

Avery County 4-H

Monthly Newsletter - March 2024



Avery County 4-H Saddle Club Competes in District Horsebowl

The Avery County 4-H Saddle Club competed in the West District Horsebowl Competition in Mills River on February 10th. The team competed in the Mixed Team Division and won 3rd place overall. On the mixed team were Avery Arnold, Annslee Arnold, Betsy Daniels, and Olivia Woodruff. Avery Arnold was recognized as Individual High Score for Mixed Teams.

A Hippology Contest was also offered and Avery County was well represented by Parker Poore, Olivia Woodruff, Annslee Arnold, Avery Arnold, Betsy Daniels, and Chloe Oaks. Chloe Oaks was awarded with Top Score for the Senior Division.

Led by Coaches, Amy Oaks and Rhonda Arnold, the Avery team has worked diligently for the past two months, practicing twice per



week to prepare for the district Horsebowl competition.

Horsebowl is a competition where you use your knowledge of horses and related subject matter to compete on a four-member team against other teams. Teams compete in the district competition then advance to the state level competition.

Congratulations to our Avery County 4-H Horsebowl and Hippology competitors!



Did you know?



The purpose of the 4-H Hippology Contest is to provide participants with the opportunity to blend knowledge and skills acquired in horse judging, bowl, demonstrations, public speaking, and showing into one activity.

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New Clubs Coming to Avery County 4-H!

Avery County 4-H is excited to announce the addition of a Cooking Club and a Homeschool Club this year!

An interest meeting for the Homeschool Club will be on Tuesday, March 5th at 3:30 p.m. at the Avery County Cooperative Extension Center. This will be a monthly meeting to support homeschool families with youth ages 5-12. During club meetings, youth will have the opportunity to participate in many different activities including arts and crafts, cooking, STEM, and much more.

An interest meeting for the Cooking Club will be on Thursday, March 14th at 3:30 p.m. at the Avery County Cooperative Extension Center. This will be a monthly meeting for all aspiring chefs ages 5-18. The Avery County 4-H program will team up with EFNEP (Expanded Food and Nutrition Education Program) to offer youth food safety and cooking classes.

4-H Clubs are a great way to support long-term youth development and build community amongst our youth while instilling essential life skills such as leadership, commitment, and nurturing relationships.



Check out other clubs offered through Avery County 4-H:

- **Avery County 4-H Saddle Club:** Open to youth ages 5-18, focusing on equine science and horsemanship.
- **Avery County 4-H Shooting Sports Club:** Open to youth ages 8-18, focusing on marksmanship, teamwork, and firearm safety.
- **Avery County 4-H JAM (Junior Appalachian Musicians) Club:** Open to youth in grades 4-12, focusing on Appalachian music education and traditional string instrument instruction.
- **Avery County 4-H Homesteaders Club:** Open to youth in grades K-5, attending Riverside Elementary.

To join a club or for more information, call Jennifer Woodruff at 828-733-8270 or email: jennifer_woodruff@ncsu.edu



March Club Meetings

Avery County 4-H JAM Club:

March 5, 12, and 26
3:30 - 5 p.m. at
Newland First Baptist
Church

Avery County 4-H Saddle Club:

Regular Meeting:

March 4th
4 p.m. at the Avery
County Cooperative
Extension Center

Advanced Meeting:

March 18th
4 p.m. at the Avery County
Cooperative Extension
Center

Avery County 4-H Shooting Sports Club:

March 16th
10 a.m. -12 p.m. at the
Forestry Service Mountain
Training Facility
*Practicing Shotgun Only

Avery County 4-H Homesteaders Club:

March 5 and 25
2:30 - 4 p.m. at
Riverside Elementary
School
*Riverside Students only

Avery County 4-H Homeschool Club:

Interest Meeting
March 5th
3:30-4:30 p.m.
at the Avery County
Cooperative Extension
Center

Avery County 4-H Cooking Club:

Interest Meeting
March 14th
3:30 - 4:30 p.m.
at the Avery County
Cooperative Extension
Center



Enroll or Re-enroll in 4-H Online:

All youth participating in any 4-H clubs, activities, or events must be enrolled in 4-H Online. Visit v2.4honline.com to enroll or re-enroll. For more information or assistance with the enrollment process, contact Jennifer Woodruff at 828-733-8270 or jennifer_woodruff@ncsu.edu



School Enrichment

Teachers: Contact Jennifer Woodruff or Alicia Hicks if you'd like to incorporate 4-H in your classroom!

4-H has a variety of curricula that have been designed to develop essential life skills in alignment with the NC standard course of study. Along with personal learning benchmarks, the curricula align with specific objectives of grade level standards. 4-H offers training to school professionals on the curricula and can provide materials to support the classroom.

Connect with us!

Avery County Cooperative Extension Center

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Avery County 4-H Youth Development
Avery County Cooperative Extension Center

