

YIELD: 1 MASKS

# Homemade Face Mask with Elastic

Learn how to make this homemade face mask in 10 minutes with this simple tutorial. This mask features elastic to go over the ears.

ACTIVE TIME	TOTAL TIME	DIFFICULTY
10 minutes	10 minutes	absolute beginner

## Materials

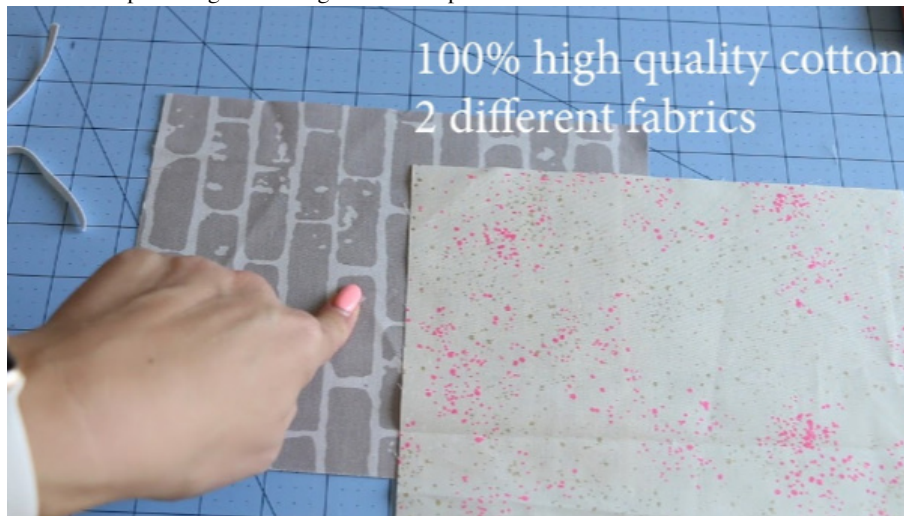
- (1) 9 x 6 inch Color A
- (1) 9 x 6 inch Color B
- 2 pieces of elastic 6.5-7 inches each.
- Polyester coordinating thread

## Tools

- Iron and Ironing board
- seam ripper
- clover clips
- Cutting tools

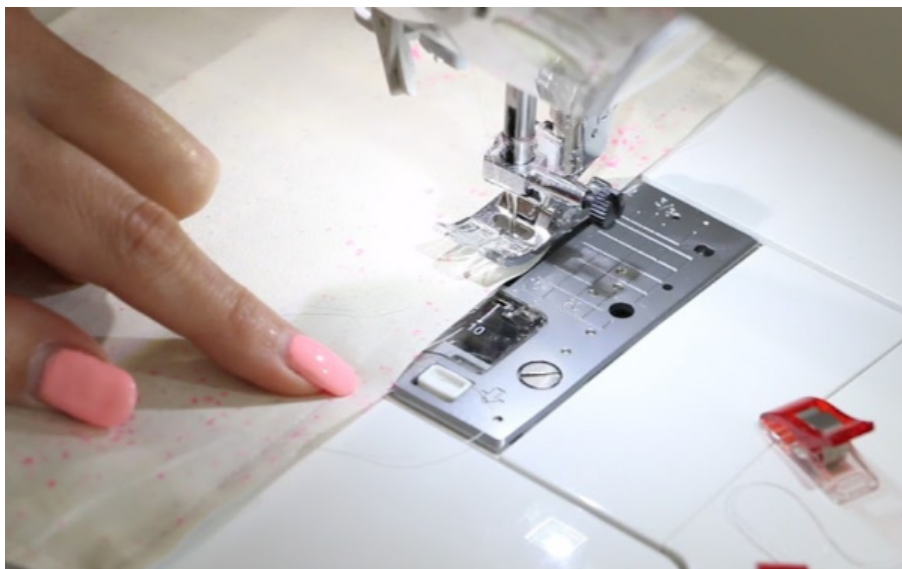
## Instructions

1. Place fabric pieces right sides together and clip elastic into the corners on the short side.



2. Sew all the way around the rectangles using a 1/2 inch seam allowance leaving a whole to flip right side out. note: backstitch well over elastic in corners.





3. Trim corners to reduce bulk, flip right side out and press.



4. Create 3 pleats and clip into place by eyeballing the measurement OR make 3 marks and use the seam to create pleat as you sew down. Back stitch over pleats to make sure they are strong.





5. Sew around the rest of the mask, trim threads and you're done!



## Notes

It is helpful to prewash fabric, but you can wash it at the end as well.

Use polyester thread

Make front and lining 2 different fabrics so you know which fabric has been exposed to potential contaminants.

6.5 elastic works better for women or those with a more narrow face. 7 inches each for men or those with a more broad face.

I did 3 pleats, or if you do smaller pleats you can do 5.

If you have floral wire, you can insert that in the nose section to make a tighter fit. I used pipe cleaners in some of my test, but they did not hold up in the wash.

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CATEGORY: sewing

