



# Weekly Meal Planner:



	<u>Main Dish</u>	<u>Side Dishes</u>
<b>Monday:</b>		
<b>Tuesday:</b>		
<b>Wednesday:</b>		
<b>Thursday:</b>		
<b>Friday:</b>		
<b>Saturday:</b>		
<b>Sunday:</b>		
<i>Use foods that are in season for the best quality and price!</i>		<i>Remember to check what you already have on hand before leaving home!</i>