

Clover Connection

Rowan County 4-H Newsletter

April 2020



From the Agent:

I hope that you and your families are well and adjusting to our new normal while we shelter in place. I'm sure many of you are working from home, but I also know we have many who are working on-site in the healthcare field and other essential industries...and we thank you.

This month's newsletter has updates on event changes and cancelations due to Covid-19, so please read it to be updated on the current status of 4-H during this time. I don't have all of the answers for timeframes and how this will impact all 4-H happenings, but I will share with you what I know. I've also provided some wonderful resources to use during this time.

Also, check out the THANK YOU NOTE service project idea that County Council wanted 4-H'ers to do from home. I've given you instructions about it in this newsletter.

To get in touch with me during this time, the best method is emailing me at laura_allen@ncsu.edu. You can also call 704-216-8983 (my direct line) and leave a message. I have all of my voicemails directed to my email.

For the latest local information on Covid-19, please visit: [Rowan County Covid-19](#)

Despite these uncertain times, there is much to be thankful for. Don't forget to count your blessings!

Stay safe,
Laura

REGISTER NOW for upcoming public speaking & talent competitions now held VIRTUALLY for County Activity



Day!

It's time for youth to start preparing for 4-H Presentations and 4-H Talent, all of which will now occur VIRTUALLY via Zoom due to Covid-19.

You must PRE-REGISTER by April 9, 2020.

Once registered, Laura will reach out to all registrants to set up a time for presentations to happen online. County Activity Day was originally scheduled for April 27. It is my goal for talent and several presentations to still happen that day on Zoom. We may have to schedule for other days as well.

Right now, my plan is to do all presentations LIVE during Zoom with judges logging in to Zoom to judge their presentations. I plan to have talent and all outdoor cookery presentations submit a pre-recorded video for competition. Once all have registered, I will be in touch with those who registered and give them specific information.

Those who qualify for the district level will compete VIRTUALLY at District Activity Day (which was scheduled for June 20). Those who qualify for state competition will compete VIRTUALLY at State Presentations Finals (originally scheduled for July 18). Information on these events is forthcoming.

THE 4-H EXPRESSIVE ARTS COMPETITION TYPICALLY HELD DURING COUNTY ACTIVITY DAY HAS BEEN COMPLETELY CANCELED.

To register and find helpful links and explanations of events and competition categories, please visit: [County Activity Day 2020 information and registration link](#)

District & State Level 4-H Changes and/or Cancelations due to Covid-19:

Changes
AND
CANCELLATIONS

On Friday, March 27, all 4-H Agents received an email from Dr. Yoder, State 4-H Program Leader, about upcoming state level changes and cancelations.

The following events are changed or canceled for Summer 2020 due to Covid-19:

-CHANGED: County, District and State Presentations will all be virtual. More info forthcoming.

-CANCELED: 4-H Camps at Betsy-Jeff Penn, Millstone or Eastern 4-H Center

-CANCELED: Electric Congress

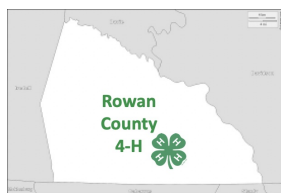
-CANCELED: Citizenship Focus (unless a virtual option is developed)

-CANCELED: 4-H Congress (unless a virtual option is developed)

****Updates for Horse, Dairy & Poultry are listed further down, so keep scrolling!****

Dr. Yoder said in his email, "This is a major blow to our summer programs but

considering the circumstances, it is the right thing to do." This summer will for sure be different and youth will not be able to experience these wonderful opportunities this year, but we will work through these changes. Safety is a priority for all.



County Level Changes due to Covid-19.

-The Expressive Arts competition typically held during our County Activity Day is canceled.

-We have not received official word on Summer Fun yet, but I anticipate that it will be canceled. All 4-H Agents in NC are currently brainstorming and collaborating to come up with innovative ideas to implement if it is canceled.

-Spring Paper Clover Week at Tractor Supply, scheduled for April 29-May 10, has been postponed. This is being postponed nationally. When I am notified of new dates, I will let you know.

-The Rowan Arts & Ag Farm Tour for 2020 has been canceled this year. I know some 4-H clubs have helped volunteer at that event in the past.

-If you have ideas for programming you would like to see offered over Zoom (for youth OR for volunteers, please let me know.

4-H Club Changes & Updates due to Covid-19



-Club meetings CANNOT happen in person right now. They cannot meet in person AT LEAST through May 21, but this could very well be extended. NC State University made this call and will give us further instruction. They are not encouraging us to schedule or re-schedule any in-person events at this time, as we do not know for sure the timeline of these restrictions. I will keep you posted as I know more.

-Clubs CAN meet virtually, which is encouraged. Laura can set up a Zoom meeting for your club meeting, just let her know.

-Club leaders: please note the email sent to you about an upcoming Club Leader Zoom meeting on April 7 where more details and ideas will be shared.

Rowan County 4-H PALS Port-a-Pit Fundraiser Postponed

As of right now, the Rowan County 4-H PALS Port-a-Pit Fundraiser is postponed until July 10. As Covid-19 develops, this event may or may not be able to happen depending on what NC State University, Rowan County, and Extension leaders tell us. We will have a better idea closer to time. If we cannot do this event in July, it will be canceled for 2020 and we will try again in 2021.

At this point, all those who ordered for April 3 were contacted 2 weeks ago.
Money was refunded to those who requested it.

Rowan County 4-H PALS

All proceeds benefit 4-H youth development programs & scholarships

Port-a-Pit BBQ Chicken



Friday, April 3, 2020

11 AM-3 PM

Eat In or Take Out

\$10

Pre-Order

POSTPONED
UNTIL JULY 10, 2020

Those who ordered will be contacted this week by phone or email.
We appreciate your understanding.

NC Cooperative Extension,
Rowan County Center
2727 Old Concord Road
Salisbury, NC 28146

Orders due by

March 13

To order contact:

laura_allen@ncsu.edu
704-216-8970



Service Project: Thank You Notes for Essential Industry Workers

County Council met for their March meeting (via Zoom) and came up with the idea of writing and mailing thank you notes to local healthcare & essential industry professionals.

JOIN IN and help hand-write thank you notes to those in these fields!

[Video I created on how to write a thank you note](#)

[Click here for a document on how to write thank you notes](#)

[Click here for sample thank you notes & how to address an envelope](#)

I've started a list of people/locations and their addresses to send thank you notes to. Please add to it. Please click here and read the instructions about the "check mark" so we know how many notes have been sent.

[List of people to send thank you notes to](#)

Upcoming Meetings (NOW VIRTUAL via Zoom)



County Council: These meetings are for any 4-H'er ages 12-18 as of January 1. We will meet online via Zoom

April 20, 2020, 6 PM via Zoom (link will be emailed to those who typically attend)

PALS: These meetings are for any parent, alumni, or leader (or anyone at all) who supports 4-H. If you are interested in 4-H or new to 4-H, you are invited to attend these meetings as well! Please come share your ideas for 4-H and help us find ways to support Rowan County 4-H.

DATE CHANGE:

April 21, 2020, 6 PM via Zoom (link will be emailed to all registered 4-H volunteers)

Resources to use while at home

LOTS of resources are available right now to everyone during Covid-19. There are great 4-H and non-4-H resources available. Here are suggestions and resources for you!

-Follow North Carolina 4-H on Facebook for the NC 4-H Daily Spark videos conducted daily by 4-H professionals from all across NC! Mrs. Laura's will be shown on April 30.

-Follow Rowan County 4-H on Facebook for resources and ideas!

-Check out National 4-H and their resources: [Inspire Kids to Do & Healthy Living Activity Guides](#)

-Use the 4-H Choice Boards I created for your 4-H'ers to choose some activities to do while at home (3 different ones based on age): [Rowan 4-H Choice Boards](#)

-Here is a folder of resources that I have put together as I have found some great resources. I will continue to add to it: [Resources for Families](#)

National Junior Master Gardener Facebook Live Activity Videos: [Facebook Live Jr. Master Gardener Activity Series](#)

-Check out Pender County 4-H's list of resources: [Pender County 4-H](#)

-Check out Craven County 4-H's list of resources: [Craven County 4-H](#)

-Cherokee Language Citizenship Activities: [Cherokee Culture Activities](#)

-List of Citizenship Activities (great for Project Record Books): [Citizenship Activities](#)

-Coffee & Clovers for 4-H Teens: Register at go.ncsu.edu/coffee-and-clovers



West District 4-H invites you to join us for

Coffee &



Clovers

What: A chance to meet up with your fellow 4-Hers to catch up, participate in fun workshops, and brainstorm ideas!

Who: Any 4-H teen who wants to join us can!

Where: We will be meeting over Zoom every

Tuesday and Thursday at 4:00 pm
through the end of April

Link to join: go.ncsu.edu/coffee-and-clovers

If you have any questions, feel free to reach out to your 4-H Agent or the West District 4-H Officers.

The first meeting is on **March 31st**
Hope to see you there!



NC Cooperative Extension is an equal opportunity provider.



PLAN NOW for Project Record Books, Achievement Plans, & More!

If you are wanting your child or club member to turn in a Project Record Book or Achievement Plan for the year 2020, please start NOW! The completed books/plans will be due in January 2021, but the work included in them will be the items they do from January-December 2020.

In case you missed it, here's a recording of the Project Record Book Zoom workshop held on March 24. Use it to help you:

[Project Record Book Zoom Workshop Recording](#)

Other helpful links:

[Project Record Book for Rowan Cloverbuds \(5-7 years old\)](#)

[PDF Fillable Project Record Book for 8-12 years old](#)

[PDF Fillable Project Record Book for 13-18 years old](#)

[Helpful Hints for doing Project Record Books](#)

[Achievement Plan](#)

[NC 4-H Incentives & Awards Programs****](#) has the grading rubrics and record books provided



Apply NOW for Rowan County 4-H Event Scholarships Due May 15

Open to 4-H'ers to help them attend 4-H events in 2020!

DATE HAS BEEN EXTENDED TO MAY 15. This application should be filled out by the 4-H'er. All applications should be submitted via email to laura_allen@ncsu.edu.

With many 4-H events being canceled, there may not be the need for scholarships for your child this year. Apply if your child has a 4-H event in 2020 that they will be attending which requires financial assistance. If the event is not yet canceled and becomes canceled, the scholarship will not be funded for 2020 and the child will have to reapply for a scholarship in 2021.

Please find the updated Cloverbucks document and 4-H Event Scholarship application on the Rowan County Cooperative Extension website or click [HERE!](#)

4-H Event Scholarships are available for Rowan County youth to help assist them with expenses for upcoming 2020 4-H Events.

Local Scholarship Applications Available for Rising College Freshmen

Are you a high school senior looking for scholarship applications? If so, check out these scholarships to see if you are eligible. Deadlines are quickly approaching!

<https://rowan.ces.ncsu.edu/2019/02/4-h-and-other-local-scholarship-available/>



YouthVoice

As of right now, YouthVoice is still on, so we are seeking



ONE youth ages 14-18 (as of Jan. 1) to participate.

This event is in conjunction with the NC Association of County Commissioners annual meeting. One 4-H'er from Rowan County can attend. Those who attended in the past are not eligible to attend again. If you are interested in being the Rowan County 4-H attendee this year, please notify Laura by May 1. The attendee will have to speak in front of the County Commissioners at one of their upcoming meetings.



Application, Interview, Resume, Electronic-Video (AIRE)

AIRE is a workforce development and college prep program for youth ages 11-18 (as of Jan. 1).

Youth are eligible participate in this program in one of two ways.

Option 1: Youth participate in this program by completing the four (4) AIRE candidate packet components. All candidates submitting a complete packet will be invited to participate in either the State-Level competitive program (open to youth ages 14-18) or in the non-competitive program (open to youth ages 11-13). **Youth participating in the competitive AIRE program are eligible to be selected to attend national events** such as National Congress, National Conference, and International Leadership Conference.

****This option requires youth to submit their packets to Laurano later than June 1, 2020.**

Option 2: Youth participate in this program by completing the AIRE program components as self-study and/or as part of their local 4-H program. This option does not require the participant to submit their AIRE packet for State-level review.

Read more at: <https://nc4h.ces.ncsu.edu/youth-3/application-interview-resume-essay-aire/>



Horse Updates

[2020 Horse Eligibility Cards](#) ****Due by April 1****

- All district qualifying horse shows have been canceled.
- NC 4-H Horse Judging Contest will be held online April 16-21.
- Horsemanship Camp at Millstone 4-H Camp is canceled.

Please read the latest NC 4-H Horse Program Newsletter for all

specific horse updates due to Covid-19: [NC 4-H Horse Newsletter, March 2020](#)

[NC 4-H Horse Program 2020 Calendar of Events](#)

[NC 4-H Horse Program Rules & Regulations Manual \(updated Dec. 2019\)](#)

[NC 4-H Horse Program Dressage & Combined Training Manual](#)

[NC 4-H Horse Program Information](#)



Dairy Updates

If the 4-H Dairy Judging competition is rescheduled, notifications will be sent to all those who practiced prior to the cancelation of the March 27 event.



Poultry Updates

If you are interested in Poultry Judging and/or Avian Bowl, contact Morgan Watts at amwatts@ncsu.edu. We cannot practice in person at this time, but may start offering virtual practices in May.

The contest date is July 19, 2020 in Raleigh, NC, but again, we are not sure if that will happen or not. At this time we have not been directly told that it is canceled, but many other events have been.

Jr. Master Gardeners 4-H Club report

03/10/2020

Today we worked on cleaning out our bed and putting good soil down. We planted onions and made room to plant seed potatoes. Interesting fact: once you see some green sprouting up on the potatoes, you need to then put more soil on in like a mound. Onions can be planted while it's still cold.

Submitted by: Julie Cagle, Reporter



4-H Shout Outs

Special thanks to the NRA who provided the Rowan County 4-H Shooting Sports program with a grant valued at \$2,900! The items/funding provided will be instrumental in the development of the 4-H'ers in our two 4-H shooting sports clubs, Hot Shots 4-H Club & Lead Drivers 4-H Club!



**NC STATE
UNIVERSITY**

Minors on Campus update (for volunteers)

All registered 4-H volunteers:

You have probably received multiple emails from NC State from "Reporter" for the "Minors on Campus" registration. I have no control over the emails this system sends, but it is policy that all of you (and all of the Extension staff, including me) have to be registered in this system for us to be compliant. Please disregard the emails you have received over the past week or so. Everyone who is receiving these emails has already watched the Minors on Campus video and signed the form for 2020. You are good to go for 2020!

Important Info for 4-H Club Leaders:

ALL OFFICIAL 4-H VOLUNTEERS: Please report your 2020 contacts by the 10th of every month after the month for which you are reporting (January reports are due by Feb. 10):

<http://go.ncsu.edu/2020monthly4hreport>



-The 4-H year runs January-December. All volunteers and club members MUST be re-enrolled in 4HOnline in January 2020, regardless of when they registered in 4HOnline in 2019. If they don't enroll, they can't participate!

-If you are seeking reimbursement from your club's account OR if you are needing money out of your club's account to pay a bill, please use the [PALS money use form](#).

-Please notify Laura of any club fundraisers you plan to do or club donations you plan to seek.

-If your club receives money (donation, club fee, fundraiser money, etc) the money MUST be RECEIPTED and TURNED IN to the Extension office within **3 DAYS of receiving it! If you need a receipt book, please let Laura know.**

-Please use the 4-H Club Leader Resource folder(link emailed to club leaders). No need to "reinvent the wheel" when we have great resources we can share! If you don't have access and would like to have access to this folder, email Laura!

-Please push your 4-H'ers to do a project record book, Achievement Plan or to get involved in 4-H in a new way!

-Brief club information and/or a 4-H picture & caption can be submitted for the newsletter. Please send it to me by the 25th of the month prior to the newsletter publishing date (which is typically the 1st of the month).

-Don't forget that your club **MUST do at least 1 service project each year!**

-Remember that as a club leader, you **MUST attend 1 volunteer training during the calendar year to be able to re-charter your club. For Emerald Seal, you must attend 2 volunteer trainings.**

THANKS FOR ALL YOU DO!!!!

Click here for more information:

[Achievement Plan](#)

[Project Record Books and Presentations](#)

[4-H Ambassador Program](#)



- monthly meetings
- educational activities
- parliamentary procedure
- leadership skills
- public speaking
- hands-on learning
- fun
- new friends
- service projects



For more info, contact:

laura_allen@ncsu.edu, 704-216-8970

Focus: Horses

- ERSC Blazing Hooves 4-H Club
- Happy Trails 4-H Club
- (both in East Rowan area)

Focus: Shooting Sports

- Hot Shots 4-H Club (Salisbury)
- Lead Drivers 4-H Club (Mt. Ulla)
- *must be 8 years old as of Jan. 1*

Focus: Cooking

- Rowan Rolling Pins 4-H Club
- (Mt. Ulla)

Focus: Livestock, Dairy, Poultry

- Livestock 4-H Club
- (Salisbury)

Focus: Plants/Nature for homeschool youth

- Jr. Master Gardeners 4-H Club
- (Salisbury)

Focus: variety of topics

- Rowan Researchers 4-H Club
- (Rockwell/China Grove)
- West Rowan 4-H Explorers 4-H Club
- (Mt. Ulla)



**For youth ages 5-18
(as of January 1).**



All club leader volunteers are screened & trained.

NC State University and N.C. A&T State University are collectively committed to positive action to secure equal opportunity and prohibit discrimination and harassment regardless of age, color, disability, family and marital status, gender identity, genetic information, national origin, political beliefs, race, religion, sex (including pregnancy), sexual orientation and veteran status. NC State, N.C. A&T, U.S. Department of Agriculture, and local governments cooperating. Persons with disabilities and persons with limited English proficiency may request accommodations to participate by contacting Laura Allen, Rowan County 4-H Agent, at 704-216-8970 or laura_allen@ncsu.edu at least 14 days prior to the event.

How to Start a New 4-H Club!

Are you interested in starting your own 4-H club to meet the needs and interests of your family or community? If so, here are the requirements to charter a new 4-H

Club:



1. Must have at least 1 approved volunteer to lead the group (having co-leaders is also recommended). Volunteers must fill out an application and go through a background check.
2. The club must have at least 5 members from at least 3 different families.
3. A written program of work must be completed for the first 6 meetings and must be submitted to the county Cooperative Extension office.
4. The club is organized with appropriate youth leaders that are either rotated or elected.
5. A club roster is completed and submitted to the county Cooperative Extension office.

An approved 4-H charter application must be on file at the Rowan County Cooperative Extension office and each club must re-charter annually. 4-H members must fill out 4-H enrollment and medical forms annually.

Please email laura_allen@ncsu.edu if you are interested in starting a club!

Click here for more information:

[4-H Clubs](#)



Shared Folder for 4-H Pictures

I've had requests for some of the 4-H pictures I have taken at different events. To make it easier for everybody, I've created a shared folder in my Google Drive and have added all of my 4-H pictures in there. Please do not delete them, but you can copy ones you want to save, you can add pictures taken at 4-H events, etc. Also, be mindful that not all 4-H'ers have signed waivers allowing their picture to be taken. If I see any added pictures that include youth without that signed waiver, I will delete them. Here is the link:

<https://drive.google.com/drive/folders/16GQ50QsLH10AVBFeg2y1EHfoOP0DGkZm?usp=sharing>

Laura H. Allen
4-H Youth Development Agent
Rowan County Center
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rowan.ces.ncsu.edu

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[Follow us on Twitter](#)

NC State University and N.C. A&T State University work in tandem, along with federal, state and local governments, to form a strategic partnership called N.C. Cooperative Extension.

Extension's 4-H program is the largest youth development organization in North Carolina. We help over 247,000 young people grow into active, contributing citizens each year.

