Rowan County 4-H Dairy Heifer Project Rules & Guidelines 2023

Rowan County 4-H is partnering with the Piedmont Research Station to offer a non-traditional opportunity for Rowan County youths ages 5-18 (as of January 1) to show dairy cattle. This project is intended for youths who do not have access to show dairy cattle on their own.

Youths will practice two times per week for 8 weeks with a dairy heifer owned by the Piedmont Research Station. During practices, youths will lead their heifer, will practice and develop showmanship skills, learn the parts of the dairy cow & other dairy related information, etc. All participants will show their dairy heifer at the Rowan County Jr. Dairy Show held during the Rowan County Fair. Adult leaders/mentors will include Rowan County 4-H Agent & Livestock Agent, Piedmont Research Station staff, 4-H volunteers, and other community volunteers with dairy expertise. Please note the time commitment and only register if you can follow through with this commitment.

- 1. Open to youth residents of Rowan County, NC who are ages 5-18 (as of January 1).
- 2. This project is limited to 12 youth participants who will share the use of 6 dairy heifers.
- 3. Registration is due by July 3, 2023.
- 4. To register your child to participate, you must contact Rowan County 4-H Agent Laura Allen at laura allen@ncsu.edu or 704-216-8970.
- 5. There is a **\$20** registration fee which can be given in exact cash or check made to Rowan CES. This fee is due by July 3, 2023. If you have financial need, please contact 4-H Agent Laura Allen so scholarship funds can be acquired!
- 6. A required parent/participant meeting will be held on Tuesday, July 18 at 6 PM at the Rowan County Cooperative Extension office. Zoom access will be available.
- 7. Practices will occur two times per week from 5:30-7:00 PM on Mondays and Thursdays. Practices will be held on the following dates:

Monday, July 31

Thursday, August 3

Monday, August 7

Thursday, August 10

Monday, August 14

Thursday, August 17

Monday, August 21

Thursday, August 24

Monday, August 28

Thursday, August 31

Monday, September 4

Thursday, September 7

Monday, September 11

Thursday, September 14

Thursday, September 21 (only one practice this week)

Saturday, September 23 (Show Day!)

8. All dairy practices will be held at the Dairy Unit at the Piedmont Research Station: 8350 Sherrills Ford Rd, Salisbury, NC 28147.

- 9. If a participant misses 3 practices, then they are no longer eligible to participate.
- 10. This project culminates with participation in the Rowan County Jr. Dairy Show, which will be held on Saturday, September 23, 2023 during the Rowan County Fair. Times will be announced, but plan to be there nearly all morning and afternoon. Rowan County Fairgrounds address: 1560 Julian Rd, Salisbury, NC 28146.
- 11. Families must provide their own transportation to & from practices and the dairy show.
- 12. Halters, brushes, and other needed dairy cattle supplies will be provided at each practice and at the show.
- 13. Youths must follow the 4-H dress code for all practices & the dairy show.
- 14. It is required that all participants wear old shoes (closed toed, closed heel) that they can keep at the barn at the Piedmont Research Station.
- 15. Prior to the show, youths will learn to wash & clip their heifers. Washing of their heifer must also be done on show day.
- 16. A t-shirt and/or show shirt will be provided for all youth participants.
- 17. Youths are required to wear long, non-holed white jeans or blue jeans on the day of the show. Please also wear boots or other closed toed, closed heeled shoes at the dairy show.
- 18. All registered participants must enroll in 4-HOnline as a 4-H member at v2.4honline.com.
- 19. Parents of all registered participants must sign the attached parental agreement and return to Laura Allen, 4-H Agent, no later than July 3, 2023.
- 20. All questions regarding this project should be directed to Rowan County 4-H Agent Laura Allen at 704-216-8970 or laura_allen@ncsu.edu.



Rowan County 4-H Dairy Heifer Project Parent Agreement

As a parent of _____

I	agree to:
•	 Ensure my child treats the animals with respect, and does not mistreat them.
į	2. Help my child as needed with this project and/or 4-H project book work.
•	3. Help my child study by using available resources.
•	 Make sure my child does not miss more than 3 practices between July 31 and September 23rd.
ļ	5. Transport my child to practices at the Piedmont Research Station and the 2023 Rowan County Jr. Dairy Show held during the Rowan County Fair in Salisbury, NC on September 23, 2023.
(Respect the Piedmont Research Station farm, animals, and property and follow all of their rules & policies.
•	7. Require my child to adhere to the 4-H Code of Conduct.
	3. Follow all rules & requirements listed in the "Rowan County 4-H Dairy Heifer Project 2023 Rules & Guidelines" document.
	Parent Signature Date