year: _____

Member Name: _____
First Middle Last

Address: _____
Street Address City State Zip Code

Phone: (____) _____ Email: _____ County: _____

Gender*: Male Female Date of Birth: _____ Grade: _____ School Attending: _____

Do you Live*: _____ Farm _____ City over 50,000 people
(Choose only one) _____ Town under 10,000 or rural non-farm _____ Suburbs of city over 50,000 people
_____ City 10,000-50,000 people _____ Military Installation: _____

Do you have parent/guardian(s) active in the military? Yes _____ No _____
If yes, circle all that apply: Army Air Force Navy Marines Coast Guard National Guard (Air & Army) Reserves

Ethnic group*: A. Choose One _____ Hispanic or Latino _____ Non-Hispanic or Latino
B. Choose all that apply:
_____ White or Caucasian _____ Asian
_____ Black or African American _____ Native Hawaiian or other Pacific Islander
_____ American Indian or Alaska Native _____ Other _____

Parent or Guardian: _____
First Middle Last

Address: _____
Street Address City State Zip Code

Phone: (____) _____ (____) _____
Area Code Daytime/Cell phone Area Code Home phone Email (if applicable)

Additional Parent or Guardian: _____
First Middle Last

Address: _____
Street Address City State Zip Code

Phone: (____) _____ (____) _____
Area Code Daytime/Cell phone Area Code Home phone Email (if applicable)

1. A parent or guardian should sign below whichever statement you wish to apply to the youth's involvement in 4-H programs.

_____ I agree to allow 4-H to take photographs/audio/video of my child for use in 4-H and other N.C. Cooperative Extension educational, promotional, and/or marketing materials. Neither individual addresses nor telephone numbers will be published within these materials.

_____ I do not wish for 4-H to take photographs of my child for use in 4-H or N.C. Cooperative extension educational, promotional, or marketing purposes.

2. The enrolling youth is bound by the NC 4-H Code of Conduct and Disciplinary Procedure for 4-H events and activities. The youth should initial here if he/she has received and reviewed the NC 4-H Code of Conduct and Disciplinary Procedure for 4-H events and activities. _____

** This information is required for all federally assisted programs and is solely used for the purpose of determining compliance with Federal civil rights laws; your responses will not affect consideration of your application. By providing this information, you will assist us in assuring that this program is administered in a nondiscriminatory manner.*



office use only
4-H Membership # _____
Date entered: _____



4-H MEDICAL INFORMATION AND INFORMED CONSENT FOR TREATMENT FOR NC 4-H SPONSORED EVENTS

4-H'ers Name _____

PLEASE READ AND COMPLETE THE FOLLOWING FORM. THIS FORM MUST BE PRESENTED AT THE OFFICIAL REGISTRATION FOR THE 4-H SPONSORED EVENT BEING ATTENDED.

I. Medical Information

Known allergies to foods, drugs, insect stings or bites, etc: _____

Special medical concerns or conditions that event supervisors should know about, including contagious illnesses, epilepsy, asthma, diabetes, previous injuries to bones/joints, etc.: _____

List special dietary needs: _____

Medications currently being taken (name of medication, dose, and frequency): _____

Family Physician: Name _____ Phone # (____) _____

Address _____

II. Insurance Information

The 4-H program purchases insurance for youth participants for many sponsored events. In some cases, this coverage will not pay for some medical expenses and it may be necessary to bill the family or your insurance company.

Health Insurance Company _____ Health Insurance Policy # _____ Company Address _____ Number (____) _____ Phone Company Telephone _____

III.

If you are a person with a disability and desire any assistive devices, services or other accommodations to participate in this activity, please contact _____ [name, office] at _____ [phone number/TTY] during business hours of 8 a.m. and 5 p.m. to discuss accommodations at least _____ [hours/days] prior to the activity.

Signatures Acknowledging Parts I, II, and III

Parent's/Guardian's signature _____ Date: _____

Participant's Signature: _____ Date: _____

Parent/Guardian telephone #: Home _____ Work _____

IV. Informed Consent

In the event that a participant needs minor medical care from 4-H or more significant medical care from a qualified health care provider, including in rare cases possible hospitalization and/or surgery, the parent/guardian is asked to sign the informed consent form below. In case of serious medical condition, 4-H will make every effort to notify the parents, but the first priority may be providing care to the participant.

Authorization to Consent to Health Care for Minor

I, _____, of _____ County, am the custodial parent having legal custody of _____, a minor child, age _____, born _____ . I authorize any adult(s) acting as agents (including official volunteers) or employees of the _____ 4-H program and in whose care the minor child has been entrusted , to do any acts which may be necessary or proper to provide for the health care of the minor child, including , but not limited to, the power (i) to provide for such health care at any hospital or other institution, or the employing of any physician, dentist, nurse, or other person for such health care, and (ii) to consent to and authorize any health care, including administration of anesthesia, X-ray examination, performance of operations, and other procedures by physicians, dentists, and other medical personnel except the withholding or withdrawal of life sustaining procedures.

This consent shall be effective for one year from the date of the execution.

Custodial Parent Signature _____ Date _____

STATE OF NORTH CAROLINA
COUNTY OF _____

On this _____ day of _____, 20____, personally appeared before me the said named, _____, to me known and known to me to be the person described in and who executed the foregoing instrument and he (or she) acknowledged that he (or she) executed the same and being duly sworn by me, made oath that the statements in the foregoing instrument are true.

My commission expires _____, 20_____.

Notary Public

(OFFICIAL SEAL)



4-H Code of Conduct and Disciplinary Procedure
North Carolina Cooperative Extension Service
Department of 4-H Youth Development



I. **Purpose and Application:**

- A. The 4-H Code of Conduct is intended to foster a safe environment that is conducive to optimal learning and growth. Toward that end, youth participants are expected to behave in a way that respects the rights and property of others, and that will not disrupt or interfere with 4-H program goals.
- B. This 4-H Code of Conduct and Disciplinary Procedure is a condition of participation in any North Carolina 4-H activities or programs.

II. **Behaviors Prohibited at 4-H program Activities:**

- A. Possession, selling, and/or use of alcoholic beverages, tobacco products, and illegal drugs OR being present where individuals are using alcohol, tobacco products and/or any illegal substances
- B. Any kind of sexually related physical contact
- C. Possession of weapons or firearms (except while participating in a 4-H Shooting Sports Event)
- D. Behavior that violates state or local laws
- E. Damage to property of others
- F. Theft, misuse or abuse of public or personal property
- G. Conduct that jeopardizes the safety of self or others
- H. Conduct that disrupts or interferes with 4-H programming
- I. Leaving a program or facility without permission of parents or 4-H staff (including authorized volunteers)
- J. Inappropriate dress, including but not limited to clothing that is sexually suggestive, indecent, or otherwise disruptive to the operations or goals of 4-H. Examples include clothing with negative or hateful language or symbols; see-through blouses, skirts or pants; sagging pants; exposed undergarments; bare midriff shirts; and excessively short or tight garments. Clothing should meet the standards expected in public schools. Specific clothing requirements may be required where appropriate for a particular event
- K. Unruly behavior in hotels and public areas, particularly during overnight events. There should be no running in the halls, prank calls, unnecessary noise, excessively late hours, or visiting in rooms of the opposite sex

III. **Additional Basis for Disciplinary Action**

County or State Extension personnel may impose discipline pursuant to Part IV below in cases of misconduct by current, former, or prospective 4-H participants if, in the judgment of 4-H personnel or their supervisors, the misconduct poses a potential risk to the 4-H program. This includes risks to the safety or well-being of others and risks to the effective functioning or integrity of 4-H. This applies regardless of whether the misconduct occurred during a 4-H activity or in a setting unrelated to 4-H activity.



IV. Disciplinary Procedures:

- A. Discipline may be imposed by any 4-H staff or Cooperative Extension Service employee who has oversight responsibility for 4-H activities.
- B. Unless immediate action is required, the following procedures must take place before there can be any finding or conclusion of guilt:
 - 1) the accused participant shall be told the charge (which of the prohibited behaviors listed above he or she is accused of violating), and
 - 2) the accused participant is told what factual evidence supports the charge, and
 - 3) the accused participant has been given a chance to tell his/her side of the story.
- C. The 4-H staff person must be satisfied that the participant more likely than not engaged in the prohibited behavior before imposing a sanction.
- D. Sanctions may include some or all of the following:
 - 1) Verbal warning
 - 2) Notification to parents
 - 3) Immediate removal from the activity
 - 4) Being placed on a behavior contract
 - 5) Referral to local law enforcement and/or juvenile court
 - 6) Program suspension and/or
 - 7) Expulsion from program
 - 8) Other sanctions appropriate to the circumstances, as determined by 4-H.
- E. Appeals
 - 1) Disciplinary action for local or county-level events may be appealed to the County Director and or 4-H Agent. All appeals must in writing and must be received by the County Director and or 4-H Agent within 30 days of the disciplinary action. The County Director and or 4-H Agent or designee shall review the appeal statement, any written response from the decision maker, and may review other relevant information. The County Director and or 4-H Agent shall send a written decision to the appellant, the 4-H staff member who made the initial decision, and Head of the Department of 4-H Youth Development. The County Director and or 4-H Agent's appeal decision shall constitute the final agency action unless the Department Head chooses to exercise further review.
 - 2) Disciplinary action for regional or state-level events may be appealed to the Head of the Department of 4-H Youth Development, Cooperative Extension Service, Box 7606, NC State University, Raleigh NC 27695-7606; telephone (919) 515-3242. All appeals must in writing and must be received by the Department within 30 days of the disciplinary action. The Department Head or designee shall review the appeal statement, any written response from the decision maker, and may review other relevant information. The Department Head shall send a written decision to the appellant and the 4-H staff member who made the initial decision, and the Department Head's appeal decision shall constitute the final agency action.
- F. Immediate action situations:

4-H or Extension staff may take immediate action to remove a participant from an activity and other action as needed, where there is an emergency situation or significant risk of continuing misconduct. In those cases, the immediate action is temporary discipline and the 4-H or Extension staff must arrange for the procedures in parts B, C, D, and E above as soon as possible but in no event longer than seven days from the temporary discipline.