



Transylvania County  
Cooperative Extension Service  
4-H Youth Development  
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### Contact Us

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### Adverse Weather Policy:

4-H meetings follow the Transylvania County Schools closings.

If the schools are closed, the 4-H program is postponed or cancelled.

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# 4-H Newsletter

## March and April 2017

### Transylvania County North Carolina

#### 4-H'ers complete project record books!

Congratulations to these *outstanding 4-H'ers* for summarizing their 2016 4-H goals and accomplishments in a portfolio format! Their work will be judged in Raleigh in April.

Transylvania County 4-H'ers who complete a quality project book earn scholarships to 4-H camp and Teen Retreat.

**Tori Brown:** Farm Fun/History Club - learning to play violin

**Crista Cali:** 4-H Teen Council - leadership and personal development

**Judy Justus:** 4-H Teen Council - horse project

**Alex Sweet:** Robotics Club and Teen Council - robotics project

#### 4-H Leadership Workshop

Kudos to each club member who participated in the annual leadership workshop on February 21st led by Ali Lien from Mountain Roots!

This year's focus was on the first H: Head for clearer thinking. We learned how our own communication style affects how our club makes decisions and how we can communicate/collaborate better with others to reach goals.

Robotics Club: **Elijah Chapman, Luke Myers, Brady Myers**

Teen Council: **Crista Cali, Cjon Conley, Judy Justus, Hannah Lenze, Cady Suddeth, Alex Sweet**

Locavores: **Dylan Zink and Liam Zink**

#### Getting Ready for County Presentation Day: Friday June 2

We have quite a few 4-H'ers planning on doing presentations this year! Check out the categories at <https://nc4h.ces.ncsu.edu/youth-3/4-h-awards-incentives-programs-2/presentations/> and let Mary know your category and topic by April 1. Your age category is determined by your age as of January 1, 2017. We will have folks help you get organized and prepared.

#### West District Presentation Day: Saturday June 17 in Franklin

All who qualify at county day can go on to compete at District Day with 4-H'ers from across Western NC. Everyone is welcome to go see what it's all about!

#### West District 4-H Teen Retreat: March 25-26 at Blue Ridge Assembly in Black Mountain, NC

Deadline to register is March 3. Must be 13 - 18 as of March 25 to attend.

Cost is \$80 - half scholarships to those completing a project record. Parents are responsible for transportation to the event.

This is a full weekend with workshops, recreation, district officer elections and a dance. Chaperones are 4-H agents and qualified volunteers. T-shirt, Snacks, Saturday lunch and dinner & Sunday breakfast and lunch are included. Towels and bed linens are provided.

Registration open from 9:30 - 10:15 am March 25 at Eureka Center at Blue Ridge Assembly. The event ends at 3:00pm March 26.

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## Spring Clover Days at Tractor Supply: April 26 - May 7

Please buy paper clovers to help 4-H club members attend 4-H camp, buy club supplies, and attend leadership programs. All money raised will be divided between the clubs that set up displays and share about 4-H at the store. Thanks in advance for participating!

## We're going to 4-H Camp!

Camp is filling up — let Mary Arnaudin know SOON if you want to go June 25-30 to Betsy-Jeff Penn. You may also register for other weeks and camps at <https://nc4h.ces.ncsu.edu/camps-centers/>

Those registered: **Tori Brown, Athaya Thill, Alex Sweet, Bailey Alexander, Aiden Cunningham, Cjon Conley, Caven Walker, Meghan Hannon, Abby Huter.**

## Creekside Riders

Next times: Thursday March 9 from 6:30 - 7:30pm. Meet at **Tracie Gant's** horse farm Holly View on Lyday Creek Road to learn how horses communicate. Thursday April 13 from 6:30 - 7:30 to be determined.

## Transylvania 4-H Horse Quiz Bowl Team

Congratulations to **Abbie Gant, Cheyenne Rathbone, Bella Szytber,** and **Miyah Salter** for competing in the West District Horse Bowl Contest in February. Thanks to **Sarah Rhymer** for coaching them!

## Horse Judging Clinic: March 25 at WNC Ag Center in Fletcher

This clinic and competition is open to all youth 4-H and FFA members. Our day will begin at 10am and be divided between a clinic portion (topic to be determined) and a competition, judging a mix of Conformation and Performance classes. Oral Reasons presentation will be optional and will consist of one set of Conformation and one set of Performance. Thanks to **Tracie Gant** for organizing this event!

Lunch will be included in the \$12 clinic fee. Please remember to dress prepared for colder temperatures as our clinic may utilize the outdoor covered pen. Bring notepads and pencils. Email [Mary\\_Arnaudin@ncsu.edu](mailto:Mary_Arnaudin@ncsu.edu) for a registration form, mark lunches needed for all participants, and postmark by March 15, 2017.

## 4-H Horse Art & Writing Contests: deadline is May 1st

It's time to start on your art and writing entries for this year! Click on the various Artistic Expression & Creative Writing Events links at this website to get the rules and registration forms for each: <https://equinehusbandry.ces.ncsu.edu/equinehusbandry-nc-4-h-horse-program-educational-events/artistic-expression-events/> You may also enter your work in the Mountain State Fair!



## Locavores

Last time: **Sarah Rhymer** of BHS led us on a farm tour to see the chickens, pigs, horses, and cattle.

Next times: Wednesday March 1 from 3:30 - 5:30pm: Cook meatloaf and biscuits using local eggs and meats. March 29 from 3:30 - 5:00pm: Plan for April 5th cooking and plant the Nourishing NC Garden with kale, Swiss chard and onion sets.



## Farm Fun/History Mystery Club

Last time: Harper Wade led a history mystery program and we planned our spring garden. This year we will plant a PURPLE GARDEN!

Next times: Friday, March 17 from 4:00- 5:00pm: Plant our spring purple garden. Friday, April 28 from 4:00 - 5:00pm: Check our garden and do a hand-sewing project led by the 4-H sewing group.



Last time: **Emily Trusler** led “blowing in the wind” - an engineering challenge focused on wind energy.

Next times: On Tuesday March 28, we will investigate weather at the Extension Center from 6:00 - 8:00pm. On Tuesday April 25 we will meet at PARI for “space explorations” from 6:00 - 8:00pm. Please register at [pari.edu](http://pari.edu)



### Trail Trekkers

Trail Trekkers will take off the month of March. We will start back up again on Saturday, April 8th at 1:00pm at the Pisgah Forest ranger station. We will meet at the entrance of the visitor center and then head out for our hike. Our group will talk about future hike locations. This will be an easy, all ages hike for interested families to join us. Please email [kathleenthill76@gmail.com](mailto:kathleenthill76@gmail.com) to be added to our email list.



### Robotics

Last times: Mary Arnaudin shared about other 4-H opportunities and the responsibilities and qualities related to each officer role.

Next times: We will elect officers and continue to work on programming challenges in the RMS media center after school on Tuesdays.



### RES Aggies

Last time:

Next time: Meet March 23 Extension Livestock Agent Addison Bradley will bring a dairy cow and 4-H Agent Mary Arnaudin will share 4-H opportunities with the member's parents. The April 27 program will focus on rabbits.



### 4-H Teen Council

Last times: We met at Rocky's just for fun with our new volunteer leader **Darby Dame** and all attended the 4-H Leadership Workshop on Feb. 21st.

Next times: Meet Wednesday March 8 at the Extension Center to plan service projects. The week of March 22 we plan to volunteer at Bread of Life and go to 4-H Teen Retreat March 25-26. On April 12 we will plant in the community garden at the Extension Center.



**NEW 4-H Fishing Club** for ages 11 to 15. limited to 10 members.

First Meeting: Saturday March 11 from 1:00 - 2:00pm in the Extension Center. This is the day to sign up and learn about the club and 4-H. *Parents and youths are encouraged to attend the first meeting together.*

Starting in April, the club will meet at the Pisgah Center for Wildlife Education on the 2nd Saturday afternoon each month from 1:00-4:00pm. The date is April 8.



### Sewing Group

Last time: We made tote bags out of feed sacks! Thanks to **Helen Owen** for showing us how.

Next time: Meet Wednesday, March 15 at the Extension Center from 1:00 - 4:00pm to make small bags with zippers from the feed/seed bags.



**“Digging into Manners” Workshop** for ages 5-7

**Katrina Cantler** will provide this workshop focused on table manners March 7, 14, 21 from 3:30 - 5:00pm. The workshop is full with six participants but a waiting list will be kept. Cost is \$10, to be paid at the first class.





Sewing Workshop



SciGirls  
Wind Power



Leadership Workshop

Robotics  
Preparing for Elections

