

GROWING UP GREEN

Cabarrus County 4-H Newsletter



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MT. PLEASANT HIGH SCHOOL



Left to Right: Youth Commission hosts School Supply Drive, 4-H Tree at the Barber Scotia Festival of T and 4-H'ers enjoy the Holiday Classic Horse Show (Photo Credit: Richard Jennings)

End of the Year Edition!

Oh, what fun the holidays hold! We wish you all the merriest of seasons and hope your days are full of family and fun! December can be one of the most stressful months of the year, so take a moment to reflect on your successes of this year and plan for next year. Finishing up your project record book can help you do this. Maybe try making a vision board or complete a goal planning sheet. Post this somewhere you can see it regularly. Take the time to take care of you! Stay healthy, physically, mentally and spiritually. Take some time to appreciate all that surrounds you, spend some time giving or caring for others and enjoy some time away from your devices.

The New Year will be here fast and with it a new whirlwind of 4-H and other activities. Now is the time to be thinking about what you might want to do in 2022. Horse Bowl teams are already practicing and we are forming teams for Avian Bowl, Hippology, and Horse Judging. 4-H holds many opportunities for all of our youth, but you have to pick and choose what works best for you. Make and plan and work your plan! Happy New Year!

New Officers Orientation

Traditionally, clubs elect new officers at their December or January Meetings. Our current county council officers are working to set up an online version of officer orientation so you can get started on the right foot. Don't hesitate to reach out to our county council officers if you need help - that's what they are there for. Plan to join us at County Council Meeting on Jan 6th at the Concord Library Branch to learn more about being an officer and being more involved at the county level.

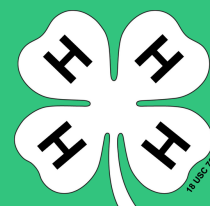
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PROJECT RECORD CRUNCH TIME

ACHIEVEMENT NIGHT

MEMBER & CLUB AWARDS

SCHOLARSHIPS



Project Records

And it's crunch time - Project Record Books are due Jan 9 at our County Council meeting. Here are some tips to keep in mind as you complete the forms.

My 4-H Story

10% of score

This is where you get to share all about your 4-H career. What got you started? What are your interests? How have they changed? If this is your first year in 4-H or your first time doing a record, just tell about yourself. If you have done this before, take last year's story and add to it, tweak it, improve it along the way. That's why doing a Project Record is so important! High School Juniors & Seniors - you can treat this as a college or scholarship essay. Just tell your story. If you are doing more than one project record (on different topics) this can be the same for all of them, so make sure to touch on all project topics!

Section 3 - The Meat and Potatoes

35%

This is the main part of your project record (Read - it is worth the most points in scoring). It should showcase all that you did pertaining to this specific project topic. If you are doing more than project topic, then these should be different for each, but you may have some overlap. Follow the format suggested in the form. You are welcome to type it on a separate sheet of paper or just edit the document on the computer. Pay attention to formatting! Don't forget to label everything as directed (read the directions!).

Community Service, Leadership and Citizenship 30%

Youth 4-H Age 12 and under, this all falls under one category. Make a nice table and fill in with the appropriate information. Make sure to read and follow all directions! If you have questions about what goes where, just ask your fellow 4-H'ers, your 4-H Club Leader or your 4-H Agent.

Supporting Documents - The Fun stuff

10%

Showcase your pictures, ribbons, project items and all of the "Proof" that you actually did the project. Don't get too caught up in making it scrapbook quality (it's only worth 10% of your score), but spend some time adding captions, borders for your pictures and embellishments to make it look nice.

Club Member Corner



The Other Stuff

Awards 2% Goals 8%, Overall 5%

Money, Money, Money

Project Record Books are the best at practicing organization and record keeping - you will get better every year you do one! Plus - there is a HUGE incentive - Money! You can earn up to \$20 (\$10 per record) just for turning one in. Those that go on to earn gold at the district level can earn \$50. Plus you get all of the cool honors of being recognized at Achievement Night!

What is a Project?

4-H Projects

A 4-H Project is a collection of experiences that give focus to your 4-H Year. When youth say, "I'm doing a 4-H Horse Project" it means they are doing all they can to learn about horses that calendar year.

Project Record Book

A Project Record Book is where you document your growth in your learning on whatever topic you chose for your project. There is a specific format provided by NC 4-H to follow.

Why do a 4-H Project (and Record)?

A 4-H Project helps youth to stay focused. 4-H offers tons of opportunities to learn and it's a pretty big world out there. Selecting a projects helps parents, leaders, and your 4-H agent to share events that you are specifically interested in. Select that project on your 4-H Online profile and you will get specific information about upcoming events tailored just to you.

Completing a project record book helps build life skills of communication, record-keeping, data analysis, reflection, time management, responsibility and goal-setting. Then, there is also the money. The Cabarrus 4-H Foundation offers \$10 for each project record (up to 2) you complete. Contests are also held to recognize county and district winners. These winners win ribbons, certificates, pins and even money!

SUMMER INTERN

Now accepting applications for our 4-H Summer Intern. Must be at least 18 years old. Position includes a stipend. Responsibilities include registration paperwork, reminder calls, supervision of Summer Leaders during some classes. Four office hours weekly plus 4 or more day camp responsibilities.

NC 4-H HONOR CLUB

Each year, 0.5% of the state 4-H club members are eligible to join the honorable ranks of NC 4-H Honor Club. Check <https://nc4h.ces.ncsu.edu/youth-3/4-h-teen-programs/nc-4-h-honor-club/> to see if you qualify. Applications are due Feb 1.

SOUTH CENTRAL DISTRICT WINTER ENRICHMENT

Save the date for January 15! All teens ages 13-18 are welcome to attend this one day FREE leadership event held this year in Kannapolis! See our District Officers in action, have fun in great workshops, meet other teens from across the district. Register at go.ncsu.edu/registercabarrus

SCHOLARSHIPS & AWARDS

The Cabarrus County 4-H Foundation is proud to offer a variety of awards for clubs and individuals. Applications and entries are due January 9th at the County Council meeting. Please check out the website at <https://sites.google.com/ncsu.edu/cabarrus4-hfoundation/home>

See more info on our website

<https://cabarrus.ces.ncsu.edu/categories/4-h-youth-development/>

Mark Your Calendars!

December 28 - Achievement Night Planning Session

January 6 - County Council/VLA Meeting

All Projects & Forms Due

January 7 - Cabarrus 4-H Parent & Volunteer Social

January 15 - South Central District Winter Enrichment

January 15 - MLK Day of Service Event at Logan MP Center

February 11 - County Achievement Night

Parents & Volunteers

New this year! Our Volunteer Leader's Association will be holding socials for adults to network and learn more about 4-H and have fun together!

January 7th 6 - 8 p.m.
Cabarrus Brewing Company

Register for upcoming camps,
classes and events at:
<http://go.ncsu.edu/registercabarrus>

NC State University and NC A&T State University commit themselves to positive action to secure equal opportunity and prohibit discrimination and harassment regardless of age, color, disability, family and marital status, genetic information, national origin, political beliefs, race, religion, sexual identity (including pregnancy) and veteran status. NC State, NC A&T, U.S. Department of Agriculture, and local governments cooperating.

CABARRUS COUNTY 4-H

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