**McDowell County Local Foods Directory**

The North Carolina Cooperative Extension Service-McDowell County Center is working to increase access to locally produced, fresh foods for good health.

The information provided below will be used to:

1. Create a directory of McDowell County agricultural products and producers who are sharing their food products.
2. Contact you about trainings, grants, and opportunities
3. Create contact groups by interest area (example-poultry, beef, vegetables, baked goods, etc.)
4. The information will be shared on a website where you will be listed as a McDowell County producer.

**Contact:**  Molly A. Sandfoss, NCCES-McDowell County Center, 828-652-8104

Farmers from McDowell County can be listed online for FREE.  Please return this completed form by mail to Molly Sandfoss, 60 East Court Street, Marion, NC 28752 or email to [Molly\_Sandfoss@ncsu.edu](mailto:Molly_Sandfoss@ncsu.edu).

**Contact Information:**  (Please provide your contact information.  If you do not want certain contact information to go online or in print, please indicate which contact information to exclude.

**Name:**

**Farm Name:**

**Address:**

**City, State, Zip:**

**Phone:**

**Email:**

**Website:**

**Please exclude these contact items from the online & print directories:**

**Photos & Logos:**The online directory will include space for up to 2 images (photos or logos) per farm listing.  If no image is sent, a default image will be displayed.

\_\_\_\_\_\_\_ Yes, I will email a jpeg image to [Molly\_Sandfoss@ncsu.edu](mailto:Molly_Sandfoss@ncsu.edu) to incorporate in my listing.

\_\_\_\_\_\_\_ I will not be submitting an image for the online directory.

**Farm Description:**  The description is a brief 1 or 2 sentence description that captures the core of your farm.

**Products or Services:**

**Availability:**  (Example, If you grow vegetables, do you have vegetables available from May until October or June until September?  If you sell eggs, do you have eggs year-round?)

**Markets:**  (Where do you sell? or Where can someone find your products?)

**Customized Search**:  We hope that the on-line directory will allow viewers to customize their search for specific farm marketing styles, farm products, and other affiliated queries. Please check the products and other searching queries that best depict your farm. This might repeat information shared above.

Certified Organic:  Yes \_\_\_\_\_ No \_\_\_\_

Certified Good Agricultural Practices:  Yes \_\_\_\_\_ No \_\_\_\_\_\_\_

CSA:  Yes ­­­­\_\_\_\_\_\_\_No \_\_\_\_\_

Does your farm offer internships: Yes \_\_\_\_\_\_ No \_\_\_\_\_

**Please check each Farmers Market you regularly sell product at**:

Historic Marion Tailgate Market \_\_\_\_\_\_\_\_

Black Mountain Tailgate Market \_\_\_\_\_\_\_\_

Other Farmers Markets not listed:

**Please check any Pick-Your-Own crops that you sell at your farm**:

Strawberries \_\_\_\_\_ Blueberries \_\_\_\_\_ Raspberries \_\_\_\_\_ Apples \_\_\_\_\_ Vegetables \_\_\_\_\_ Trout \_\_\_\_\_

Christmas trees \_\_\_\_\_\_

Other:

**Please check any agri-tourism, events or retreats you offer at your farm**:

Corn Maze \_\_\_\_\_ Petting Farm \_\_\_\_\_ Retreats \_\_\_\_\_ Youth Education \_\_\_\_\_ Sleigh Rides \_\_\_\_\_

Service Learning \_\_\_\_\_

Other:

**Please check up to 6 raw, unprocessed vegetables and herbs you sell (if you grow a wide diversity of vegetables, utilized ‘diversified vegetables’ as 1 of your 6 choices**:

Diversified Vegetables \_\_\_\_\_ Garlic \_\_\_\_\_ Beans \_\_\_\_\_ Arugula \_\_\_\_\_ Green Onions \_\_\_\_\_ Peas \_\_\_\_\_

Spinach \_\_\_\_\_ Asparagus \_\_\_\_\_ Kale \_\_\_\_\_ Peppers \_\_\_\_\_ Sprouts \_\_\_\_\_ Basil \_\_\_\_\_ Cilantro \_\_\_\_\_

Kohlrabi \_\_\_\_\_ Potatoes \_\_\_\_\_ Summer Squash \_\_\_\_\_Beets \_\_\_\_\_ Cooking Greens \_\_\_\_\_Leeks \_\_\_\_\_

Pumpkins \_\_\_\_\_ Sweet Corn \_\_\_\_\_ Bok Choy \_\_\_\_\_ Cucumbers \_\_\_\_Medicinal Herbs \_\_\_\_\_ Radishes \_\_\_\_\_ Tomatillos \_\_\_\_\_ Broccoli \_\_\_\_\_ Dill \_\_\_\_\_ Mushrooms \_\_\_\_\_ Rhubarb \_\_\_\_\_ Tomatoes \_\_\_\_

Brussels Sprouts \_\_\_\_\_ Onions \_\_\_\_\_ Rutabaga \_\_\_\_\_ Turnips \_\_\_\_\_Cabbage \_\_\_\_\_ Eggplant \_\_\_\_\_

Culinary Herbs \_\_\_\_\_Salad Greens \_\_\_\_\_ Winter Squash \_\_\_\_\_ Carrots \_\_\_\_\_Fennel \_\_\_\_\_ Parsley \_\_\_\_\_

Shallots \_\_\_\_\_

Other:

**Please check all fruits and berries you sell**:

Apples \_\_\_\_ Cantaloupe \_\_\_\_\_ Pears \_\_\_\_\_ Raspberries \_\_\_\_\_ Blackberries \_\_\_\_\_ Cherries \_\_\_\_\_ Melons \_\_\_\_\_ Plums \_\_\_\_\_ Strawberries \_\_\_\_\_ Blueberries \_\_\_\_\_

Other:

**Please check all nuts you sell**:

Walnuts \_\_\_\_\_

Pecans \_\_\_\_\_

Other:

**Please check all meat, fish, poultry, or eggs you sell**:

Beef \_\_\_\_\_ Duck \_\_\_\_\_ Goat \_\_\_\_\_ Game Birds \_\_\_\_\_ Eggs \_\_\_\_\_ Goose \_\_\_\_\_ Pork \_\_\_\_\_ Turkey \_\_\_\_\_ Chicken \_\_\_\_\_ Bison \_\_\_\_\_Elk \_\_\_\_\_ Rabbit \_\_\_\_\_ Trout \_\_\_\_\_ Tilapia \_\_\_\_\_ Catfish \_\_\_\_\_ Lamb \_\_\_\_\_

Mutton \_\_\_\_\_

Other:

**Please check all processed Meat, Fish, Poultry or Eggs you sell**:

Bacon \_\_\_\_\_ Breakfast Sausage \_\_\_\_\_ Hotdogs \_\_\_\_\_ Smoked Fish \_\_\_\_\_ Jerky \_\_\_\_\_ Brats \_\_\_\_\_

Summer Sausage \_\_\_\_\_

Other:

**Please check all other processed foods you sell**:

Bread \_\_\_\_\_ Corn meal \_\_\_\_\_ Oats \_\_\_\_\_ Sunflower Seeds \_\_\_\_\_ Pickled Beets \_\_\_\_\_ Salsa \_\_\_\_\_

Cheese \_\_\_\_\_ Honey \_\_\_\_\_ Pickled Vegetables \_\_\_\_\_ Wild Rice \_\_\_\_\_ Cucumber Pickles \_\_\_\_\_

Jams and Jellies \_\_\_\_\_ Popcorn \_\_\_\_\_

Other:

**Please check all non-food products you sell**:

Lotions \_\_\_\_\_ Soaps \_\_\_\_\_ Candles \_\_\_\_\_ Salves \_\_\_\_\_ Gift Boxes and Baskets \_\_\_\_\_ Garlic Braids \_\_\_\_\_

Vegetable Starts \_\_\_\_\_ Herb Starts \_\_\_\_\_ Fresh Cut Flowers \_\_\_\_\_ Wedding Flowers \_\_\_\_\_ Dried Flowers \_\_\_\_\_

Fruit and Berry Stock \_\_\_\_\_ Fruit Trees \_\_\_\_\_ Annuals \_\_\_\_\_ Perennials \_\_\_\_\_ Hanging Baskets \_\_\_\_\_

Landscape Trees \_\_\_\_\_ Hay and Straw \_\_\_\_\_ Livestock Feed \_\_\_\_\_Gourd Crafts \_\_\_\_\_Decorative Wreaths \_\_\_\_\_ Balsam Wreaths \_\_\_\_\_ Swags \_\_\_\_\_ Garland \_\_\_\_\_ Christmas Trees \_\_\_\_\_Firewood \_\_\_\_

Raw Lumber Wood \_\_\_\_\_ Furniture \_\_\_\_\_ Decorative Wood \_\_\_\_\_

Other:

**Please check all livestock you sell**:

Alpaca \_\_\_\_\_ Chicken \_\_\_\_\_ Game Birds \_\_\_\_\_ Lamb \_\_\_\_\_ Rabbit \_\_\_\_\_ Bison \_\_\_\_\_ Duck \_\_\_\_\_ Geese \_\_\_\_\_ Llama \_\_\_\_\_ Turkey \_\_\_\_\_ Cattle \_\_\_\_\_ Elk \_\_\_\_\_ Goat \_\_\_\_\_ Pig \_\_\_\_\_

Other specific info (registered, breed) or list other livestock you sell:

**Please check if the following statements apply:**

**­­\_\_\_\_\_\_\_ Include me as a possible Mentor to other McDowell County producers.**

**\_\_\_\_\_\_\_ I would like to be contacted about possibly donating small amounts of fruits or vegetables to McDowell County Food pantries.**

**\_\_\_\_\_\_\_ I would like to be included on a local farm purchasing list for McDowell County schools that are interested in buying local. (Increments as small as 2 lbs or higher)**

**\_\_\_\_\_\_\_ I am interested in agricultural tax incentives, passing agricultural land between generations, and/or preserving my agricultural land.**

**Any other information you would like to share:**

**Thank you for completing this information!  We will contact you when the McDowell County Local Foods Directory is available, and as other opportunities arise.**