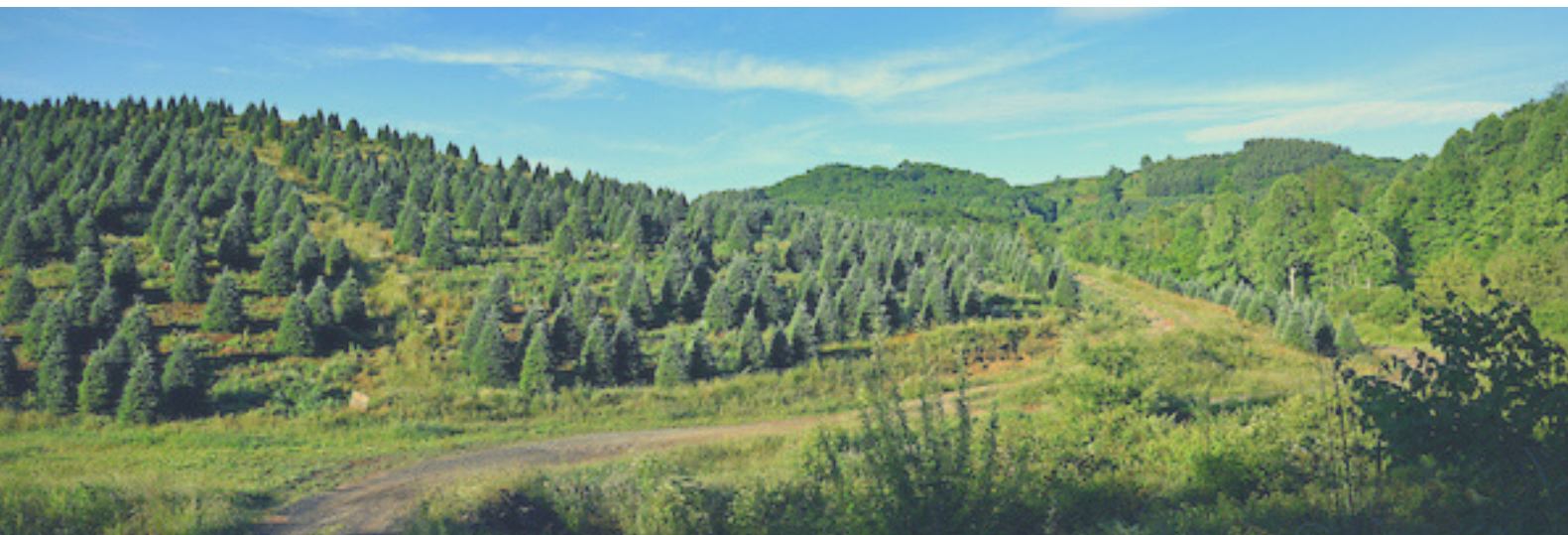




FALL 2021 NEWSLETTER

AVERY COUNTY CENTER



UPCOMING EVENTS

HEALTHY HOLIDAY HUSTLE

11.01.2021-

12.20.2021

ANNUAL CHRISTMAS
TREE WORKSHOP

01.28.2022

ANNUAL LANDSCAPE
CONTRACTORS WORKSHOP

02.17.2022

FALL CIDER PRESSING

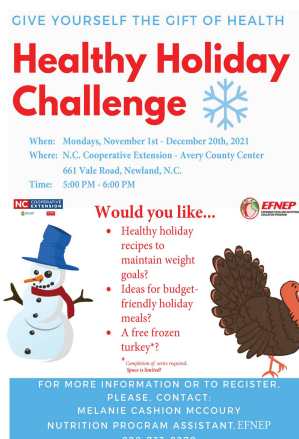


What better way is there to celebrate the upcoming Holiday Season than a cup of traditional apple cider?

Sweet cider is simply, fresh pressed apple juice. Within a day or two of pressing, the sugars in sweet cider begin to be flavored by wild yeasts always present in fresh pressed apples. This gives sweet apple cider its distinctive flavor.

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HEALTHY HOLIDAY HUSTLE



Join our Healthy Holiday Hustle! The new series will begin on Monday, November 1, 2021 and continue on Mondays until December 20, 2021.

This free challenging series includes: weekly cooking classes, weekly prizes, delicious recipes, tips for budget-friendly holiday meals, and a free turkey for those who complete the series.

Please contact Melanie Cashion McCoury, Nutrition Program Associate - Expanded Food and Nutrition Education Program at N.C. Cooperative Extension - Avery County Center, at 828-733-8270 for additional information.

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AVERY COUNTY 4-H YOUTH SELECTED TO PARTICIPATE IN NATIONAL 4-H TALENT SHOWCASE



N.C. Cooperative Extension, Avery County Center is excited to announce that two Avery County 4-H'ers, Tatum Hicks, and Logan McKinney, will be featured in the 2021 4-H Showcase of Talent. A special "thank you" to their instructor, Mr. Dwight Woody, for being instrumental in preparing them for this event

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FORAGE AND FEEDSTUFF TESTING



Forage and feed quality are important in proper nutrition for livestock, especially those that are lactating or pregnant. To ensure that an animal is receiving proper nutrition and that supplementation of specific nutrients are not necessary, it is suggested that dried forages and feedstuffs be tested for nutrient value. This is not necessary on retailed feed that is already labeled with nutrient value.

However, most forages are not labeled and a nutrient value test is suggested.

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ANNUAL WINTER CHRISTMAS TREE WORKSHOP



N.C. Cooperative Extension – Avery County Center, will be hosting the Annual Winter Christmas Tree and Ornamental Workshop on Friday, January 28, 2022 from 11:00AM until 5:00PM. The workshop will be held in the Avery Community Center (Heritage Park) located at 661 Vale Road, Newland, N.C. Please register by calling the N.C. Cooperative Extension - Avery County Center at 828-733-8270.

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ANNUAL LANDSCAPE CONTRACTORS WORKSHOP



N.C. Cooperative Extension, Avery County Center will be hosting the Annual Landscape Contractors Workshop on Thursday, February 17th, 2022. The workshop will provide landscape contractors the opportunity to earn 7 credits; the credits are required to meet the July 31st, 2022 deadline. The workshop will be held in the Avery Community Center (661 Vale Road, Newland, NC) and will begin with registration at 8:30 am and will conclude at 5:00 pm.

Please register by calling the N.C. Cooperative Extension - Avery County Center at 828-733-8270.

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