

Clover Connection

Rowan County 4-H Newsletter

December 2020



From the Agent:

Happy Holidays! Even though this year has been crazy, the holiday season is a time to be joyous and to celebrate. I hope you'll spend special time with your family as we come closer to ending 2020 and moving on to 2021.

I have offered two volunteer trainings to train our 4-H volunteers on the new reopening procedures for 4-H so that we can begin meeting in-person. Two clubs plan to meet in-person in December and the rest of those who are rechartering are waiting to meet in-person until sometime in 2021. Only clubs whose volunteers are trained can meet in-person again. If you have questions about the 4-H club you are in and their status, please let me know me.

Also, note that the 4-H Wreath Sale pick up date has CHANGED to Tuesday, Dec. 8 from 8:30 AM-4:30 PM. Please come on that day to pick up your items if you ordered from us. I will also need from official 4-H volunteers to volunteer on that day.

The doors to our building continue to be open, but masks are required. Currently, I am only in the office on Mondays and Tuesdays and am working from home Wednesday-Friday.

Contact me!
laura_allen@ncsu.edu
704-216-8970 (office)
704-216-8983 (office--direct line)

Stay safe and enjoy the holidays!
Laura

Upcoming Meetings

County Council: These meetings are for any 4-H'er ages 12-18 as of January 1. We will meet online via Zoom until told otherwise.

-December 14 at 6 PM on Zoom



-January 16, 9:30 AM at the Extension office: recording of Achievement Night Videos (only for those in the script)

PALS: These meetings are for any parent, alumni, leader or supporter of Rowan County 4-H. If you are interested in 4-H or new to 4-H, you are invited to attend these meetings as well! Please come share your ideas for 4-H and help us find ways to support Rowan County 4-H.

-December 14 at 7:15 PM on Zoom

[PALS Constitution and Bylaws](#)

**NEW waivers MUST BE FILLED OUT
moving forward for all of our virtual and in-person
programs.**

These forms are new as of Oct. 2020 and
required by NC 4-H.

Please fill out the appropriate forms linked below:

[4-H'er Waiver](#)

[4-H Volunteer Waiver](#)

[Adult Attendee/Parent Waiver](#)

**All 4-H'ers, 4-H volunteers & adults who plan to attend virtual or
in-person 4-H events MUST fill out these NEW forms!**

Register for the 4-H Ornament Kit

Have fun this holiday season with an at-home Rowan County 4-H Kit! Registration is open Nov. 30-Dec. 11 until all 24 kits have been claimed.

[Click here to register!](#)

ROWAN COUNTY 4-H

free

ORNAMENT KIT

Kit Includes:

4 wooden ornaments

6 colors of acrylic paint in paint pods

paint brush

supplies to make clothespin reindeer ornaments

Items needed from home: glue/hot glue, markers

Register Nov. 30-Dec. 11 at

<https://www.eventbrite.com/e/130462794731>

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24 kits available for ages 5-18

Questions? Contact:

Laura Allen, 4-H Agent

704-216-8970 laura_allen@ncsu.edu



NC State University and N.C. A&T State University are collectively committed to positive action to secure equal opportunity and prohibit discrimination and harassment regardless of age, color, disability, family and marital status, gender identity, genetic information, national origin, political beliefs, race, religion, sex (including pregnancy), sexual orientation and veteran status. NC State, N.C. A&T, U.S. Department of Agriculture, and local governments cooperating. Persons with disabilities and persons with limited English proficiency may request accommodations to participate by contacting Laura Allen, 4-H Agent, at 704-216-8970 or laura_allen@ncsu.edu at least 14 days prior to the event.

Place an order for a 4-H T-shirt!

Are you wanting some new 4-H gear? If so, a NC 4-H'er has created a NC 4-H shirt that anyone can order!

Orders can be placed at <https://4hnc.aiacompanystore.com/>.

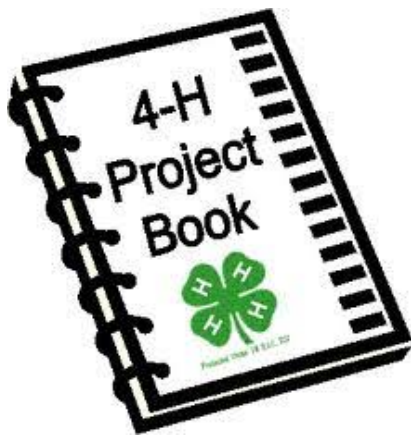
Shirts (Small - 4XL) are \$13 each plus shipping. This ordering site will close on December 4 and shirts should be delivered around December 18.



GET YOUR T-SHIRT

*Show Your 4-H
Pride!*

Get your newest 4-H t-shirt and
help support collegiate 4-H at NC
State University.



Due January 7, 2021: 4-H Project Record Books, Portfolios, Achievement Plans

This has been a great year to work on individual projects in 4-H! I hope to see some great 4-H Project Record Books highlighting your learning and achievements in 2020!

If you want Mrs. Laura to look over your Project Record Book to help you before you turn it in, please have it ready for her to look at in December. Remember...these go to competition and if you win at the district level you win MONEY!!! The more solid your record book is, the more competitive it will be.

If you need one-on-one help, please also contact Mrs. Laura to help you in December.

For all the details on project record books, visit rowan.ces.ncsu.edu. I've created a whole section on Project Record Books to assist you! Click on "Rowan County 4-H Program" on the left toolbar, and then you'll see the 4-H pages....I've highlighted below the section on Project Record Books.

4-H Winter Pen Pal Program

[Click here to register!](#)



States' 4-H Winter Pen Pal Program



CONNECT WITH STATES' 4-H YOUTH FROM
AROUND THE GLOBE THIS WINTER!

**OUR PEN PAL PROGRAM RUNS FROM
MID JANUARY - MID APRIL 2021!**

Steps to Participate

Sign up!

- 1) Visit <https://www.surveymonkey.com/r/7N8RBHY> and fill in your information.

Match!

- 2) We will pair you with a same gender, similar aged youth from a country of your preference (if possible).

Connect!

- 3) Write at least twice per month with your match (you should each receive and send at least two messages per month).

Make Friends!

- 4) Share fun facts about your daily life and culture with your pen pal. Be sure to check out our recommended topics of the month as a starting point for your messages.

Share!

- 5) At the end of the program we will be creating an online space for participants to share what they learned from their pen pal.



**LET'S MAKE INTERNATIONAL FRIENDS
THIS WINTER!**



Volunteer Leaders' Conference 2021

4-H Volunteers: This is a GREAT conference! If you are wanting to attend, please let Laura Allen know. Hopefully some of the cost can be offset, but you must notify Laura of your plan to attend.

Join us for
**Volunteer
Leaders'
Conference 2021**

February 5-6, 2021 : Zoom

**Save The
Date**

Registration Deadline: 1.8.21

Cost: \$30

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Registration Details Coming Soon!



NC STATE

EXTENSION

Youth Market Turkey Show T-shirt Contest

Youth can submit an entry if they are interested! See flyer for all details!

NC STATE EXTENSION

T-SHIRT DESIGN CONTEST

for the 2021 Youth Market Turkey Show

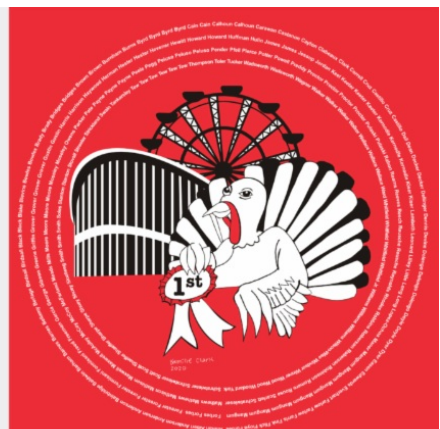
Submit designs by February 15, 2021

Artists and poultry enthusiasts!

Submit the winning design and get a free 2021
YMTS t-shirt and registration.

go.ncsu.edu/YMTS

Send competition entries to Mary Fosnaught (mhfosnau@ncsu.edu)



Youth Market Turkey Show
N.C. State Fair Youth Livestock Shows - Raleigh, N.C.


Congratulations to the 2020
t-shirt design contest winner

Camille Clark


4-H Curriculum for teachers homeschool families & club leaders

NC 4-H has created an online 4-H curriculum website that is open to the public. Please explore the website as there are lots of awesome learning opportunities available! If you are interested in any of the curriculums, please let 4-H Agent Laura Allen know. You will have to submit the demographics of your participants before you can receive the passcode to get into the full site.

Go to: nc4hcurriculum.org



Learn By Doing



Flexible digital assets for virtual and face to face learning!

- Grab and Go Lessons featuring STEM and Healthy Living
- Directory of NC 4-H curricula
- Professional Development Opportunities
- Access to a local 4-H Youth Development Profession

NC4HCurriculum.org

North Carolina Cooperative Extension is an equal opportunity provider.

NC 4-H 2021 Summer Camp Update

Rowan County 4-H is making plans to attend 4-H Camp at Betsy-Jeff Penn (BJP) in Reidsville, NC on **July 4-9, 2021**. 4-H Camp is for any youth ages 8-14. If you register through Rowan County 4-H, camp will cost \$450 per 4-H'er...if you register through BJP, it costs more. You do not have to be a current 4-H member to attend.

If your child is interested in attending 4-H Camp with us this year, please contact Laura Allen at laura_allen@ncsu.edu or 704-216-8970. This does not lock you in, but I will make sure that I directly send you camping updates.

WHY KIDS NEED 4-H CAMP NOW MORE THAN EVER!



WWW.NC4HCAMPS.ORG

NC COOPERATIVE
EXTENSION

NC A&T

NO STATE
CONTRACT

TO ENROLL, CONTACT YOUR LOCAL COUNTY 4-H AGENT



4-H CAMP PROMOTES PHYSICAL HEALTH

Combined with activities like swimming, canoeing, horseback riding, hiking and more, youth learn how to enjoy physical activity.



4-H CAMP TEACHES INDEPENDENCE

Children are encouraged to push their boundaries, step out of their comfort zones and grow the self-confidence necessary to become independent.

4-H CAMP CULTIVATES A SENSE OF BELONGING

4-H Camp gives young people the opportunity to be themselves while appreciating others with values, attitudes and abilities different from their own.



4-H CAMP BUILDS AFFINITY FOR NATURE

Far from the digital screens at home, 4-H campers are fully immersed in the natural world.



4-H CAMP TEACHES RESPONSIBILITY

For many, 4-H camp is a first experience cleaning a cabin or setting a table. It may also be the first time campers work with others to overcome challenges.



HOW WE'RE KEEPING YOUR KIDS SAFE AT CAMP!



eastern4hcenter.org



bjpenn4h.org



millstone4hcamp.com

Our three North Carolina 4-H Camps & Centers maintain accreditation from the American Camp Association (ACA). The ACA collaborated with an expert panel of specialists in pediatric medicine, camp medicine and nursing, epidemiology, infectious disease management, biological safety, industrial hygiene, organizational design and other technical specialists to produce the *Field Guide for Camps on Implementation of CDC Guidance* to assist in running safe and effective programs in the time of COVID-19. We are utilizing the *Field Guide* and are developing:



A pre-screening protocol for campers & staff before & during arrival



A process of daily health checks of all campers & staff once camp starts



PPE protocols for campers & staff in accordance with CDC guidelines



Modifications to programming & activities to ensure social distancing measures & safety protocols



A re-designed camper experience utilizing "cohorting" - keeping campers in consistent, small groups to limit exposure to others



Schedule modifications to allow additional time for safe hand washing practices before & after meals, activities, etc.



Modifications to dining hall procedures to ensure safety before, during & after mealtimes



Cleaning & disinfecting protocols in accordance with CDC guidelines, with the addition of new hand sanitizing stations around camp

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4-H Shout Outs!

Congratulations to the following 4-H'ers whose 2019 Project Record Books were judged at the district level and whose portfolios were judged at the district and state level. It took longer than normal to judge these this year due to Covid-19, but we finally have the results. Mrs. Laura will contact you soon about picking up your record books/portfolios.

2019 Project Record Books, South Central District placing:

Gold/1st place:

-Sam Oster, Science & Technology, 16-18 years old

Silver/2nd place:

- Allison Mares, Family & Consumer Sciences, 11-12 years old
- Talton Correll, Personal Development & Leadership, 11-12 years old
- Sam Oster, Personal Development & Leadership, 16-18 years old

Bronze/3rd place:

- Madisyn White, Citizenship & Civic Education, 11-12 years old
- Josie Correll, Personal Development & Leadership, 13-15 years old

Participation:

- Allison Mares, Animal Science, 11-12 years old
- Tiffin Jacobs, Animal Science, 13-15 years old
- Madisyn White, Personal Development & Leadership, 11-12 years old
- Nathan Croyle, Science & Technology, 11-12 years old
- Anonymous 4-H'er, Science & Technology, 13-15 years old

2019 Portfolios:

Sam Oster: Electric Energy Portfolio, 16-18 years old
SC District Placing: Silver/2nd place
State Placing: Bronze/3rd
Territorial Placing: Duke Energy Carolina 1st place

Thanks to all those who advertised for the 4-H Plant Sale. We made over \$3,800 during our fall sale!

Thanks to all those who sold wreaths & garland during the 4-H Wreath Sale! Pick up is Dec. 8. Every club profited from the sale, and the remaining profit goes to PALS to help support youth event scholarships and volunteer training.



Horse Updates

Dates for the 2021 4-H Horse Bowl and Hippology Contests have been announced.

January 30: South Central District Horse Bowl competition at the Union County Ag. Center

March 27: NC 4-H Horse Bowl & Hippology competitions at NC State University

Dates and locations are subject to change depending on COVID-19 restrictions and guidelines.

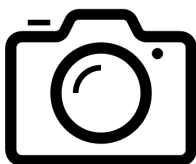
Follow the [NC 4-H Horse Program](#) on Facebook for all the latest workshop offerings and 4-H horse program information!

[NC 4-H Horse Program Newsletters](#)

[NC 4-H Horse Program Information](#)

[NC 4-H Horse Program Rules & Regulations Manual \(updated Dec. 2019\)](#)

[NC 4-H Horse Program Dressage & Combined Training Manual](#)



Access Rowan County 4-H Pictures

I've created a shared folder in my Google Drive and have added all of my 4-H pictures in there. Please do not delete them, but you can view and copy ones you want to save.

[Click here to access 4-H pictures](#)

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[Follow us on Twitter](#)

[Follow us on Instagram](#)

NC State University and N.C. A&T State University work in tandem, along with federal, state and local governments, to form a strategic partnership called N.C. Cooperative Extension.

Extension's 4-H program is the largest youth development organization in North Carolina. We help over 247,000 young people grow into active, contributing citizens each year.