

N.C. Cooperative Extension
NC State University
2501 Founders Drive, Suite 120
Campus Box 7602; Patterson Hall
Raleigh, NC 27695-7602



Alamance County Extension Intern

Location: Alamance County

Program Area: 4-H Youth Development, Family and Consumer Sciences

Immediate/Site Supervisor: Sara Roscoe

Other Mentors and Supervisors: Miranda Parks

Position Description/Responsibilities:

Program Support: Assist the 4-H Agent and Local Foods Coordinator with the planning, implementation, and evaluation of youth development and local foods programs (e.g., summer camps, Farm to School/Preschool).

Education/Outreach: Create and deliver youth lesson plans centered on topics like agriculture, STEM, nutrition, and local foods. Teach and/or assist with 4-H summer camps, community education at farmers' markets and food pantries.

Material Preparation: Prepare program materials (curriculum, crafts, food, educational resources).

Communication/Marketing: Develop and implement outreach strategies, including creating social media campaigns/posts, newsletters, and educational materials for diverse stakeholders (farmers, teachers, community members).

Administrative Tasks: Manage camp attendance, process program evaluations, and provide general administrative support (e.g., organizing materials, filing, and managing digital documents).

Preferred qualifications/previous coursework:

- Strong communication (written and public speaking), organizational, and administrative proficiency.
- Ability to work independently and as part of a team, and manage small projects.
- Previous experience working with youth in school or out-of-school settings (e.g., camps, after-school, babysitting).
- Experience with digital marketing/media (e.g., social media content creation).
- A strong interest in youth development, education, nonprofit work, community programs, and local foods/agriculture.
- Relevant (Not Required) Coursework: Education, Human Development and Family Studies, Social Work, Nonprofit Management, Agriculture.

Benefits/skills student will gain through this internship:

- Hands-on experience in the full cycle of program development, implementation, and evaluation.
- Practical application of positive youth development and youth-adult partnership principles.
- Foundational understanding of local/regional food systems structure, logistics, and their interaction with education, food security, and nutrition.
- Professional stakeholder management, targeted content creation for diverse audiences, and strategic social media campaign planning.
- Skills in effective community outreach and engagement

Additional Information

Be prepared to work in any environment (indoors or outdoors) in any weather. The internship is a combination of 4-H Youth Development and Local Foods/Agricultural Education, serving children, teens, and the broader community. Standard hours are Monday-Friday, 8:00 a.m. to 5:00 p.m., but flexibility is required to assist with occasional evening or weekend community events. It is an excellent opportunity for anyone seeking practical experience in community-focused youth and food systems work.



National Institute of Food and Agriculture
U.S. DEPARTMENT OF AGRICULTURE

