

# EXTENSION MASTER FOOD VOLUNTEER PROGRAM

2020  
Application Now Open!

*More information about the program and dates for the 2020 training can be found on our website:*

<https://www.pasquotank.ces.ncsu.edu/>

**Application Open: November 25, 2019**

**Application Deadline: January 10, 2020**

**Interview Dates: January 21-31,**

**2020 Training Begins: February 3, 2020**

The NC State Extension Master Food Volunteer (EMFV) program provides NC residents the opportunity to engage with their communities by supporting NC Cooperative Extension programming in the areas of nutrition, cooking, food safety, and food systems. NC Cooperative Extension provides evidence-based information through community classes and events.

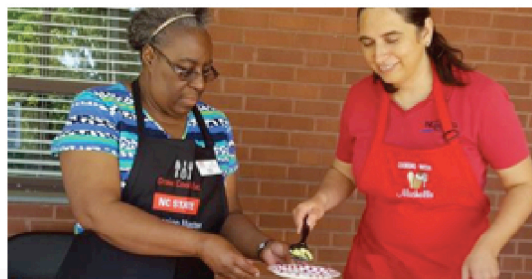
**Anyone interested in cooking, nutrition, food safety, or food systems can apply!**

## OPPORTUNITIES FOR VOLUNTEER SERVICES INCLUDE:

- Schools
- Senior Center
- Community Events
- Cooking Classes
- Canning Classes

## WHAT IS EXPECTED?

- Complete the EMFV application and interview
- Complete mandatory 30 hours of training
- Communicate volunteer interests that suit your skills to your supervising agent
- Contribute 30 hours of shadowing your supervising agent within the first year of service
- Contribute 20 hours of service per year, and 10 hours of continuing education
- Registration cost: \$50



**NC**

**COOPERATIVE  
EXTENSION**



**Grow. Cook. Eat.**