



4-H Newsletter

January 2017

Transylvania County
Cooperative Extension
Service
4-H Youth Development
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Transylvania County North Carolina



For accommodations for persons with disabilities, contact Mary Arnaudin at 828.884.3109 no later than five business days before the event.

Adverse Weather Policy:
4-H meetings follow the Transylvania County Schools closings.
If the schools are closed, the 4-H program is postponed or cancelled.

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Thanks to each of you for your participation and support of our 4-H program over the past year!
Approximately 130 adult and 29 youth volunteers helped provide the many programs and activities in 2016....at schools, presentation contests, youth summits, camps, farms, gardens, fairs, kitchens, museums, the Extension Center, and more.

As we head into 2017 filled with many activity options, it may be helpful to consider whether each option provides the "4 Essential Elements" needed for us to thrive: a sense of belonging, independence (opportunity to make choices and influence group decisions), generosity (serving others), and mastery (becoming competent in a chosen set of knowledge/skills). Our goal for each club and workshop is to include all 4 elements over the course of the program and continue to pledge our
Head to clearer thinking, our
Heart to greater loyalty, our
Hands to larger service, and our
Health to better living for our club, community, country and world.
See you at 4-H!



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Club News



Creekside Riders

Regular meetings are 2nd Thursdays
for ages 9 to 18

Last time: We made Christmas cards and assembled
welcome totes with supplies for children arriving at Whitewater
Cove/Black Mountain Home for Children.

Next times: Meet at the Extension Center on Thursday,
January 12 at 6:30 pm. *Abbie Gant* will bring saddles,
bridles, and other tack to explain how they are used for
different types of riding. We will also get a hands-on lesson in
how to clean tack properly.

Brevard High School equine science instructor *Sarah Rhymer* and her students will host a hands-on program focused on grooming and tacking at the BHS barn on Thursday, January 26 from 3:30 - 4:30 pm, rain or shine. Folks can park in the parking lot at the softball field and walk down to the barn, following signs pointing to the barn. We will have liability release forms for parents to sign at the January 12 meeting. Parents do not have to stay for the barn program.



Creekside Riders making Christmas Cards for children at Whitewater Cove



Locavore Cooking

(for up to 8 middle school boys and girls)

3:30-5:30 pm

Meets the first and last Wednesday of the month

Last time: Locavores and their parents enjoyed festive treats during our Officer Installation Ceremony on December 7.

Next times: We will start 2017 off with Chili and jalapeno cornbread during our January 4th cooking session (3:30 - 5:30). On January 25 we will plan our February cooking session and play team building games (3:30 - 5:00)





Farm Fun /History Mystery Club

meets 3rd Fridays for children ages 8 to 12.

Last time: We decorated an aluminum tree at the Heritage Museum and discussed ideas for programs in 2017. We decided to continue the garden, have a bake sale, and learn about clothing/textiles of the past.

Next time: We will resume our meetings on Friday, February 17 at 4:00 pm upstairs in the museum to plan our garden. Remember to bring the friend you wanted to include in the club for 2017!



A collaboration between PARI and Transylvania County 4-H
For girls ages 9 to 13. Cost: \$10/session. Register at pari.edu

Last time: We each got to build our own nanobot and worked in teams for the nanobot challenge - creating a course to make our nanobots complete specific maneuvers.

Next time: Meet from 6:00 - 8:00pm on Tuesday, January 31 for an engineering project: "Insulation Station" led by Crista Cali. We'll use the engineering process to design and build a passive solar structure that will maintain an optimal temperature. Register at pari.edu - cost is \$10/girl.



Trail Trekkers

Saturday hikes for families with youths 5 -18

The club's next hike will be Saturday, February 11th - meet at the Pink Beds parking lot at 1:00pm. Contact leaders Kathleen and Jack Thill if you have questions at kathleenthill76@gmail.com



Robotics Club at RMS

We will continue to meet in the RMS media center on Tuesday afternoons right after school.



Rosman Elementary Aggies

meets in Ms. Bell's classroom after school

Last time: We learned about different kinds of Christmas trees.

Next time: Look for an email from Mrs. McNeely for details on the January meeting.



4-H Teen Council

meets 2nd and 4th Wednesdays

5:15 to 6:15 at the Extension Center

Last times: We collected 120 coats for Sharing House and helped sort & hang them up just in time for the cold weather. We also developed and led a leadership program for middle schoolers at Rise and Shine.



Next times: On Wednesday January 11 we will meet at the Extension Center at 5:15-6:15 to finish our 6 month plan and have our Officer Installation Ceremony. We will meet January 25 at 5:15-6:15 to finalize our plan for conducting a leadership program for another youth group.

New 4-H Fishing Club



for ages 11 - 15

Starting in March - save the date: Saturday March 11:

organizational/information meeting from 1:00 - 2:00 at the Community Services Building Conference Room.

Meetings will be every 2nd Saturday from 1:00 - 4:00 pm at the Pisgah Center for Wildlife Education for fishing and stewardship activities.

4-H Club Leader Appreciation

January 26 (snow date Feb. 2)

All club leaders are invited for a chili supper and meeting on Thursday, January 26th at 6:00 - 7:30pm at the Extension Center kitchen. We'll get updates on policies, best practices, & upcoming opportunities AND set the vision for the 2017 4-H Club year.

Please let us know if you can attend by January 24. If you can't make this meeting, please arrange a meeting time with Mary Arnaudin to meet the requirement for your annual 4-H club leader update.