## Coming....October & November 2020

## Northal ADULTING 101 WORKSHOP SERIES

Open to Rowan County youth ages 12-18 (as of Jan. 1)

Each session held 4-5:30 PM on Zoom

## **Register by October 21**

To register, contact Laura Allen, 4-H Agent at laura\_allen@ncsu.edu or 704-216-8970.

Thurs.

Oct. 29

In the Kitchen **Focus: Cooking Basics** 

kitchen safety, common utensils & cooking a meal

Mon.

Nov. 2

Etiquette 101 **Focus: Etiquette Basics** 

table, flag & social media etiquette

Mon.

Nov. 9

Money Matters **Focus: Financial Basics** 

create your money personality profile, needs vs. wants, & how to handle money

Thurs.

**Nov. 12** 

Sort, Wash, Dry, Fold, Repeat **Focus: Laundry Basics** 

how to sort & pretreat laundry, how to use a washer & dryer, proper folding & ironing techniques

Mon.

**Nov. 16** 

Kindness Matters Focus: Thank You Notes & more how to write a thank you note & address an envelope, meaningful conversations/manners, kindness ideas

Thurs.

**Nov. 19** 

Successful Interviews **Focus: Job Interview Tips** 

resume how-to, interview tips, listen to tips from local employers



