

Johnston County 4-H 2015 Summer Fun Schedule



4-H Summer Fun is a collection of fun educational workshops and hand-on activities planned especially for Johnston County youth. This program is designed to give youth positive learning opportunities and focus on developing life skills. 4-H activities are open to youth ages 5-18 (as of the date of the camp), but please pay close attention to class ages, descriptions, class limit, fees, dates and times.

Youth do NOT have to be in 4-H to participate in 4-H Summer Fun

ONLINE Registration Date/Time

Registration this year will be online only. Registration begins for **Johnston County 4-H members May 1st - 8th**, **then all youth May 9th - 22nd**. Please go to the following link and follow the instructions to register online: <u>johnston.ces.ncsu.edu/johnston-summer-fun</u> – This will not be live until May 1.

Policy and Procedures

The following forms <u>MUST</u> be filled out or on file for each child: 4-H Enrollment form, Code of Conduct (read and initial the enrollment form), Summer Fun registration form, and **NOTARIZED** Medical Release form turned in (not postmarked) by May 29th or you forfeit your child's space in the camp. Forms can be found here: http://go.ncsu.edu/summerfunenrollmentforms2015

Registration ends May 22nd at 5:00PM. All registration fees and necessary forms should arrive at the 4-H office by May 29th (not postmarked) at:

Johnston County Cooperative Extension 4-H Summer Fun Program 2736 NC 210 Hwy Smithfield, NC 27577

No registrations will be accepted by telephone.

Refunds/Cancellations

*All fees are non-refundable unless the class is cancelled.

Refunds for cancelled workshops will be processed within 3 weeks after cancellation notice. In the event of a cancellation, you will be notified as soon as possible.

Punctuality

*Parents/guardians must sign the child in and out each day of camp.

Participants should arrive **no more than 10 minutes prior** to the start time of each activity, and should be picked up **no later than 10 minutes after** the activity is scheduled to end. There will be a \$5 service fee for youth who arrive more than 10 minutes before the start of the activity and are picked up more than 10 minutes after each activity.

When transportation is provided to another location for a program, participants who arrive more than 5 minutes late will be left and no refund will be given.

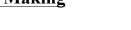
*Because of car seat laws, transportation for 5-7 year olds will not be provided by 4-H.

Payment

Payment is required by May 29th to reserve a space. <u>Clover Cash can be used for any Summer Fun Events</u>. Youth/parents should check their clover cash balance here – http://go.ncsu.edu/clovercashbalance

Checks should be made payable to, **Johnston County 4-H.** There is a \$10.00 service charge for returned checks. If you have questions, please contact Angie Faison, 4-H Secretary, at 919-989-5380.

Jewelry Making





June 16th - 17th 9:00 a.m. – 12Noon Location: Livestock Arena

Learn a new skill! Enjoy making jewelry. Each participant will learn to create a beautiful piece of jewelry. Class will have some focus on color matching/color wheel.

Instructor: Angie Schexnayder

Ages: 8 & up Cost: \$13 Max: 15

Don't Blow Your Top!

June 16th - 17th 1:00 p.m. – 4:00 p.m. Location: Livestock Arena

Learn how to blow off steam and make a volcano. Each participant will create a volcano and learn how to make an eruption. Plenty of steam will be let out at this class!

Instructor: Angie Schexnayder

Ages: 8 & up Cost: \$12 Max: 20

Fun with Felt

June 18th 9 a.m. – 12Noon Location: Livestock Arena

Fun with felt! Learn to make bookmarks, magnets or your own creation. You're going to love it! Instructor: Angie Schexnayder

Ages: 5 & up Cost: \$10 Max: 20

Junior Master Gardener Workshop

June 22nd – 26th 9:00 a.m.- 12Noon Location: 4-H Office

22nd - We will: plant seeds, create a site survey, develop a drawing of our gardens and complete a soil identification project. We will also cover IPM and identify beneficial and pest insects.

- 23rd We will: practice paper pot construction and planting of seeds as well as discuss companion gardening. Today we will have a guest come and speak and we can ask about their career in nutrition and health.
- 24th We will: discuss container gardening and plant an herb garden in a 5-gallon bucket. Then we will create a seed bank and learn about saving seeds from our own produce. Also, we will also focus on a project where we can give back to our community. We will brainstorm ideas on how to conserve resources and use seed saving techniques to benefit local citizens or fundraising opportunities for charities.
- 25th We will: learn food safety tips on cleaning your harvest, learning how to eat in season and discovering molds on spoiled foods. We will also practice reading food nutrition labels. We will do a Junk Food Blues activity.
- 26th We will: be making healthy snacks from the garden and taste testing fruits and veggies from the garden. We will learn which nutrients come from which plants. We will also make a finger paint discovery about foods with fiber.

At the end of the week, those students who attend every day will earn the Jr. Master Gardener Certificate. Instructor: Valerie Little

Ages: 9 - 12 Cost: \$5/Monday-Thursday, \$10/Friday. If registered for all 5 days, cost is \$25 Max: 12

Bulldogs and Pirates Day

June 25th

8:00 a.m. - 5:00 p.m.

Participants will visit Barton College and East Carolina University. We will have an information session and tour of the campuses. Dress casual, but in compliance with the 4-H Code of Conduct and wear comfortable walking shoes, apply sunscreen or bring it with you. We will have a cooler in the van with drinks and snacks, and will eat lunch on campus.

Instructor: Lori McBryde

Ages: 9th grade & up

Cost: \$10.00

Max: 10

Arts & Crafts I

June 29th & 30th

9:00 a.m. – 12Noon

Location: Livestock Arena

Location: Meet at 4-H Office

You'll be surprised by the fun you will have making and learning new techniques with arts and crafts! Instructor: Angie Schexnayder

Ages: 5-8

Cost: \$15

Max: 10

Arts & Crafts II

June 29th & 30th

1:00 p.m. – 4:00 p.m.

Location: Livestock Arena

You'll be surprised by the fun you will have making and learning new techniques with arts and crafts! Instructor: Angie Schexnayder

Ages: 9 & Up

Cost: \$15

Max: 10

Just Horsin' Around

June 30

9:00 a.m. – 3:00 p.m.

Location: Creekside Equestrian Center

3905 Swift Creek Rd, Smithfield

Would you like to know what it's like to care for and even ride one? Have you always wanted a horse but just didn't have a place to keep one. Then this one-day camp is for you. Come learn about different breeds of horses, the equipment required for ownership, how to saddle, feed, groom, make a craft and even ride a horse. A hot dog lunch, chips and drink will be served. Bring an alternate lunch if needed. Snacks and drinks will be available. *This camp is a fundraiser for the Jessica Ferrara Equine Memorial Endowment*, which will benefit horse club members in Johnston County.

Instructors: 4-H Horse Club Leaders & Members

Ages: 8 & Up

Cost: \$30 includes lunch & snacks

Max: 30



Quilting Made Easy

June 30th – July 2nd

10:00 a.m. - 3:00 p.m.

Location: 4-H Office

In this four-day series, participants will make a machine quilted lap blanket. Participants must have experience using a sewing machine. This is NOT a beginner's class.

Bring your lunch.

Instructors: Jayne McBurney & Jo Co Quilters.

Ages: Previous Sewing Experience Cost: \$15 all materials provided Max: 6

Ruler Stars

July 1st 9:00 a.m. – 12Noon Location: Livestock Arena

Make and take using rulers to make stars and decorate. Perfect for July 4! Very Patriotic!

Instructor: Angie Schexnayder

Ages: 6 & up Cost: \$12 Max: 20

NC A&T State University & Elon

July 1st 8:00 a.m. - 5:00 p.m. Location: Meet at 4-H Office

Participants will visit A&T State and Elon. We will have an information session and tour of the campuses. Dress casual, but in compliance with the 4-H Code of Conduct and wear comfortable walking shoes, wear sunscreen. We will have a cooler in the van with drinks and snacks, and will eat lunch on campus.

Instructor: Lori McBryde

Methodist University and UNC Pembroke

July 2nd 8:00 a.m. - 5:00 p.m. Location: Meet at 4-H Office

Participants will visit Methodist University and UNC Pembroke. We will have an information session and tour of the campuses. Dress casual, but in compliance with the 4-H Code of Conduct and wear comfortable walking shoes, wear sunscreen. We will have a cooler in the van with drinks and snacks, and will eat lunch on campus. Instructor: Lori McBryde

Ages: 9th grade & up Cost: \$10.00 Max: 10

Wolfpack or Tarheel

July 6th 10:00 a.m.- 6:00 p.m. Location: Meet at 4-H Office

Participants will visit NC State University and UNC Chapel Hill. We will have an information session and tour of the campuses. Dress casual, but in compliance with the 4-H Code of Conduct and wear comfortable walking shoes, apply sunscreen or bring it with you. We will have a cooler in the van with drinks and snacks, and will eat lunch on campus.

Instructor: Lori McBryde

Ages: 9th grade & up Cost: \$10.00 Max: 10

Fuzzy Farm Animals

July 7th 9:00 a.m.- 12:00 p.m. Location: Livestock Arena

Do you love farm animals? Come make fuzzy crafts and play animal games with us. We'll have lots of fun creating different animals and farm scenes. Wear closed-toe shoes. Bring snacks and a drink.

Instructors: Cassady McCardle & Celeste Barefoot

Ages: 5-8 Cost: \$5.00 Max: 10

Christmas in July

July 8th 9:00 a.m. – 12Noon Location: 4-H Office

Get ready for winter now! Be ready when the first snowflake falls. Be warm in a hat and scarf of fleece made by

Instructor: Angie Schexnayder

Ages: 8 & Up Cost: \$20 Max: 15

Christmas Applique

July 8th 1:00 p.m. – 4:00 p.m. Location: 4-H Office

Learn the art of appliqué! Applique Christmas trees onto a miniature ornament, pillow or wall hanging. Instructor: Angie Schexnayder

Ages: 8 & Up Cost: \$10 Max: 20

Holiday Card Making I

July 9th & 10th 9:00 a.m. – 12Noon Location: 4-H Office

Be ready when grandma's birthday comes around! You'll have your card ready! Make holiday cards and organize them for use throughout the year.

Instructor: Angie Schexnayder

Ages: 5 – 8 Cost: \$10 Max: 20

Holiday Card Making II

July 9th & 10th 1:00 p.m. - 4:00 p.m. Location: 4-H Office

Be ready when grandma's birthday comes around! You'll have your card ready! Make holiday cards and organize them for use throughout the year.

Instructor: Angie Schexnayder

Ages: 9 & Up Cost: \$10 Max: 20

Blue Devil's Day

July 13th

8:30 a.m. – 1:30 p.m.

Participants will visit Duke University. We will have an information session and tour of the campuses. Dress casual, but in compliance with the 4-H Code of Conduct and wear comfortable walking shoes, apply sunscreen or bring it with you. We will have a cooler in the van with drinks and snacks, and will eat lunch on campus. Instructor: Lori McBryde

Ages: 9th grade & up

Cost: \$10.00

Max: 10

Tea Party

July 15th

1:00 p.m. - 4:00 p.m.

Location: 4-H Office

Location: Meet at 4-H Office

Learn to make delicious treats perfect for our tea party! We will have a tea party and sample the treats and teas that we make. Yummy fun!! Dress up for the occasion if you want! Remember your dresses, hats, gloves, etc.! Instructor: Angie Schexnayder

Ages: 5 & up

Cost: \$10

Max 20

Horse Wall Hangings

July 15th, 16th & 17th

9:00 a.m. - 12Noon

Location: 4-H Office

Saddle up boys and girls! It's time to giddy up for the quilted horse wall hanging class. Come on ya'll. Instructor: Angie Schexnayder

Ages: 7 & up

Cost: \$15

Max: 15

Chick Pillows

July 16th & 17th

1:00 p.m. - 4:00 p.m.

Location: 4-H Office

Chubby chicks! Make yourself a little red hen or maybe a purple chicken. Everyone will make an adorable chubby chick pillow.

Instructor: Angie Schexnayder

Ages: 8 & up (7 if some experience sewing)

Cost: \$13

Max: 20

North Carolina 4-H Congress

July $18^{th} - 21^{st}$

Location: NCSU & Jane S. McKimmon Center, Raleigh

Teens from all over North Carolina will be coming together to participate in a leadership and citizenship activities. This is even an excellent way to develop and exercise leadership skills through serving on committees and participating on the Community Service Opportunities throughout the four days. In addition youth will have great food, fun and lots of dancing. New State 4-H Officers will also be elected, so join us learning more about the political process, how to become a 4-H Ambassador, who your fellow 4-H'ers are from across the state and how much fun 4-H really can be. Lodging will be in a hotel near activities in Raleigh. Registration Deadline is June 12th, and payment must accompany registration.

Ages: 13 –18

Cost: \$263

Max: 12

July 22nd & 23rd

It's Bow Time!

8:00 a.m. – 1:00 p.m. Location: H2O Fowl Farms



3494 Fairground Rd, Dunn

FULL

Learn from the pros, our certified 4-H instructors how to shoot .22 rifles, trap, air pistol, and archery. All safety rules and precautions will be followed but you will still have fun. The class will be taught at H2O Fowl Farms in Dunn, which is one of the locations that the Johnston County 4-H Target Sports Club meets. Remember snacks, drinks and your sunscreen. Meet at the 4-H office at 8:00AM if you need a ride. If you want to go straight to the range, be there by 8:30. We will be back at the office at 1:00PM.

Instructors – Johnston County 4-H Target Sports Club Leaders

Ages: 9 & up Cost: \$20 Max: 20

Beginner Creek Paddle

July 22nd

1:00 p.m. – 5:30 p.m.

Location: Howell Woods

Experience the wonders of the North Carolina creek ecosystem by kayaking the narrow and slow moving waters of Hannah Creek. This trip is only a few hours, making it perfect for beginner paddlers. Our experienced guides will help you in and out of the water and provide assistance as needed throughout the trip. Wear appropriate clothes and closed toes shoes. Bring sunscreen, drinks and snacks. Meet at the 4-H office at 1:00 if you need a ride. If you want to go straight to Howell woods, be there by 1:30. We will be back at the office by 5:30. Instructors—Lori McBryde & Brittany Brenner

Ages: 12 & up Cost: \$25 Max: 9

GPS Amazing Race

July 23rd 1:30 p.m. – 5:30 p.m.

Location: Howell Woods



Join us for a Scavenger Hunt Contest at Howell Woods! Participants will find clues and various treasures by navigating through the property with only a map and compass. Prepare to get dirty – dress appropriately! Bring sunscreen, drinks and snacks. Closed toes shoes only. Meet at the 4-H office at 1:00 if you need a ride. If you want to go straight to Howell woods, be there by 1:30. We will be back at the office by 5:30. Instructors– Lori McBryde & Brittany Brenner

Ages: 9 & up Cost: \$15 Max: 13

Fishing Frenzy

July 24 8:30 a.m. – 12:30 p.m. Location: Howell Woods

This beginner fishing class will introduce you to native fishes and provide you with tricks and tips for freshwater fishing. Poles and bait are provided, but participants are welcome to bring their own! Bring sunscreen, drinks and snacks. Closed toes shoes only. Meet at the 4-H office at 8:00 if you need a ride. If you want to go straight to Howell woods, be there by 8:30. We will be back at the office by 12:30.

Instructors-Lori McBryde & Brittany Brenner

Ages: 8 & Up Cost: \$15 Max: 13

Survivor Skills Camp

July 27th, 28th & 29th

10:00 a.m. - 3:00 p.m.

Got a flat tire? Do you need an oil change? Your button popped off and you need to wear that shirt tonight? Uh oh!!! The hem came out, help!!! You are hungry and want a healthy snack? Can you manage money? Bring a packed lunch on Monday and Tuesday. On Wednesday, we will make lunch! Instructor - Jayne McBurney

Ages: 11 & Up Cost: \$10 Max: 20

Microbes on My Mind

 $July\ 27^{th}-30^{th}$

1:00 p.m. - 4:00 p.m.

Location: TBD

Location: 4-H Office

As you are reading this you have already come in contact with millions of microbes. Even though you cannot see them, they are all around you. We will discover just what those tiny microbes are and where they can be found. Are they in your food? Are they in your water? Are they on your cell phone? We will find out what role microbes play in our bodies, ecosystem and our food. We will talk about microbes in food safety, diseases, and careers. Wear closed toe shoes. Bring snacks, and drinks.

Instructors- Lori McBryde & Kameron Hales

Ages: 11-13 Cost: Free Max: 20

Fish, Dolphins & Ponies, Oh My!

July 31st

7:30 a.m. -5:00 p.m.

Location: Meet at 4-H Office, Beaufort

Come join us for tidal flat exploration and other activities on Shackleford Banks. When we travel towards Shackleford Banks, we pass by Fort Macon and view the fort from the same positions the Union gun boats did during the siege of the fort during the Civil War. Bottlenose dolphins are often sighted as we cross Beaufort Inlet en route to Shackleford. Banker ponies are usually sighted. Instructors will guide students as the pull seine nets to collect juvenile fish, crabs, shrimp, and other life. Students also dig for clams on the sandy bottom of the sound. We will spend approximately 3 hours between the boat and Shackleford banks. Please bring sunscreen shoes that can get wet or a change of shoes and a plastic bag. Bring your lunch, snacks and drinks. We will eat before getting on the boat at 10:30AM and then again when we get back at 1:30PM so we can spend our full time on the island doing activities.

Instructor- Lori McBryde

Ages: 8 & Up with transportation Cost: \$30 each (Youth & Adults)

Max: 12 with transportation

Parents are welcome to go and drive. Cost is same.

Lego My Robot

August 4th & 5th 9:00 a.m. – 12Noon

Location: Livestock Arena

FULL

Come learn how to program a Lego Mindstorm EV3 robot using drag-and-drop software.

Basic functions such as moving forward, backward, stopping, and turning will be covered. Then come back on day two and see if your robot can complete the series of obstacle courses and challenges! Everyone will make a drawbot to take home.

This camp is identical to last year's. Bring snacks and a drink.

Instructor – Grayson and Andrea Barefoot

Ages: 9 - 13 Cost: \$15 Max: 10

The Fantastic World of Microbiology

August 4th, 5th, & 6th

1:00 p.m. – 5:00 p.m.

Location: 4-H Office

Have you heard the phrase, "We are not alone." Have you ever wondered how that could relate to things we can't see, such as bacteria and microbes. We have lots of those that inhabit our bodies each day, and collectively make up our "microbiome", which is essential for our survival. Through this workshop, youth will confront some of the myths and facts surrounding microbes and the common bacteria *Salmonella*. They will look at where microbes grow in the environment. They will investigate the rolls microbes play in our bodies, and examine the effects of microbes in a disease outbreak. They will also apply this knowledge by designing technologies to help keep people safe from dangerous, food-borne microbes in our world. Wear closed-toe shoes and bring snacks and drinks

Instructor– Lori McBryde

Ages: 8 - 11

Cost: Free

Max: 16

Creative Hand Sewing

August 11th

9:00 a.m. - 2 p.m.

Location: Livestock Arena



Take home your own sewing box! Learn to hand sew, make a button bookmark, 4-H clover pin cushion, and a scissor holder. Bring lunch, snacks and drinks.

Instructors-4-H Friends Club

Ages: 7 & Up

Cost: \$10

Max: 9

Cloverbud Cooking

August 12th & 14th

9:00 a.m. – 12Noon

Location: 4-H Office



Learn some cooking basics, while having fun. We will learn how to have a healthy meal and try some new things. We will make our own snacks and light lunch.

Instructor- Lori McBryde

Ages: 5 - 8

Cost: \$12

Max: 8

Kitchen Science

August 12th & 14th

1:00 p.m. - 4:00 pm

Location: 4-H Office

Max: 10

Learn some cooking basics, while having fun. We will also learn some of the scientific reasons bread rises, and how cakes are made. Plus, what do taco sauce, bubble gum, cornstarch and ice cream all have in common? Scientific principles that make them work. We will make our own snacks and drinks. Instructor– Lori McBryde

Ages: 9 - 12 Cost: \$15

4-H Banner Craft

August 13th

9:00 a.m. – 2 p.m.

Location: Livestock Arena

Learn to needle felt. Make a 4-H memory keepsake. Fill your banner with projects, animals & motto. Design a clover pin. Bring lunch, snacks and drinks.

Instructors—4-H Friends Club

Ages: 7 & Up

Cost: \$10

Max: 8

For accommodations for persons with disabilities, contact Bryant Spivey at 919-989-5380, no later than five business days before the event