



# Tar Heel HOMEMAKERS E-news

January 2013

Volume 3, Number 1

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## Welcome to a New ECA Year!

And what a celebrated year it will and should be!! ECA is 100 years old. Each county received a Centennial Tool Kit at State Conference and you are encouraged to use it to celebrate! Cabarrus county is off to a great start . . . they had their County Commissioners proclaim 2013 as the Year of ECA! They are also planning to observe the centennial with an activity each month . . . donate 100 pints of blood, collect and donate 100 cans of food! This is a challenge to all of us to not let Cabarrus outshine the rest of us!

## Leadership Team News

Your Leadership Team met on January 31. Your new president, Wanda welcomed the new board members and shared with them the expectations with regard to their role on the LT. Since the VPs are the direct line of communication with the counties, they are asked to communicate bilaterally and regularly with county presidents. Paul J Meyer said, "Communication – the human connection – is the key to personal and career success." I might add "organizational success!" They should come to LT meetings with news from the counties in their district and share with those counties what was done at LT meetings shortly after the meetings. This can be accomplished through email, phone calls, district newsletters, etc.

VPs were also given training to assist them in their tenure as a leader in the district . . . expectations, communications, planning and executing a district day, etc. Thank you, Geri for the wonderful, useful notebooks that contain valuable information to which we will add and pass on to our successor!

A couple of other things that surfaced at this meeting were: a) if your county has a bank account, please use County Name ECA and not NCECA as the official name. It not only is creating issues with the IRS but with our foundation accounts as well! b) Please be sure that any person holding office is an "active " member with dues being current. Being a former member is not just "good enough!"

Please, please complete the *impact surveys* that you received last fall. The information you share is crucial to our publication of a "centennial report!" We know that you may not be able to account to the exact number and penny for every project, but at least attempt to estimate. These figures will go a long way to show the impact that ECA has made in the shaping of NC for the last 100 years!

Districts volunteered for responsibilities regarding State Conference 2013. They are: **Northeast** – tours; **Southeast** – registration & conference information and evaluations; **North Central** – Decorations and set up and hands on activities; **South Central** – Hostess and Hospitality; and **West** – Silent Auction.

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## Jane S McKimmon Society

**JSMS is a special recognition program designed for friends of the NC Family and Consumer Sciences and/or NC Extension & Community Association Foundations who wish to support these entities in an innovative way.**

**The JSMS recognizes those who contribute \$1000 or more in unrestricted funding to either aforementioned foundation. The contribution may be pledged up to 5 years. Such a contribution illustrates a significant commitment to improving the lives of families across North Carolina.**

Like NC ECA on



### Master FCS Volunteer

is a certification program for ECA members where members will receive valuable up-to-date training to become an integral part of the FCS information network. To be certified, members will attend 14 required leadership classes and choose 3 elective classes. Once certified, a Master FCS Volunteer will serve as a valuable resource to FCS educators and/or may opt to pursue additional specialized training, such as Master Food Preservation, Master Financial Planning etc.

### 2013 Leadership Team

President – Wanda Denning (NE)  
President-elect – Faye Lanier (NC)  
Past President- Dianne Brown (W)  
Northeast – Audrey Askew, Records  
Southeast – Juliette Thompson, Community Service  
North Central – Laura Lloyd, Finance & Membership  
South Central – Joyce Peeler, Reports & Recognition  
West – Cindy Harmon, Public Relations & Marketing  
Appointed Parliamentarian- Abby Sparks (NE)  
Appointed Treasurer – Ruth Clifton  
Appointed Editor – Sue Glover  
Association Advisor – Geri Bushel  
CVU Coordinator – Anne Gaddis (SE)  
Cultural Arts Chairs– Audena Spain and Gloria Smith (NC)  
ECA Centennial Chair- Wanda Denning

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### centennial cent\$

Remember to feed your county's pig with your loose change in observance of the 100<sup>th</sup> birthday of ECA!

In 1951, members starting contributing \$2.50 each toward a dream "house" to serve as a center for association activities. In 1966, \$100,000 "seed" money was given to NCSU toward building McKimmon Center. That is \$10,000 per year for 10 years!!

What can we collect in 2 years as we prepare for our centennial?

### Commemorative Bricks to be Sold

To celebrate ECA's 100 years, we will be selling laser engraved bricks. The bricks will be installed to replace bricks in the Jane S McKimmon Garden at McKimmon Center. 4x8 bricks will cost \$100 and 8x8 bricks can be sold to corporate supporters, county councils, etc. for \$500. Encourage clubs, individuals and families to remember loved ones, great leadership or deceased members with a brick! They make a great Valentine's Day or Mother's Day gift!!

Wouldn't it be great for every deserving ECA member, past and present, to be honored with a brick in the courtyard!? Each county is challenged to make a list of those members. Seek funding to purchase the bricks from businesses in your county. If you are unable to fund them all, send that list to Wilma Hammett. The FCS Foundation suggested that maybe they could match funders with honorees. . . no promises, but a great try!

Deadlines for ordering your brick are February 28th at \$100 or April 1st at \$120. The proceeds from the sale of the bricks will benefit the work of the ECA and the FCS Foundations. Order forms were given to each county and mailed to every ECA member!

### Paint the Pig!



At State Conference, each county received a Centennial Pig to decorate and "feed". Bring the decorated pig to State Conference 2013. There will be a Pig Pageant Day where Best in Show will be awarded \$150 for 1<sup>st</sup> place, 2<sup>nd</sup> place: \$100, 3<sup>rd</sup> place \$75 and 4<sup>th</sup> place: \$50! Let's see who does the best!

To "feed" the pig you might have a bake sale, yard sale, cake auction, etc.! "Feed" it well! Last day to "feed" him is October 25, 2013. Deposit the cash in your ECA County Council bank account and write a check from the County Council account to the ECA FOUNDATION. No cash, please. The county with the largest donation from their pig fund will receive (double their donation up to \$500). To make the judging fair between counties, the county donations will be counted on a per member basis. EXAMPLE: County A- Pig Collection is \$500. County ECA membership =30 members (\$500 divided by 30=\$16.67/member) County B- Pig Collection is \$500. County ECA membership =20 members (\$500 divided by 20=\$25/member) COUNTY B WINS. (If there is a tie, counties will split prize money)

### Tar Heel Homemakers

The deadlines for sending information to Sue Glover for the printed Tar Heel Homemakers are:

- February 22
- May 24
- August 23
- November 22

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### Tar Heel HOMEMAKERS E-news

will be published six (6) times in 2013! The deadlines to email information to Cindy Harmon at [girlscout10@yahoo.com](mailto:girlscout10@yahoo.com) are:

- February 1
- April 1
- June 1
- August 1
- November 4
- December 1

The E-news is distributed via email and is posted on the NCECA website. County Councils and/or liaison agents are encouraged distribute the E-news via email to your members and print copies for those members without email. It is extremely important that all members are kept informed of the happenings of their organization.

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### District Day Celebrations

- March 5 – Southeast
- March 28 – Northeast
- April 23 – South Central
- April 25 – North Central
- May 9 - West

### FCS Hall of Fame

At ECA's Centennial Celebration in October, a second class will be inducted to the FCS Hall of Fame. The FCS Hall of Fame honors those who have had exemplary service to NC through Extension programming in the area of FCS, which includes ECA. Nominees can be professional, volunteer or a friend of FCS. More information, criteria and nomination forms can be found at [go.ncsu.edu](http://go.ncsu.edu). The nominating deadline is May 15.

**Calling All Pictures!** As we prepare for ECA Centennial, we are asking that you not only complete the impact survey that was sent last fall for you to capture ALL that your county has done for and contributed to your community, but we also would like for you to send your historical pictures that may be used in a photo collage/ history. Joan Gosper has agreed to be the point of contact for collecting the pictures. You may email pictures to her at [gosper3@yahoo.com](mailto:gosper3@yahoo.com). If you prefer to send them on a cd, you may send them to her at:

Joan Gosper  
2112 Deep Forest Trail  
Raleigh, NC 27603

### Reports . . . Reports . . . Reports!

Just a reminder . . . 2012 activity should be reported on the 2012 Report Form and it is due according to the dates in the book, with the final county report being sent to the VP- Reports and Recognition by July 1. We encourage each county to select one outstanding member to send in for the individual award.

The activity for 2013 is to be reported on the 2013 form and is due twice a year. In December it is submitted ONLY to your Liaison Agent for their report. In June/July, it is submitted to the State VP for use at State Conference. The dates were changed to better align with State Conference.

### Across the State

#### Northeast

Beaufort, Bertie, Camden, Chowan, Currituck, Dare, Edgecombe, Franklin, Gates, Halifax, Hertford, Hyde, Martin, Nash, Northampton, Pasquotank, Perquimans, Pitt, Tyrrell, Wake, Warren, Washington

**Pasquotank County** mourns the passing on Lois White. Georgine Armstrong writes, "Lois White was a special lady who touched my life through Extension Homemakers, Cann Adult Nurture travels as well as family visits to Augusta, GA. She made the many miles of travel go so quickly as she shared Eastern NC history regarding church and special Sunday Lunch places to eat. Her knowledge of families through her years as a teacher is quite a legacy. I will always cherish the times spent with Lois."

### Dates to Remember:

February 27 –  
Centennial Planning Committee

March 1-  
Scholarship due to exchange  
district

March 5-  
Southeast District Day

March 20-  
Centennial Planning Committee

March 21 –  
Leadership Team meeting

March 28 –  
Northeast District Day

Always check the yearbook for  
more information!



[go.ncsu.edu/nceca](http://go.ncsu.edu/nceca)

If you have not visited lately,  
you should know . . . it is NEW  
and IMPROVED! The 2013  
Yearbook, Bylaws, Standing  
Rules and Appendix have all  
been posted. You will also  
find the Centennial Tool Kit  
and information regarding the  
NVON Project in Common,  
Water Around the World . . .  
complete with report forms,  
PowerPoint and videos!  
Thank you, Geri!!

### Tyrrell County ECA

**Tyrrell ECA Participates in Educational Programs** Many Tyrrell ECA members are gearing up to participate in upcoming Family & Consumer Sciences programs. These programs are a way for members to personally learn about things that are important to them, and in turn, share this information with others in the community. Programs starting soon are:

“**Shooting for the Stars Child Care Conference**” will feature a motivational speaker, educational sessions and more – all designed to provide the educational credits required by state law for childcare providers to maintain their certification. Pre-registration and fee required. March 2 at the Currituck County Extension Center.

“**Give Your Heart a Healthy Beat**” is a series of 13 sessions designed to help you make heart-healthy changes in eating and exercise habits and is designed for people who have or are at risk for cardiovascular disease. Pre and post blood work included. FREE through a generous grant from Vidant Chowan Hospital. Thursdays from 6-7 pm, beginning March 7 and ending May 30. Pre-registration required.

**Achievement Program** Tyrrell ECA will host its annual Achievement Program February 21 at the Columbia Crossing Restaurant in Columbia. This is an opportunity for members of all 5 clubs to come together and fellowship and learn of all the programs and outreach efforts that have been accomplished throughout the year. Member of the Year from each club will be announced and leadership in all areas will be recognized. Entertainment will be a mini-concert by members of the Teen ECA Club.

**Teen ECA Member Teaches Jewelry Class** Brandy Spencer, a member of the Teen ECA Club, will teach a Jewelry Making Class for the Teen ECA Club in February. Brandy is known locally for her exquisite jewelry designs. She won a Blue ribbon in the Cultural Arts Contest at the Northeast ECA District Day in 2012, and a Red ribbon in Cultural Arts at the NCECA State Conference.

**NCECA Centennial Bricks** Tyrrell ECA members are working hard to get the word out about the NCECA Centennial Bricks! So far, we have sold 8 bricks in the county, 2 in a neighboring county and we are working to sell more! Tyrrell would like to challenge ALL the counties to make Centennial Brick sales a priority!

### Wake County

At the February 28, 2013 County Council Meeting, Wake County ECA'ers will host their County Cultural Arts. Members will be making no sew blankets for the Linus Project and are ask to bring 100 cans of food for the local food bank in honor of the ECA centennial.

Wake County ECA is also accepting applications for the McInnes Scholarship, a \$500.00 college scholarship for a graduating high school senior. For more information please contact Joan Quinn @ 919.467.2089.



**North Central**

Alamance, Alleghany, Ashe, Caswell, Chatham, Davidson, Davie, Durham, Forsyth, Granville, Guilford, Orange, Person, Randolph, Rockingham, Stokes, Surry, Vance, Wilkes, Yadkin

**Duplin County**

Duplin ECA members have handcrafted more than 40 throws they are donated this holiday season to residents of assisted living and rehabilitation facilities throughout the county. Pictured are, ECA ‘elves’ prepare to deliver warm throws to some residents at Kenansville Health and Rehabilitation Center, left to right, ECA members Ruby Brinson, Maebell Satchell, and Pat Wilson with Nitella Faison of the Center, and Theresa Bowles Duplin ECA President. They have handcrafted infant wear for donation to the county hospital maternity ward. At the May monthly meeting of the Duplin ECA, members brought their items together so a presentation date could be set with Vidant/Duplin General Hospital in Kenansville. The collection includes handcrafted infant caps, booties, blankets, and other clothing, as well as donations purchased for newborn wear and use. Ms. Clay, Liaison Agent, remarked that this group of volunteers contributes more than just ‘things’ to local citizens; they find areas of service where there is a strong need and they have a positive impact.



**Randolph County**



Randolph County ECA MEMBER, Carrie Sewell, demonstrates the art of "pulling mints" to fellow club members at a mint making workshop held at the Randolph County Cooperative Extension Office. Randolph County ECA and the Balfour Club in particular recently lost a crown jewel. Carrie Waynick Sewell, 91, died in late December at her home following a stroke.

Carrie was the epitome of the perfect homemaker. She long ago mastered the art of multi-tasking. Her skills as a homemaker, wife, mother, grandmother, staunch community contributor, faithful church member and active ECA member were unmatched. She still found time for a favorite passion, travel. Carrie visited over 30 countries during her lifetime. Carrie was an active member of the Balfour ECA Club most of her adult life, over 60 years. She had served her club in all leadership areas and was also County Club President. A great mentor, she seldom missed a club meeting or extra-curricular activity. For the years she always hosted the group for their summer outing at her lovely lake home. She was an accomplished maker of pulled mints and she recently led a workshop to teach other club members this almost lost culinary art. Each year she turned out many pounds of the delicious treats to be sold at Randolph County ECA's fall festival homemade candy booth. Carrie was indeed a friend and inspiration to all who knew her and she will be sorely missed. She was a lady who loved adventure, learning, and living life to the fullest. We are all blessed by having known her. A son, Ronnie, and a daughter, Pat, and their beloved families survive her.

## **Attention:**

### **District Treasurers**

Each District Treasurer was given a formula, forms and guidelines for allocating district funds to comply with the redistricting.

Please complete this duty in a timely manner. There are 3 copies . . . 1 for your records, 1 for sending to the new district and 1 to be sent to Geri bushel's office.

### **Scholarships are DUE!**

Scholarship applications are due to the County ECA by February 1. Each county should select and send 1 adult and 1 youth application to the Past President (Advisor) of the exchange district by March 1. These applications will then be judged after MARCH 15 and 1 adult and 1 youth selected from each district! See your 2013 Standing Rules for the new process and notifications!

### **South Central**

Alexander, Anson, Cabarrus, Cumberland, Gaston, Harnett, Hoke, Iredell, Lee, Lincoln, Mecklenburg, Montgomery, Moore, Richmond, Rowan, Scotland, Stanly, Union

### **Cabarrus County**

Our county has started the ECA Centennial Celebration with a BANG!

Our County Commissioners issued a Proclamation - designating 2013 has the Year of Extension & Community Association in observance of the 100th anniversary. After the proclamation was read, officers were introduced as well as members present. An oversize check was displayed with the number of hours we contributed to the community with our value in dollar amounts. The highlight was

presenting each commissioner, county manager, assistant manager with a Mason jar filled with cookies and our brochure and short history attached with a green ribbon.

You can get this same recognition in your county. Just ask the clerk secretary. Don't forget to be sure every Commissioner has a copy of our book, "Ordinary Women, Extraordinary Service". Joyce W. Kluttz

### **Lincoln County**

#### **ECA MARKETS EXTENSION THROUGH NATIONAL PIE DAY**

National Pie Day was celebrated at the James W. Warren Citizens Center on January 23. There were approximately 200 people in attendance. This is an event planned and implemented by ECA members. During this time, participants viewed displays and talked with ECA members about their projects, accomplishments and future plans. Pies are made by members and served to those attending this popular event.

The "Pig" collected approximately \$50.00 during the event.

One state event that ECA members throughout NC will be involved in this year will be celebrating the ECA Centennial. A celebration is planned at the Jane McKimmon Center in Raleigh in October. ECA, in conjunction with the help of county officials, was instrumental in the planning and implementation of convenience site locations and beautification of these areas located within Lincoln County. This is just one of the many county and state projects that ECA in NC is involved in now and throughout the past Century.

### **Rowan County**

The Rowan County ECA will have their Achievement Day on Tuesday, February 19, 2013 at 10:00. This year's theme is "Looking to the Future." our guest speaker will be Linley Evans, granddaughter of ECA member, former ECA Scholarship receipt and current Family & Consumer Sciences Teacher here in Rowan County. She will speak about the most recent changes in FCS and how the scholarship helped her while in college.

### **Stanly County**

Stanly county ECA will celebrate 100 years of history at Achievement Day on March 16 at 9:30 a.m. at the Stanly County Agri-Civic Center.



Stanly County ECA held the fifth annual Serendipity Afternoon Tea on February 2, as their annual fundraiser for the Betty Watson Memorial Scholarship Fund. It was another successful event and was also used to celebrate 100 years of making a difference via displays in the lobby of the Stanly County Agri-Civic Center. This event is successful due to the hard work and dedication of the members of the Stanly County ECA. To have such an event requires many hours in advance of the actual day and then on the day, it is really intense. Association members use their flare for decorating and cooking to provide a memorable "tea time" on a winter afternoon. Danni Rogers, Fairview ECA Club member, dressed in appropriately "English" attire as she prepared savories ready to be served. Danni is a true Englishwoman, accent and all! This year Abby Bogle, recipient of the 2012 Betty Watson Scholarship attended and provided an update of her past year at NC State University. Bogle shared her enthusiasm for her major in Agriculture Extension Education with emphasis on youth program development and how her experience interning in the Cooperative Extension office in led her to change to her current major.

Oakwood Park ECA Member Miriam Cranford has made this event a tradition for her younger family members. These children really enjoy the event and look forward each year to attending. People from six counties in addition to Stanly County had reserved their tables as early as last November. Others in attendance included family and friends of members from across the state as well as one from Florida. 2002 State ECA President Barbara Larrimore and 2009 South Central District ECA President Sandra Nobles from Columbus County as well as 2012 South Central District President Pat Wickliff (Cabarrus County) were in attendance. Entertainment was provided by Frank Poolos, a music teacher at North Stanly High School and director of music at First Presbyterian Church in Albemarle. He played a number of pieces on his keyboard including "Tea for Two" which was both enjoyable and inspiring. The date was announced for Serendipity Afternoon Tea VI, which will be held on February 1, 2014 - it's not too early to mark your calendar.

#### **West**

Avery, Buncombe, Burke, Cherokee, Cherokee Reservation, Clay, Cleveland, Graham, Haywood, Henderson, Jackson, Macon, Madison, McDowell, Mitchell, Polk, Rutherford, Swain, Transylvania, Watauga, Yancey

The West District is quite busy planning the 2014 Sate Conference to be held in Asheville in October 2014!

Their District Day is planned for May 9 at Trinity UNC in Asheville!

*You're invited to*  
**CELEBRATE**

**100** Years of  
**eca**  
North Carolina Extension & Community Association  
1913-2013

*at the Centennial gala &*  
*State Conference*

**October 27, 2013**  
*McKimmon Center*

**October 28-30, 2013**  
*Raleigh Marriott Crabtree Valley*



Place  
Postage  
Here