

# Clover Connection

Rowan County 4-H Newsletter

February 2021



## From the Agent:

It's the month of love and we LOVE having you involved in 4-H! Show your love for 4-H throughout the month!

**We have 6 4-H Clubs re-chartering for 2021. Please look at the current [club list](#) and find a 4-H club to participate in for 2021!**

**There are LOTS of NEW & IMPORTANT Topics in this newsletter, including:**

- How to enroll in 4-HOnline2.0 for 2021 (required to participate in 4-H)
- Forms to be completed so your child can get recognized at Virtual Achievement Night...**DUE 2/5!**
- Upcoming dates for County Council, PALS & volunteer training meetings
- Links for the required training for youth & parents attending in-person 4-H events in 2021
- Lots of upcoming events (open at the state level, horse & livestock opportunities & more)
- 4-H Embryology dates & registration information
- 4-H Camp registration information

The doors to our building continue to be open, but masks are required. Currently, I am only in the office on Mondays and Tuesdays and am working from home Wednesday-Friday.

Contact me!

[laura\\_allen@ncsu.edu](mailto:laura_allen@ncsu.edu)

704-216-8970 (office)

704-216-8983 (office--direct line)

Stay safe!

Laura



## [Click here](#) for all enrollment information & enrollment link.

At the above link, you will find the login link for 4-HOnline2.0. You will also find a link to a website that will help guide you through the new 4-HOnline2.0 system if you need assistance.

All youth who plan to participate in 4-H in 2021 AND all adults who plan to officially volunteer for 4-H in 2021 MUST be enrolled in 4-HOnline2.0 for 2021. Once you enroll, enrollment is good from now until December 31, 2021. Enrollment has to be completed annually.

If you are interested in being an official 4-H Volunteer, please learn more [here](#).

If you had a login for the old 4HOnline system used in 2018-2020, then your email login and password will still work. If you have forgotten your password, you can get the site to send a new one to your email address.

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**Now is the perfect time to start planning your child's 4-H year! Start preparing NOW for 2021 Project Record Books, Achievement Plans and more! Have questions? Reach out to your club leader or Mrs. Laura.**

Helpful links:

[Project Record Books](#)

[4-H Achievement Plans](#)

[Portfolios and Project Record Books \(scroll down to correct section\)](#)

[NC 4-H Ambassador Program](#)

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### Upcoming Meetings

**County Council:** These meetings are for any 4-H'er ages 12-18 as of January 1. We will meet online via Zoom until told

otherwise.



**-February 8 at 6 PM on Zoom**

**PALS:** These meetings are for any parent, alumni, leader or supporter of Rowan County 4-H. If you are interested in 4-H or new to 4-H, you are invited to attend these meetings as well! Please come share your ideas for 4-H and help us find ways to support Rowan County 4-H.

**-February 8 at 7:15 PM on Zoom**

[PALS Constitution and Bylaws](#)

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## **4-H Reopening Training for 4-H Volunteers/Club Leaders**

If you are an official 4-H volunteer and you intend to lead or assist with an in-person 4-H event in 2021 (club meeting, workshop, etc), you **MUST** be trained on the new protocols **BEFORE** you can volunteer with an in-person 4-H program.

**The next and likely last group training opportunity on this topic will be on Tuesday, February 16 at 7 PM on Zoom.**

**Please email [laura\\_allen@ncsu.edu](mailto:laura_allen@ncsu.edu) if you plan to attend.**

**\*\*If you attended one of the trainings offered in November (in full), then you do not have to do this training again.**

**\*\*To be approved as a 4-H volunteer for 2021, you **MUST** attend this training. Otherwise, you will have to train individually. This training must be complete by the end of April.**

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## **Register NOW for 2021 4-H Embryology**

**Opportunity for public, private, charter school teachers and homeschool families.**

**If you plan to participate in Cycle 2 or Cycle 3, please register ASAP!**

Seeking **2nd grade & 7th grade** classrooms in RSS, private schools & charter schools, as well as homeschool families, to participate in....

# 4-H Embryology

## Cycle 1 (schools only):

Zoom training:  
Jan. 20, 3-4 PM

Drive by pick up:  
Jan. 25, 3-5 PM

Drive by return:  
Feb. 19, 3-5 PM

## Cycle 2 (homeschool & private/charter schools only):

Zoom training:  
Feb. 23, 3-4 PM

Drive by pick up:  
March 1, 3-5 PM

Drive by return:  
March 26, 3-5 PM

## Cycle 3 (schools only):

Zoom training:  
April 7, 3-4 PM

Drive by pick up:  
April 12, 3-5 PM

Drive by return:  
May 7, 3-5 PM

All materials will be picked up at Rowan County Cooperative Extension.  
All chicks & materials must be returned to Rowan County Cooperative Extension.

### Cost:

**\$10 per classroom**  
Exact cash or check  
made to Rowan CES  
\*payment due at or before pick up



### To register, contact:

[laura\\_allen@ncsu.edu](mailto:laura_allen@ncsu.edu)  
704-216-8970  
2727-A Old Concord Rd.  
Salisbury, NC 28146

NC State University and N.C. A&T State University are collectively committed to positive action to secure equal opportunity and prohibit discrimination and harassment regardless of age, color, disability, family and marital status, gender identity, genetic information, national origin, political beliefs, race, religion, sex (including pregnancy), sexual orientation and veteran status. NC State, N.C. A&T, U.S. Department of Agriculture, and local governments cooperating. Persons with disabilities and persons with limited English proficiency may request accommodations to participate by contacting Laura Allen, Rowan County 4-H Agent, at 704-216-8970 or [laura\\_allen@ncsu.edu](mailto:laura_allen@ncsu.edu) at least 14 days prior to the event.

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**Fill out link below no later than February 5!**



Rowan County 4-H



# *Virtual* Achievement Night

Video will air on February 23, 2021

## 4-H Families who participated in 2020:

Please fill out the following form no later than February 5. By filling out this form, your child's certificate will include their 2020 4-H accomplishments and they will get their 4-H years of service pin.

[go.ncsu.edu/rowan4h2020participation](https://go.ncsu.edu/rowan4h2020participation)

Questions? Contact Laura Allen, 4-H Agent, at [laura\\_allen@ncsu.edu](mailto:laura_allen@ncsu.edu) or 704-216-8970.

Please go to [go.ncsu.edu/rowan4h2020participation](https://go.ncsu.edu/rowan4h2020participation) for each child of yours who participated in Rowan 4-H in 2020. Those who fill out this form will have a certificate printed with their achievements listed on it and will receive a years of service pin.

Failure to complete this form means that your child's certificate will be only have their name & 4-H club and they will not receive a pin.

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**Do you plan to attend an in-person 4-H club meeting or event in 2021? If so, our NEW COVID PROTOCOLS require that 4-H'er and parent attendees do the following:**

**Step 1:** Go to [go.ncsu.edu/rowantrainingcomplete](https://go.ncsu.edu/rowantrainingcomplete) and watch the embedded training video. Each 4-H'er/parent who attends a 4-H club meeting or event **MUST** watch the video and **EACH PERSON MUST** fill out the form stating they completed the video training. This **MUST** be done before attending a 4-H event. Once you have completed it , it is good for each 4-H event moving forward.

**Step 2:** REGISTER IN 4-HOnline2.0 to complete enrollment and the latest liability waivers.

**IF YOU ARE AN OFFICIAL 4-H VOLUNTEER, YOU MUST ATTEND A LIVE ZOOM TRAINING IN ORDER TO PARTICIPATE IN 4-H IN A VOLUNTEER ROLE.** This training will go over all of the rules & guidelines that 4-H volunteers must adhere to. **Next training: January 19. Email [laura\\_allen@ncsu.edu](mailto:laura_allen@ncsu.edu) to get the Zoom link.**

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## NC 4-H Ambassador Program

Are you interested in starting or continuing in the 4-H Ambassador program? If so, Spring 2021 virtual classes are available for registration!

4-H'ers must be at least 13 years old and have been a 4-H member for 2 years, both as of January 1.

**[Click here to register!](#)**  
**(Due by Feb. 15)**

Learn more about the 4-H Ambassador Program **[HERE!](#)**

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## NC AWWA Youth Poster Contest

- Hosted by the NC section of the American Water Works Association
- For youth Kindergarten-8th grade
- Theme for poster contest: "The Power of Water"
- Electronic submissions due by 3/26

All info found **[HERE!](#)**

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## 4-H Youth in Action Awards

- open to 4-H'ers ages 15-19
- application due by March 29
- information & application available **[HERE](#)**



## Bee Hotel Build-a-Long

Bring some happiness to your garden and local bees by building a bee hotel





just in time for the spring!

Resident bee expert and Applied Ecology urban entomologist, Dr. Elsa Youngsteadt, will partner with Hill Library's Makerspace for this virtual build-a-long.

The first portion (~20 minutes) will be a talk by Elsa about the local bees in your garden and then the MakerSpace team will guide you through the process of building your very own bee hotel! We will be building this together during the webinar, so bring the materials with you and log in to the Zoom from where you will be building.

For the build: You can bring your own materials from a list provided at the link below. Or, for those who do not have saws and want to avoid a trip to the hardware store, there is a limited number of pre-cut lumber kits available for purchase, too (shipping to NC and surrounding states only). Kits are \$25 and must be purchased by February 15th.

The event is free to attend with registration, open to all, and we welcome anyone who wants to learn about native bees, whether you stick around for the build or not. For more information and to register, click here:

<https://cals.ncsu.edu/appli.../event/bee-hotel-build-a-long/>

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## Volunteer Opportunities

**-February 5-6 on Zoom:** NC 4-H Virtual Volunteer Leaders' Association Conference (for those that pre-registered)

**-February 16, 7 PM on Zoom:** Reopening Covid protocol training

-Virtual Volunteer workshops (see flyers below)



## 4-H Virtual Volunteer Conversations

6:00pm CST/7:00pm EST

01/26 - Volunteer Training & Leadership Opportunities

04/27 - Program Communication Strategies

07/27 - Developing Regional Partnerships

11/30 - Innovative Ideas for Clubs

share ideas and connect with other  
volunteers throughout the country

Register at:

<http://bit.ly/4HVolCall>

*All 4-H volunteers and professionals  
are welcome to attend!*



BROUGHT TO YOU BY THE VOLUNTEER  
SPECIALISTS OF THE SOUTHERN REGION





**FOR VOLUNTEERS**

## **YOUTH MENTAL HEALTH VIRTUAL SHARE FAIR**

**Thursday, March 4, 2021 from 7-8pm**

**Explore activities and practices that support youth mental health. West Virginia University's Nila Cobb, a Healthy Living Specialist, will join us to share her expertise and guide our discussions.**

**Register by February 25th at the link below:**

**<http://go.uvm.edu/youthmentalhealth>**

To request a disability-related accommodation to participate in this program, please contact Allison Smith at 802-651-8343 or 800-571-0668 by February 11, 2021 so we may assist you.

**BROUGHT TO YOU BY THE NORTHEAST VOLUNTEER SPECIALISTS**

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## **Gardening & Food Donation Opportunity for Families**

**[Register here!](#)**

# Goodnights Growing to Share Program

## Our Mission

Goodnights Greenhouse wishes to work with community members to provide healthy vegetables to our neighbors in need. We have partnered with Main Street Marketplace and Meeting Place to distribute your harvests. Our vision is to provide families with a fun and rewarding community service activity, as well as instill a lifelong love of gardening for our youth.

## How it Works

Goodnights Greenhouse will donate two plants of your choice per household (tomatoes, squash, zucchini, cucumbers, bell peppers, or okra), and in return, we ask that you donate the produce harvested from these plants to Main Street Marketplace and Meeting Place. Of course, extra blessings are always welcome. We welcome all ages and gardening skill levels to participate.

## How to Register

We will accept 100 applicants for Spring 2021. Please only register 1 person per household on or by March 15, 2021. Register at <https://tinyurl.com/2021growing2share>. Contact Caroline at [csbrandt14@gmail.com](mailto:csbrandt14@gmail.com) or 980-622-6276 for additional program information.

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## NC 4-H 2021 Summer Camp Update

Rowan County 4-H is making plans to attend 4-H Camp at Betsy-Jeff Penn (BJP) in Reidsville, NC on **July 4-9, 2021**. 4-H Camp is for any youth ages 8-14. If you register through Rowan County 4-H, camp will cost \$450 per 4-H'er...if you register through BJP, it costs more. You do not have to be a current 4-H member to attend.

If your child is interested in attending 4-H Camp with us this year, please fill out this [registration form](#). You may also contact Laura Allen at [laura\\_allen@ncsu.edu](mailto:laura_allen@ncsu.edu) or 704-216-8970 with any questions. A camp deposit of \$200 is due no later than April 7, 2021. The remaining payment is due by Saturday, May 8 at 10 AM, which is the date of the parent meeting.

The deposit is non-refundable; HOWEVER, if camp is canceled due to Covid-19, all monies paid WILL be refunded in full.

## All families will be responsible for transporting their children to and from

camp this year.



# WHY KIDS NEED 4-H CAMP NOW MORE THAN EVER!

[WWW.NC4HCAMPS.ORG](http://WWW.NC4HCAMPS.ORG)



TO ENROLL, CONTACT YOUR LOCAL COUNTY 4-H AGENT



## 4-H CAMP PROMOTES PHYSICAL HEALTH

Combined with activities like swimming, canoeing, horseback riding, hiking and more, youth learn how to enjoy physical activity.



## 4-H CAMP TEACHES INDEPENDENCE

Children are encouraged to push their boundaries, step out of their comfort zones and grow the self-confidence necessary to become independent.

## 4-H CAMP CULTIVATES A SENSE OF BELONGING

4-H Camp gives young people the opportunity to be themselves while appreciating others with values, attitudes and abilities different from their own.



## 4-H CAMP BUILDS AFFINITY FOR NATURE

Far from the digital screens at home, 4-H campers are fully immersed in the natural world.



## 4-H CAMP TEACHES RESPONSIBILITY

For many, 4-H camp is a first experience cleaning a cabin or setting a table. It may also be the first time campers work with others to overcome challenges.





# HOW WE'RE KEEPING YOUR KIDS SAFE AT CAMP!



eastern4hcenter.org



bjpenn4h.org



millstone4hcamp.com

Our three North Carolina 4-H Camps & Centers maintain accreditation from the American Camp Association (ACA). The ACA collaborated with an expert panel of specialists in pediatric medicine, camp medicine and nursing, epidemiology, infectious disease management, biological safety, industrial hygiene, organizational design and other technical specialists to produce the *Field Guide for Camps on Implementation of CDC Guidance* to assist in running safe and effective programs in the time of COVID-19. We are utilizing the *Field Guide* and are developing:



**A pre-screening protocol for campers & staff before & during arrival**



**A process of daily health checks of all campers & staff once camp starts**



**PPE protocols for campers & staff in accordance with CDC guidelines**



**Modifications to programming & activities to ensure social distancing measures & safety protocols**



**A re-designed camper experience utilizing "cohorting" - keeping campers in consistent, small groups to limit exposure to others**



**Schedule modifications to allow additional time for safe hand washing practices before & after meals, activities, etc.**



**Modifications to dining hall procedures to ensure safety before, during & after mealtimes**



**Cleaning & disinfecting protocols in accordance with CDC guidelines, with the addition of new hand sanitizing stations around camp**

North Carolina Cooperative Extension is an equal opportunity provider

## 4-H Curriculum for teachers homeschool families & club leaders

NC 4-H has created an online 4-H curriculum website that is open to the public. Please explore the website as there are lots of awesome learning opportunities available! If you are interested in any of the curriculums, please let 4-H Agent Laura Allen know. You will have to submit the demographics of your participants before you can receive the passcode to get into the full site.

Go to: [nc4hcurriculum.org](https://nc4hcurriculum.org)

## NC 4-H Camps Present.....Nature Adventures

Perfect for classroom teachers & homeschool families!

[Register here!](#)

[Learn more here!](#)

## SPRING 2021 NATURE ADVENTURES

WITH NC'S 4-H CAMPS

A virtual learning program for educators  
and families



LIVE events at  
1 pm ET

## SCHEDULE

**February 22 - Giants of the Coast**  
*Hosted by The Eastern 4-H Center*

**March 5 - Stories in the Stars Astronomy**

**March 18 - Run, Duck, Hide Predator/Prey Relationships**  
*Hosted by Betsy-Jeff Penn 4-H Center*

**April 1 - Winged Wonders**  
*Hosted by Millstone 4-H Camp*

**April 13 - Taking Flight Birds of Prey**  
*Hosted by The Eastern 4-H Center*

**April 20 - Let's Go on a Night Hike!**  
*Hosted by Betsy-Jeff Penn 4-H Center*



## Horse Updates

Check out the [January 2021 NC 4-H Newsletter](#) for the latest on all of the NC 4-H Horse Opportunities! LOTS of upcoming virtual opportunities available for you!!!

Qualifying Horse Show & Eligibility Card info found in the January newsletter linked above.

### March 1: Applications due to NC 4-H for the NEW [NC 4-H Horse Achievement Award](#).

Follow the [NC 4-H Horse Program](#) on Facebook for all the latest workshop offerings and 4-H horse program information!

[NC 4-H Horse Program Newsletters](#)

[NC 4-H Horse Program Information](#)

[NC 4-H Horse Program Rules & Regulations Manual \(updated Dec. 2019\)](#)

[NC 4-H Horse Program Dressage & Combined Training Manual](#)



## Livestock Updates

Rowan County 4-H will be participating in Livestock Judging this year!

If you are 8-18 (as of January 1) and are interested, please attend this Zoom interest meeting to learn more!

Pre-register to attend the Zoom at

[go.ncsu.edu/livestockjudgingorientation](https://go.ncsu.edu/livestockjudgingorientation).

# Livestock Judging Orientation Meeting



This meeting is for any youth, ages 8-18, interested in participating in 4H Livestock Judging in Cabarrus, Iredell, or Rowan Counties. This will be a great introduction to what Livestock Judging is all about!

**FEBRUARY 11, 2021 AT 6:00 PM VIA ZOOM**

**Please Register to Attend at:**

[go.ncsu.edu/livestockjudgingorientation](https://go.ncsu.edu/livestockjudgingorientation)



N.C. State University and N.C. A&T University commit themselves to positive action to secure equal opportunity regardless of race, color, national origin, religion, political beliefs, family and marital status, sex, age, veteran status, sexual identity, genetic information, or disability. N.C. State, N.C. A&T, U.S. Department of Agriculture, and local governments cooperating.

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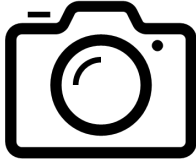
## Hot Shots 4-H Club Report

**Submitted by: Beth Stebe, club leader**

The Hot Shots 4-H Club met on January 16 at the Rowan County Wildlife Association. It was good to get back up with everyone. We welcomed two new members, Sawyer and Giovanni. Heather Stebe is starting up as a coach, she is a former 4-H member. It was a cold day to start back up, but no one complained. Jeremy (coach) did a refresher course for everyone. All had a good time, all were happy.

Pictured Below: The Veleke sisters are waiting for commands.





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## Access Rowan County 4-H Pictures

I've created a shared folder in my Google Drive and have added all of my 4-H pictures in there. Please do not delete them, but you can view and copy ones you want to save.

[Click here to access 4-H pictures](#)

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Laura H. Allen  
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NC State University and N.C. A&T State University work in tandem, along with federal, state and local governments, to form a strategic partnership called N.C. Cooperative Extension.

Extension's 4-H program is the largest youth development organization in North Carolina. We help over 247,000 young people grow into active, contributing citizens each year.