

The Nuts and Bolts of a Healthy Food Pantry

A toolkit from Steps to Health that helps make the healthy choice the easy choice

FOLLOW-UP ASSESSMENT

Food Pantry Name: _____

County: _____ Date of Assessment: _____

Estimated # of clients served/month: _____

Instructions: In partnership with pantry personnel, please select the answer to the following questions regarding practices at the food pantry.

	YES Great work!	NO There's room for improvement!
Does the pantry allow clients to choose their own meat, dairy, or dry goods?	Yes	No See Section 1 of the Resource Guide for suggestions.
Does the pantry allow clients to choose their own produce?	Yes	No See Section 1 of the Resource Guide for suggestions.
Does the pantry work with partners (i.e., farmers, wholesale, grocery, etc.) to obtain fresh produce?	Yes	No See Section 2 of the Resource Guide for suggestions.
Does the pantry intentionally solicit healthy donations?	Yes	No See Section 2 of the Resource Guide for suggestions.
Does the pantry have a policy on nutritional quality of distributed food?	Yes	No See Section 2 of the Resource Guide for suggestions.
Does the pantry have the capacity to store perishable items?	Yes	No See Section 3 of the Resource Guide for suggestions.
Does the pantry encourage selection of healthy foods through product placement and/or attractive display?	Yes	No See Section 4 of the Resource Guide for suggestions.
Does the pantry use signage to advertise healthy options and/or provide education on nutrition?	Yes	No See Section 4 of the Resource Guide for suggestions.
Does the pantry use bundling or cross-merchandising strategies to encourage healthy choices?	Yes	No See Section 4 of the Resource Guide for suggestions.
Does the pantry regularly provide recipes or nutrition handouts to clients?	Yes	No See Section 5 of the Resource Guide for suggestions.
Does the pantry regularly provide healthy samples or cooking demonstrations?	Yes	No See Section 5 of the Resource Guide for suggestions.
Do the pantry staff and volunteers encourage and support healthy choices when interacting with clients?	Yes	No See Section 6 of the Resource Guide for suggestions.