

Clover Connection

Rowan County 4-H Newsletter

August 2020



From the Agent:

We continue to be in a time of change due to Covid-19. As summer ends and school begins, please let me know how I can help you. There are opportunities for me to assist teachers, club leaders, and families in educating youth. Don't hesitate to reach out!

Are you unsure about what 4-H has to offer? If so, watch the [What is 4-H video](#) to learn about 4-H, activities offered, and to hear from some of our own Rowan County 4-H'ers! Want to join or start a 4-H club? Then check out this [information](#)!

The doors to our building and our office are open, but I still recommend calling first. Starting August 17, I will be in the office on Mondays and Tuesdays and working from home on Wednesday-Friday.

In this newsletter, there is an update on what the plans are for re-opening 4-H for in-person events. Please read it!

If you need anything, please email me at laura_allen@ncsu.edu or call 704-216-8970 (office). You can also call my direct line at 704-216-8983.

For the latest local information on Covid-19, please visit: [Rowan County Covid-19](#)

Stay safe,
Laura



NEW: County-wide 4-H Club Zoom meeting
Monday, August 24
6:30-7:30 PM via Zoom

Must PRE-REGISTER by clicking [HERE!](#)
Then, once approved, a Zoom link will be emailed to you!

To attend, please make sure each 4-H'er and adult in attendance has filled out the appropriate forms (linked below):

[4-H'er waiver to participate in virtual events](#)

[Adult waiver to participate in virtual events](#)

All Rowan County 4-H clubs and club members (or potential club members), club leaders/volunteers and parents are invited to attend this first-ever county-wide virtual club meeting! Mrs. Laura will host this meeting, you just need to attend and participate. All 4-H'ers, even if you are not currently in a 4-H Club, are welcome!

****Club Leaders: If your club has 4-H'ers present at this meeting, it will count as a club meeting for your club and count towards re-chartering for 2021!****

Agenda:

- Call to Order
- Pledges

- Roll Call
- Reading of the Minutes (none since first meeting like this)
- Treasurer's Report
- Club Reports
- Old Business
- New Business
- Announcements
- Adjourn business meeting
- Activity/Program

****At the beginning of the meeting, we will ask for youth volunteers to be "officers" needed to run the business meeting. An agenda will be shared on the screen for all to see.**

Club Leaders: please have a 4-H'er ready to give a report on your club (what your club focuses on/does, what you did at your last meeting, any service projects, etc.)*



Upcoming Meetings (via Zoom)

County Council: These meetings are for any 4-H'er ages 12-18 as of January 1. We will meet online via Zoom until told otherwise.

August 18 at 6-7 PM (on Zoom)

PALS: These meetings are for any parent, alumni, leader or supporter of Rowan County 4-H. If you are interested in 4-H or new to 4-H, you are invited to attend these meetings as well! Please come share your ideas for 4-H and help us find ways to support Rowan County 4-H. We have been meeting via Zoom, but hopefully will be able to meet in-person soon.

August 18 at 7:15-8:15 PM (on Zoom) **note time change**

[PALS Constitution & Bylaws](#)

Update on 4-H Programming due to Covid-19

Right now, we are still completely virtual for all 4-H programming and club meetings. However, NC 4-H has notified us of their plans for re-opening in-person 4-H programming, which is explained below. **Please note that this is still a fluid situation and these guidelines could change at any time. No one should start in-person 4-H programming until Laura Allen, 4-H Agent, has told you that you can.**



NC 4-H has created their plans based upon information from the following decision drivers: NC Governor & NCDHHS, UNC System, NC State University, Cooperative Extension, NCDPI, NC State Board of Education.

We have been told by NC 4-H that once phase 3 opens, that we should be able to go back to in-person programming **for only 11-18 year olds (age as of January 1)**, of course with modifications in place. **Any in-person 4-H events MUST be pre-approved by our County Extension Director.** [This form](#) must be filled out for event approval at least a week prior to the 4-H event by the 4-H volunteer leaders hosting the 4-H event. Then, the volunteer leader will be notified of the event's approval.

The following youth to adult ratios will be in place once in-person 4-H programs can happen. These are by the youths age as of January 1:

-11-18 year olds: 5 youths to 1 adult.

-11-13 year olds only: 5 youths to 1 adult

-14-18 year olds only: 10 youths to 1 adult

****Best practice is for 2 adults to always be present at 4-H events.**

There is no time frame in place for when in-person gatherings for 4-H'ers ages 5-10 will happen. They will not be able to meet in-person until we are told that can happen.

Face coverings, social distancing, hand-washing/hand sanitizer will all be required during these events. Outdoor programs will be encouraged, when possible. All areas/items must be disinfected prior to and following the 4-H event.

Once in-person programs are in place, it is your decision as to whether or not you participate in the in-person event. In the coming months, we will have to be adaptable and will be offering events in various forms, including: virtual, in-person, hybrid programs and/or take home activities.

If you have questions about any of this, please contact Laura Allen, 4-H Agent.



Last Chance to Register for NC 4-H Summer Learning Opportunities

Registration is still open for several virtual 4-H summer programs created by NC 4-H. **Registration for these self-paced programs closes around mid-August and all content will be available until August 31.**

All details and registration info can be found [here!](#)

Topics include: Environmental Science, STEM, Civic Engagement, Personal Development, Plant Science, Animal Science, Healthy Living, Family & Consumer Science

Upcoming Opportunities

OPPORTUNITIES

For 4-H'ers:

-[Virtual Dog Show \(offered by University of Kentucky\)](#), registration due by August 5

-[Collegiate 4-H T-Shirt Design Contest](#), due by August 31

-Save the Date for the [Virtual 4-H Southern Region Teen Leadership Conference \(FREE & Open to 4-H'ers ages 14-18 as of January 1\)](#)

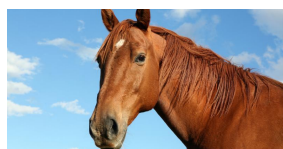
For 4-H Volunteers:

-[Louisiana Virtual Volunteer Conference](#), October 9 & 10

-[Save the Date](#) for the NC Volunteer Leaders' Association Conference, [workshop proposals](#) due by October 5, 2020.

Rowan County Fair update

We have received word that the Rowan County Fair will not be having any agricultural exhibits or livestock shows this year. There will also be no 4-H club displays. Please refer to the [Rowan County Fair Facebook page](#) for updates.



Horse Updates

Please read the latest [NC 4-H Horse Program April Newsletter](#) for all specific horse updates due to Covid-19.

Follow the [NC 4-H Horse Program](#) on Facebook for all the latest workshop offerings and 4-H horse program information!

[NC 4-H Horse Program 2020 Calendar of Events](#)

[NC 4-H Horse Program Rules & Regulations Manual \(updated Dec. 2019\)](#)

[NC 4-H Horse Program Dressage & Combined Training Manual](#)

[NC 4-H Horse Program Information](#)



Dairy Updates

The virtual 4-H Dairy Quiz Bowl contests for 2020 that were supposed to be held in June were postponed due to limited participation. No new date has been set.

Youths are invited to participate in the 2020 Dairy Photo Contest! Entries are due to Rowan County 4-H no later than 5 PM on September 4. [All details can be found here.](#)



Poultry Updates

All 4-H poultry competitions will be **virtual** this year.

Poultry Judging upcoming practices:

- August 4, 10 AM
- August 7, 10 AM
- August 11, 10 AM
- August 13, 10 AM (virtual contest)

4-H Shout Outs

The following 4-H'ers attended Virtual 4-H Electric Congress on July 7 & 8: Nathan Croyle, Sam Oster, and one additional 4-H'er. Congratulations to Sam Oster who was recognized as the Duke Energy Carolinas 1st place territorial winner, winning a monetary prize. He also was the Gold (1st place) winner for his Electric Portfolio.

Congratulations to Adyson Medley and Nathan Croyle who competed in the Junior Division of the NC 4-H Virtual Avian Bowl contest on July 16.

The following 4-H'ers attended Virtual NC 4-H Congress on July 20-23: Christian



Stebe, Olivia Stirrup and one additional 4-H'er.

Thanks to the 4-H Volunteers, Extension Staff and Master Gardener Volunteers who worked at our 4-H PALS Port-a-Pit Fundraiser on July 10. A special thanks to the Master Gardeners for covering the cost of desserts for the plates. A total of 1000 plates were cooked. Our profit was \$4,189.76! This money will be used to help offer scholarships to youth to attend 4-H events, help cover costs for 4-H volunteers to attend 4-H trainings, and assist with other programming needs.

Thanks to all those who have been participating in our weekly challenges, Summer Fun kits and virtual programs and virtual club meetings!

Important Info for 4-H Club Leaders:

All 4-H Volunteer reminders and updates are posted on the [Rowan County Cooperative Extension website!](#)



****Check out the [SAVE THE DATE](#) for the 2021 Volunteer Leaders' Association Conference!**

****If you want to submit a workshop proposal for the 2021 Volunteer Leaders' Association Conference, read more about it [here](#). Due by October 5, 2020.**



PLAN NOW for Project Record Books, Achievement Plans, & More!

If you are wanting your child or club member to turn in a Project Record Book or Achievement Plan for the year 2020, please start NOW! The completed books/plans will be due in January 2021, but the work included in them will be the items they do from January-December 2020.

In case you missed it, here's a recording of the Project Record Book Zoom workshop held on March 24. Use it to help you: [Project Record Book Zoom Workshop Recording](#)

Other helpful links:

[Project Record Book for Rowan Cloverbuds \(5-7 years old\)](#)

[PDF Fillable Project Record Book for 8-12 years old](#)

[PDF Fillable Project Record Book for 13-18 years old](#)

[Helpful Hints for doing Project Record Books](#)

Check out the new 4-H section on our county website

Go to rowan.ces.ncsu.edu and find the "Rowan County 4-H Program" heading on the left hand tool bar. Then click on any of the pages to learn more about Rowan County 4-H! Everything you need to know about our program is now in one location on our website! I'm so excited about this! Use this, share it with your friends, catch up on Rowan 4-H news and more!



Shared Folder for 4-H Pictures

I've had requests for some of the 4-H pictures I have taken at different events. To make it easier for everybody, I've created a shared folder in my Google Drive and have added all of my 4-H pictures in there. Please do not delete them, but you can copy ones you want to save, you can add pictures taken at 4-H events, etc. Also, be mindful that not all 4-H'ers have signed waivers allowing their picture to be taken. If I see any added pictures that include youth without that signed waiver, I will delete them. Here is the link:

<https://drive.google.com/drive/folders/16GQ50QsLH10AVBFeg2y1EHfoOP0DGkZm?usp=sharing>

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NC State University and N.C. A&T State University work in tandem, along with federal, state and local governments, to form a strategic partnership called N.C. Cooperative Extension.

Extension's 4-H program is the largest youth development organization in North Carolina. We help over 247,000 young people grow into active, contributing citizens each year.