

## **Cooking in the Kitchen Episode 2 Materials**

### **Easy Cheesy Lasagna & Materials Needed**

1 can (15 ozs.) tomato sauces (no added salt)

1 jar (14 ozs.) spaghetti sauce

1 container (16 ozs.) 1% low-fat cottage cheese

1 package (8 ozs.) shredded part skim mozzarella cheese

½ cup grated Parmesan cheese

Cooking spray for baking pan

9 lasagna noodles, uncooked

2 Small mixing bowls

9”X13” baking pan/dish

Aluminum foil

### **French Bread with Garlic Ingredients & Materials Needed**

1 loaf whole grain French bread

4 TBSs unsalted butter

2 TBSs garlic powder

Baking Sheet

Optional: Aluminum foil for easy clean-up