

Rowan County 4-H

# Casserole Cook-off



- Open to Rowan youths ages 5-18 (as of Jan. 1).
- 4-H'ers can only enter one entry category.
- Items must be home-made by the 4-H'er.
- Any size casserole can be submitted (recommend using an aluminum pan).
- Entries are due to the Extension office on either Dec. 4 (3-4 PM only) or Dec. 5 (8-10 AM only).
- Must enroll in 4-HOnline at [v2.4honline.com](http://v2.4honline.com) to participate (if you are not already enrolled).
- All other rules can be found at [rowan.ces.ncsu.edu](http://rowan.ces.ncsu.edu).

**Pre-register by Dec. 1 in 4-HOnline under your child's "events".**

Questions? Contact [laura\\_allen@ncsu.edu](mailto:laura_allen@ncsu.edu) or 704-216-8970.



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