# COOPERATIVE EXTENSION: 4-H ADVISORY COUNCIL

 

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# Meeting Minutes

<http://www.ces.ncsu.edu/4-h-advisory-council/>

**Regular Session Cooperative Extension Office**

Wednesday 1418 Armory Drive

January 28th, 2015 Charlotte, NC 28204

**ATTENDEES:**

|  |  |  |
| --- | --- | --- |
| Racquel McNeil | Catherine Daniels | Nelson McCaskill |
| Chris Simeral | Lucy Sams | Angela Paul |

1. **START SESSION** (6:00 PM)

Call to Order (4-H Staff)

**II. INTRODUCTION(s) (**6:05 pm**)**

Council Members, Staff, and Guests

### III. APPROVAL OF AGENDA ITEMS BY CONSENT

October 22nd, 2014 meeting minutes (6:15 pm)

**IV. 4-H ADVISORY COUNCIL OFFICER ELECTIONS** (6:20 pm) (Nelson McCaskill)

1. Officer Role Descriptions
2. Volunteers?
3. Group Vote/Elections
* Election Results: President - Lucy Sams

 Vice President - Angela Paul

 Secretary - Open

## V. REPORTS (for information only)

1. Cooperative Extension Administrative Update (Nelson McCaskill, CED) (6:35 pm)
* *Family Consumer Services- Kristin Davis*

Sustainable Living Workshops, 2 per month (focus on food and plants)

* *EFNEP - Cynthia McQueen*

 Family Nutrition & Fitness services for “limited resource” audiences

* *Horticulture* – *Nelson McCaskill*, Training of 29 new Master Gardeners
1. 4-H Program Report (4-H Staff) (6:45 pm)
* School Enrichment Embryology, January-June 2015
* Entrepreneurship Enrichment Course at Reid Park Middle School
* Robotics Training for Park & Rec Staff on 2/17

**VI. ACTIVITY**

A. 4-H Yoga ☺ (4-H Staff) (7:00 pm)

* New Curriculum (University of Arkansas & 4-H collaboration) - “Yoga For Kids”
* Visual Demonstration of 4-H Pledge using the following yoga stances: Mountain, Tree, Warrior 1, Warrior 2, Frog, Leap Into The Air
* Benefits of yoga include, guided relaxation, affirmations, etc.
* Training offered by 4-H Healthy Living Webcast Series sponsored by Walmart

## VII. ITEMS TO CONSIDER FOR ACTION/NEW BUSINESS (7:15 pm) (4-H Staff)

A. 4-H 2015 Plan of Work (goals, activities, and ideas - brainstorm/feedback)

* Year Long Countywide Goals

 8-12 large full county events

 - 2 events hosted at the extension office

 - Remaining events hosted by local clubs

 STEM Focus

 Cultural Awareness, Community Awareness

 Set SMART goals, teach youth to set SMART goals

 Ideas to enhance 4-H visibility

 - Placement of postcards

 - Free advertising resources

- Increase youth exposure to 4-H resources (incentive for teachers, CEU acquisition, collaborative bartering of workshops for project series completion)

Ideas to increase participation in teacher reporting, monthly report submission

Volunteer Recruitment Suggestions

 - Volunteer needs include; Routine, PRN, Community Events, In-Office Volunteers

B. 4-H at Extension Awareness Event (May 16th from 10 am – noon)

* Youth & Adult activities

Two 45 minute information sessions

C. 4-H Summer Fun (June-August)

* Workshop - “Who Killed Henry Ward?” CSI Workshop

 - Ages 11-13 in conjunction w/ surrounding counties

 - Tentative Dates: 6/29-7/2

 - 10 Slots

* Residential Summer Camp

 - Dates: 7/26-7/31

 - Cost: $420 ($150 deposit)

D. Other Business?

* Jo-Ann’s Fabrics: Kids In Need Partnership

### VIII. UPCOMING EVENTS OF IMPORTANCE

1. 2015 Cooperative Extension: 4-H Advisory Council Meeting Schedule:

Dates - TBA.

* 6 meetings (2 Social)
* Volunteer Training (i.e. bimonthly)
* Safety 1K, South Charlotte
* Various Hikes/Nature Exploration

### VIIII. ADJOURN (8:00 PM)