



Grocery List:



Place a check mark beside needed items.

| Produce: | Frozen: | Can and Jar: | Condiments: | Non-food: |
|-----------------|-------------------|------------------------|--------------------|--------------------|
| Apples | Pizza | Applesauce | BBQ sauce | Air freshener |
| Bananas | Bread | Beans | Ketchup | Bath tissue |
| Berries | Waffles | Broth/bouillon | Mustard | Paper towels |
| Melon | Ice cream | Canned fruit | Mayonnaise | Cleaning wipes |
| Grapes | Desserts | Chili | Steak sauce | Paper plates |
| Lemons | Cool whip | Canned veggies | Soy sauce | Cups |
| Peaches | Juice | Chili | Hot sauce | Napkins |
| Pears | Ice | Jam/jelly | Salad dressing | Silverware |
| Broccoli | Biscuits | Peanut butter | Vinegar | Reuse storage bags |
| Cauliflower | Vegetables | Soup | | Foil |
| Carrots | | Pickles | Baking: | Plastic wrap |
| Celery | Breakfast: | Olives | Gravy mix | Tissues |
| Garlic | Cereal | Hot sauce | Spices/herbs | Feminine hyg. |
| Lettuce | Oatmeal | Pasta sauce | Flour | Deodorant |
| Cucumbers | Pancake mix | Pork and beans | Sugar | Lotion |
| Peppers | Cereal bars | Canned pasta | Salt | Dish detergent |
| Squash | Pop tarts | | Pepper | Light bulbs |
| Tomatoes | Grits | Pasta/rice/dry: | Oil | Trash bags |
| Spinach | | Dry beans | Art. Sweetener | Pet food |
| Other: | Dairy: | Rice | Cake mix | Shampoo |
| | Milk | Dressing mix | Baking mixes | Soap |
| Meats: | Can biscuits | Mac and cheese | Cooking spray | Tooth paste |
| Beef | Butter | Noodles | | Razors |
| Turkey | Cheese | Potato mixes | Baby: | Shave cream |
| Pork | Cream cheese | | Diapers | Bleach |
| Hot dogs | Dip | Breads: | Wipes | Laundry soap |
| Deli meats | Eggs | Rolls | Baby food | Fabric softener |
| Chicken | Yogurt | Bread | Cereal | Clean. supplies |
| Bacon | | Bagels | Formula | Hand sanitizer |
| Canned meats | Snacks: | Buns | Baby wash | Medicines |
| | Candy | Muffins | Lotion | |
| Drinks: | Chips | | | |
| Hot choc. mix | Crackers | Other: | | |
| Drink mix | Cookies | | | |
| Juice | Popcorn | | | |
| Coffee | Jell-O | | | |
| Tea | Pudding | | | |
| Soda | Tortilla chips | | | |
| | Pretzels | | | |
| | Snack cakes | | | |