

2016



Bertie County

4-H



Fun



Cooperative Extension's
Youth Development Program

***Thank you to all who have helped Bertie County
4-H make a low cost summer program by purchasing
our wreaths and strawberries. ***



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North Carolina State University and North Carolina A&T State University commit themselves to positive action to secure equal opportunity regardless of race, color, creed, national origin, religion, sex, age, or disability. In addition, the two Universities welcome all persons without regard to sexual orientation. North Carolina State University, North Carolina A&T State University, U.S. Department of Agriculture, and local governments cooperating.



Cloverbud Cooking Camp

June 13th – 17th

Ages: 5-8

Cost: \$15

Class Limit: 15

Time: 9am-2pm (Monday-Thursday)

Friday 9am-5pm

Cloverbud cooking camp teaches our young chefs how to cut simple foods, make easy recipes, and prepare healthy snacks. Youth will also get up to an hour of physical activity each day and make a fun summer crafts. Includes a trip to Vidant swimming pool and simply natural creamery in Kinston.



Back to Basics

June 22nd

Ages: 10&up

Cost: \$15

Class Limit: 6

Time: 1pm – 4pm

Learn the basics of sewing with Ms. Bernise Edwards by making a simple beginners craft.

Keep Calm and Crab On

June 23rd

Ages: 9 and up (5-8 with supervision)

Cost: \$7

Class Limit: 12

Time: 9am-1pm

Crab on with 4-H in Manteo. Participants must bring lunch and are welcome to bring fishing rods.

That's Sew Crafty!

June 24th

Ages: 9 and up

Cost: \$15

Class Limit: 6

Time: 9am-1pm

Go to the fabric store and pick out your own material for a skirt or shorts with FCS agent Whitney Watson **Participants must have attended "Back to Basics" or have previous sewing experience.

Pick ups/Drop offs

Youth must be signed in and out of all activities and day camps. *No youth will be allowed to leave without notifying a 4-H leader or adult volunteer.*

Please let a staff member know in advance if you will be having someone else pick up your child. This is to make sure all youth are always safe and accounted for.

Important Volunteer Information

If you are 13-18 and would like to be a summer teen volunteer there are 3 steps

1. Teen Volunteer Application
2. Register for summer orientation (May 24th)
3. Sign up for the program you would like to volunteer for

**** Teens that have volunteered with 4-H will be able to go to Busch Gardens on August 11th at a discounted rate. Summer volunteers will get first priority.**

If you would like to be an adult volunteer please contact the Bertie County Center using the information below. We would love to have you!

Bertie County 4-H Registration Policy

PLEASE READ COMPLETELY

1. A completed registration packet is required for each participant. Included in the packet is a registration form, code of conduct sheet with signature form, a media release form, and a medical release form. All forms and registration fees will need to be returned by the registration deadline listed on the following pages.
2. Registration is based on a first come, first served basis. **Registration is not complete until all required forms are completed and fees are received.** Youth who do not have these items turned in before the deadline date will be dropped from the register. Workshop spaces will not be saved.
3. Payments can be made with cash or check. Checks should be made out to "Bertie County 4-H"
4. Please note the deadline dates. IF a class minimum is not met by the deadline, the class will be canceled due to lack of interest. Refunds will be given only if the class is cancelled or is full when we receive your registration. If a class is full, your child will be placed on a waiting list.
5. Youth should not be dropped off earlier than 15 minutes prior to class start time and should be picked up no later than 15 minutes after the class ends. Contact the 4-H staff for possible arrangements.
6. Class age is important. Classes are designed specifically with appropriate activities. Do not register a child if they do not meet the age requirements. The ages listed are the NC state required "4-H age" (the age by January 1).
7. Youth requiring adult mentors or guardians must have the adults with them at all times. Adults required to assist participating youth may also have to pay registration fees to workshops admission fees for trips, and provide their own transportation.
8. We reserve the right to suspend your child from the program without refund if he/she becomes disruptive or violates the state mandated Code of Conduct. If this happens, the parent or guardian will be called to pick up the child immediately. The rule applies to out of town activities as well.
9. We welcome all adult and mature teen volunteers to assist with the workshops. All adults will be required to fill out 4-H Episodic Volunteer Application.
10. Please contact 4-H agent Tiera Beale at 252-794-5318 if you have any questions or concerns.

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Please remember that your child must have an interest in the programs they are registered for. Programs are only beneficial to youth who truly wish to participate.



Free as a Bird

July 6th
Ages: 5-8
Cost: \$10
Class Limit: 10
Time: 9am – 3pm

Spend the morning at the bird sanctuary and the afternoon making crafts with 4-H!



Girls Just Wanna Have Fun (Girls only!)

July 7th
Ages: 13 and up
Cost: \$15
Class Limit: 10
Time: 5pm Thursday to 10am Friday

All girls ages 13 and up are invited to attend a slumber party at the 4-H office. Be ready to participate in all the basics of a girls night with nail painting, hair tips, facials, movies, snacks, dinner, and breakfast.



CPR/First Aid

July 11th
Ages: 13 and up
Cost \$15
Class Limit: 15
Time: 9am-3pm

Become CPR/First Aid Certified this summer with Mr. Willie



Northeast District Ag Science Camp

July 12th to 14th
Ages: Rising 6th, 7th, and 8th graders
Cost: \$80
Class Limit: 9

Stay on campus at Wesleyan College in Rocky Mount from Tuesday to Thursday. Participants will have the opportunity to explore 3 different tracks of Agriculture through games, workshops, and experiments.

4-H Chopped Teams

July 22nd
Ages 13 and up
Cost: \$15
Class Limit: 12
Time: 12pm to 5pm



Think you can make it on chopped! Let FCS Whitney Watson show you how? Teens will be on teams judged by the extension office to compete for a prize and bragging rights.



A Day at the Movies

June 15th
Ages: 5 and up
Cost: \$20
Class Limit: 26
Time: 10am-2pm

Come out to Greenville to see a G rated movie at the Greenville Grande Movie Theater. Participants will have pizza at Cici's Pizza afterwards. Fee included a kid's movie snack.



Healthy Cooking Camp

July 25th – 29th
Ages 9-12
Cost: \$15
Class Limit: 15
Time: 9am-3pm (Monday-Thursday)
Friday 9am-5pm

Learn how to cook healthy recipes, easy ways to start living a healthy lifestyle, and how to incorporate Bertie County Agriculture into your everyday meals. Each day will include up to an hour of physical activity, a craft, and a nutrition lesson. Includes a trip to Lions Water Adventure.

Lions Water Adventure

July 29th
Ages 9-12
Cost: \$15
Class Limit: 10
Time: 10am-5pm

Come out and join us for a fun day at Lions Water Adventure. Lounge in the lazy river, slide down your pick of water slides, or take a dive in the pool. **Fee includes lunch. Additional money may be brought for extra food and beverages. (Bathing suite must match to code of conduct)



STEM Day Camp

August 1st – August 3rd
Ages 9-12
Cost: \$15
Class Limit: 10
Time: 10am-5pm

Learn about the role of biotechnology in a mock exercise with the bionetwork and the NC Soybean Producers Association. We will finish the week at Jeanette's Pier for a science experiment. Bring your beach towel and a change of clothes!



Hunter and Firearm Safety

August 8th-10th
Ages: 11 and up
Cost: Free!
Time: 8:30am-12pm

This free three-day workshop, presented by the NC Wildlife Resources Commission, includes information about hunter responsibility, wildlife conservation and management, firearms, wildlife identification, survival and first aid, specialty hunting, and tree stand safety. The 2nd day will take place at the shooting range. The test will be administered on the 3rd day, and you will receive your Hunter Safety Certificate in mail upon passing.



NC 4-H Congress

July 16th-19th
Ages 13-18
Cost: \$180

4-H Congress is a 4-day youth leadership conference held in Raleigh NC at the Jane S. McKimmon Center. Lodging will be at LaQuinta Inn and Suites. Registration includes breakfast, lunch, and dinner for Monday and Tuesday, and lodging. There are also two dances and free time to enjoy local shopping and food.

**SIGN UP
MAY 24th!**

- Registration opens May 24th!
- There is no early registration and all spots will be first come first served. Don't delay. Sign up at the Bertie Extension Office!