







Clover Connection

Rowan County 4-H Newsletter

December 2019



From the Agent:

Happy Holidays from Rowan County 4-H! I know this season bring lots of hustle and bustle, busy schedules, times with family and friends and more. We have only a few county-wide 4-H activities in December, but there are more events and activities on the horizon for 2020!

- **December Highlights**
- -Encourage folks to donate to 4-H on Giving Tuesday (online link)
- -Wreath Sale pick up: Dec 5, 8:30 AM-4:30 PM
- -4-H Food Show: Dec. 7, Doors open at 10 AM (all are welcome to come vote for People's Choice Award)
- -PALS & County Council meetings: Dec. 17, 6 PM (both will vote on 2020 officers)
- -Check out dates and info for Horse contests and Dairy contests for 2020, and other 2020 events!

For those that are planners, please check out the Rowan County Cooperative Extension website calendar for lots of **2020 dates**:

https://rowan.ces.ncsu.edu/events/

Please note the January 2020 deadline for 2019 Project Record Books, Portfolios and Achievement Plans and use the links I've provided for those materials (all are in this newsletter).

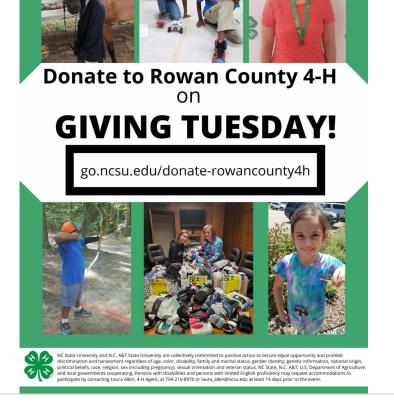
If you are new to 4-H or if you have not enrolled for 2019, please register at nc.4honline.com. Please also realize that ALL 4-H'ers and volunteers will have to RE-ENROLL in 4HOnline in January 2020 to participate in 4-H in the year 2020.

I wish you and your family a wonderful holiday season!

Laura

My contact information: laura_allen@ncsu.edu 704-216-8970







Upcoming Meetings

County Council: These meetings are for any 4-H'er ages 12-18 as of January 1. We will meet in the Suite A Conference Room at the extension Office at 6 PM.

December 17, 2019 (will take 2020 officer nominations and vote for 2020 officers)

January 28, 2020

February 18, 2020

March 30, 2020

April 20, 2020

**additional dates are listed on the Rowan County Cooperative Extension calendar.

PALS: These meetings are for any <u>parent</u>, <u>alumni</u>, <u>or leader</u> (<u>or anyone at all</u>) <u>who supports 4-H</u>. If you are interested in 4-H or new to 4-H, you are invited to attend these meetings as well! Please come share your ideas for 4-H and help us find ways to support Rowan County 4-H. This group will meet at the Rowan County Cooperative Extension office in Auditorium A at 6 PM.

December 17, 2019 (will take 2020 officer nominations and vote for 2020 officers) Required Volunteer Training: January 28, 2020

February 18, 2020

April 20, 2020

**additional dates are listed on the Rowan County Cooperative Extension calendar.

4-H Wreath Sale Pick Up is Dec. 5!

If you or someone you know ordered wreaths, please make sure you/they come pick them up at the Extension office on Dec. 5 from 8:30-4:30 PM.



sale that day! Anyone can come by and purchase them, even if you didn't buy a wreath!***



Come help us on wreath pick up day on Thursday, Dec. 5: help gather orders, check orders, load wreaths in car. (Laura is allergic, so we'll need some extra help that day!) Sign Up Here to help with pick up! Thanks to those who have already signed up!

If you need to look back at the flyer for any reason, all information can be found here: <u>4-H Wreath Sale</u> List & Ordering Information



4-H Food Show: come taste test for People's Choice Award!

The annual 4-H Food Show will be held on **Saturday, December 7**. The theme for this year is **Egg-cellent Recipes** where all recipes must contain eggs! The categories are: Appetizers, Breakfast Items, Lunch/Supper Entrees, Side Dishes, Baked Goods. We have 6 participants this year!

All are welcome to attend and support these 4-H'ers. Each attendee will have the chance to vote for the People's Choice Award recipient!

CLICK HERE for Food Show Rules, Judging Rubic



Project Record Books, Achievement Plans, & More!

The deadline for submitting 2019 4-H Project Record Books, Achievement Plans and/or Portfolios is January 9, 2020.

These include records from 4-H projects and achievements from January-December 2019, but are due in early 2020.

Please let Laura know if you have questions about these opportunities and how you can get involved! Some of them are competitive and involve winning money if you place 1st at the district/state level.

Use these links to help you:

Project Record Book for Rowan Cloverbuds (5-7 years old)

Project Record Book for 8-12 years old

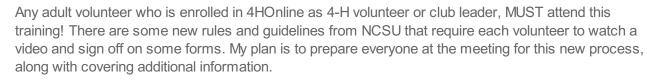
Project Record Book for 13-18 years old

Helpful Hints for doing Project Record Books

Achievement Plan

NC 4-H Incentives & Awards Programs

Rowan 4-H Volunteer Required Training: Jan. 28, 6-8 PM





We will also cover some other training material. Please help me decide what you would most like

training on by filling out this form: 4-H Volunteer Training Survey



Upcoming 4-H Programs

"Speak Up" Public Speaking Workshop Series:

Save the date now for this wonderful public speaking experience for youth ages 7-18 (as of January 1). This 4 week workshop series will be held on Mondays in January/Feb (Jan. 27, Feb. 3, 10, 17). The youth are divided by age and attend at different times based upon their age. This workshop is taught by Cheryl Kane of Barton & Kane Consolidated who has years of experience in this area and does an awesome job with the youth. Youth must be pre-registered by January 17, 2020. Cost is \$40 per child which is due at the January 27 session. There is a multi-child discount available (contact Laura). This workshop is open to any Rowan County youth, whether they are currently in 4-H or not. Youth attending can be first time or repeat attendees. **All details on flyer below.**



Join Rowan County 4-H for:

Speak up!

A series of 4 workshops to develop Public Speaking Skills in youth ages 7-18 (as of Jan. 1).

January 27 Feb. 3, 10, 17



Session 1 (ages 7-11 as of Jan 1) is from 4:30-5:45 PM Session 2 (ages 12-18 as of Jan 1) is

from 6:00-7:15 PM

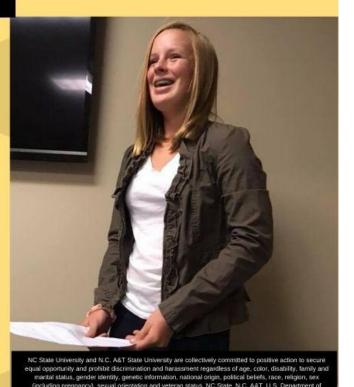
Total Cost: \$40 per child Multi-child discount available

Rowan County
Cooperative Extension
2727 Old Concord Road
Salisbury, NC 28146

Must PRE-REGISTER
by January 17
704-216-8970
laura_allen@ncsu.edu







4-H Embryology Program Dates for 2020

It's time to register for the 4-H Embryology program for 2020! This option is open to 2nd grade and 7th grade teachers (public, private, charter) as well as homeschool families. To register, please email Laura Allen, 4-H Agent, at laura_allen@ncsu.edu.



The Rowan County Homeschool, Charter School & Private School Cycle is:

February 4 (3:30 PM training & pick up)

Turn in is February 28 no later than 4:30 PM

Must pre-register by January 17

This cycle IS NOT open to public schools

Public School Cycle Dates (choose one of 2)

- *Must pre-register by Feb. 7*
- *These cycles are ONLY open to Public Schools*

See flyer below for details:

Seeking 2nd grade & 7th grade classrooms in the Rowan-Salisbury School System to participate in:

4-H Embryology

Cycle 1 Cyc

Training & Materials Pick up: Training & Materials Pick up: March 3, 2020 at 3:30 PM April 14, 2020 at 3:30 PM Chicks & Materials Must Be Chicks & Materials Must Be Returned: Returned: March 27, 2020 by 5 PM May 8, 2020 by 5 PM Training/pick-up will be held at Rowan County Cooperative Extension. All chicks & materials must be returned to Rowan County Cooperative Extension. Cost: To register, contact:

\$10 per classroom

Must pre-register by Feb. 7

laura_allen@ncsu.edu 704-216-8970 2727-A Old Concord Rd. Salisbury, NC 28146

Those involved in this program will be provided with the following supplies during the project: incubator with built in thermometer (\$135 value), chick life cycle kit, fertilized eggs, curriculum, life cycle poster, chick feed. All supplies and chicks will be returned to Rowan County 4-H at the conclusion of the program.

Those involved with this program will have to provide the following items for this project: brooder box (a plastic tote works fine), shavings (can use shredded paper/newspaper, sand, etc), and heat lamp/bulb. This should be of minimal cost to you as you hopefully have most of these things at home or school already.

At the required training, all teachers will be trained on the incubation process to help ensure project success. At the conclusion of the training, all teachers will get the supplies they need for the project (including the fertilized eggs) and will take them home with them that night. The eggs have to stay at 68-70 degree Fahrenheit until the next day when you will incubate them, so plan accordingly. To participate, teachers MUST attend this training. If a teacher participated in the 4-H Embryology program in 2019, they can come at 4:15 to pick up their supplies instead of attending the 3:30 training. However, I still recommend they come to the training to help ensure a successful hatch.



Winter Enrichment (for youth ages 13-18), SAVE THE DATE

Winter Enrichment will be Saturday, January 11 in Union County. More details about this one day, South Central 4-H District event will be shared as they are received from the district officers. If your child is interested, please let Laura know!



Application, Interview, Resume, Electronic-Video (AIRE)

AIRE is a workforce development and college prep program for youth ages 11-18 (as of Jan. 1).

Youth are eligible participate in this program in one of two ways.

Option 1: Youth participate in this program by completing the four (4) AIRE candidate packet components. All candidates submitting a complete packet will be invited to participate in either the State-Level competitive program (open to youth ages 14-18) or in the non-competitive program (open to youth ages 11-13). Youth participating in the competitive AIRE program are eligible to be selected to attend national events such as National Congress, National Conference, and

international Leadership Conference.

**This option requires youth to submit their packets to Laurano later than June 1, 2020.

<u>Option 2:</u> Youth participate in this program by completing the AIRE program components as self-study and/or as part of their local 4-H program. This option does not require the participant to submit their AIRE packet for State-level review.

Read more at: https://nc4h.ces.ncsu.edu/youth-3/application-interview-resume-essay-aire/

Rowan 4-H will attend 4-H Camp at Betsy-Jeff Penn on June 28-July 3, 2020

4-H Camp is for youth ages 8-14. It is an 5 night, 6 day overnight camp from a Sunday-Friday during the summer. We officially have camp dates and a location! We will be going to Betsy-Jeff Penn in Reidsville, NC on June 28-July 3, 2020.

AAL Laura
erested. I

If you THINK you may be interested in sending your child to 4-H Camp, PLEASE EMAIL Laura at laura_allen@ncsu.edu! This does not lock you in, just shows me that you MAY be interested. I need to know the name of the child, child's birthday and parent names and contact information. Then, I will keep in touch with you about 4-H Camp! Official registration information will come out in 2020.

Camp costs \$420 per person. 4-H'ers who are active in a 4-H club or multiple county level events for at least 6 months prior to the registration date will owe \$375. If we receive donations from local groups, the cost may be less per person, but we will not know that until closer to time.

To learn more about camp, check out:

NC 4-H Camping Centers

Betsy-Jeff Penn 4-H Educational Center

Millstone 4-H Camp

Volunteer Training Opportunities

Please contact Laura if you are interested in attending any of these events. Registration infowill be sent out once it is available.

State Volunteers Leaders' Conference is Jan. 31-Feb. 2 at the Hilton Durham near Duke University: 3800 Hillsborough Road, Durham, NC

***This conference is HIGHLY recommended for 4-H Volunteers! There will be some cost on your part to attend. I will soon be emailing out more information to all official 4-H volunteers.

North Carolina 4-H Master Volunteer Achievement in Continuing Education (ACE) is an opportunity offered by NC 4-H. The ACE program is a wonderful program to help volunteers learn and grow! Specifically, this program is designed to assist volunteers in the development of specialized skills as 4-H volunteers by participating in quality training experiences, processing learning experiences, conducting service activities/projects, and developing a Master Volunteer ACE portfolio. Use these links for more information!

ACE program details

ACE forms packet

ACE renewal forms

**If you participate in this program this year, all ACE portfolios as well as ACE renewal and specialty portfolios are due in hand to Sarah Kotzian in Raleigh on Monday, December 2nd.



Adults: join us to support 4-H!

PALS stands for Parents, Alumni and Leaders and is a group in Rowan County for ANYONE who supports and believes in 4-H! This group is instrumental in planning and conducting fundraisers to help provide funding for 4-H Event Scholarships to 4-H'ers. This group also has a hand in developing ideas for the 4-H program. Important information is shared at these meetings that help provide club leaders, parents, volunteers and supporters with the information they need to better understand and assist the 4-H program. Join us! We would love to have you! We are planning several fundraisers and could use your help in making these events successful!

<u>Upcoming PALS fundraisers; Helpers needed!</u>

-April 3: Port-a-Pit (will pre-sale tickets)



Current Rowan 4-H Cloverbucks guidelines

Please find the updated Cloverbucks document and 4-H Event Scholarship application on the Rowan County Cooperative Extension website or click <u>HERE!</u>



4-H Club Opportunities

- 1. Southern States in Mooresville contacted me to let me know that their store is available as a location if any 4-H clubs would like to conduct an event there (bake sale, kids craft, etc). If you are interested, please contact Melanie at 704-360-3938.
- **2.** You are encouraged to conduct 4-H fundraisers for your clubs! Please let Laura know before you plan or conduct a fundraiser.

Important Info for 4-H Club Leaders:

ALL OFFICIAL 4-H VOLUNTEERS: Please report your contacts by the 10th of every month. I need you to go ahead and complete your December report projections by Dec. 10 as well since my reporting is due in December.:



http://go.ncsu.edu/2019monthly4hreport

- -The 4-H year runs January-December. <u>All volunteers and club</u> <u>members MUST be re-enrolled in 4HOnline in January 2020</u>, regardless of when they registered in 4HOnline in 2019.
- -4-H Club re-chartering packets will be available at the PALS December

2020.

- -If you are seeking reimbursement from your club's account OR if you are needing money out of your club's account to pay a bill, please use the <u>PALS money use form.</u>
- -Your club is encouraged to do fundraisers! Please let Laura ahead of time to make sure it won't conflict with another 4-H fundraiser and to make sure all receipting requirements are being met.
- -It is OKAY for your club to seek donations. **However**, please notify Laura of this as well (we don't want our county program and multiple clubs to be seeking donations from the same folks every time).
- -If your club receives money (donation, club fee, fundraiser money, etc) the money MUST be RECEIPTED and TURNED IN to the Extension office within **3 DAYS** of receiving it! If you need a receipt book, please let Laura know.
- -Please use the 4-H Club Leader Resource folder (link emailed to club leaders). No need to "reinvent the wheel" when we have great resources we can share! If you don't have access and would like to have access to this folder, email Laura!
- -All of your club members MUST be enrolled in **4HOnline** in order to participate in 4-H! You are REQUIRED to keep a copy of each 4-H'ers enrollment form with you at 4-H club meetings and events and to keep them locked up when not in use. Contact Laura if you are missing any enrollments.
- -Please push your 4-H'ers to do a project record book, Achievement Plan or to get involved in 4-H in a new way! The due date for 2019 Achievement Plans, Project Record Books & Portfolios is January 9, 2020.
- -Brief club information and/or a 4-H picture & caption can be submitted for the newsletter. Please send it to me by the 25th of the month prior to the newsletter publishing date (which is typically the 1st of the month).
- -Don't forget that your club MUST do at least 1 service project each year!
- -Remember that as a club leader, you MUST attend 1 volunteer training during the calendar year to be able to re-charter your club. For Emerald Seal, you must attend 2 volunteer trainings.

THANKS FOR ALL YOU DO!!!!

Click here for more information:

Achievement Plan
Project Record Books and Presentations
4-H Ambassador Program



Horse Updates

Are you interested in 4-H <u>Horse Judging, Hipplology or Quizbowl</u>? It will soon be time to get prepared for the 2020 events! If interested, please email laura allen@ncsu.edu as soon as possible!

NC 4-H Horse Program Information



Dairy Updates

The first dairy judging practice of 2020 will be <u>January 2</u>, <u>2020 at 2 PM</u> at the Rowan County Cooperative Extension office.

4-H Dairy Judging contest is March 27, 2020.



Poultry Updates

Poultry Judging practice for 2020 will start back in April or May 2020.

The contest date is July 19, 2020 in Raleigh, NC.

4-H Shout Outs

- -Thanks to all who participated in the 4-H Sock Drive hosted by Rowan County 4-H County Council. We brought in a total of 993 pairs of socks, which were all donated to Rowan Helping Ministries and Main Street Marketplace!
- -Thanks to those that helped with the PALS concessions fundraiser at the Old English Bantam Association show on Nov. 2!
- -Congratuations to the Rowan 4-H poultry judgers who competed at the National 4-H Poultry Judging competition in Louisville, Kentucky on Nov. 21.

The team of Josie Correll, Lauren Hayes, Sierra Simmerson and Grace Walters placed 9th overall in the nation out of 18 teams. They placed 4th overall in Market Poultry and 4th overall in Market Eggs. Sydney Swing traveled to compete individually during the event.

Individually:

Sierra: 8th in Market Poultry, 20th overall (won \$25) Sydney: 3rd in Market Eggs, 6th in Market Poultry

Lauren: 6th in Market Eggs

Congrats to these 4-H'ers for a job well done!



Rowan Rolling Pins 4-H Club update

<u>Submitted by Olivia Stirrup, club president:</u> Happy Holidays from the Rowan Rolling Pins! We recently have had our November meeting. We prepared a Thanksgiving feast and packaged 20 meals for Main Street Mission. Coming up is our December meeting where we will all prepare a dish to pass and & play holiday themed games.

<u>Submitted by Cheryl Correll, club leader:</u> At their November meeting, the Rowan Rolling Pins used the new skills learned in their cooking club to prepare and donate "Thanksgiving" meals to those who may not be able to create the

homemade goodness for themselves. Club members prepared sweet potato casserole, macaroni and

cheese and mini apple pies to go along with ham and green beans to donate to Main Street Mission's Marketplace in China Grove. Main Street Marketplace is "set up like a grocery store where neighbors



who need assistance receive a certain number of credits or tabs based on family size." 20 delicious home-cooked Thanksgiving meals were donated to this amazing community outreach program.



Purchase a Barn Quilts of Rowan 2020 calendar

We have Barn Quilts of Rowan 2020 Calendars available for purchase the Rowan County Cooperative Extension office! The calendars are \$10 each. The three barn quilts that hang on the outside walls of the Extension office are featured for the month of April.



To purchase, come by the Rowan County Cooperative Extension office.



NC 4-H International Exchange Programs

The information for the 2020 NC 4-H International Exchange Programs is now available. The information that has been provided on this site gives opportunities for Inbound and Outbound delegates.



The information for the Summer Inbound Programs will be sent once we have finalized dates for the Costa Rican delegation arrival in June and the Japanese delegation arrival in July. NC is looking forward to again hosting 12 Japanese delegates and chaperone & 3 Costa Rican delegates/chaperone this coming summer.

Click here to learn about NC 4-H International Exchange Programs

Learn about nature with the Soil & Water Conservation District

"Naturalist Club"

Check out this cool opportunity with the Soil & Water Conservation District! Lots of hands on learning about all things nature! This could also lead to competing on the Rowan County Envirothon team! This is open to all youth, regardless of what type of school they attend (homeschool, public, charter, private).



OUTDOOR ENVIRONMENTAL CLUB Thursdays, 4:00-5:30

Next meeting December 5th at the Agricultural Building

Middle and High School Students

If you are interested in learning how to identify animals by their skulls, trees by their leaves, or just generally love spending time outdoors with new friends, then you may be interested in joining us for this new club of outdoor enthusiasts!

Through hands-on exploration and outdoor excursions we will learn about wildlife management, forestry practices, fish and water quality, and much more. Come be a part of the club or test your naturalist skills by joining the Envirothon team.

If you are interested, but aren't available on Thursdays, please let me know. There may be alternate dates available. All middle and high school students are welcome.

Kelli Isenhour, Education Coordinator
Kelli.Isenhour@rowancountync.gov
(704) 216-8998
2727 Old Concord Rd.
Salisbury, NC 28146





Farm Bureau offers IFAL program for rising HS seniors

If you are currently a junior in high school and are interested in pursing an agricultural major, you should apply for IFAL! IFAL stands for Institute for Future Agriculture Leaders. This free summer camp is offered at NC State University and NC A&T State University.

Learn more about IFAL here!



Rowan County 4-H Club



- -monthly meetings
- -educational activities
- $\hbox{-parliamentary procedure} \\$
- -leadership skills
- -public speaking
- -hands-on learning
- -fun
- -new friends
- -service projects

For more info, contact:

laura_allen@ncsu.edu, 704-216-8970

Focus: Horses

-ERSC Blazing Hooves 4-H Club
-Happy Trails 4-H Club
(both in East Rowan area)

Focus: Shooting Sports

- -Hot Shots 4-H Club (Salisbury)
- -Lead Drivers 4-H Club (Mt. Ulla)
 - *must be 8 years old as of Jan. 1*

Focus: Cooking

-Rowan Rolling Pins 4-H Club (Mt. Ulla)

Focus: Livestock, Dairy, Poultry

-Livestock 4-H Club (Salisbury)

Focus: Plants/Nature for homeschool youth

-Jr. Master Gardeners 4-H Club (Salisbury)

Focus: variety of topics

- -Rowan Researchers 4-H Club (Rockwell/China Grove)
- -West Rowan 4-H Explorers 4-H Club (Mt. Ulla)



For youth ages 5-18 (as of January 1).



All club leader volunteers are screened & trained.

NC State University and N.C. A&T State University are collectively committed to positive action to secure equal opportunity and prohibit discrimination and harassment regardless of age, color disability, family and marital status, gender identity, genetic information, national origin, political beliefs, race, religion, sex (including pregnancy), sexual orientation and veteran status. NC State, N.C. A&T, U.S. Department of Agriculture, and local governments cooperating. Persons with disabilities and persons with limited English proficiency may request accommodations to participately contacting Laura Allen, Rowan Crunty at Harmy agree, as for a real support of the second state of

How to Start a New 4-H Club!

Are you interested in starting your own 4-H club to meet the needs and interests of your family or community? If so, here are the requirements to charter a new 4-H Club:



- 2. The club must have at least 5 members from at least 3 different families.
- 3. A written program of work must be completed for the first 6 meetings and must be been submitted to the county Cooperative Extension office.
- 4. The club is organized with appropriate youth leaders that are either rotated or elected.
- 5. A club roster is completed and submitted to the county Cooperative Extension office.



An approved 4-H charter application must be on file at the Rowan County Cooperative Extension office and each club must re-charter annually. 4-H members must fill out 4-H enrollment and medical forms annually.

Please email laura_allen@ncsu.edu if you are interested in starting a club!

Click here for more information:

4-H Clubs



Shared Folder for 4-H Pictures

I've had requests for some of the 4-H pictures I have taken at different events. To make it easier for everybody, I've created a shared folder in my Google Drive and have added all of my 4-H pictures in there. Please do not delete them, but you can copy ones you want to save, you can add pictures taken at 4-H events, etc. Also, be mindful that not all 4-H'ers have signed waivers allowing their picture to be taken. If I see any added pictures that include youth without that signed waiver, I will delete them. Here is the link:

https://drive.google.com/drive/folders/16GQ50QsLH10AVBFeg2y1EHfoOP0DGkZm?usp=sharing

Upcoming Events

December 5: Wreath Sale Pick Up, 8:30 AM-4:30 PM December 7: 4-H Food Show, doors open at 10 AM December 17: PALS & County Council meetings, 6 PM

January 2: Dairy Judging practice, 2 PM

January 9, 2020: Due date for 2019 Project Record Books, Portfolios, Achievement Plans

January 17: Registration due for Speak Up workshop series

January 27, February 3, 10, 17: Speak Up

January 28: 4-H Volunteer Training and County Council meeting, 6 PM

January 30: 4-H Club rechartering packets due

January 31-Feb.2: NC Volunteer Leaders' Association Conference, Durham, NC

February 24: Achievement Night, 6 PM

Laura H. Allen
4-H Youth Development Agent
Rowan County Center
704-216-8970

laura_allen@ncsu.edu rowan.ces.ncsu.edu

Like us on Facebook

Follow us on Twitter

NC State University and N.C. A&T State University work in tandem, along with federal, state and local governments, to form a strategic partnership called N.C. Cooperative Extension.

Extension's 4-H program is the largest youth development organization in North Carolina. We help over 247,000 young people grow into active, contributing citizens each year.