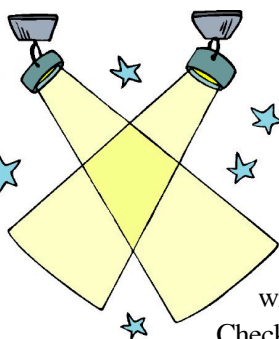


Swain County



4-H News

September - December 2016



Agent Spotlight

WOW! What a great summer to be in Swain County 4-H. We had new experiences, learned new things and made new friends. You really can't ask for anything more! As the freedom of summer is coming to an end and the routine of a new school year sets in don't forget that Swain 4-H still offers opportunities for you. We will have club meetings, workshops, and programming throughout the year and we would love to see you there! Check our Facebook Page often so you don't miss something exciting! Call, email or stop by to enroll TODAY!

Word of Mouth

4-H Summer was full of new experiences and lots of fun learning! We ask our summer participants to tell us what they thought about a fun 4-H activity they participated in. Check out what they had to say!

"For my presentation on District Activity Day, I talked about something I knew well, bee hives. My dad and I have been caring for bees for the past several years. I brought a bee hive, several different boxes and tools as my props. I sat all of my props on the table when it was my turn. The room I was in had about 15 people in it. I was pretty nervous at first. I talked about each of my props and answered some questions the Judges asked, so it is a good idea to speak about something you know well. I received a bronze medal for third place in my category! Heidi and Claire also did presentations as cloverbuds that day and received participation ribbons and Zane and Reni were there for support."



Keith Ammann
West Swain 4-H Club member
Talking about District Activity Day

"I loved cooking with Dee. It was fun and I like to cook too. I learned to cook Chicken Pizza. I made 2 new friends. Everybody did a good job."

Darien Vaughn
West Swain 4-H Club
and Young Explorers
4-H Club member
Talking about 4-H
Junior Chef



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4-H Club News

Swain County 4-H would like to welcome new volunteer and Young Explorers 4-H Club Leader, Jessica Newton to our family. Jessica's two children, Reni and Zane, are in the West Swain 4-H Club and the Young Explorers 4-H Club and attend Mountain Discovery Charter School. Jessica's husband, Jason, is a Deputy with the Swain County Sheriff's Department. Join me in saying a BIG 'Thank You' to Jessica for all she does for Swain County 4-H!

We would like to welcome back West Swain 4-H Club Leader, Crystal Taylor. Crystal had taken a year off after the birth of her son, Dominic. Crystal's oldest son, Austin, is a member of the West Swain 4-H Club. We are so glad you could come back with us and look forward to an exciting club year!

West Swain 4-H Club elected officers for the new club year. Sienna Danforth was elected President, Emily Franklin is Vice President, Darien Vaughn is Secretary/Treasurer, and Keith Ammann is the Club Reporter. Congratulations on your new leadership roles!

West Swain 4-H Club Meetings

This club year we will explore basic chemistry, physics, and biology using common items from the kitchen.



3rd Thursday of each month (August - May)
6:00 - 7:00 p.m. at Swain County Extension
For youth ages: 5 – 18

Leaders: Crystal Taylor and Melissa Vaughn

2016-2017 Club Theme: Kitchen Science

| | |
|--------------|--|
| September 15 | Sugar Crystals / Slime |
| October 13 | Cleaning Power of Taco Sauce / Egg in a Bottle |
| November 17 | Polymer Ball / Grape Juice Rainbows |
| December 15 | Cornstarch Goo / Biodegradable Plastic |

**October 25 4:00 pm - Club Tri-fold project
for Friends of Extension Fall Festival**

Young Explorers 4-H Club Meetings

Young Explorers will learn by exploring the world around them through scientific experimentation. Utilizing the Scientific Method, members will be encouraged to generate questions about each experiment, form a hypothesis, conduct the experiment, collect/record data and observations, form conclusions and present their findings to each other. The club will encourage critical thinking, promote communication and decision making, and foster both teamwork and leadership abilities.

2nd & 4th Monday of each month
4:00 - 5:00 pm at the Swain County Extension
For youth ages: 5 – 18

Leader: Jessica Newton

| | |
|--------------|-------------|
| September 12 | November 14 |
| September 26 | November 28 |
| October 10 | December 12 |
| October 24 | |



4-H Tangled Tots Meetings

Swain County 4-H's youth clogging group

Join this fun energetic group of young people and learn some new clogging steps. Youth will also have the opportunity to participate in local clogging events and activities to show off their skills! Clogging is FREE. Shoes in various sizes are available to borrow.

Every Tuesday at 5:00 pm
SCC – Swain Center auditorium
For youth ages: 5 – 18

Clogging Instructors: Kerry Plemmons
and Dee Decker



**September 23 & 24
Clogging Competition at Fontana
Village Resort. Good luck, Cloggers!**

Interested in
being part of
4-H?

Joining a club
is a great way
for youth to
get started!!

What do You Think?

Swain County 4-H is thinking about starting a few new clubs this year, please let us know if you are interested in joining.

Comic Book Reading Club

Join others with the same interest. Read together and discuss the same comic book. Weekly meetings in the pm.

Swain 4-H Social Club

This club would cook a simple dinner together followed by board games. Meet once per month.

4-H Apple Pie Workshop

September 29, 2016

4:00 pm

Swain County Cooperative Extension

Register by September 26

What a great time of year to be baking. Join us for some kitchen fun and learn to make an Apple Pie! We'll be using locally grown apples and youth will learn all the steps to making a delicious apple pie.



Register for Summer Camp 2017

Swain 4-H will be going to Betsy-Jeff Penn 4-H Camp in the Summer of 2017. Registration is due no later than Friday, October 28, 2016. A \$50 deposit will be due in February. Camp will be in late June or early July and will run from Sunday through Friday.... Total cost of camp is \$420.

Campers will meet in Asheville to ride a charter bus to camp. Additional information will be forthcoming. Call the 4-H office at 488-3848 for details.

Check out <http://www.bjpenn4h.org/> for facility information.

National Youth Science Day



October 5, 2016

3:30 pm

Swain County Cooperative Extension

For ages 7-14

Limit: 10

Register by September 28

Youth from across the country will participate in Drone Discovery, the 4-H NYSD 2016 Engineering Design Challenge. Drone Discovery was developed by Cornell University Cooperative Extension. It's a hands-on engineering design challenge that explores the science behind drones and how they are being used to solve real world problems. Youth will learn everything from flight dynamics and aircraft types, to safety and

regulations, to remote sensing and flight control. West Elementary School teacher, Mr. Rich Harvey, will present this program and lead the discussion. Please let us know if you are interested in participating, space is limited.

4-H Record Books Due November 30

Record keeping is one important life and work skill that 4-H members learn. 4-Hers will use this skill in school and when they fill out applications for scholarships, colleges, and jobs.

4-H Record Books should be turned in for review to the Swain County 4-H office by November 30. 4-H Record Books must be approved at the County level prior to submission to the State level.

If you are interested in attending a workshop to learn more about record books, let us know. Swain County 4-H will purchase your Record Book covers from the 4-H Mall once your Record Book has been approved.

Person County 4-H has some great video tutorials on their YouTube page. Check them out here (<https://www.youtube.com/channel/UCQISdzU8K6HEA6-nrJOfIpg>)

Here's a link to Record Books (they are broken down by age group):
<https://nc4h.ces.ncsu.edu/youth-3/4-h-awards-incentives-programs-2/>

Pumpkin Painting

October 21, 2016

4:00 pm - 5:00 pm

Swain County Cooperative Extension

Register by: October 14

Who ever said carved was the only way to go? Try painting a pumpkin for an unexpected twist this year! Get creative and join your 4-H friends as we paint our own foam Jack-o-Lantern that can be taken home.



Word of Mouth . . . continued from page 1

"We went on a tour of the Farm. We saw rabbits, goats, a turkey, chickens, ducks, alpacas, dogs, cows and fish. We got to pet some of the animals like a cow and the fluffiest rabbit you ever saw! You could see fish swimming in the pond. We ate our picnic lunch at the farm and took our picture on a tractor."

Heidi Ammann

West Swain 4-H Club and Young Explorers 4-H Club member.
Talking about 4-H Farm tour at the Preserve at Little Choga



"I had a chance with my 4-H Club to make some granola for our policemen. I had a good time making the granola as well as eating some of it! It made me feel good to do something nice for the officers and the other children had fun too!"

Lydia Dingle

4-H Tangled Tots/Tangled Feet Stompers Clogging member
Talking about Energizing our Heroes Service Project



"I liked Cloverbud Art because I liked drawing with pastel chalk. I liked drawing fruit and being with friends!"

Cason Vaughn
West Swain 4-H Club and Young Explorers 4-H Club member.
Talking about Cloverbud Art



Celebrate the impact 4-H youth are making in their lives and their communities during National 4-H Week. 4-H is the nation's largest youth organization; we empower more than six million young people across the U.S.

We're proud to spotlight our 4-H alumni, current 4-Hers, and adult volunteers this National 4-H Week!

- 4-H Alumni: Our history starts with you!
- 4-Hers: Show your pride. You make 4-H great!
- Volunteers: You mentor and educate. Thanks for your support!

Friends of Extension Fall Festival

November 10, 2016

5:00 - 7:00 pm

Swain County Cooperative Extension

Join Swain Cooperative Extension as we showcase our programs through displays, booths, and speakers. Swain 4-H is planning to display some of our work and talent during this time. If you can play a musical instrument, give a 4-H presentation, or represent 4-H in another way, please let us know. Also, each club should plan to submit a trifold board displaying information about your club. Use pictures, printouts, drawings, etc. Plan this during a club meeting or as an extra. Feel free to contact us for assistance.

2nd Annual Holiday Card Art Contest

Enter Swain County 4-H's 2016 Holiday Card Art Contest! The theme again this year is: "4-H & December Holidays or 4-H Winter Scene."

Winning Artwork will be featured on the 2016 Holiday Card mailed out by the Swain County Extension.

Age categories: Cloverbud: 5 - 8,
Junior: 9 - 13, Teenager: 14 - 18

Artist must be Age 5 to 18 AND enrolled in 4-H. Original artwork, paint, marker, pencil, and crayon are all accepted!

Entries will be due on October 21, 2016

Rules and Entry Form can be found at:
swain.ces.ncsu.edu/spotlight/2016-holiday-card-art-contest



MILITARY Care Packages

All items should be
dropped off at the Swain
County Extension Office
on or before
November 10, 2016

We will be collecting items from now until November 10 for Operation Gratitude. Operation Gratitude is a 501(c)(3) nonprofit, volunteer-based organization that sends care packages and letters of support to our nation's Heroes. Their Mission is to lift morale in the Military and First Responder communities and to provide every American an opportunity to say "Thank You" to all who serve.

Acceptable Items are as follows:

- Pens
- Leftover Halloween Candy
(*please do not buy candy for donation*)
- DVDs
- Video Games
- Flash Drives
- Travel Sized Board Games
- Notebooks or Writing Pads
- Gloves
- Bandanas
- Mini Personal Fans
- Blank Card Sets
- Gift Cards to Chain Stores
- Razors
- Dental Floss
- Handheld Electronic Travel Games



- Toothbrushes
- Travel Lotions
- Hand/Foot Warmers
- Sealed Lip Balm
- Roll-on Travel Deodorant
- Individually Wrapped Moist Towelettes
- Single Serving Powered Beverage Mixes
- Paracord Bracelets
- Cool ties or Neck Gators
- Headphones
- Handwritten and Unsealed Drawings
- Cards and Letters to Servicemen and Women expressing your gratitude for their service
- Monetary Donations in \$15 Increments (*the cost of shipping each care package to a recipient*)



6th Annual Christmas Decorating & Tree Trimming

November 23, 2016

10:00 am at Swain County Senior Center

For 4-Hers (all ages)
Snacks Provided

Spread Christmas cheer and join us for fun and fellowship with 4-H!! Youth will help decorate and put ornaments on the Christmas tree at the Senior Center.

Why is Community Service Important?

Engaging in community service provides youth with the opportunity to become active members of their community and has a lasting, positive impact on society at large. Community service or volunteerism enables youth to acquire life skills and knowledge, as well as provide a service to those who need it most.

2016 Christmas Parade Float

The 4-H Tangled Tot Cloggers will be defending their 1st place win in last years Christmas Parade. All 4-Hers are encouraged to help decorate this years float. Date and time will be announced soon. Also, let us know if you are interested in riding/walking with us in the Parade. The Christmas parade will be on Saturday, December 3, in downtown Bryson City.



Swain County Center
P.O. Box 2329
Bryson City, North Carolina 28713

Events of Interest

Call for 488-3848 to learn more about these and other great 4-H opportunities!

NC Mountain State Fair: September 9-18, 2016 at the WNC Ag Center.
The NC Mountain State Fair celebrates the people, agriculture, art and tradition that make our region great. Congratulations to the Tangled Feet Stompers that participated and won in the clogging competition on September 9. Everyone did wonderful showing off their skills and talent!

NC State Fair 4-H Booth - Swain County 4-H will be representing the West District in Raleigh this year at the NC State Fair. Our theme will be *4-H Grows in Mountain Tradition*. If you have some ideas or can lend a hand, please let us know. The booth will need to be completed by October 4. I will take the booth to Raleigh and judging will be on October 11.

Macon County Fair - September 14-17, 2016 at the Macon County Fair Grounds
Make sure you check out this great county fair, with 4-H exhibits, livestock, and more.



Be sure to LIKE Swain County 4-H on Facebook and SHARE us with your friends!!

www.facebook.com/SwainCounty4H

www.facebook.com/SwainCountyCooperativeExtension

Swain County 4-H News

is a newsletter published to inform Swain County youth and parents on rewarding opportunities and to showcase upcoming 4-H activities and programs.

Jennifer Hill
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4-H Youth Development

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