

Local Food Directory

Avery County

Young Brothers' Farm

Minneapolis, NC

Phone: 828-387-7318

Website: www.youngbrothersfarm.com

Email: Hallshillfarm@gmail.com

Facebook: <https://www.facebook.com/youngbrothersfarm/>

Products: Salad mix, salad turnips, kale mix, sauté' mix, broccoli scallions, pork, beef, chicken, eggs

Tailgate or Farmers Market Locations: Avery County Farmers Market (Historic Banner Elk School), Yancey County Farmers Market, Spruce Pine Farmers Market

Payment Methods Accepted: Cash, check, credit card

Trosly Farm

Elk Park, NC

Phone: 828-733-4938

Website: <https://www.troslyfarm.com/>

Email: troslyfarm@att.net

Products: Vegetables, bread, chocolates, meats, coffee, tea and more

****Online ordering and farm pick up available**

Drop off location in Banner Elk

Smith Family Farms

D.C. and Bonita Smith

Banner Elk, NC

Phone: 828-898-4350 / 828-387-0420/828-387-1405

Website: <https://www.averycountyfarmersmarket.net/>

Email: dcbtsmith@skybest.com

Hours of Operation: By appointment. ****Delivery available in Banner Elk**

Products: Eggs, breads, cakes, desserts, salsa, jams, jellies, vegetables

Tailgate or Farmers Market Locations: Avery County Farmers Market (Historic Banner Elk School) Thursdays, April 23rd – October 8th, 2020 4:00 PM – 7:00 PM

Payment Methods Accepted: Cash, credit card (Square)

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High Country Fungi

Plumtree, NC

Phone: 706-851-6954

Email: highcountryfungi@gmail.com

Products: Lion's Mane, King Trumpet, Black Pearl King Oyster, Chestnut Mushrooms

****Available dried for soups/stocks**

Haw Mountain Nursery and Vegetables

Ted Farmer

310 Bartlett Farmer Road

Newland, NC 28657

Phone: 828-260-2996

Hours of Operation: By appointment.

Products: Top soil, vegetables: potatoes, tomatoes, beans (Shelly & Snap), cucumbers,

Payment Methods Accepted: Cash or check

Avery Farms

615 Avery Lane

Newland, NC 28657

Phone: 828-733-5052

Email: averyfarms3@gmail.com

Products: Raspberries, blackberries (u-pick), strawberries, blueberries, sweet corn, Fall Indian corn, jams, jellies, honey, and cider

****Available at Avery County Farmers Market – Cakes, cookies, fried pies, and sugar-coated nuts**

Watauga County**North Fork Farm**

Jimmy and Shelia Greene

Zionville, NC

Phone: 828-297-5775 / 828-773-0305

Website: www.northforkfarmbeef.com

Facebook: <https://www.facebook.com/northforkfarmbeef/>

Products: Natural beef, pork, and chicken. Cuts by the pound, or purchase half/whole beef or pork

**** Meat CSA, available**

******Updates will be made to the directory as they become available.***

******Additional Local Food information may be found on the Appalachian Grown Local Food Guide @ <https://www.appalachiangrown.org/>***