

N.C. A&T



Clover Connection

Rowan County 4-H Newsletter

January 2020



From the Agent:

INIVERSIT

Happy New Year! I hope 2020 is the best year for you yet!

A new year means new opportunities in 4-H! We have lots coming up, so please read the newsletter for all upcoming deadlines and events! Please check out the Rowan County Cooperative Extension website calendar for lots of **2020 dates:** <u>https://rowan.ces.ncsu.edu/events/</u>

Now is the time for <u>ALL 4-H'ers and 4-H Volunteers</u> to RE-ENROLL in 4HOnline!

4-H runs on a calendar year from January-December, so right now, no one is enrolled in 4-H for 2020; you MUST re-enroll to continue your participation. If you are new to 4-H, you can also enroll there for the first time! This enrollment form is a requirement to be involved in 4-H! **Please register** at nc.4honline.com.

There are several upcoming events and opportunities that require forms to be filled out. **ALL 2019 4**-**H participants** must fill out the google form linked in this newsletter below to get recognized for Achievement Night. There are also links in here for the Rowan County 4-H'er of the Year Award application & graduating senior scholarship applications.

Upcoming deadlines:

January 2: Deadline for 13-18 year olds (as of Jan. 1) to sign up for Winter Enrichment
January 3: Deadline for 4-H volunteers to sign up for NC 4-H Volunteers Leaders' Conference
January 9: Project Record Books, Portfolios & Achievement Plans due
January 17: Deadline to sign up for Speak Up workshop
January 17: Deadline for homeschool, charter schools and private schools to sign up for Embryology
January 24: Rowan County 4-H'er of the Year Award application due
January 30: 4-H Scholarship Application due to Laura

Best wishes for a wonderful 2020!

Laura

My contact information:



Upcoming Meetings

County Council: These meetings are for any 4-H'er ages 12-18 as of January 1. We will meet in the Suite A Conference Room at the extension Office at 6 PM.

January 28, 2020 **This meeting will be held in Auditorium Room A. February 18, 2020 March 30, 2020 April 20, 2020 **additional dates are listed on the Rowan County Cooperative Extension calendar.

PALS: These meetings are for any <u>parent</u>, <u>alumni</u>, <u>or leader</u> (<u>or anyone at all</u>) <u>who supports 4-H</u>. If you are interested in 4-H or new to 4-H, you are invited to attend these meetings as well! Please come share your ideas for 4-H and help us find ways to support Rowan County 4-H. This group will meet at the Rowan County Cooperative Extension office in Auditorium A at 6 PM.

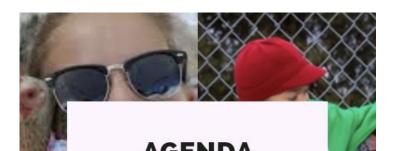
Required Volunteer Training: January 28, 2020 (held in Auditorium Rooms B&C) February 18, 2020 April 20, 2020 **additional dates are listed on the Rowan County Cooperative Extension calendar.



Winter Enrichment (for youth ages 13-18), RSVP DUE JAN. 2

Winter Enrichment will be Saturday, January 11 in Union County. This is a district 4-H event (our 4-H district includes 19 counties), where 4-H'ers who are 13-18 as of Jan 1, 2020 are welcome to attend. We have a district meeting, there are several workshops available for the 4-H'ers and then we do a fun activity. This one day event costs \$20 per 4-H'er, but the county covers \$5 per child, so you will owe **\$15**.

RSVP by January 2 if your child plans to attend. THE \$15 payment is due no later than Jan. 11. We will leave at 8 AM from the Extension office to go and should return around 5:30-6 PM. See the flyers below with a few more details:





#THISISMYVISION

9:30 - 10:00 Registration 10:00 - 10:30 Meeting 10:30 - 11:15 Workshop #1 11:30 - 12:15 Workshop #2 12:30 - 1:00 Lunch 1:15 - 2:00 Workshop #3 2:30 - 4:00 Trampolining

Last day to sign up for Winter Enrichment will be on January 3rd







Project Record Books, Achievement Plans, & More!

The deadline for submitting 2019 4-H Project Record Books, Achievement Plans and/or Portfolios is <u>January 9, 2020.</u>

These include records from 4-H projects and achievements from January-December 2019, but are due in early 2020.

Please let Laura know if you have questions about these opportunities and how you can get involved! Some of them are competitive and involve winning money if you place 1st at the district/state level.

**If you want assistance or for Laura to look through your submissions and give you feedback, you need to schedule a time to meet with Laura PRIOR to the January 9 due date. Record books cannot be changed after January 9.

Use these links to help you: <u>Project Record Book for Rowan Cloverbuds (5-7 years old)</u> <u>Project Record Book for 8-12 years old</u> <u>Project Record Book for 13-18 years old</u> <u>Helpful Hints for doing Project Record Books</u> <u>Achievement Plan</u>

NC 4-H Incentives & Awards Programs

Rowan 4-H Volunteer Required Training: Jan. 28, 6-8 PM

Any adult volunteer who is enrolled in 4HOnline as 4-H volunteer or club leader and plans to re-enroll and continue as a volunteer for 2020,

MUST attend this training! There are some new rules and guidelines from NCSU that require each volunteer to watch a video and sign off on some forms. My plan is to prepare everyone at the meeting for this new process, along with covering additional information.



4-H Volunteer Training

Upcoming 4-H Programs



<u>"Speak Up" Public Speaking Workshop Series:</u>

SIGN UP NOW for this wonderful public speaking experience for youth ages 7-18 (as of January 1). <u>MUST pre-register by January 17, 2020.</u>

This 4 week workshop series will be held on Mondays in January/Feb (Jan. 27, Feb. 3, 10, 17). The youth are divided by age and attend at different times based upon their age. This workshop is taught by Cheryl Kane of Barton & Kane Consolidated who has years of experience in this area and does an awesome job with the youth. Youth must be pre-registered by January 17, 2020. Cost is \$40 per child which is due at the January 27 session. There is a multi-child discount available (contact Laura). This workshop is open to any Rowan County youth, whether they are currently in 4-H or not. Youth attending can be first time or repeat attendees. **All details on flyer below.**



Join Rowan County 4-H for:

Speak up!

A series of 4 workshops to develop Public Speaking Skills in youth ages 7-18 (as of Jan. 1).

> January 27 Feb. 3, 10, 17

Session 1 (ages 7-11 as of Jan 1) is from 4:30-5:45 PM

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All 2019 4-H Participants: Fill out forms linked below to get recognized at Achievement Night!

Achievement Night will be held on Monday, February 24, 2020 at 6 PM at Rowan County Cooperative Extension. This night will highlight 4-H'ers and their

achievements from 2019. 2020 4-H club officers and County Council officers will be installed, too. This event includes a catered meal. This year, there will be a minimal cost to attendees to help offset food costs.

-Family size of 1-4 people: \$10 -Family size of 5-8 people: \$15 -Family size of 9+ people: \$20 (payment will be due once you arrive to Achievement Night)

Please see the invitation below for more details. Please also use the forms below to help us plan for food and to prepare for recognizing our 4-H'ers.

If a 4-H'er or their parent DOES NOT fill out the award recognition form (linked below), then they will not be recognized for their individual achievements and will not receive a years of service pin.

Parents: If your child is in a 4-H club, please check with your club leaders to see if they would rather you fill out the form or if they plan to fill out the form. **I need one form filled out per 4-H'er.**

Click here to fill out form for 2019 4-H participation (fill out one time per 4-H'er)

Click here to RSVP to attend Achievement Night



laura_allen@ncsu.edu

There will be a small fee based on family/guest size for 4-H families.

NC State University and N.C. A&T State University are collectively committed to positive action to secure equal opportunity and prohibit discrimination and harassment regardless of age, color, disability, family and marital status, gender identity, genetic information, national origin, political beliefs, race, religion, sex (including pregnancy), sexual orientation and veteran status. NC State, N.C. A&T, U.S. Department of Agriculture, and local governments cooperating. Persons with disabilities and persons with limited English proficiency may request accommodations to participate by contacting Laura Allen, 4–H Agent, at 704–216–8970 or laura_allenencsu.edu at least 14 days prior to the event.

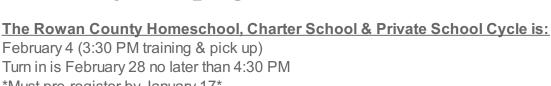
Due January 24, 2020: Rowan County 4-H'er of the Year & NC 4-H Scholarship Applications

Any Rowan 4-H'er ages 13-18 can apply for the Rowan County 4-H'er of the Year Award. One recipient will be chosen and will receive \$100 in Cloverbucks to go towards attending district, state, and/or national 4-H events! The completed application is due to Laura no later than 5 PM on Friday, January 24. <u>Application for Rowan County 4-H'er of the Year</u>

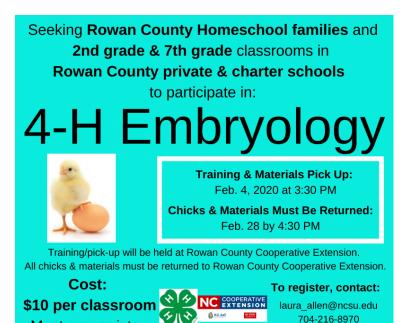
NC 4-H has scholarship opportunities for GRADUATING SENIORS and some scholarships which are for upperclassmen as well. Click the link below and scroll down to the "Scholarships" section. There you will find the 2020 Academic Scholarship Guide and the 2020 Scholarship Application. The completed application is due to Laura no later than 5 PM on Friday, January 24. <u>NC 4-H Scholarship</u> <u>Guide & Application</u>

4-H Embryology Program Dates for 2020

It's time to register for the 4-H Embryology program for 2020! This option is open to 2nd grade and 7th grade teachers (public, private, charter) as well as homeschool families. To register, please email Laura Allen, 4-H Agent, at laura_allen@ncsu.edu.



Must pre-register by January 17 *This cycle IS NOT open to public schools*







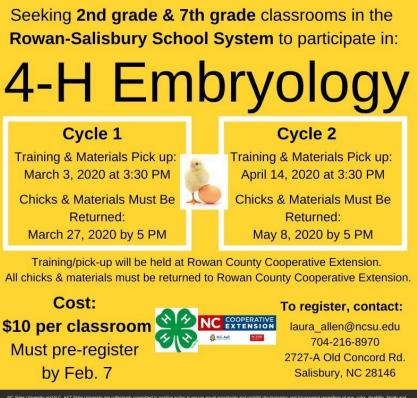


Public School Cycle Dates (choose one of 2 below from yellow flyer).

*When you email to register, please tell Laura which cycle you want to sign up for. *Must pre-register by Feb. 7*

These cycles are ONLY open to Public Schools

See flyer below for details:



NC State University and NC. Add State University are collectively committed to positive action to secure equal opportunity and prohibit discrimination and massement regardless of age, color, disability, hanly and manial astata, greener devidestig, enteric intermation, national adjace, policita letteric, nace region, ser (rubating preparisy), seasa direction and verteres stata. NC State, NL CAR 10.20. Department of Agriculture, and local governments cooperating. Persons with instabilities and persons with limited Englight profetering may request association and university astata. NC State, NL CAR 10.20. Department of Agriculture, 704-218 add 90 and local adjacement and and adjacement and adjacement and adjacement and adjacement and adjacement and adjacement of the adjacement of the adjacement and adjacement and adjacement adjacement adjacement adjacement adjacement adjacement adjacement 704-218 add 90 and adjacement adjace

<u>Those involved in this program will be provided with the following supplies during the project</u>: incubator with built in thermometer (\$135 value), chick life cycle kit, fertilized eggs, curriculum, life cycle poster, chick feed. <u>All supplies and chicks will be returned to Rowan County 4-H at the conclusion of the program.</u>

<u>Those involved with this program will have to provide the following items for this project:</u> brooder box (a plastic tote works fine), shavings (can use shredded paper/newspaper, sand, etc), and heat lamp/bulb. This should be of minimal cost to you as you hopefully have most of these things at home or school already.

At the required training, all teachers will be trained on the incubation process to help ensure project success. At the conclusion of the training, all teachers will get the supplies they need for the project (including the fertilized eggs) and will take them home with them that night. The eggs have to stay at 68-70 degree Fahrenheit until the next day when you will incubate them, so plan accordingly. To participate, teachers MUST attend this training. If a teacher participated in the 4-H Embryology program in 2019, they can come at 4:15 to pick up their supplies instead of attending the 3:30 training. However, I still recommend they come to the training to help ensure a successful hatch.



Application, Interview, Resume, Electronic-Video (AIRE)

AIRE is a workforce development and college prep program for youth ages 11-18 (as of Jan. 1).

Youth are eligible participate in this program in one of two ways.

Option 1: Youth participate in this program by completing the four (4) AIRE candidate packet components. All candidates submitting a complete packet will be invited to participate in either the

State-Level competitive program (open to youth ages 14-18) or in the non-competitive program (open to youth ages 11-13). Youth participating in the competitive AIRE program are eligible to be selected <u>to attend national events</u> such as National Congress, National Conference, and International Leadership Conference.

**This option requires youth to submit their packets to Laurano later than June 1, 2020.

Option 2: Youth participate in this program by completing the AIRE program components as selfstudy and/or as part of their local 4-H program. This option does not require the participant to submit their AIRE packet for State-level review.

Read more at: https://nc4h.ces.ncsu.edu/youth-3/application-interview-resume-essay-aire/



2019 4-H Food Show Recipe Book

The annual 4-H Food Show was held on Saturday, December 7. The recipe book from this event can be found here:

2019 4-H Food Show Recipe Book

Rowan 4-H will attend 4-H Camp at Betsy-Jeff Penn on June 28-July 3, 2020

4-H Camp is for youth ages 8-14. It is an 5 night, 6 day overnight camp from a Sunday-Friday during the summer. We officially have camp dates and a location! We will be going to Betsy-Jeff Penn in Reidsville, NC on June 28-July 3, 2020.

If you THINK you may be interested in sending your child to 4-H Camp, PLEASE EMAIL Laura at laura_allen@ncsu.edu! This does not lock you in, just shows me that you MAY be interested. I need to know the name of the child, child's birthday and parent names and contact information. Then, I will keep in touch with you about 4-H Camp! Official registration information will come out in 2020.





at least 6 months prior to the registration date will owe \$375. If we receive donations from local groups, the cost may be less per person, but we will not know that until closer to time.

To learn more about camp, check out: <u>NC 4-H Camping Centers</u> <u>Betsy-Jeff Penn 4-H Educational Center</u> <u>Millstone 4-H Camp</u>

Volunteer 🛞 NC State Volunteers Leaders' Conference: RSVP by Jan. 3

The NC Volunteer Leaders' Association Conference is January 31-February 2, 2020 at the Hilton Durham near Duke University in Durham, NC. This conference is THE BEST state level conference for 4-H volunteers to go to! I hope that you will consider attending this conference to meet other 4-H volunteers and attend workshops to help you be the best 4-H volunteer you can be!

Please note that my county payment and registration deadline is January 3, 2020.

Costs:

-Travel and/or hotel will be at your own expense. Hotel info is in the attached document. -For those attending full time (\$130 for early bird, \$150 for regular registration), PALS will cover \$100. You will owe either \$30 or \$50. My goal is for everyone to do early bird registration.

-For those attending for Saturday only (\$110 w/ dinner/banquet or \$95 without dinner), PALS will cover \$60. You will owe \$50 (w/dinner/banquet) or \$35 (no dinner).

-Clubs could potentially help cover some of your personal cost. That is up to your club and the funding your club has available. If this is the case, please let me and Carole Massey (PALS Treasurer) know the plan.

To register:

-Please refer to the instructions in the email sent to all 2019 volunteers on December 2, 2019. The subject line of the email was "Awesome 4-H Opportunity for Volunteers. Please read!". **There are some forms you will have to turn in to me so that I can get you registered.**



Adults: join us to support 4-H!

PALS stands for Parents, Alumni and Leaders and is a group in Rowan County for ANYONE who supports and believes in 4-H! This group is instrumental in planning and conducting fundraisers to help provide funding for 4-H Event Scholarships to 4-H'ers. This group also has a hand in developing ideas for the 4-H program. Important information is shared at these meetings that help provide club leaders, parents, volunteers and supporters with the information they need to better understand and assist the 4-H program. Join us! We would love to have you! We are planning several fundraisers and could use your help in making these events successful!

Upcoming PALS fundraisers; Helpers needed! -April 3: Port-a-Pit (will pre-sale tickets starting in February)



Current Dowon / U Cloverbucke guidelines



Current Rowan 4-n Cloverbucks guidelines

Please find the updated Cloverbucks document and 4-H Event Scholarship application on the Rowan County Cooperative Extension website or click <u>HERE!</u>



Horse Updates

Are you interested in 4-H <u>Horse Judging, Hipplology or Quizbowl</u>? It will soon be time to get prepared for the 2020 events! If interested, please

email laura_allen@ncsu.edu as soon as possible!

NC 4-H Horse Program December 2019 Newsletter NC 4-H Horse Program 2020 Calendar of Events NC 4-H Horse Program Rules & Regulations Manual (updated Dec. 2019) NC 4-H Horse Program Dressage & Combined Training Manual NC 4-H Horse Program Information



Dairy Updates

The first dairy judging practice of 2020 will be **January 2, 2020 at 2 PM** at the Rowan County Cooperative Extension office.

4-H Dairy Judging contest is March 27, 2020.



Poultry Updates

Poultry Judging practice for 2020 will start back in April or May 2020.

The contest date is July 19, 2020 in Raleigh, NC.

4-H Shout Outs

Congratulations to the following 4-H'ers who participated in the 4-H Food Show held on Saturday, December 7. <u>Cloverbuds (youth ages 5-8 as of January 1):</u> Natalee Chapman: category-breakfast item; 4-H participation ribbon Emory Stewart: category-side dish, 4-H participation ribbon

<u>Juniors (youth ages 9-13 as of January 1):</u> Talton Correll: category-lunch or supper entree; 1st place Allison Mares: category-side dish; 1st place Bayley Kruger: category-baked goods; 1st place, Best of Show; People's Choice Award Olivia Stirrup: category-baked goods; 2nd place

4-H County Council officers for 2020: President: Jaysa Causby



Secretary/Treasurer: Mady White Reporter: Olivia Stirrup

4-H PALS officers for 2020: President: Jennifer White Vice President: Tom Barlow Secretary: Cheryl Oster Treasurer: Carole Massey

Important Info for 4-H Club Leaders:

ALL OFFICIAL 4-H VOLUNTEERS: Please report your 2020 contacts by the 10th of every month after the month for which you are reporting (January reports are due by Feb. 10): <u>http://go.ncsu.edu/2020monthly4hreport</u>



-The 4-H year runs January-December. <u>All volunteers and club</u> <u>members MUST be re-enrolled in 4HOnline in January 2020</u>, regardless of when they registered in 4HOnline in 2019.

-4-H Club re-chartering packets were given out at the PALS December meeting. If you did not receive your packet, please pick it up at the office on January 2 or 3. If not, they will be mailed. <u>All packets are due</u> <u>no later than Thursday, January 30, 2020.</u>

-If you are seeking reimbursement from your club's account OR if you are needing money out of your club's account to pay a bill, please use the <u>PALS money use form.</u>

-Your club is encouraged to do fundraisers! Please let Laura ahead of time to make sure it won't conflict with another 4-H fundraiser and to make sure all receipting requirements are being met.

-It is OKAY for your club to seek donations. **However**, please notify Laura of this as well (we don't want our county program and multiple clubs to be seeking donations from the same folks every time).

-If your club receives money (donation, club fee, fundraiser money, etc) the money MUST be RECEIPTED and TURNED IN to the Extension office within **3 DAYS** of receiving it! If you need a receipt book, please let Laura know.

-Please use the 4-H Club Leader Resource folder (link emailed to club leaders). No need to "reinvent the wheel" when we have great resources we can share! If you don't have access and would like to have access to this folder, email Laura!

-All of your club members MUST be enrolled in **4HOnline** in order to participate in 4-H! You are REQUIRED to keep a copy of each 4-H'ers enrollment form with you at 4-H club meetings and events and to keep them locked up when not in use. Contact Laura if you are missing any enrollments.

-Please push your 4-H'ers to do a project record book, Achievement Plan or to get involved in 4-H in a new way! **The due date for 2019 Achievement Plans, Project Record Books & Portfolios is January 9, 2020.**

-Brief club information and/or a 4-H picture & caption can be submitted for the newsletter. Please send it to me by the 25th of the month prior to the newsletter publishing date (which is typically the 1st of the month).

-Don't forget that your club MUST do at least 1 service project each year!

-Remember that as a club leader, you MUST attend 1 volunteer training during the calendar year to be able to re-charter your club. For Emerald Seal, you must attend 2 volunteer trainings.

THANKS FOR ALL YOU DO !!!!

Click here for more information: Achievement Plan Project Record Books and Presentations 4-H Ambassador Program



4-H Club Opportunities

1. Southern States in Mooresville contacted me to let me know that their store is available as a location if any 4-H clubs would like to conduct an event there (bake sale, kids craft, etc). If you are interested, please contact Melanie at 704-360-3938.

2. You are encouraged to conduct 4-H fundraisers for your clubs! Please let Laura know before you plan or conduct a fundraiser.



NC 4-H International Exchange Programs

NC 4-H is seeking HOST FAMILIES for Costa Rican and Japanese exchange students during the summer of 2020!

Costa Rica Inbound

- Applications for host families to host a CR youth or chaperone is MARCH 1st!
- Dates for this exchange have not been finalized, but generally will take place from mid-June to mid-July.

Japanese Inbound

- We will be hosting 12 Japanese delegates and a Japanese chaperone this coming summer.
- Applications for the Japanese program are DUE by May 22nd!
- Hosting dates for the Japanese delegates: arrival on July 25th and departure on August 22nd.

Click here to learn about NC 4-H International Exchange Programs

Awesome opportunity for high school students to learn more about forestry, soil science, wildlife management and water quality while living on NC State's campus for a week-long camp!

Check out this cool opportunity with the Soil & Water Conservation District! Please contact Kelli Isenhour if you have questions at kelli.isenhour@rowancountync.gov or 704-216-8998.

Resource Conservation Workshop

Summer 2020 NC State University



ATTENTION high school students! If you are interested in a career in natural resources you will want to attend this hands-on, week-long, residential camp. Students meet and work with NC State professors and professionals in the fields of forestry, soil science, wildlife management, and water quality.

For more information visit:

https://www.ncagr.gov/SWC/edu cational/RCW.html





The Rowan Soil and Water Conservation District is offering a *full scholorship* to a qualified student. Application deadline is May 11, 2020 For application, contact Kelli Isenhour

Kelli.isenhour@rowancountync.gov 704-216-8998

SOL& WATER

Farm Bureau offers IFAL program for rising HS seniors



If you are currently a junior in high school and are interested in pursing an agricultural major, you should apply for IFAL! IFAL stands for Institute for Future Agriculture Leaders. This free summer camp is offered at NC State University and NC A&T State University.

Learn more about IFAL here!

Join a Image: State of the stat	
Focus: Horses -ERSC Blazing Hooves 4-H Club -Happy Trails 4-H Club (both in East Rowan area)	Focus: Shooting Sports -Hot Shots 4-H Club (Salisbury) -Lead Drivers 4-H Club (Mt. Ulla) *must be 8 years old as of Jan. 1*
Focus: Cooking -Rowan Rolling Pins 4-H Club (Mt. Ulla)	Focus: Livestock, Dairy, Poultry -Livestock 4-H Club (Salisbury)
Focus: Plants/Nature for homeschool youth -Jr. Master Gardeners 4-H Club (Salisbury)	Focus: variety of topics -Rowan Researchers 4-H Club (Rockwell/China Grove) -West Rowan 4-H Explorers 4-H Club (Mt. Ulla)
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How to Start a New 4-H Club!

Are you interested in starting your own 4-H club to meet the needs and interests of your family or community? If so, here are the requirements to charter a new 4-H Club:

1. Must have at least 1 approved volunteer to lead the group (having co-leaders is also recommended). Volunteers must fill out an application and go through a background check.

- 2. The club must have at least 5 members from at least 3 different families.
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- 3. A Written program of work must be completed for the first 6 meetings and must be been submitted
- to the county Cooperative Extension office.4. The club is organized with appropriate youth leaders that are either rotated or elected.
- 5. A club roster is completed and submitted to the county Cooperative Extension office.

An approved 4-H charter application must be on file at the Rowan County Cooperative Extension office and each club must re-charter annually. 4-H members must fill out 4-H enrollment and medical forms annually.

Please email laura_allen@ncsu.edu if you are interested in starting a club!

Click here for more information: <u>4-H Clubs</u>



Shared Folder for 4-H Pictures

I've had requests for some of the 4-H pictures I have taken at different events. To make it easier for everybody, I've created a shared folder in my Google Drive and have added all of my 4-H pictures in there. Please do not delete them, but you can copy ones you want to save, you can add pictures taken at 4-H events, etc. Also, be mindful that not all 4-H'ers have signed waivers allowing their picture to be taken. If I see any added pictures that include youth without that signed waiver, I will delete them. Here is the link:

https://drive.google.com/drive/folders/16GQ50QsLH10AVBFeg2y1EHfoOP0DGkZm?usp=sharing



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NC State University and N.C. A&T State University work in tandem, along with federal, state and local governments, to form a strategic partnership called N.C. Cooperative Extension.

Extension's 4-H program is the largest youth development organization in North Carolina. We help over 247,000 young people grow into active, contributing citizens each year.