

N.C. A&T



Clover Connection

Rowan County 4-H Newsletter

November 2019



From the Agent:

NC STATE

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The holiday season is upon us and we have some seasonal events coming up, such as the Wreath Sale and the Bow Making Class to make bows to sell at the Wreath Sale! Read further in the newsletter for the specifics!

Make sure to check out information about the upcoming 4-H Food Show, as registration is due in November.

Horse contests (judging, hippology, quiz bowl) will be here soon, so read the Horse Updates section for how to get involved.

For those that are planners, please check out the Rowan County Cooperative Extension website calendar for lots of **2020 dates:** <u>https://rowan.ces.ncsu.edu/events/</u>

<u>**Club Leaders:**</u> Please read the Club Leader section, Club Opportunities section (new!) and the sections about upcoming 4-H Volunteer Trainings! There are also some upcoming event flyers & other info that may be useful to your club! Please read! And don't forget to share the info in this newsletter with your club members at club meetings!

Please note the January 2020 deadline for 2019 Project Record Books, Portfolios and Achievement Plans and use the links I've provided for those materials (all are in this newsletter).

If you are new to 4-H or if you have not enrolled for 2019, please register at <u>nc.4honline.com</u>. Please also realize that ALL 4-H'ers and volunteers will have to RE-ENROLL in 4HOnline in January 2020 to participate in 4-H in the year 2020.

I hope you'll find a way to get your family involved in 4-H! Let me know how I can help you in your 4-H experience!

Laura

My contact information:

laura_allen@ncsu.edu 704-216-8970



Upcoming Meetings

County Council: These meetings are for any 4-H'er ages 12-18 as of January 1. We will meet in the Suite A Conference Room at the extension Office at 6 PM.

November 7, 2019 December 17, 2019 January 28, 2020 February 18, 2020 March 30, 2020 April 20, 2020 **additional dates are listed on the Rowan County Cooperative Extension calendar.

PALS: These meetings are for any <u>parent</u>, <u>alumni</u>, <u>or leader</u> (<u>or anyone at all</u>) <u>who supports 4-H</u>. If you are interested in 4-H or new to 4-H, you are invited to attend these meetings as well! Please come share your ideas for 4-H and help us find ways to support Rowan County 4-H. This group will meet at the Rowan County Cooperative Extension office in Auditorium A at 6 PM.

December 17, 2019 February 18, 2020 April 20, 2020 **additional dates are listed on the Rowan County Cooperative Extension calendar.

4-H Wreath Sale is underway!

The Rowan County 4-H Wreath Sale fundraiser is currently underway! All funds from this wreath sale will go back to individual 4-H clubs to assist with club expenses and to our PALS group to help fund scholarships, programming, and volunteer training.



If you are a 4-H'er, then you can participate in this fundraiser to help earn money for your 4-H club!!!

To make this wreath sale a success, we NEED YOUR HELP!!! Here's what you can do to help:

1. Share the flyer with all your family, friends and co-workers (talk to them, hand them a flyer, share it on social media, etc)

2. Have your 4-H'er practice their salesmanship skills by actively trying to sell wreaths to those in our community. If your 4-H'er is a member of a 4-H club, the profits from what they sell go directly back to their club. **We have sales sheets available at the 4-H office. Please come pick one up! Please make sure your club name is listed on the sales sheet or your club will not get credit for the sale!**

3. Come help us on wreath pick up day on Thursday, Dec. 5: help gather orders, check orders, load wreaths in car. (Laura is allergic, so we'll need some extra help that day!) <u>Sign Up Here to help with pick up!</u>

All orders are due by Wednesday, November 21. Orders must be submitted on the sales sheet (pick one up at our office) or by calling 704-216-8970. Wreath pick up is Thursday, Dec. 5 from 8:30 AM-4:30 PM. Customers must pay during pick up. Cash and checks accepted (checks made out to Rowan County CES).

All information can be found here: 4-H Wreath Sale List & Ordering Information







Support Rowan County 4-H youth by purchasing a beautiful Fraser Fir or Boxwood Wreath. Wreaths are made by a small family owned and operated Christmas Tree Farm in Alleghany County.

Fraser Fir WreathsRingOverallPrSizeDimensions12"20-204"\$2





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24"	30-38"	\$40
<u> </u>	00-00	9-10

Boywood Wreaths

Donitoou micu		
Ring	Overall	Price
Size	Dimensions	
12"	20-24"	\$25
16"	26-30"	\$35



Additional Items:





Square Wreath



Triple Mix Wreath



Christmas Star Ring Size Price 27" \$50

	Garland
	White Pine
סריי	@20

25	\$20
50"	\$30
75"	\$40



Deadline to Order is Thursday, November 21, 2019 Wreath pick-up is Thursday, December 5, 2019 8:30 a.m. - 4:30 p.m. To order call the Extension Office 704-216-8970

Make checks payable to Rowan 4-H PALS or bring the exact amount in cash *Bows made by 4-H'ers and Volunteers will be for sale at pick up*

NC State University and N.C. A&T State University are collectively committed to positive action to secure equal opportunity and prohibit discrimination and harassment regardless of age, color, disability, family and marital status, gender identity, genetic information, national origin, political beliefs, race, religion, sex (including pregnancy), sexual orientation and veteran status. NC State, N.C. A&T, U.S.Department of Agriculture, and local governments cooperating

Don't forget about Plant Sale pick up!



If you or someone you know ordered plants during our Fall 4-H Plant Sale, make sure to pick them up on Thursday, Nov. 7.

Here is the sign up sheet for those who have already signed up to help or those who want to: Sign up for Plant Sale pick up



4-H Food Show: to participate, REGISTER by Nov. 22

The annual 4-H Food Show will be held on **Saturday, December 7**. You MUST pre-register by Nov. 22. The theme for this year will be Egg-cellent Recipes where all recipes must contain eggs! The categories are: Appetizers, Breakfast Items, Lunch/Supper Entrees, Side Dishes, Baked Goods.

Any current 4-H'er or any community member age 5-18 as of January 1st (who will have to fill out a 4-Henrollment form) may participate

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CLICK HERE for Food Show Rules, Judging Rubic & Registration Link

Or, go to the Rowan County Cooperative Extension website to find all of the Food Show information!



Upcoming 4-H Programs, Fall 2019 & Early 2020

Please call 704-216-8970 or email laura_allen@ncsu.edu to sign up!

Electric Workshop: Saturday, November 16, 2019, 9 AM-3 PM

This workshop, open to youth ages 8-18, involves an intro to electricity, soldering and putting together an electric kit. It is already full with 4 youth on a waiting list. If you are interested in this topic, please let Laura know so that we can hopefully offer another class soon!

Bow Tying Class: Tuesday, November 12, 6-8 PM

This workshop is for 4-H'ers, parents/family of 4-H'ers and 4-H club leaders/volunteers. Sue Shell, a China Grove resident, will be teaching us how to tie bows. The purpose of this workshop is for all of us to learn a new skill and then sell the bows we make during the Wreath Sale Pick Up as a 4-H fundraiser. **This workshop is FREE.** Please note that all bows will be staying at the 4-H office to sell as a fundraiser. **RSVP due by Nov. 6** to laura_allen@ncsu.edu or 704-216-8970. (Flyer below)

We need YOU to attend this workshop to help make this project a success!

<u>"Speak Up" Public Speaking Workshop Series:</u>

Save the date now for this wonderful public speaking experience for youth ages 7-18 (as of January 1). This 4 week workshop series will be held on Mondays in January/Feb (Jan. 27, Feb. 3, 10, 17). The youth are divided by age and attend at different times based upon their age. This workshop is taught by Cheryl Kane of Barton & Kane Consolidated who has years of experience in this area and does an awesome job with the youth. Youth must be pre-registered by January 17, 2020. Cost is \$40 per child which is due at the January 27 session. There is a multi-child discount available (contact Laura). This workshop is open to any Rowan County youth, whether they are currently in 4-H or not. Youth attending can be first time or repeat attendees. **All details on flyer below.**







Workshop Leader: Cheryl Kane of Barton & Kane Consolidated Join Rowan County 4-H for:

Speak up!

A series of 4 workshops to develop Public Speaking Skills in youth ages 7-18 (as of Jan. 1).

> January 27 Feb. 3, 10, 17

Session 1 (ages 7-11 as of Jan 1) is from 4:30-5:45 PM

Session 2 (ages 12-18 as of Jan 1) is from 6:00-7:15 PM



Nominate a 4-H'er for "Service Above Self" Award

The Rowan County Service Above Self Youth Award applications are now available. This is an annual, local nomination process where adults can nominate youth for their service activities over the past year. This event is hosted and sponsored by Rowan County United Way, Rowan Rotary Club and other local donors. <u>I encourage 4-H club leaders & volunteers to nominate 4-H'ers for their service work!</u> All nominations are due no later than November 15.

All youth who are nominated will receive a certificate and get recognized on stage during an awards ceremony on December 12 at 6:30 PM at Catawba College. Those who win first, second and third place in each age category receive cash prizes and certain winners also receive future scholarships to Catawba College.

You can read more about it and find the application (online or you can print a form) here: <u>Service Above Self Youth Award</u>

PALS Concessions Fundraiser (sign up to help using links below)!

This event is TOMORROW, November 2! We will be located in the building behind the new building at the Rowan County Fairgrounds (this is a different building than we were in last year). We will be at the end closest to the barn.

Thanks to those who volunteered to purchase, cook or donate items or their time for this event!

<u>Here is the sign up sheet for volunteer workers during this event!</u> Several have signed up, but we could use a few more. Please sign up and come help us! We need adults, older 4-H'ers to assist with making food orders and a few younger 4-H'ers to walk around to get folks to purchase barn quilt raffle tickets. Sign up to work here: <u>SIGN UP to work!</u>

Don't forget that PALS is asking each 4-H Club to donate 2 dozen home-made baked goods (individually wrapped, no icing) OR asking for the club to donate \$15 towards costs of purchasing items.





brought to the Extension office on Nov. 1 or to the fairgrounds by 9 AM on Nov. 2: <u>4-H Club Baked Goods/Donations Sign Up</u>

Join us for a 4-H PALS fundraiser!

Saturday, November 2 6:30 AM-2 PM

at the

Old English Bantam Show

Rowan County Fairgrounds 1560 Julian Rd Salisbury, NC 28146

Biscuits, Hamburgers, Hot dogs, Chips, Baked Goods, Drinks, Coffee All proceeds from concessions will benefit 4-H members in Rowan County.

Thank you for supporting





Project Record Books, Achievement Plans, & More!

The deadline for submitting 2019 4-H Project Record Books, Achievement Plans and/or Portfolios is January 9, 2020.

These include records from 4-H projects and achievements from January-December 2019, but are due in early 2020.

Please let Laura know if you have questions about these opportunities and how you can get involved! Some of them are competitive and involve winning money if you place 1st at the district/state level.

Use these links to help you: Project Record Book for Rowan Cloverbuds (5-7 years old) Project Record Book for 8-12 years old Project Record Book for 13-18 years old Helpful Hints for doing Project Record Books Achievement Plan NC 4-H Incentives & Awards Programs



Adults: join us to support 4-H!

PALS stands for Parents, Alumni and Leaders and is a group in Rowan County for ANYONE who supports and believes in 4-H! This group is instrumental in planning and conducting fundraisers to help provide funding for 4-H Event Scholarships to 4-H'ers. This group also has a hand in developing ideas for the 4-H program. Important information is shared at these meetings that help provide club leaders, parents, volunteers and supporters with the information they need to better understand and assist the 4-H program. Join us! We would love to have you! We are planning several fundraisers and could use your help in making these events successful!

Upcoming PALS fundraisers; Helpers needed!

-November 2: Concessions at the Old English Bantam Show, Rowan County Fair -November/December: 4-H Wreath Sale -April 3: Port-a-Pit (will pre-sale tickets)

Interested in 4-H Camp in Summer 2020?

4-H Camp is for youth ages 8-14. It is an 5 night, 6 day overnight camp from a Sunday-Friday during the summer. We will either be attending Betsy-Jeff Penn or Millstone 4-H Camp.

If you THINK you may be interested in sending your child to 4-H Camp, PLEASE EMAIL Laura at laura_allen@ncsu.edu! This does not lock you in, just shows me that you MAY be interested. I need to know the name of the child, child's birthday and parent names and contact information. Then, I will keep in touch with you about 4-H Camp!

Camp costs \$420 per person. 4-H'ers who are active in a 4-H club or multiple county level events for at least 6 months prior to the registration date will owe \$375. If we receive donations from local groups, the cost may be less per person, but we will not know that until closer to time.



In October 2019, I have to request the number of slots Rowan wants and rank our choices for which week to attend. We will not know what week we were assigned until January 2020.

To learn more about camp, check out: <u>NC 4-H Camping Centers</u> <u>Betsy-Jeff Penn 4-H Educational Center</u> <u>Millstone 4-H Camp</u>



Current Rowan 4-H Cloverbucks guidelines

Please find the updated Cloverbucks document and 4-H Event Scholarship application on the Rowan County Cooperative Extension website or click <u>HERE!</u>

Volunteer & 4-H Volunteer Training Opportunities

Please contact Laura if you are interested in attending any of these events. Registration info will be sent out once it is available.

South Central District Fall Day: Saturday, November 2 in Anson County from 9 AM-2:30 PM. Thanks to Charles & Sarah Nettles and Sherry Hill for registering for this event.

<u>State Volunteers Leaders' Conference</u> is Jan. 31-Feb. 2 at the Hilton Durham near Duke University: 3800 Hillsborough Road, Durham, NC

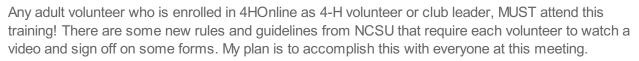
North Carolina 4-H Master Volunteer Achievement in Continuing Education (ACE) is an opportunity offered by NC 4-H. The ACE program is a wonderful program to help volunteers learn and grow! Specifically, this program is designed to assist volunteers in the development of specialized skills as 4-H volunteers by participating in quality training experiences, processing learning experiences, conducting service activities/projects, and developing a Master Volunteer ACE portfolio. Use these links for more information! ACE program details

ACE forms packet

ACE renewal forms

If you participate in this program this year, all ACE portfolios as well as ACE renewal and specialty portfolios are **due in hand to Sarah Kotzian in Raleigh on Monday, December 2nd.

Rowan 4-H Volunteer Required Training: Jan. 28, 6-8 PM





We will also cover some other training material. Please help me decide what you would most like training on by filling out this form: <u>4-H Volunteer Training Survey</u>

4-H Club Opportunities



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1. Southern States in Mooresville contacted me to let me know that their store is available as a location if any 4-H clubs would like to conduct an event there (bake sale, kids craft, etc). If you are interested, please contact Melanie at 704-360-3938.

2. If your club is or is wanting to have any type of community service drive in December (canned food, sock, etc), please let me know! I have been contacted by someone who is interested in having her group partner and assist a 4-H group with a drive in December.

3. Don't forget about the Wreath Sale as a way to make some money for your 4-H club!

Important Info for 4-H Club Leaders:

ALL OFFICIAL 4-H VOLUNTEERS: Please report your contacts by the 10th of every month: <u>http://go.ncsu.edu/2019monthly4hreport</u>



-If you are seeking reimbursement from your club's account OR if you are needing money out of your club's account to pay a bill, please use the <u>PALS money use form.</u>

-Does your 4-H Club want to do a fundraiser? If so, GREAT! Just notify Laura ahead of time to make sure it won't conflict with another 4-H fundraiser and to make sure all receipting requirements are being met.

-It is OKAY for your club to seek donations. **However**, please notify Laura of this as well (we don't want our county program and multiple clubs to be seeking donations from the same folks every time).

-If your club receives money (donation, club fee, fundraiser money, etc) the money MUST be RECEIPTED and TURNED IN to the Extension office within **3 DAYS** of receiving it! If you need a receipt book, please let Laura know.

-New: 4-H Club Leader Resource folder! Club leaders have received this link in your email. I have added several materials to it recently. Please add any materials or contacts to it that you may have! No need to "reinvent the wheel" when we have great resources we can share! If you don't have access and would like to have access to this folder, email Laura!

-If you get new members to your club, PLEASE make sure they enroll in **4HOnline**. Please contact me to get a copy of any new member forms that you need. You are REQUIRED to keep these forms with you at 4-H club meetings and events and to keep them locked up when not in use.

-Please push your 4-H'ers to do a project record book, Achievement Plan or to get involved in 4-H in a new way! **The due date for 2019 Achievement Plans, Project Record Books & Portfolios is January 9, 2020.**

-As a reminder, if you, your club Reporter or a parent have any brief information or a 4-H picture & caption that you want published in the newsletter, please send it to me by the 25th of the month prior to the newsletter publishing date (which is typically the 1st of the month).

-Don't forget that your club MUST do at least 1 service project in 2019. Participating in the county wide Sock Drive will count!

Permember that as a slub leader you MIST attend 1 volunteer training during the colonder year to be

able to re-charter your club. For Emerald Seal, you must attend 2 volunteer trainings.

THANKS FOR ALL YOU DO!!!!

Click here for more information: Achievement Plan Project Record Books and Presentations 4-H Ambassador Program



Horse Updates

Are you interested in 4-H <u>Horse Judging, Hipplology or Quizbowl</u>? It will soon be time to get prepared for the 2020 events! If interested, please email laura_allen@ncsu.edu as soon as possible!

-Horse Judging Short Course offered by NC State Nov. 2-3, 2019. More information can be found here: <u>Horse Judging Short Course info</u>

-The most recent NC 4-H Horse Program Newsletter can be found here: <u>NC 4-H Horse Program</u> <u>Newsletter (August 2019)</u>.

-The 2019 NC 4-H Horse Calendar of Events can be found here: NC 4-H Horse Calendar for 2019

NC 4-H Horse Program Information



Dairy Updates

Dairy Judging practices will start back in January 2020. Dates to be determined closer to time.

4-H Dairy Judging contest is March 27, 2020.



Poultry Updates

Our 4-H state winning Senior Poultry Judging team will be competing in the National Contest November 19-22 in Louisville, Kentucky.

Upcoming practices to prepare for nationals: November 5, 1 PM November 13, 4-6 PM Nov. 18, 4-5 PM

Learn about nature with the Soil & Water Conservation District "Naturalist Club"

Check out this cool opportunity with the Soil & Water Conservation District! Lots of hands on learning about all things nature! This could also lead to competing on the Rowan County Envirothon team!



NATURALIST CLUB NEXT MEETING THURSDAY, NOVEMBER 7, 2019 2:00PM-3:30PM

Middle and High School Students

If you are interested in NC native wildlife, Forestry, Soils and Land Use, Current Environmental Issues, and Conservation then you may be interested in joining us for this natural resource conservation club.

These hands-on workshops will be designed to cover some of the information necessary to participate in the NC Envirothon competition, but you do need to participate in the Envirothon to attend these workshops.

If you are interested in this club, but aren't available on Thursdays, please let me know. There may be alternate dates available. All middle and high school students are welcome.

Kelli Isenhour, Education Coordinator

Kelli.Isenhour@rowancountync.gov

(704) 216-8998



Location:

Contact Kelli Isenhour for location information.

We vary the meeting space depending on the topic, but we typically meet at the

Ag Building 2727 Old Concord Rd. Salisbury, NC 28146



-Thanks to those who worked during Paper Clover Week at Tractor Supply. The Salisbury store had **\$2,123 donated to 4-H during this event, and of that, \$1,910.70 will be for Rowan County 4-H!**

My goal was \$2,000, so we surpassed our goal; this was largely in part to you showing up, being brave, and asking folks for money to support 4-H! THANK YOU!

-Thanks to those who helped with the County Council Hot Dog fundraiser at Tractor Supply on Oct. 12. We profited \$307.40 on the sale of food and also brought in lots of donations for Paper Clover Week!

-Five Rowan County 4-H'ers will be traveling to Louisvlle, Kentucky on November 19-22 to represent North Carolina at the National 4-H Poultry Judging contest. These youth include: Josie Correll, Lauren Hayes, Sierra Simmerson, Sydney Swing and Grace Walters.

Purchase a Barn Quilts of Rowan 2020 calendar

We have Barn Quilts of Rowan 2020 Calendars available for purchase the Rowan County Cooperative Extension office! The calendars are \$10 each. The three barn quilts that hang on the outside walls of the Extension office are featured for the month of April.





NC 4-H International Exchange Programs

The information for the 2020 NC 4-H International Exchange Programs is now available. The information that has been provided on this site gives opportunities for Inbound and Outbound delegates.

The Summer Outbound program is open to current or recent 4-H members who have participated in a county or state program. <u>Applications for 2020 Outbound are due in the State 4-H Office</u> <u>by Friday, November 8th!</u>

The information for the Summer Inbound Programs will be sent once we have finalized dates for the Costa Rican delegation arrival in June and the Japanese delegation arrival in July. We are looking forward to again hosting 12 Japanese delegates and chaperone & 3 Costa Rican delegates/chaperone this coming summer.

Click here to learn about NC 4-H International Exchange Programs

Farm Bureau offers IFAL program for rising HS seniors



If you are currently a junior in high school and are interested in pursing an agricultural major, you should apply for IFAL! IFAL stands for Institute for Future Agriculture Leaders. This free summer camp is offered at NC State University and NC A&T State University.

Learn more about IFAL here!



Image: Stress store Join a Image: Stress store Rowan County 4-H Club Image: Stress store -leadership skills -fun -monthly meetings -leadership skills -fun -educational activities -public speaking -new friends -parliamentary procedure -hands-on learning -service projects				
For more info, contact: laura_allen@ncsu.edu, 704-216-8970				
Focus: Horses	Focus: Shooting Sports			
-ERSC Blazing Hooves 4-H Club	-Hot Shots 4-H Club (Salisbury)			
-Happy Trails 4-H Club	-Lead Drivers 4-H Club (Mt. Ulla)			
(both in East Rowan area)	*must be 8 years old as of Jan. 1*			
Focus: Cooking -Rowan Rolling Pins 4-H Club (Mt. Ulla)	Focus: Livestock, Dairy, Poultry -Livestock 4-H Club (Salisbury)			
Focus: Plants/Nature for homeschool youth -Jr. Master Gardeners 4-H Club (Salisbury)	Focus: Leadership -Teen Leadership 4-H Club (Salisbury)			
Focus: variety of topics -Rowan Researchers 4-H Club (Rockwell/China Grove) -West Rowan 4-H Explorers 4-H Club (Cleveland)	For youth ages 5-18 (as of January 1). Club leader volunteers are screened & trained.			

How to Start a New 4-H Club!

Are you interested in starting your own 4-H club to meet the needs and interests of your family or

community? If so, here are the requirements to charter a new 4-H Club:

1 Must have at least 1 approved volunteer to lead the group (having co-leaders is also



recommended). Volunteers must fill out an application and go through a background check.

2. The club must have at least 5 members from at least 3 different families.

3. A written program of work must be completed for the first 6 meetings and must be been submitted to the county Cooperative Extension office.

- 4. The club is organized with appropriate youth leaders that are either rotated or elected.
- 5. A club roster is completed and submitted to the county Cooperative Extension office.

An approved 4-H charter application must be on file at the Rowan County Cooperative Extension office and each club must re-charter annually. 4-H members must fill out 4-H enrollment and medical forms annually.

Please email laura_allen@ncsu.edu if you are interested in starting a club!

Click here for more information: <u>4-H Clubs</u>





Shared Folder for 4-H Pictures

I've had requests for some of the 4-H pictures I have taken at different events. To make it easier for everybody, I've created a shared folder in my Google Drive and have added all of my 4-H pictures in there. Please do not delete them, but you can copy ones you want to save, you can add pictures taken at 4-H events, etc. Also, be mindful that not all 4-H'ers have signed waivers allowing their picture to be taken. If I see any added pictures that include youth without that signed waiver, I will delete them. Here is the link:

https://drive.google.com/drive/folders/16GQ50QsLH10AVBFeg2y1EHfoOP0DGkZm?usp=sharing

Upcoming Events

November 2: PALS Concessions Fundraiser at Chicken Show (Rowan Fairgrounds), 6:30 AM-3 PM November 7: County Council meeting, 6 PM November 12: 4-H Bow Tying Class 6-8 PM November 16: Electric Workshop, 9 AM-3 PM December 7: 4-H Food Show, doors open at 10 AM December 17: PALS & County Council meetings, 6 PM January 9, 2020: Due date for 2019 Project Record Books, Portfolios, Achievement Plans January 27, February 3, 10, 17: Speak Up January 28, 2020: 4-H Volunteer Training and County Council meeting, 6 PM

> Laura H. Allen 4-H Youth Development Agent Rowan County Center 704-216-8970 laura_allen@ncsu.edu rowan.ces.ncsu.edu

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Follow us on Twitter

NC State University and N.C. A&T State University work in tandem, along with federal, state and local governments, to form a strategic partnership called N.C. Cooperative Extension.

Extension's 4-H program is the largest youth development organization in North Carolina. We help over 247,000 young people grow into active, contributing citizens each year.