



## MASK SEWING INSTRUCTIONS

**Materials Needed:** 100% cotton fabric  
1/4" or 3/8" elastic or 1/4" to 1/2" ribbon

1. Cut 2 pieces of the 100% cotton fabric 10 inches x 6" (Large adult size), 9" x 6" Ladies, Child size is 7.5" x 5 inches - XL is 12" x 8".
2. Cut two pieces of 1/4" elastic 7" long or ribbon 4 pieces 15" long.
3. Place the fabric right side up and place 7" elastic in the corners of the shorter end of fabric, pinning with the pin head on the outside of the fabric. BACK-STITCH WELL OVER THE ELASTIC to ensure the elastic is in place.
4. Then pin the other fabric right side down to the above piece.
5. Sew around the edge 1/4" or 1/2" leaving a 2" space at the bottom middle for turning the masks.
6. Turn the mask inside out, especially the corners pushing the corner out with a tool and iron the mask. The fabric at the opening should match up and be pinned together.
7. Iron the mask and fold over each side about 1 inch. Iron the folds.
8. Now fold three pleats in the smaller end, making sure the pleats are folded the same direction. Pin and iron the pleats.
9. Top stitch around the whole mask about 1/8" to 1/4" and sew twice on the smaller end to reinforce the folds.