

## Clover Connection

Rowan County 4-H Newsletter

September 2020



### From the Agent:

Quick recap/update:

- All 4-H programs are currently virtual.
- In-person 4-H events/activities are **NOT ALLOWED** at this time due to Covid-19.
- LOTS of upcoming events available locally AND by NC 4-H!
- LOTS of flyers in this newsletter of things 4-H'ers can get involved in, even from home!

**The doors to our building and our office are open, but I still recommend calling first. Currently, I am only in the office on Mondays and Tuesdays and working from home on Wednesday-Friday.**

Contact me!

[laura\\_allen@ncsu.edu](mailto:laura_allen@ncsu.edu)

704-216-8970 (office)

704-216-8983 (office--direct line)

For the latest local information on Covid-19, please visit: [Rowan County Covid-19](#)

Stay safe,

Laura

### Upcoming Meetings

**County Council:** These meetings are for any 4-H'er ages 12-18 as of January 1. We will meet online via Zoom until told otherwise.

**September 21 at 6-7 PM (on Zoom)**

**PALS:** These meetings are for any parent, alumni, leader or supporter of Rowan County 4-H. If you are interested in 4-H or new to 4-H, you are invited to attend these meetings as well! Please come share your ideas for 4-H and help us find ways to support Rowan County 4-H. We have been meeting via Zoom, but hopefully will be able to meet in-person soon.

**October 12**

[PALS Constitution & Bylaws](#)

**4-H Volunteers Judging Project Record Books:**

**September 11: 9 AM-12 PM; 1-3 PM**



4-H Volunteers are being sought to come to the Rowan Extension office to judge Project Record Books. 44 books to judge. No more than 9 people can be present; masks required. Contact [laura\\_allen@ncsu.edu](mailto:laura_allen@ncsu.edu) to sign up!

## County Council hosting Rowan County 4-H Food Drive in September

Help Rowan County 4-H collect non-perishable foods to donate to Rowan Helping Ministries & Main Street Mission. Throughout the month of September, donate items at various locations in the community. Anyone can participate!

For a printable/shareable flyer, [click here](#).

# 4-H Food Drive

## September 1-30, 2020

### Collecting

## Non-perishable food items

Suggestions:

canned meat, canned fruits & vegetables, soups,  
condiments, jello, cooking oil, mac & cheese

Items will be donated to:

Rowan Helping Ministries &  
Main Street Marketplace

Donate at the following locations:

Cooperative Extension  
2727-A Old Concord Rd.  
Salisbury, NC 28146

Goodman Farm Supply  
338 N Main St, China  
Grove, NC 28023

& more locations to come!

Hosted by:  
Rowan County 4-H County Council



Questions? Contact Laura Allen  
704-216-8970, [laura\\_allen@ncsu.edu](mailto:laura_allen@ncsu.edu)

### Virtual Rowan County 4-H Food Show

It's time for the 2020 Rowan County 4-H Food Show. Originally, it was scheduled for October 10, but due to Covid-19, we are going ahead and planning it as a VIRTUAL event instead. There will still be COMPETITION, AWARDS, LEARNING & FUN!

Use the month of September to prepare for this event and get your video recorded!  
Registration (which includes uploading your pre-recorded video) is due no later than 5 PM on Saturday, October 3. [All rules, guidelines & judging rubric found here!](#) [Register here!](#)

For a printable/shareable flyer, [click here](#).



- Find & make a recipe from a culture of your choice.
- Create a cultural themed table display to go with your food item.
- Record a short presentation to submit for competition.

All specific details, rules & registration can be found at:  
[go.ncsu.edu/2020foodshow](http://go.ncsu.edu/2020foodshow)

- Open to Rowan County youth ages 5-18 (as of January 1).
- All participants must be enrolled in 4HOnline.
- Prizes will be awarded.

### QUESTIONS? CONTACT:

Laura Allen, 4-H Agent  
704-216-8970, [laura\\_allen@ncsu.edu](mailto:laura_allen@ncsu.edu)

### VIDEO SUBMISSIONS DUE

No later than 5 PM  
on Saturday, October 3, 2020



NC State University and N.C. A&T State University are collectively committed to positive action to secure equal opportunity and prohibit discrimination and harassment regardless of age, color, disability, family and marital status, gender identity, genetic information, national origin, political beliefs, race, religion, sex (including pregnancy), sexual orientation and veteran status. NC State, N.C. A&T, U.S. Department of Agriculture, and local governments cooperating. Persons with disabilities and persons with limited English proficiency may request accommodations to participate by contacting Laura Allen, 4-H Agent, at 704-216-8970 or [laura\\_allen@ncsu.edu](mailto:laura_allen@ncsu.edu) at least 14 days prior to the event.



**County-wide 4-H Club Zoom meeting**  
**Monday, September 28**  
**6:30-7:30 PM via Zoom**

**Must BE REGISTERED by clicking [HERE!](#)**

**Must PRE-REGISTER by clicking [HERE!](#)**

**Then, once approved, a Zoomlink will be emailed to you.**

**Please KEEP THE CONFIRMATION EMAIL, which will contain the login link you'll need on the night of the meeting.**

To attend, please make sure each 4-H'er and adult in attendance has filled out the appropriate forms (linked below):

[4-H'er waiver to participate in virtual events](#)

[Adult waiver to participate in virtual events](#)

All Rowan County 4-H clubs and club members (or potential club members), club leaders/volunteers and parents are invited to attend. Mrs. Laura will host and 4-H Volunteer Kris Mares is leading our activity.

**Please bring with you a piece of "Trashy Art" that you have made. Use items that you would typically throw away or recycle to make your piece of "trashy art". No new/purchased items can be used. You will showcase it during the Zoom. Get Creative!**

**\*\*Club Leaders: If your club has 4-H'ers present at this meeting, it will count as a club meeting for your club and count towards re-chartering for 2021!\*\***

Agenda:

- Call to Order
- Pledges
- Roll Call
- Reading of the Minutes
- Treasurer's Report
- Club Reports
- Old Business
- New Business
- Announcements
- Adjourn business meeting
- Activity/Program

**\*\*At the beginning of the meeting, we will ask for youth volunteers to be "officers" needed to run the business meeting. An agenda will be shared on the screen for all to see.**

**Club Leaders: please have a 4-H'er ready to give a report on your club (what your club focuses on/does, what you did at your last meeting, any service projects, etc.)\***

---

**NEW opportunity by NC 4-H: GROW BOX**

[Read all details & REGISTER HERE!](#)

Cost: \$30



# GROW BOX

Garden fun for your family delivered to your door.

Spark curiosity in your children and watch their interest in plants, science and the outdoors grow!



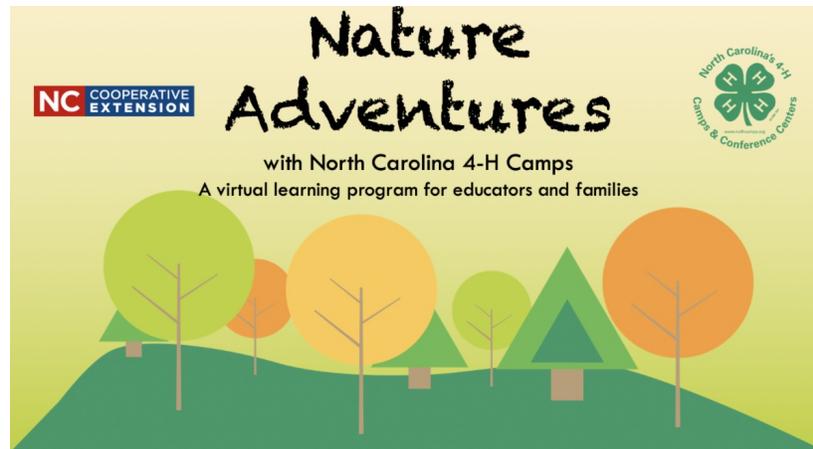
**The Grow Box** gives youth and their families the opportunity to explore their backyard or the natural spaces near them with guided activities designed to develop their science skills. You'll grow plants together, search for seeds, observe pollinators, and get creative with the hands-on activities in each box.

Every two months, The Grow Box will be delivered to your door packed with engaging activities for your family. Inside you'll find plants or seeds, tools for outdoor exploring, an activity book packed full of information including plant profiles from the JC Raulston Arboretum's gardens and fun garden games, and a garden journal to document your garden adventures.



September's Grow Box program is fall vegetable gardening.

Enjoy planting vegetables and strawberries with your kids, discover how to save seeds, create fun plant labels, grow micro-greens and more!



## **FREE Fall Virtual Learning Opportunities Offered by NC 4-H Camps For teachers, parents & families.**

*NatureAdventures is a 7-part series of 45-minute educational sessions for the fall semester developed and taught by professional Environmental Educators from North Carolina's premier 4-H Camps. This program is provided for FREE for teachers and families. Check out the session schedule linked below. All programs are aligned with the North Carolina Standard Course of Study and are presented live over Zoom. Can't make the live event? Register for the recording and go at your own pace.*

[\*\*CLICK HERE to learn more, grab material lists, and review standards alignment\*\*](#)

[\*\*Programs are FREE, but you MUST REGISTER HERE!\*\*](#)

## **Virtual OBX Field Trips in Cooperation with the Eastern 4-H Center**

SEPT 18, SEPT 25, & OCT 2 2020

# OUTER BANKS VIRTUAL FIELD TRIPS

ALL AGES WELCOME!

**Is your school moving toward virtual learning?**

**Do you need new ways to keep your kids engaged from home?**

**Are you missing your school field trips?**

Travel virtually to the Outer Banks for “Field Trip Fridays” this fall! These virtual field trip sessions are free to anyone who wants to join! Sign on and off as you please for different tours and lessons at nine of your favorite Outer Banks destinations! Registration info below.

September 18:

9:00 – 9:45 Eastern 4-H Center

10:00 – 10:45 Island Farm

11:00 – 11:45 Nags Heads Woods Preserve

---

September 25:

9:00 – 9:45 North Carolina Coastal Federation

10:00 – 10:45 Coastal Studies Institute

11:00 – 11:45 Jennette’s Pier

---

October 2:

9:00 – 9:45 Jockey’s Ridge State Park

10:00 – 10:45 NC Aquarium on Roanoke Island

11:00 – 11:45 OBX Center for Wildlife Education

# Virtual Field Trip Sessions and Descriptions

**Eastern 4-H Center: September 18, 9:00 – 9:45 a.m.**

As part of the Albemarle Sound, The Eastern 4-H Center is situated in a marine estuary where the freshwater of NC's rivers meets the salt water of the Atlantic Ocean. This creates a dynamic and diverse environment for life. In this session, we will explore the vibrant ecology of the Albemarle Sound, learning about the plants and animals that make this unique ecosystem their home.

**Island Farm: September 18, 10:00 – 10:45 a.m.**

Here at Island Farm, on the north end of Roanoke Island, we highlight what life was like for an Outer Banker in the mid-1800s. They farmed. They fished. They worked hard to survive on an isolated island. Take a virtual tour with us to see traditional trades such as blacksmithing and weaving. See what's growing in our gardens and meet our animals. Come 'embrace the pace' with us at Island Farm!

**The Nature Conservancy's Nags Head Woods Preserve: September 18, 11:00 – 11:45**

Join us virtually for a walking ecology lesson on one of our many trails. Discover the various biotic and abiotic components in the different ecosystems that make up this rare maritime forest and talk about other lessons we can build for you and your students—topics can include ecosystem dynamics, water testing, native plants and animals, weather versus climate and so much more!

**North Carolina Coastal Federation: September 25, 9:00 – 9:45 a.m.**

Join the N.C. Coastal Federation on a tour of several projects on their Wanchese office grounds, that help to protect water quality and provide natural habitat. Learn more about rain gardens, living shorelines and oysters, and learn ways you can help maintain clean water ways!

**Coastal Studies Institute: September 25, 10:00 – 10:45 a.m.**

Coastal Studies Institute will offer a variety of virtual programs this year including short instructional videos, student activities and worksheets, teacher lesson plans, and live virtual programming through the Fall. The live virtual programs will include topics studied by researchers at CSI including NC Shipwrecks and Ocean Energy. This condensed program will highlight the work of CSI in the ocean environment through a virtual underwater dive and an overview of creating electricity through ocean processes.

**Jennette's Pier: September 25, 11:00 – 11:45 a.m.**

Come catch plankton at Jennette's Pier! In this virtual field trip sessions, we will virtually take you out onto Jennette's Pier to collect these living organisms from the Atlantic Ocean. Once caught, we will look under a microscope to see what we can find!

**Jockey's Ridge State Park: October 2, 9:00 – 9:45 a.m.**

Join a park ranger and learn more about how truly unique Jockey's Ridge State Park really is. Discover the park, by traveling through a maritime thicket and hike along the Atlantic Coast's tallest living dune system. Ascend the ridge and let your wonder take flight!

**North Carolina Aquariums on Roanoke Island: October 2, 10:00 – 10:45 a.m.**

Join us for an introduction to our Animal Cameos, Educational Series and Virtual Tour programs. Our interactive educational theme for Field Trip Friday will be mammals — come with us as we show you an example of all three virtual programs highlighting river otters, an opossum and a culminating trivia game. Our virtual programs provide you with opportunities to learn about the animals under our care, the relationships within their home ecosystems and ways to share this with your students while meeting your curriculum goals.

**OBX Center for Wildlife Education: October 2, 11:00 – 11:45 a.m.**

Join us on a shorebird adventure! Our staff will take you live in the field on the beach as we look for the different shorebird species that you can find here in North Carolina. During our webinar, you will learn how to identify shorebirds. Bring some paper with color pencils or crayons as we will practice drawing the birds we see out on the beach!

Visit the following link to register for one or all of our virtual field trip sessions! Registration is limited. Recordings of each sessions will also be available for a limited time.

<https://www.eventbrite.com/e/outer-banks-virtual-field-trip-fridays-tickets-117788339093>

If you have any questions/concerns, please contact [meredith.fish@ncaquariums.com](mailto:meredith.fish@ncaquariums.com). We hope you enjoy our Outer Banks Virtual Field Trip Fridays!



## Upcoming Opportunities

OPPORTUNITIES

### For 4-H'ers:

-Registration is due September 4 for the [Virtual 4-H Southern Region Teen Leadership Conference \(FREE & Open to 4-H'ers ages 14-18 as of January 1\)](#)



CONFERENCE  
SEPTEMBER 24TH- 26TH, 2020

A FREE opportunity to experience virtual workshops, activities and connect with 4-H'ers from across the Southern Region!

For youth ages 14-18 (as of January 1).

Must register by Friday, September 4.  
Contact: Laura Allen, Rowan 4-H Agent  
laura\_allen@ncsu.edu  
704-216-8970

Find us on Facebook @4HSRTLCL

For 4-H Volunteers:

-[Volunteer Conference for Southern States](#), Register by Sept. 4; Event is Sept. 24-26

-[Louisiana Virtual Volunteer Conference](#), October 9 & 10

-[Save the Date](#) for the NC Volunteer Leaders' Association Conference, [workshop proposals](#) due by October 5, 2020.

## 2020 4-H Fall Plant Sale

Deadline to order is Thursday, October 29, 2020



Plant pick up date is Thursday, November 5, 2020, 8:30 AM until 4:30 PM  
Rowan County Agricultural Center, 2727 Old Concord Road, Salisbury, NC.



Due to Covid-19, we are requesting that you pay in advance and prior to plant pick up to reduce contact on the day of plant pick-up. Please make checks payable to Rowan CES and mail to Rowan County 4-H 2727-A Old Concord Road, Salisbury, NC 28146. You can also drop off exact cash or check at the Extension office at the same address, M-F 8 AM-5 PM.



To Order: Go to [go.ncsu.edu/2020fallplantsale](http://go.ncsu.edu/2020fallplantsale) or call 704-216-8970



Spread the word about our 4-H Plant Sale Fundraiser! This fall is

the PERFECT time to purchase and plant fruit trees/plants!

[View the plant list & prices here!](#)

[To order, click here!](#)

### Virtual Pumpkin Decorating Contest

Save the date for our Virtual Pumpkin Decorating Contest! Only 1 entry per 4-H'er. All entry pictures due via google form registration form no later than 5 PM on October 23. **All rules on the flyer below!**

For a printable/sharable flyer, [click here](#).



# Submissions due by 5 PM on Oct. 23 to: [go.ncsu.edu/4hpumpkincontest](http://go.ncsu.edu/4hpumpkincontest)

## Age Divisions

(age as of January 1)

- Cloverbud (5-7 years old)
- 8-10 years old
- 11-13 years old
- 14-18 years old

## Categories

- Original Carving (no template)
- Fancy Carving (using template)
- Decoration Only (no carving)

Only 1 pumpkin can be entered per 4-H'er  
and can only be entered in 1 category.

## How to participate:

- Each participant will decorate their pumpkin at home using their own pumpkin & supplies.
- To participate, youth will have to complete a Google form registration (link posted above) and upload up to 5 pictures of their pumpkin.
- All entries must be submitted no later than 5 PM on October 23, 2020.
- Pumpkins will be judged. Winners will be announced on October 30, 2020.
- Prizes to 1st place winners. Ribbons to all participants.

NC State University and N.C. A&T State University are collectively committed to positive action to secure equal opportunity and prohibit discrimination and harassment regardless of age, color, disability, family and marital status, gender identity, genetic information, national origin, political beliefs, race, religion, sex (including pregnancy), sexual orientation and veteran status. NC State, N.C. A&T, U.S. Department of Agriculture, and local governments cooperating. Persons with disabilities and persons with limited English proficiency may request accommodations to participate by contacting Laura Allen, 4-H Agent, at 704-216-8970 or [laura\\_allen@ncsu.edu](mailto:laura_allen@ncsu.edu) at least 14 days prior to the event.

## GET READY FOR UPCOMING NC 4-H OPPORTUNITIES!

For a printable/shareable flyer, [click here](#).



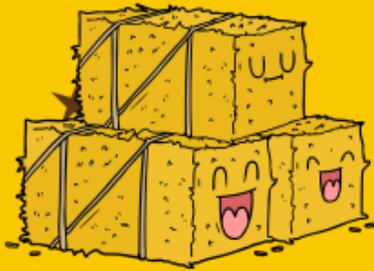
JOIN US FOR

# 4-H Hay Bale Decorating Fun

The flyer features a yellow background with a green four-leaf clover logo in the top left containing the letters 'H', 'H', 'H', and 'H'. In the top right is an illustration of two stacked hay bales. In the bottom right is an illustration of a single hay bale. Small stars are scattered around the text.

# 4-H Families and 4-H'ers

Contact your 4-H Agent for more information



NC STATE  
EXTENSION

Entries are due by November 23. You must submit 1-5 pictures.

[Click here to submit your entry!](#)

\*\*If you need help with your submission, contact Laura Allen at [laura\\_allen@ncsu.edu](mailto:laura_allen@ncsu.edu) PRIOR to November 23.

## 4-H Hay Bale Decorating Fun

### Purpose

- Fun Family Time
- Promoting 4-H

### Who can Participate

Open to all 4-H'ers and their Families

### Categories of Competitions

Due to the COVID-19 and our 4-H restrictions, entries must be constructed by individuals or families.

One entry per individual/or Family

- Individual CloverBud 5-7 (no competition)
- Individual 8-13
- Individual 14-18
- Family - must be members of the same family

### Hay Bales Theme

Bales should be designed around promoting NC 4-H

- Suggested Ideas include but not limited to:
  - Head, Heart, Hands, Health
  - Projects: STEM, Service, Outdoor Living, NC Culinary, Healthy Living
  - 4-H Grows Here
  - 4-H Fall Harvest
  - NC Regions: Piedmont, Coastal Plains, Mountain

### Guidelines for Participation

- Rectangular bale bales should be used.
- Please limit your decoration to two (2) - eight (8) bales.
- Each entry must have a 4-H slogan that communicates the 4-H theme that has been chosen.
- Entry must have the official 4-H clover or the words 4-H displayed somewhere on it.
- Entries will be judged on 4-H message, eye appeal, use of materials, and creativity.
- The bales should be decorated with a good clean wholesome nature. No vulgar or suggestive decorations will be allowed.
- Decorations should be weather and wind-proof.
- NO Commercial or Political party signs of ANY KIND are allowed.
- A county can submit as many entries as you want.
- 4-H members must be registered in 4-HOnline.
- The entry must be displayed.

- o Location may vary depending on your preference and approvals:
  - Extension office, home, other county buildings, library, school just to name a few. Just be sure to get permission if you are using a county building etc.
  - Only one family member/individual at a time can decorate if you are using a central location due to our 4-H restrictions at this time.

**Prizes**

- 1st - 3rd place for each division (actual prize TBD)
  - o Individual CloverBud 5-7 (participation only)
  - o Individual 8-13
  - o Individual 14-18
  - o Family

**Timeline**

- Entries can be constructed from September 15 - November 20
- State Registration is due November 23rd - check with your county for county deadline
- Winners will be announced on December 11th

**Registration Requirements**

- You will be required to upload at least 1 but up to 5 pictures of your entry. You can take pictures from every angle: front, back, top and side so the judges can get a good look at your entry.
- You will need: Participants Name - if family, you can enter the name as (The McCollum Family as the first and last name), County, Address, Age Category, Slogan, Description including the theme you chose for your entry.

Get ready for the....



## 4-H CRAFT SHOWCASE

*With the cancellation of the NC State Fair, we are going to have a 4-H Craft Showcase opportunity. So get those craft items ready, take pictures of them and be ready to submit to your 4-H Agent when it's time.*

More details to come!

### Rowan County Fair update

We have received word that the Rowan County Fair will not be having any agricultural exhibits or livestock shows this year. There will also be no 4-H club displays. Please refer to the [Rowan County Fair Facebook page](#) for updates.





## Horse Updates

The 2020 NCSU Horse Judging Short Course & Open Horse Show Judges' Certification Clinic **will NOT be held in person**. The course information (registration, final topics list, etc), will be posted on the EEH website and will be open in November (exact date TBD). This course will be purely educational and will not include a testing portion for certification.

Take this [survey](#) to help the NC 4-H Horse Program plan online educational modules that will be available for subscribers to view on demand.

Follow the [NC 4-H Horse Program](#) on Facebook for all the latest workshop offerings and 4-H horse program information!

Currituck County 4-H is hosting a Virtual Horse Bowl Competition. [Details here!](#)

[NC 4-H Horse Program Newsletter \(August\)](#)

[NC 4-H Horse Program 2020 Calendar of Events](#)

[NC 4-H Horse Program Rules & Regulations Manual \(updated Dec. 2019\)](#)

[NC 4-H Horse Program Dressage & Combined Training Manual](#)

[NC 4-H Horse Program Information](#)

---



## Dairy Updates

The virtual 4-H Dairy Quiz Bowl contests for 2020 that were supposed to be held in June were postponed due to limited participation. No new date has been set.

Youths are invited to participate in the 2020 Dairy Photo Contest! Entries are due to Rowan County 4-H no later than 5 PM on September 4. [All details can be found here.](#)

June Dairy Month  
**2020**  
UNDENIABLY  
DAIRY  
The Art of Dairy



## Poultry Updates

For those participating in the Layer Project, there will be a virtual show this year instead of showing your birds at the fair. Please email [amwatts@ncsu.edu](mailto:amwatts@ncsu.edu) for more details.

## 4-H Shout Outs

Congratulations to Adyson Medley and Olivia Stirrup who competed in the Junior Division of the NC 4-H Virtual Poultry Judging contest on August 13. Ady was recognized as the 3rd highest scoring individual in the contest.

Virtual 4-H Horse opportunities this summer included competing in the NC 4-H Horse Artistic Expression competition and Virtual State Horse Show. Those participating included:

- John Tucker: Artistic Expression Painting & Drawing, Cloverbud participation awards
- Jaysa Causby: Virtual State Horse Show, Senior Division: 2nd place Junior/Senior Non-Trotting Showmanship, 2nd place Non-Trotting Equitation; 3rd place Non-Trotting Pleasure



# Congratulations

The following Rowan County 4-H'ers presented speeches virtually for competition during State Presentation Finals:

### 1st place, Gold Winners:

Guy Deal: Livestock & Dairy Production, 8-10 years old

### 2nd place, Silver Winners:

Olivia Stirrup: Hospitality, Etiquette & Social Graces, 11-13 years old

Mason Gabosch: Public Speaking, 11-13 years old

### 3rd place, Bronze Winners:

Anonymous 4-H'er: Fruits & Vegetable Use, 14-18 years old

### Participation Awards:

Jaysa Causby, Agricultural Safety & Health, 14-18 years old

Samantha Simon, Careers & Entrepreneurship, 11-13 years old

Laney Gabosch, Health & Fitness, 14-18 years old

## Important Info for 4-H Club Leaders:

All 4-H Volunteer reminders and updates are posted on the [Rowan County](#)

[Cooperative Extension website!](#)

\*\*Check out the **SAVE THE DATE** for the 2021 Volunteer Leaders' Association



## Conference!



**\*\*If you want to submit a workshop proposal for the 2021 Volunteer Leaders' Association Conference, read more about it [here](#). Due by October 5, 2020.**

## Update on 4-H Programming due to Covid-19



Right now, we are still completely virtual for all 4-H programming and club meetings. However, NC 4-H has notified us of their plans for re-opening in-person 4-H programming, which is explained below. **Please note that this is still a fluid situation and these guidelines could change at any time. No one should start in-person 4-H programming until Laura Allen, 4-H Agent, has told you that you can.**

NC 4-H has created their plans based upon information from the following decision drivers: NC Governor & NCDHHS, UNC System, NC State University, Cooperative Extension, NCDPI, NC State Board of Education.

We have been told by NC 4-H that once phase 3 opens, that we should be able to go back to in-person programming **for only 11-18 year olds (age as of January 1)**, of course with modifications in place. **Any in-person 4-H events MUST be pre-approved by our County Extension Director.** [This form](#) must be filled out for event approval at least a week prior to the 4-H event by the 4-H volunteer leaders hosting the 4-H event. Then, the volunteer leader will be notified of the event's approval.

The following youth to adult ratios will be in place once in-person 4-H programs can happen. These are by the youths age as of January 1:

- 11-18 year olds: 5 youths to 1 adult.
- 11-13 year olds only: 5 youths to 1 adult
- 14-18 year olds only: 10 youths to 1 adult

**\*\*Best practice is for 2 adults to always be present at 4-H events.**

There is no time frame in place for when in-person gatherings for 4-H'ers ages 5-10 will happen. They will not be able to meet in-person until we are told that can happen.

Face coverings, social distancing, hand-washing/hand sanitizer will all be required during these events. Outdoor programs will be encouraged, when possible. All areas/items must be disinfected prior to and following the 4-H event.

Once in-person programs are in place, it is your decision as to whether or not you participate in the in-person event. In the coming months, we will have to be adaptable and will be offering events in various forms, including: virtual, in-person, hybrid programs and/or take home activities.

If you have questions about any of this, please contact Laura Allen, 4-H Agent.

## PLAN NOW for Project Record Books, Achievement Plans, & More!



If you are wanting your child or club member to turn in a Project Record Book or Achievement Plan for the year 2020, please start NOW! The completed books/plans will be due in January 2021, but the work included in them will be the items they do from January-December 2020.

In case you missed it, here's a recording of the Project Record Book Zoom workshop held on March 24. Use it to help you:

[Project Record Book Zoom Workshop Recording](#)

Other helpful links:

[Project Record Book for Rowan Cloverbuds \(5-7 years old\)](#)

[PDF Fillable Project Record Book for 8-12 years old](#)

[PDF Fillable Project Record Book for 13-18 years old](#)

[Helpful Hints for doing Project Record Books](#)

[Achievement Plan](#)

[NC 4-H Incentives & Awards Programs\\*\\*\\*\\*](#) has the grading rubrics and record books provided

## Check out the new 4-H section on our county website

Go to [rowan.ces.ncsu.edu](http://rowan.ces.ncsu.edu) and find the "Rowan County 4-H Program" heading on the left hand tool bar. Then click on any of the pages to learn more about Rowan County 4-H! Everything you need to know about our program is now in one location on our website! I'm so excited about this! Use this, share it with your friends, catch up on Rowan 4-H news and more!



The screenshot shows a website navigation menu with a red sidebar on the left and a blue main content area on the right. The sidebar contains the following items: COVID-19 Resources, Events, Meet Our Staff, Rowan County 4-H Program, Agriculture & Food (with sub-items: Animal Agriculture, Commercial Horticulture, Nursery & Turf, Farm Health & Safety, Field Crops, Food Safety & Processing, Local Foods, Pest Management, Specialty Crops), and Community. The main content area features a yellow banner with the text "For timely guidance and resource" and a blue header for "ROWAN COUNTY 4-H PROGRAM". Below the header is a list of links: UPCOMING 4-H PROGRAMS, ROWAN COUNTY 4-H CLUBS, HOW TO JOIN 4-H, 4-H NEWSLETTERS, CLOVERBUCKS & SCHOLARSHIPS, 4-H SUMMER FUN, 4-H VOLUNTEERS, STATE 4-H PROGRAMS, and LOCAL & STATE 4-H PROGRAM NEWS. A background image of strawberries is visible behind the menu items.

## Shared Folder for 4-H Pictures

I've had requests for some of the 4-H pictures I have taken at different events. To make it easier for everybody, I've created a shared folder in my Google Drive and have added all of my 4-H pictures in

there. Please do not delete them, but you can copy ones you want to save, you can add pictures taken at 4-H events, etc. Also, be mindful that not all 4-H'ers have signed waivers allowing their picture to be taken. If I see any added pictures that include youth without that signed waiver, I will delete them. Here is the link:



<https://drive.google.com/drive/folders/16GQ50QsLH10AVBFeg2y1EHfoOP0DGkZm?usp=sharing>

Laura H. Allen  
4-H Youth Development Agent  
Rowan County Center  
704-216-8970  
laura\_allen@ncsu.edu  
rowan.ces.ncsu.edu

[Like us on Facebook](#)

[Follow us on Twitter](#)

NC State University and N.C. A&T State University work in tandem, along with federal, state and local governments, to form a strategic partnership called N.C. Cooperative Extension.

Extension's 4-H program is the largest youth development organization in North Carolina. We help over 247,000 young people grow into active, contributing citizens each year.