

2023 HARNETT COUNTY 4-H SUMMER FUN!



All workshops are open to all Harnett County youth and 4-H Online enrolled members, 5-18 years old. Summer Fun workshops are designed to be fun and educational. If you are interested in joining 4-H, Summer Fun is a great place to start!

Due to the popularity of our programs, we have decided to open Summer Fun registration on **May 24th at 10 am** and all invoices must be paid by **June 7th by 12 pm** to guarantee your child's spot.

Harnett County 4-H is able to provide these programs at a reduced cost with the help of funding from South River Electric Membership Corporation.



**South River Electric
Membership Corporation**

A Touchstone Energy® Cooperative 

HOW DO I ENROLL MY CHILD IN 4-H SUMMER FUN?

All workshops will be filled on a first-come, first-served basis using the following Google Form link. You must fill out the form for each child.

To Request a spot: <https://forms.gle/4Uu1vSm2nQjmABBb7>

If your child receives a spot, you will receive an email with your invoice within 3 business days.

4-H age is determined as of January 1st. Your child has to be 5 years old as of January 1, 2023 to participate. Their age as of January 1st, 2023 determines their 4-H age for the year.

You **MUST enroll your child in 4HOnline**, the online 4-H enrollment system. This is a required part of all in-person Summer Fun participation. This enrollment ensures that we have parent contact information, health/medical information in case of an accident, completed authorization forms, and knowledge of who can pick up your child.

4-H Online registration link: <https://v2.4honline.com/>

Due to the size and popularity of our programs, **anyone who has not paid their invoice for a workshop by June 7th will lose their spot.** Registration will not be accepted by e-mail or over the phone.

All payments (**cash or check**) can be paid in person or by mail to our office at 126 Alexander Dr. Lillington, NC 27546 Attention 4-H Summer Fun. If you are paying with cash, **PLEASE BRING THE EXACT AMOUNT**, as we do not keep cash on hand to give you change.

In the event that you cannot attend a workshop, please notify our 4-H office as soon as possible. This allows time to give another child the opportunity to attend the class. If you have any other questions, please contact the 4-H office at 910-814-6026.

4-H Online/Summer Fun Information:
<https://go.ncsu.edu/4h.summerfun>

We are proud to partner with



HARNETT COUNTY 4-H SUMMER FUN 2023!



CLOVERBUD COOKING

Ages: 5-7

Date: June 15th-16th

Time: 9am-12pm

Location: **Library and Resource Center**

Note the change in location for this workshop

Cost: \$10

Workshop limit: 20

This project/program/service is made possible by funding from the federal Institute of Museum and Library Services (IMLS) under the provisions of the Library Services and Technology Act (LSTA) as administered by the State Library of North Carolina, a division of the N.C. Department of Natural and Cultural Resources (IMLS grant number LS-252476-OLS-22).

CLOVERBUD CRAFTS

Ages: 5-7

Date: July 24th-25th

Time: 9am-12pm

Location: Cooperative Extension Training Room

Cost: \$20

Workshop limit: 20

In this hands-on program, cloverbuds will learn how to make several DIY (do it yourself) crafts, many of which can be entered into the North Carolina State Fair. This workshop will allow your child to be creative and use their imagination to create fun and inventive crafts.

COOKING IN THE KITCHEN

4-H Cooking in the Kitchen: **Beginners**

Ages: 8-18

Date: June 19th-22nd

Time: 9am-12pm

Location: Cooperative Extension Kitchen

Cost: \$25

Workshop limit: 12

4-H Cooking in the Kitchen: Beginner is a four-day program adapted from the Chef & The Child program started in Forsyth County. This program is for participants taking their first 4-H cooking program. Youth will learn basic food, nutrition, and culinary skills to prepare recipes they will enjoy during the workshop and be able to prepare at home. You will learn to prepare recipes like easy MyPlate pizza, french omelet, ice cream muffins, easy cheesy lasagna, and garlic bread.

ELECTRIC PROJECT

Ages: 8-18

Date: June 26th

Time: 9am-3pm

Location: Cooperative Extension Training Room

Cost: \$15

Workshop limit: 15

North Carolina 4-H has one of the nation's top electric programs. Participants will learn basic electric concepts that will enable them to build the 4-H Electric Project, a Continuity Tester. This is a great introduction to the 4-H Electric Program. Members will need to pack a lunch.

KIDS IN CONSERVATION

Ages: 8-12

Date: July 11th-12th

Time: 9am-3pm

Location: Cooperative Extension Training Room

Cost: \$10

Workshop limit: 15

Did you know that there is over a billion creepy-crawlies in just one teaspoon of soil or that just one acre of cotton can be used to make 215 pairs of jeans? In this workshop, participants will get their hands dirty to discover how food, land, and people are all connected and how everyone can work together to protect our soil, water, and other natural resources.

Supplies needed: Clothes Suitable for Outdoor Activities, Closed Toed Shoes, Sunscreen, Bug Spray, Water Bottle. Members will need to pack a lunch.

FARM TO FORK

Ages: 8-18

Date: July 17th-21st

Time: 8:30am-12:30pm

Location: Cooperative Extension Training Room

Cost: \$50

Workshop limit: 12

Do you know where your food comes from? Do you like to cook? Come learn about the food on your plate from where it began! In this week long camp, participants will learn about agriculture from the ground up. After visiting local farms, picking fruits and vegetables, students will prepare those foods into delicious dishes.

On the last day of camp, campers will participate in a 4-H Food Challenge Competition to see which team can prepare the best dish from mystery ingredients!

SEWING

Ages: 8-18

Date: July 31st-Aug 1st

Time: *Two Sessions* Please choose ONE:

Morning - Session 1: 9am-12pm

or **Afternoon - Session 2:** 1pm-4pm

Location: Cooperative Extension Training Room

Cost: \$15

Workshop limit: 8

Do you want to learn how to sew? If you are new to sewing or even have some experience, this is the workshop for you. This beginner sewing workshop will introduce youth to basic sewing skills, how to use a sewing machine and what basic tools you need. Participants will learn how to sew seams & construct a quilted bookmark and other other projects. The project(s) they complete in this workshop can also be entered into the North Carolina State Fair.

*Morning and afternoon sessions are identical, therefore choose one timeframe. This allows us to accomodate additional members.

VIDEOGRAPHY

Ages: 8-18

Date: June 27th- 29th

Time: 9am-12pm

Location: Cooperative Extension Training Room

Cost: \$20

Workshop limit: 12

Do you love taking videos? Would you like to learn more about videography? Join us for our three-day program learning all about videography from story board concepts to the editing process! Harnett County Parks & Rec will use your video to promote the Year of the Trail here in Harnett County!

SPORTFISHING

Ages: 8-18

Date: July 13th-14th

Time: Day 1: 9am-3pm and Day: 2 8am-3pm

Location: Cooperative Extension Training Room

Cost: \$20

Workshop limit: 12

Do you want to learn how to fish? Do you want to learn new fishing skills including how to clean and cook fish? If you answered yes, this is the workshop for you. On the first day, we will explore types of fish & bait, practice casting, learn fishing knots, build a pop bottle fishing rod, and clean and cook some fish. On the second day, we will take a fishing trip where we will all catch a few fish and everyone will leave with their own fish story to tell. Members will need to pack a lunch.

AEROSPACE & ROCKETRY

Ages: 8-18

Date: July 26th- 28th

Time: 9am-12pm

Location: Cooperative Extension Training Room

Cost: \$45

Workshop limit: 12

Do you know how an airplane can fly? Have you ever visited an airport? Have you ever built and launched a model rocket? We will be utilizing the 4-H Aerospace curriculum to learn about flight, rocketry, and other STEM programming. During the workshop, youth will build and launch a model rocket in addition to all of the other fun activities related to flight. **This year each participant will leave with their own model rocket and launch system to continue their project at home.**

4-H GRILLING

Ages: 8-18

Date: August 2nd-3rd

Time: *Two Sessions* Please choose ONE:

Morning - Session 1: 9am-12pm

or **Afternoon - Session 2:** 1pm-4pm

Location: Cooperative Extension Kitchen

Cost: \$20

Workshop limit: 12

Have you ever wanted to learn how to grill something amazing, but don't know the first thing about grilling? Do you know how to light a grill, create a marinade, create a rub or know different cuts of meat? In this workshop participants will learn food safety, proper minimum safe temperatures for different types of meat, how to light a charcoal & gas grill, grilling techniques and much more. They will then try their hand at grilling a selected cut of meat and taste different meats grilled by other participants. The 4-H outdoor cookery areas we will cover this year are Beef Char-grill, Chicken BBQ, Turkey BBQ, Pork BBQ and Seafood.

*Morning and afternoon sessions are identical, therefore choose one timeframe. This allows us to accomodate additional members.