







4-H SUMMER

4-H summer programming provides safe, supervised, educational opportunities for youth ages 5-18!

Sign-Up Today! Space is Limited!

## DAY CAMPS HERE IN WASHINGTON COUNTY:

**LOW CARB COOKING CAMP** – June 13-16 – Extension Office · Rising 6<sup>th</sup>·8<sup>th</sup> Graders · \$5

Each day youth will have the opportunity to 'travel around the world' and make their favorite international dishes with a low carb twist. We will explore, Asian, Italian, Mexican and All American recipes. This program is made possible by Vidant Health, MTW District Health Dept., and Washington County Cooperative Extension. (Meets from 2-5pm Daily)

**4-H BACK TO BASICS SERIES** – Extension Office – Ages 5·18 – All 3 classes \$35 OR \$15 per day! (Meets 9:00-2:00 Daily)

June 19<sup>th</sup> – Kids in the Garden

20<sup>st</sup> – Artful Antics

21st - Sew-What? Sewing Day!

**PETTIGREW PURSUIT** – June  $26^{th}$  – June  $30^{tht}$  – Pettigrew State Park – Ages  $9 \cdot 12 \cdot \$60$ 

Activities include fishing on Lake Phelps, Canoeing, alligator and turtle workshops, tour of Somerset Plantation, and much more! The camp culminates in an overnight camping experience! Transportation will be provided, from Plymouth, daily. (Meets at the Park from 10:00 – 2:00 Daily)

## **HORSEMANSHIP WORKSHOPS** – Ages 5-18

July 14<sup>th,</sup> Morning – Beginners Horsemanship · \$15 21st, Morning – Intermediate Horsemanship\* · \$15 \*Note: Intermediate participants may bring their own horse with a negative coggins.

Instructor: Kristy Christenberry, Horse Life 4-H Club Leader

**BIOLOGY DAYS** – Extension Office – Ages 8-12 – All 3 Classes \$20! (Meets from 9:00 – 4:00 Daily)

July 25<sup>th</sup> – Small Animals & Microbiology July 26<sup>th</sup> – Field-trip!

**CLOVERBUD DAY CAMP** · August 7<sup>th</sup>– 9<sup>th</sup> – Extension Office · Ages 5·8 · \$30

Join 4-H for a day camp filled with fun, science, crafts, and more! Youth will participate in a variety of activities aimed at educating and entertaining our youngest 4-H'ers. This program will be lead in part by our 4-H County Council! (Meets from 9:00- 3:00 Daily)

## **ACROSS THE STATE:**

**CITIZENSHIP NC FOCUS** – JUNE 12-13 – AGES 13-18 – \$250

Learn about Citizenship first hand at the NC capital through workshops, games, and tours. Includes meetings with NC legislators. REGISTRATION DUE: MAY 19<sup>TH</sup>

**4-H RESIDENTIAL CAMP AT Betsy-Jeff Penn** – JULY  $9^{th} \cdot 14^{th}$  – REIDSVILLE, NC – AGES  $8 \cdot 12 \cdot \$450$ 

4-H Camp is the highlight of summer for all participants! Youth develop life skills while participating in a variety of camp activities including: canoeing, archery, horseback riding, campfires, and more! REGISTRATION DUE: JUNE 12<sup>TH</sup>

**STATE 4-H CONGRESS** – JULY 29-AUG 1 · RALEIGH, NC – AGES 13-18 · \$250

Join us for the culmination of the 4·H year as we join 4·H'ers from across the state! This event is packed with workshops, tours, dances, recognition, community service, fellowship and more. REGISTRATION DUE: JULY 5<sup>TH</sup>

