

Harnett County



4-H Summer Fun



All workshops are open to all Harnett County youth, 5-18 years old. Summer Fun workshops are designed to be fun and educational and you do not have to be a 4-H member to participate. If you are interested in joining 4-H, Summer Fun is a great place to start!

Due to the popularity of our programs, we have decided to open Summer Fun registration on May 18th at 10am and all invoices must be paid by June 8th by 5pm to guarantee your child's spot.

Harnett County 4-H is able to provide these programs at a reduced cost with the help of funding from South River Electric Membership Corporation.



**South River Electric
Membership Corporation**

A Touchstone Energy® Cooperative 

HOW DO I ENROLL MY CHILD IN 4-H SUMMER FUN?

As of January 2019, everyone who participates in a 4-H program is required to complete an enrollment form on 4-H online. 4-H age is determined as of January 1st. Your child has to be 5 years old as of January 1, 2022 to participate. Their age as of January 1st 2022 determines their 4-H age for the year.

4-H Online registration link: <https://v2.4honline.com/>

You MUST enroll your child in 4HOnline, the online 4-H enrollment system. This is a required part of all in-person Summer Fun participation. This enrollment ensures that we have parent contact information, health/medical information in case of an accident, completed authorization forms, and knowledge of who can pick up your child.

All workshops will be filled on a first-come, first-served basis using 4-H Online Events. On 4-H Online please select ALL the workshops that you wish for your child to participate in. You will receive an email with your invoice after you have registered for the workshops within 3 business days.

Due to the size and popularity of our programs, starting this year, **anyone who has not paid their invoice for a workshop by June 8th will lose their spot.** Registration will not be accepted by e-mail or over the phone.

All payments (cash or check) can be paid in person or by mail to our office at 126 Alexander Dr. Lillington, NC 27546 attention 4-H Summer Fun. If you are paying with cash, **PLEASE BRING THE EXACT AMOUNT**, we do not keep cash on hand to give you change.

In the event that you cannot attend a workshop, please notify our 4-H office as soon as possible. This allows time to give another child the opportunity to attend the class. If you have any other questions, please contact the 4-H office at 910-814-6026.

4-H Online/Summer Fun Information:
<https://harnett.ces.ncsu.edu/4-h-summer-fun-3/>



HARNETT COUNTY 4-H SUMMER FUN



CLOVERBUD COOKING

4-H Cloverbud Cooking: **Session 1**

Ages: 5-7

Date: July 18th-19th

Time: 9am-12pm

Location: Cooperative Extension Kitchen

Cost: \$15

Workshop limit: 12

This workshop focuses on teaching recipes that youth can make and enter in the North Carolina State Fair in the Youth Culinary section. Recipes will include yeast bread, quick breads, biscuits, scones and/or muffins, cake, drop cookies, rolled cookies, bar cookies and/or other cookies.

4-H Cloverbud Cooking: **Session 2**

Ages: 5-7

Date: July 18th-19th

Time: 1pm-4pm

Location: Cooperative Extension Kitchen

Cost: \$15

Workshop limit: 12

CLOVERBUD CRAFTS

Ages: 5-7

Date: June 21st-22nd

Time: 9am-12pm

Location: Cooperative Extension Training Room

Cost: \$20

Workshop limit: 20

In this hands-on program, clover buds will learn how to make several DIY (do it yourself) crafts, many of which can be entered into the 2022 North Carolina State Fair.

This workshop will allow your child to be creative and use their imagination to create fun and inventive crafts.

COOKING IN THE KITCHEN

4-H Cooking in the Kitchen: **Beginners**

Ages: 8-18

Date: June 13th-16th

Time: 9am-12pm

Location: Cooperative Extension Kitchen

Cost: \$25

Workshop limit: 12

4-H Cooking in the Kitchen: Beginner is a four-day program adapted from the Chef & The Child program started in Forsyth County. This program is for participants taking their first 4-H cooking program. Youth will learn basic food, nutrition, and culinary skills to prepare recipes they will enjoy during the workshop and be able to prepare at home. You will learn to prepare recipes like easy MyPlate pizza, french omelet, ice cream muffins, easy cheesy lasagna, and garlic bread.

PHOTOGRAPHY

Ages: 8-18

Date: June 21st-22nd

Time: 1pm-4pm

Location: Cooperative Extension Training Room

Cost: \$15

Workshop limit: 10

Do you love taking photos? Would you like to learn about photography? Join us for our 2 day program learning all about photography! You will be able to take photos to be entered into Harnett County's Farm City Week Photography Contest and Dr Kim Ingold 4-H Photography Contest!

GOLF

Ages: 8-18

Date: July 11th-14th

Time: 8:30-12pm

Location: Cooperative Extension Training Room

Cost: \$30

Workshop limit: 12

Golf is a fun recreational activity for youth and adults but did you know that golf courses have to manage their property to keep them looking their best? In this four-day program you are going to learn about turf grass management, soils, nutrients, fertilizers, water, trees, along with golf skills like using a wedge, making bunker shots, raking a bunker and so much more. Join us and our partner at Keith Hills Golf Club for this new and exciting program.

SPORTFISHING

Ages: 8-18

Date: July 25th-26th

Time: 9am-3pm day 1 and 8am-3pm day 2

Location: Cooperative Extension Training Room

Cost: \$20

Workshop limit: 12

Do you want to learn how to fish? Do you want to learn new fishing skills including how to clean and cook fish? If you answered yes, this is the workshop for you. On the first day, we will explore types of fish & bait, practice casting, learn fishing knots, build a pop bottle fishing rod, and clean and cook some fish. On the second day, we will take a fishing trip where we will all catch a few fish and everyone will leave with their own fish story to tell.

KIDS IN CONSERVATIONS!

Ages: 8-18

Date: August 1st-2nd

Time: 9am-3pm

Location: Cooperative Extension Training Room

Cost: \$10

Workshop limit: 15

Did you know that there is over a billion creepy-crawlies in just one teaspoon of soil or that just one acre of cotton can be used to make 215 pairs of jeans? In this workshop, participants will get their hands dirty to discover how food, land, and people are all connected and how everyone can work together to protect our soil, water, and other natural resources.

Supplies needed: Clothes Suitable for Outdoor Activities, Closed Toed Shoes, Sunscreen, Bug Spray, Water Bottle

CLOVERBUD PHOTOGRAPHY

Ages: 5-7

Date: June 9th-10th

Time: 9am-12pm

Location: Cooperative Extension Training Room

Cost: \$20

Workshop limit: 8

Does your little one love to take photos? If so we have the perfect program for them! They will learn the basics and take photos to be entered into Harnett County's Farm City Week Photography Contest.

4-H Cooking in the Kitchen: **Advanced**

Ages: 8-18

Date: June 13th-16th

**Travel*

Time: 1pm-4pm

Location: Cooperative Extension Kitchen

Cost: \$25

Workshop limit: 12

4-H Cooking in the Kitchen: Advanced is a four-day program created as the next step for those who have already participated in the 4-H Cooking in the Kitchen: Beginner program. Youth will advance their food, nutrition, and culinary skills through preparation of new recipes they will enjoy during the workshop and be able to prepare at home. You will learn and expand your skills in grilling, baking, recipe modification and more. During the workshop youth will also conduct food science experiments.

RACING STEM CAMP

Ages: 10-18

Date: June 27th-30th

**Travel*

Time: 9am-3pm

Location: Cooperative Extension Training Room

Cost: \$40

Workshop limit: 12

Optional Opportunity

NASCAR Xfinity Series Race

Date: October 29

Martinsville Speedway, Martinsville VA

Time: 10am-10pm

Will need money for lunch and dinner.

No cost for admission.

4-H Racing STEM Camp will explore the science behind NASCAR racing. This workshop includes hands on STEM activities related to racing and a trip to one or more NASCAR race shops with a behind the scenes tour. We are working on some extra special guests for this workshop. Each participant can also attend a NASCAR Xfinity Race at Martinsville Speedway with us on October 29 with no admission fee to get in. We will discuss this in more detail during the camp.

AEROSPACE & ROCKETRY

Ages: 8-18

Date: July 20th-22nd

**Travel*

Time: 9am-12pm

Location: Cooperative Extension Training Room

Cost: \$45

Workshop limit: 12

Do you know how an airplane can fly? Have you ever visited an airport? Have you ever built and launched a model rocket? We will be utilizing the 4-H Aerospace curriculum to learn about flight, rocketry, and other STEM programming. During the workshop, youth will build and launch a model rocket in addition to all of the other fun activities related to flight. **This year each participant will leave with their own model rocket and launch system to continue their project at home.**

ELECTRIC PROJECT

Ages: 8-18

Date: July 27th

Time: 9am-3pm

Location: Cooperative Extension Training Room

Cost: \$20

Workshop limit: 15

North Carolina 4-H has one of the nation's top electric programs. Participants will learn basic electric concepts that will enable them to build the 2022 4-H Electric Project, a Continuity Tester. This is a great introduction to the 4-H Electric Program.

OUTDOOR COOKERY

Ages: 8-18

Date: August 3rd

Time: 9am-3pm

Location: Cooperative Extension Kitchen

Cost: \$20

Workshop limit: 12

Have you ever wanted to learn how to grill something amazing but don't know the first thing about grilling? Do you know how to light a grill, create a marinade, create a rub or know different cuts of meat? In this workshop participants will learn food safety, proper minimum safe temperatures for different types of meat, how to light a charcoal & gas grill, grilling techniques and much more. They will then try their hand at grilling a selected cut of meat and taste different meats grilled by other participants. The 4-H outdoor cookery areas we will cover this year are Beef Char-grill, Chicken BBQ, Turkey BBQ, Pork BBQ and Seafood.