



May 20, 2021

TO: Youth & Adults Interested in Attending the **West District 4-H Horsemanship Clinic**

FROM: Shannon Coleman, Extension Agent, 4-H Youth Development / Agent Advisory to WD 4-H Horse Clinic (828) 837-2210 ext. 4 shannon_coleman@ncsu.edu

RE: **West District 4-H Horsemanship Clinic Registration Information**

A great opportunity for youth and horses is just in time for summer!

The West District 4-H Horsemanship Clinic will be held at the WNC Ag Center in Fletcher, NC on Monday, June 21 - Wednesday, June 23. You will receive professional instruction and have lots of opportunity to participate in horseback activities, a picnic, social time, and recreation for \$80.00.

This horsemanship clinic is designed for youth to increase their horsemanship knowledge and riding skills. Each child brings his/her horse. Throughout the three day clinic participants will receive instruction in riding classes by selected disciplines. Whether you are a beginner, intermediate, or advanced rider, this clinic has something to offer you!

Participation priority will be given to current 4-H members. However, all youth are welcome to participate in the clinic. To attend, youth must be 5-18 years old (as of January 1, 2021). Each participant must have an accompanying parent or adult volunteer, (age 25 or older), with them throughout the entire clinic. Adults may chaperone more than one youth (if youth are age 9 or older) but must be available throughout the entire experience. Cloverbuds attending must be 5-7 years old (as of January 1, 2021) and **MUST** have a parent or guardian with them any time that they are handling a horse. Participants may register for only one riding discipline and **only one horse per participant will be allowed.** Lodging will be on your own. Trailer/camper hookups are available for \$25/day. There are numerous hotels located in the area.

Check-in time will be Sunday, June 20, 2021 beginning at 7:00PM and Monday, June 21 from 6:30AM-8AM at the main McGough Arena. Please enter the Ag Center through **GATE 1**. Remember to **stop for a Coggins check before unloading your horse.** Schedule for each day will be posted at the registration desk. **Do NOT arrive before 7:00PM on Sunday as you will not be allowed to unload your horse.**

****There will be a MANDATORY safety meeting each morning at 8:30 AM in the main arena for participants and parents.*****

Tuesday evening we will have a picnic supper. The picnic is included with the registration fee for paid participants. We are asking \$10.00 per guest. If you need extra meals for guests, please fill this information out on your registration form.

Horsemanship Clinic Coordinator: Robbie Denning, 4-H Horse Volunteer from Caldwell County



RETURN DOCUMENT CHECKLIST

When sending applications, please make sure to fill out and return the following:

- 2021 Youth/Cloverbud Registration Form with parent and youth signatures (3 pages)
- North Carolina 4-H Youth Development Program Liability Waiver, Assumption of the risk, Photo & Media Release, and Indemnification Youth Agreement (2 pages)
- NC 4-H Youth Development Health History & Authorization Form (if you are a current 4-H member you will need to print this form out and send in or just fill this one out) (3 pages)
- Payment for the clinic

Youth packets are not considered complete unless all forms are returned completely filled out and signed where necessary. Please be sure to include enough postage when mailing the packets.

Mail forms and fee to: Mary Ann Hoesch
349 Burchfield Road
Murphy, NC 28906

Please make our registration process as easy as possible by sending completed packets and payment to Mary Ann Hoesch. **DO NOT MAIL PACKETS AFTER JUNE 15, 2021!! Contact Shannon Coleman if you have not mailed your packet by the deadline, (828)361-2591.**

Please make checks payable to: **4-H West District Youth Horse Events**



2021 HORSEMANSHIP CLINIC PACKET CONTAINS:



- Cover Letter
- West District 4-H Horsemanship Clinic Youth Registration Form (3 pages)
- North Carolina 4-H Youth Development Program Liability Waiver, Assumption of the risk, Photo & Media Release, and Indemnification Youth Agreement (2 pages)
- NC 4-H Youth Development Health History & Authorization Form (if you are a current 4-H member you will need to print this form out and send in or just fill this one out) (3 pages)
- 4-H Code of Conduct (2 pages)
- North Carolina State Extension Current COVID-19 Re-Initiation of Face-To-Face Programming Best Practices Implementation Plan May 18, 2021(2 Pages)
- Riding Safety Headgear Policy
- Stable Management Sheet
- How to Join 4-H!!



WEST DISTRICT 4-H HORSEMANSHIP CLINIC

June 21 – June 23, 2021

WNC Agricultural Center, Fletcher, NC

4-H YOUTH / CLOVERBUD REGISTRATION FORM (Page 1)

POSTMARK NO LATER THAN June 15, 2021

DO NOT MAIL PACKETS AFTER JUNE 15, 2021!!

Contact Shannon Coleman if you have not mailed your packet by the deadline, (828)361-2591.

Name of Youth: _____ **Birth Date:** _____ **Age (as of 1/1/21):** _____

Address: _____

City _____ **State** _____ **Zip** _____

Telephone: (Daytime) _____ **(Evenings)** _____

(Where parents can be reached if they are not your responsible adult named below)

Email address required for registration confirmation _____

Name of Parent/Guardian supervising you throughout the Clinic: _____

Your location at night: _____ **Telephone Number:** _____

(In case there is a problem with your horse and we need to reach you quickly)

Are you currently enrolled in your county 4-H program? Yes _____ **No** _____

Name of 4-H leader: _____

County: _____ **Name of Horse:** _____

Do you plan to attend the Picnic on Tuesday evening? Yes _____ **No** _____

Do you have special diet requirements (vegetarian, vegan): _____

(The participants back number will be their ticket to the meal)

How many guests will be attending (clinic cost includes 1 ticket for participant; all others attending are asked to pay \$10.00 each.)

Total Guests Attending Picnic(not including clinic rider): _____

Current Negative Coggins test REQUIRED

Keep the original Coggins with your horse, it will be checked upon entering the Ag Center!

Participants are required to wear long pants, boots with a functional heel and ASTM/SEI certified helmets

Dress code will be per 4-H guidelines

ALL IN ATTENDANCE PLEASE DRESS APPROPRIATELY TO SET A GOOD EXAMPLE

Will you be arriving Sunday night*? Yes _____ **No** _____

MUST ARRIVE BETWEEN THE HOURS OF 7:00PM & 10:00PM. NO horses are to be unloaded before 7:00 PM.

If you have an issue, such as mechanic problems, and cannot arrive by 10:00PM please contact, Shannon Coleman, at 828-361-2591.

Important details: Stalls must be thoroughly cleaned and checked by clinic volunteer before you leave. Please be checked out by 5:00PM, Wednesday, June 23.

You will be charged an additional \$30.00 fee for leaving an unclean stall.

RV hookups and bathrooms/shower are available on the grounds. For more information, call Shannon Coleman, 828-361-2591.



West District 4-H Horsemanship Clinic
June 21 – June 23, 2021
WNC Agricultural Center, Fletcher, NC
4-H YOUTH / CLOVERBUD REGISTRATION FORM (Page 2)
Horse/Rider Information

Circle first choice: Hunt Seat Western Non-Trotting Games Cloverbud(Ages 5-7)
Write in second choice in case first choice is full: _____

In filling out this application, be as complete as possible and feel free to attach additional pages as necessary.

Name: _____ County: _____ Age: _____

Horse's Name (that you will be bringing): _____ Horse's Age: _____

Years owning/leasing the horse that you are bringing: _____

How many years have you shown your horse: _____

What is your primary activity with your horse: _____

Is this horse: Well broken _____ In training _____ Green/Intermediate _____

Did you attend Horsemanship Clinic in 2017, 2018, or 2019? YES _____ NO _____

If yes, in what division and year? _____

Name and phone number of the chaperone/ leader accompanying you during the Clinic:

Chaperone's Name: _____ Phone Number: _____

How often do you ride your horse while preparing for events? (#Days/Week): _____

Explain any previous riding instruction you have received: _____

Why do you want to attend the horsemanship clinic and how to you plan to use the knowledge you gain?

Please list training needs for your horse that you are bringing, what you would like to gain from the clinic:

We verify the information provided above is an accurate reflection of this child's experience with the horse listed.

Child's Signature

Date

Parent/Guardian's Signature



West District 4-H Horsemanship Clinic, June 21 – June 23, 2021
WNC Agricultural Center, Fletcher, NC
4-H YOUTH / CLOVERBUD REGISTRATION FORM (Page 3)

	COST	QTY	TOTAL
Non-refundable Entry Fee for youth with horses:	\$80 each	_____ @ \$80=	_____
Fill out same forms but pay this amount for additional family members			
(\$65 for each additional youth within the family)	\$65 each	_____ @ \$65=	_____
Name of other youth riding in the family to receive discount			
Late fee (per entry if postmarked after 6/15/21)	\$25 each	_____ @ \$25=	_____
Camping fee for Trailer/RV Hook-up	\$25 per day	_____ @ \$25=	_____
Cattle participation fee	\$20 per person	_____ @ \$20=	_____
Shavings: Pre-order shavings here!			
Shavings will be available Sunday PM- Tuesday.			
You must go to registration to get shavings.			
	\$7 per bag	_____ @ \$7=	_____
Tuesday Night Picnic Guests	\$10 per person	_____ @ \$10=	_____
(participant paid with registration)			

TOTAL: _____

Please make check payable to: **4-H West District Youth Horse Events**

DO NOT MAIL PACKETS AFTER JUNE 15, 2021!!

Contact Shannon Coleman if you have not mailed your packet by the deadline, (828)361-2591.

Mail forms and fees to: Mary Ann Hoesch
349 Burchfield Road
Murphy, NC 28906

Equipment and horses are not insured against loss or damage. Any loss or damage to equipment or injury to the horse or rider/volunteer is at the owner/parent/volunteer risk and expense.

As the parent/guardian of the youth participant who will attend the West District 4-H Horse Clinic, I do fully understand the liability policy under which the clinic will operate and do hereby give my consent for my child to participate in this clinic under these conditions.

I have read the *4-H Code of Conduct and Disciplinary Procedure* for 4-H events/activities and agree to abide by it (for participants). In addition, I agree to refrain from using cell phone or text messaging during all three days of clinic programs as a sign of respect for the instructors and other participants.

Parent Signature: _____ Date: _____
Youth Signature: _____ Date: _____

**NORTH CAROLINA 4-H YOUTH DEVELOPMENT PROGRAM
LIABILITY WAIVER, ASSUMPTION OF THE RISK, PHOTO & MEDIA RELEASE, AND
INDEMNIFICATION YOUTH AGREEMENT**

In consideration of NC State University and/or NC A&T State University allowing my minor child to participate in the North Carolina 4-H Program, (hereinafter "Program"), I, for myself and/or on behalf of the minor child listed below ("Minor"), agree as follows:

I affirm and acknowledge that the Minor is participating in the Program for their own personal benefit. I understand that the Minor will participate in recreational and other activities as part of the Program and that such activities have inherent dangers and physical risks. I understand and acknowledge that the inherent dangers and physical risks involved in these activities are such that no amount of care, caution, instruction or expertise can completely eliminate them. These dangers and risks include, but are not limited to, loss of or damage to personal property, strains, sprains, bruises, heat exhaustion, and other personal injuries, or even death, that could result from tripping, falling, contact with other individuals, and equipment failure, among other causes. I assume responsibility for all risks, known and unknown, involving the Minor's participation in the aforementioned activities, and I voluntarily authorize the Minor's participation in reliance upon my own judgment and knowledge of the Minor's experience and capabilities.

Additionally, I understand that the coronavirus ("COVID-19") has been declared a worldwide pandemic by the World Health Organization and has become more widespread, including within North Carolina. COVID-19 is very contagious and believed to be spread mainly from person-to-person contact. I understand and appreciate that there are known and potential dangers of utilizing the Program's facilities, services and programs, and I acknowledge that the use of these facilities and services may, despite the Program's reasonable efforts to mitigate the dangers, result in exposure to COVID-19, which could result in quarantine requirements, serious illness, disability and/or death. The Center for Disease Control and state and local health departments, are reviewing and updating their respective guidance on the pandemic and its impact nearly every day.

I represent that I am acting on my behalf or as the parent or legal guardian of the Minor and I have authority to enter this Agreement. I also represent that the Minor is in proper physical and other condition to participate in the Program. I understand that it is my sole responsibility to determine whether the Minor is sufficiently fit and healthy enough to participate in the Program, and if necessary, I will consult with the Minor's physician for appropriate guidance.

On behalf of myself and the Minor, I hereby agree to indemnify and hold harmless NC Cooperative Extension, NC State University, NC A&T State University, the NC 4-H Youth Development Program, and their trustees, officers, directors, employees and agents (the "Released Parties") from any liability, losses, costs, damages, claims or causes of action of any kind or nature whatsoever, and expenses, including attorneys' fees, arising from, resulting from, or relating in any way to the Minor's participation in the Program. I further agree that if, despite this Agreement, the Minor or anyone on the Minor's behalf, makes a claim against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any liabilities which may be incurred as a result of such claim.

I understand that the Minor and I are required to be familiar with and abide by the Program's rules and regulations, including the 4-H Code of Conduct and/or the NC 4-H Volunteer Standard of Behavior and any safety regulations established for the benefit of all participants. I accept sole responsibility for the conduct and actions of the Minor while they are participating in the Program.

I understand that this is a legal document which is binding on me, my heirs and assigns and on those who may claim by or through me. I am eighteen years of age or older, and have full capacity to enter into this agreement and do so voluntarily.

 YES, I HAVE READ THIS AGREEMENT, I UNDERSTAND IT, AND I AGREE TO BE BOUND BY IT.

Signature of Parent/Guardian: _____ Date: _____

Printed Name: Name of Minor: _____

North Carolina 4-H Photo & Media Release

I agree to allow NC Cooperative Extension, the 4-H Youth Development Program, NC State University, and/or NC A&T State University or their agents to photograph or record the Minor during the Program. I further agree that the Minor's image or likeness in photographs, videos, or audio may be used for educational or promotional purposes, including broadcasting or posting on the Internet. I agree that the use described herein may be without compensation to me or the Minor. On behalf of myself and the Minor, I waive any right to inspect or approve the finished electronic, photograph, or printed matter that may be used in conjunction with the printed matter now or in the future. I expressly release NC Cooperative Extension, North Carolina 4-H Youth Development, NC State University, NC A&T State University, their agents, employees, licensees and assigns from any and all claims which I or the Minor may have for invasion of privacy, right of publicity, defamation, copyright infringement, or any other causes of action arising out of the use, adaptation, reproduction, distribution, broadcast or exhibition of such recordings.

Check please:

☐ I agree to photo/media use for any use described herein.

I understand that this is a legal document which is binding on me, my heirs and assigns and on those who may claim by or through me. I am eighteen years of age or older, and have full capacity to enter into this agreement and do so voluntarily.

I HAVE READ THIS AGREEMENT, I UNDERSTAND IT, AND I AGREE TO BE BOUND BY IT.

Signature of Parent/Guardian: _____ Date: _____

Printed Name: Name of Minor: _____



4-H Group / County: _____

Year: _____ (Must be updated each year)

4-H'er's Name: _____

Last Name *First Name* *Middle Initial*

Birth Date ____/____/____ Age as of Jan. 1 ____ Gender: ☐ Female ☐ Male Email: _____

Address: _____

Street *City* *State* *Zip Code*

Custodial Parent/Guardian Name: _____ Phone: (____) _____

Second Parent/Guardian or Emergency Name: _____

Address: _____ Phone: (____) _____

If not available in an emergency, notify (Name): _____

Relationship: _____ Phone: (____) _____

Health History

The following information should be filled in by the parent/guardian, or adult. Update required annually. For residential camp attendance, health exam must be completed by an approved licensed medical personnel within 24 months of participation in the camp. The intent of this information is to provide NC 4-H health care personnel the background to provide appropriate care. Keep a copy of the completed form for your records. Any changes to this form should be provided to NC 4-H. Provide complete information so that the NC 4-H can be aware of your needs.

MEDICATIONS

Please list **ALL** medications, even over-the-counter or nonprescription drugs, including Tylenol, Pepto-Bismol, Benadryl, etc. that may be taken. If attending out of county events, bring enough medication to last the entire time you are away. Keep it in the original packaging/bottle that identifies the prescribing physician (if prescription drug), the name of medication, the dosage, and the frequency of administration.

- ☐ This person takes NO medications on a routine basis
☐ This person takes medications as follows:

Med#1 _____ Reason _____ Dosage _____ Time taken _____

Med#2 _____ Reason _____ Dosage _____ Time taken _____

Med#3 _____ Reason _____ Dosage _____ Time taken _____

Med#4 _____ Reason _____ Dosage _____ Time taken _____

This person may take the following medications as needed:

- ☐ Aspirin ☐ Tylenol ☐ Ibuprofen ☐ Benadryl ☐ Pepto-Bismol ☐ Other _____

Known allergies to foods, drugs, insect stings or bites, etc: _____

Restrictions - The following restrictions apply to this individual:

Dietary

- ☐ Vegetarian
☐ Vegan
☐ Other (describe)

Explain any restrictions to activity (e.g. what cannot be done, what adaptations or limitations are necessary): _____

General Questions (Explain “yes” answers.)

Has/does the participant:

1. Had any recent injury, illness or infectious disease?
2. Have a chronic or recurring illness/condition?
3. Ever been hospitalized?
4. Ever had surgery?
5. Have frequent headaches?
6. Ever had a head injury?
7. Ever been knocked unconscious?
8. Wear glasses, contacts or protective eye wear?
9. Ever had frequent ear infections?
10. Ever been dizzy/passing out during or after exercise?
11. Ever had seizures
12. Ever had chest pain during or after exercise?

Yes No

- [illegible]

13. Ever had high blood pressure?
14. Ever been diagnosed with a heart murmur?
15. Ever had back problems?
16. Ever had joint problems?
17. Have any skin problems?
18. Have diabetes?
19. Have asthma?
20. Had mononucleosis in the past 12 months?
21. Have problems sleepwalking?
22. Have a history of bed wetting?
23. Ever had an eating disorder?

Yes No

- [illegible]

- ☐ Measles
- ☐ Chicken pox
- ☐ German measles
- ☐ Mumps
- ☐ Hepatitis A
- ☐ Hepatitis B
- ☐ Hepatitis C

Address: _____

Street Address *City* *State* *Zip Code*

Address: _____

Street Address City State Zip Code

The 4-H program purchases accident insurance for youth participants for many sponsored events. This coverage is not a substitute for personal health insurance, and may not cover all accident or medical expenses. Therefore, medical providers may find it necessary to bill the family or your insurance company for medical services rendered. Please provide the following information:

Health Insurance Policy # _____

Company Address _____

Company Telephone Number ()

Authorization Form

Custody Release: You may be asked to present photo ID at check-out. This is for your child's safety. Please be aware of this policy before picking up your child. I hereby give permission for my child, _____, to be allowed to leave the 4-H program after the activity. My child will be released into the custody of:

(Names of Individuals authorized to pick up your child)

If it is necessary for my child to leave before the end of the program due to illness, injury, or behavioral issues, and I cannot be reached, I hereby give permission for my child to be released into the custody of:

(Emergency contact or other individual authorized to pick up your child)

For 4-H Use Only: 4-H'er picked up by: _____ Staff Signature _____

Parent/Guardian Authorization: This health history is correct and complete as far as I know. The person herein described has permission to engage in all 4-H activities except as noted.

I hereby give permission to the NC 4-H to provide routine health care, administer prescribed medications, and seek emergency medical treatment including ordering x-rays or routine tests. I agree to the release of any records necessary for treatment, referral, billing or insurance purposes. I give permission to NC 4-H to arrange necessary related transportation for me/my child.

The person herein described has permission to engage in all 4-H activities except as noted here: _____

In the event I cannot be reached in an emergency, I hereby give permission to the physician selected by NC 4-H to secure and administer treatment including hospitalization, for the person named above. This completed form may be photocopied for trips out of county.

Signature of parent/guardian, or adult camper/staffer: _____

Printed Name: _____ Date: _____



**4-H Code of Conduct and Disciplinary Procedure
North Carolina Cooperative Extension Service
Department of 4-H Youth Development**



I. Purpose and Application:

- A. The 4-H Code of Conduct is intended to foster a safe environment that is conducive to optimal learning and growth. Toward that end, youth participants are expected to behave in a way that respects the rights and property of others, and that will not disrupt or interfere with 4-H program goals.
- B. This 4-H Code of Conduct and Disciplinary Procedure is a condition of participation in any North Carolina 4-H activities or programs.

II. Behaviors Prohibited at 4-H program Activities:

- A. Possession, selling, and/or use of alcoholic beverages, tobacco products, and illegal drugs OR being present where individuals are using alcohol, tobacco products and/or any illegal substances
- B. Any kind of sexually related physical contact
- C. Possession of weapons or firearms (except while participating in a 4-H Shooting Sports Event)
- D. Behavior that violates state or local laws
- E. Damage to property of others
- F. Theft, misuse or abuse of public or personal property
- G. Conduct that jeopardizes the safety of self or others
- H. Conduct that disrupts or interferes with 4-H programming
- I. Leaving a program or facility without permission of parents or 4-H staff (including authorized volunteers)
- J. Inappropriate dress, including but not limited to clothing that is sexually suggestive, indecent, or otherwise disruptive to the operations or goals of 4-H. Examples include clothing with negative or hateful language or symbols; see-through blouses, skirts or pants; sagging pants; exposed undergarments; bare midriff shirts; and excessively short or tight garments. Clothing should meet the standards expected in public schools. Specific clothing requirements may be required where appropriate for a particular event
- K. Unruly behavior in hotels and public areas, particularly during overnight events. There should be no running in the halls, prank calls, unnecessary noise, excessively late hours, or visiting in rooms of the opposite sex

III. Additional Basis for Disciplinary Action

County or State Extension personnel may impose discipline pursuant to Part IV below in cases of misconduct by current, former, or prospective 4-H participants if, in the judgment of 4-H personnel or their supervisors, the misconduct poses a potential risk to the 4-H program. This includes risks to the safety or well-being of others and risks to the effective functioning or integrity of 4-H. This applies regardless of whether the misconduct occurred during a 4-H activity or in a setting unrelated to 4-H activity.



IV. Disciplinary Procedures:

- A. Discipline may be imposed by any 4-H staff or Cooperative Extension Service employee who has oversight responsibility for 4-H activities.
- B. Unless immediate action is required, the following procedures must take place before there can be any finding or conclusion of guilt:
 - 1) the accused participant shall be told the charge (which of the prohibited behaviors listed above he or she is accused of violating), and
 - 2) the accused participant is told what factual evidence supports the charge, and
 - 3) the accused participant has been given a chance to tell his/her side of the story.
- C. The 4-H staff person must be satisfied that the participant more likely than not engaged in the prohibited behavior before imposing a sanction.
- D. Sanctions may include some or all of the following:
 - 1) Verbal warning
 - 2) Notification to parents
 - 3) Immediate removal from the activity
 - 4) Being placed on a behavior contract
 - 5) Referral to local law enforcement and/or juvenile court
 - 6) Program suspension and/or
 - 7) Expulsion from program
 - 8) Other sanctions appropriate to the circumstances, as determined by 4-H.
- E. Appeals
 - 1) Disciplinary action for local or county-level events may be appealed to the County Director and or 4-H Agent. All appeals must in writing and must be received by the County Director and or 4-H Agent within 30 days of the disciplinary action. The County Director and or 4-H Agent or designee shall review the appeal statement, any written response from the decision maker, and may review other relevant information. The County Director and or 4-H Agent shall send a written decision to the appellant, the 4-H staff member who made the initial decision, and Head of the Department of 4-H Youth Development. The County Director and or 4-H Agent's appeal decision shall constitute the final agency action unless the Department Head chooses to exercise further review.
 - 2) Disciplinary action for regional or state-level events may be appealed to the Head of the Department of 4-H Youth Development, Cooperative Extension Service, Box 7606, NC State University, Raleigh NC 27695-7606; telephone (919) 515-3242. All appeals must in writing and must be received by the Department within 30 days of the disciplinary action. The Department Head or designee shall review the appeal statement, any written response from the decision maker, and may review other relevant information. The Department Head shall send a written decision to the appellant and the 4-H staff member who made the initial decision, and the Department Head's appeal decision shall constitute the final agency action.
- F. Immediate action situations:

4-H or Extension staff may take immediate action to remove a participant from an activity and other action as needed, where there is an emergency situation or significant risk of continuing misconduct. In those cases, the immediate action is temporary discipline and the 4-H or Extension staff must arrange for the procedures in parts B, C, D, and E above as soon as possible but in no event longer than seven days from the temporary discipline.

North Carolina State Extension

COVID-19 Re-Initiation of Face-to-Face Programming Best Practices Implementation Plan May 18, 2021

Time Line:

Beginning today, May 18, 2021, NC State 4-H may begin operating under the following guidance that is in keeping with North Carolina Governor Roy Cooper's Executive Order 215, the CDC, NCDHHS, and NC State University guidelines:

- Previous guidance on facility cleaning, documentation of participation for contact tracing, training of volunteers, and quarantine of symptomatic individuals continues to be in effect until further notice.
- The requirement, that all participants/spectators should have a temperature check prior to entry of the program/event facility, is rescinded. In addition, pre-entry/registration for events is no longer a requirement.
- All program/event participants/spectators should be asked a set of three questions (see below) prior to entering a facility at which the program/event is to occur. See Addendum A on page 2.

On Friday (05/14/2021), Governor Cooper announced the lifting of all mandatory capacity and gathering limits and social distancing requirements, as well as most mandatory mask requirements indoors and outdoors. However, there is still a mandatory indoor mask requirement when riding on public transportation, in childcare facilities, in schools, in prisons, and in certain public health settings. As a result, the NC 4-H programming guidelines will change as follows:

- Mass Gathering and capacity limits no longer apply to 4-H events or to livestock shows and sales.
- The requirement to video tape livestock shows and sales has been rescinded.

Wearing of Masks and Social Distancing

- Face coverings will no longer be required for outdoor 4-H events, activities, and programs. Face Coverings are however recommended when in crowded, dense, and higher-risk outdoor settings.
- Face coverings are still required indoors. While there is no requirement for social distancing for normal programming activities, youth and adults should maintain 6-feet of social distancing when eating. Previous guidance on providing and serving food is still in effect.
- Masks will no longer be required at either indoor or outdoor livestock shows as long as crowded, dense, and higher-risk outdoor settings can be avoided.

4-H Residential Camps

Because the 4-H Residential Camping Program follows the guidelines of the American Camp Association, protocols for our camps may vary from the Best Practices found here.

Transportation

Beginning immediately and continuing until further notice, in alignment with NC State University guidance, transportation of youth and adults in support of 4-H events is limited to 50-percent of the stated capacity of the vehicle, rounded up.

North Carolina 4-H Spectator/Participant Symptom Screening Checklist April 30, 2021

To protect all participants and spectators attending a 4-H event/program, each participant/spectator should be asked the following questions prior to entering the facility. If the participant/spectator answers yes to any of the following questions, they should be asked to leave the event/program.

1. Have you had close contact (within 6 feet for at least 15 minutes) in the last 14 days with someone diagnosed with COVID-19, or has any health department or health care provider been in contact with you and advised you to quarantine?
Yes
No
2. In the last 14 days, have you had any of these symptoms?
Fever
Chills
Shortness of breath or difficulty breathing
New cough
New loss of taste or smell
3. In the last 14 days, have you been diagnosed with COVID-19?
Yes
No

If a worker has been diagnosed with, has symptoms of, or has been exposed to COVID-19, they should go home, stay away from other people, and call their doctor or local health department.

Fully vaccinated people (i.e., at least 2 weeks after getting their second dose in a 2-dose series or one-dose of a single-dose series) with no COVID-like symptoms do not need to quarantine following an exposure to someone with COVID-19.



I -F.23. Riding Safety Headgear Policy

The North Carolina Cooperative Extension Service 4-H Horse Program (“the 4-H Program”) requires all riders to wear protective headgear that meets or surpasses current applicable ASTM (American Society for Testing and Materials)/SEI (Safety Equipment Institute) standards while riding during all County, District and State 4-H Horse Program sponsored events and activities. This headgear must be properly fitted, properly worn on the top of the head, and worn with the harness securely fastened. Events and activities covered by this Rule include, but are not limited to: 4-H Horse Shows, 4-H Horsemanship Camps, 4-H Trail Rides, and 4-H Horse Drill Teams.

The term “riding” as used in this Rule (I-F.23) shall refer to the riding or driving of a horse or pony in a 4-H sponsored event or activity. The term “rider” as used in this Rule refers to a person engaged in riding.

The 4-H Horse Program and the show committees, officials, judges, extension personnel and volunteers associated with the 4-H Horse Program shall enforce this Rule during 4-H Program events and activities. Any rider violating this rule will be immediately prohibited from further riding, and shall be barred or disqualified from the event or activity in which the rider is engaged at the time of the violation.

It is the responsibility of the rider, and the parent or guardian of the rider, to confirm that the headgear worn by the rider complies with safety standards set forth above; is properly fitted, fastened, and worn; and is in such a condition that it would protect the rider in the case of an accident. The 4-H Horse Program and the show committees, officials, judges, extension personnel and volunteers associated with the 4-H Horse Program are not responsible for checking headgear worn by riders for compliance with this Rule.

The 4-H Horse Program makes no representation or warranty, expressed or implied, concerning the headgear worn by any rider during a 4-H Program sponsored event or activity. In particular, the 4-H Program makes no representation or warranty concerning the safety performance of any headgear worn by any rider. The 4-H Program cautions riders that death or serious injury may result despite wearing such headgear as all equestrian sports involve inherent dangerous risk and as no headgear can protect against all foreseeable injuries.

Notes on hook-ups:

Absolutely no drop cords can be run to a trailer unless you are paying for a RV spot. Outlets in the barns are for fans and items for inside your stall.

Reminder

Approved safety helmets are required in ALL 4-H horse riding events and activities. Refer to the helmet rule in the clinic packet for specifics.

****NOTICE****

For everyone’s safety and convenience--please **DO NOT park trucks and trailers next to or between the barns.** If you are camping in your trailer, there are camping spots available. Thank you.



Stable Management

Proper stable management is critical for success during the 3-day horse clinic. In preparation for success, we would like to give you a few suggestions of appropriate horse care. The categories that each participant should consider are as follows:

- **Bedding** - bedding should be substantial and clean, as to provide a comfortable resting space for your horse. It is suggested to use at least 3 bags of shavings when you initially bed your stall and replace with approximately one bag daily.
- **Water** - a minimum of 2, 5-gallon buckets kept clean and full.
- **Salt** - should be provided at free choice or be explained on stall front if you choose to feed in water or feed. Salt blocks or electrolytes can be purchased at feed and tack stores.
- **Hay** - If a hay net/bag is used, it should be hung 4 feet from the stall floor for horses and 3 feet for ponies. *Hay fed from the ground is recommended*
- **Emergency Information** - should include horse's name, owner's name, phone number, overnight location, veterinarian, and veterinarian's phone number
- **Horse Condition** - horse should be in appropriate weight and condition as well as properly cooled and groomed after each ride. This means no sweat marks! It is recommended that you have your horse trimmed or shod a week before the clinic. A farrier will only be available for emergencies.
- **Barn** - should be kept free of obstacles and tidy

Some Recommended Equipment

- 2 / 5-gallon water buckets
- 1 feed bucket
- 1 salt holder (if block is used)
- Salt block or electrolytes
- Screw eyes
- Double ended snaps
- Bucket hooks
- Hose
- Wheelbarrow or muck bucket
- Manure fork
- Shovel (helps when stripping stalls)
- Sponge
- Hay net (if used)
- Feed (pack extra!)
- Hay (pack extra!)
- Grooming equipment
- Extra halter and lead rope
- Box fan (comfort - not required)
- Bungee cords to hold fan
- Extension cord
- Saddle/ 2 Saddle Pads
- Girth/Bridle

How to join 4-H!!



4-H Online 2.0: Link to New Site

***What is 4-H Online 2.0?** 4-H Online 2.0 is a web-based system used to enroll youth members and adult volunteers in the North Carolina 4-H Youth Development Program. 4-H Online 2.0 is designed so that each family has an online family profile and every youth and volunteer has an individual profile under their family profile. 4-H Online 2.0 is a fully integrated management system that brings together all levels of the 4-H experience. Whether it's a member logging in to manage his or her record, a club leader printing mailing labels, or a county agent approving a member's enrollment, 4-H Online 2.0 brings the 4-H community together and keeps everyone involved.*

Access the North Carolina 4HOnline 2.0 resource website:

<https://sites.google.com/ncsu.edu/nc4honline/home>