

Clover Connection

Rowan County 4-H Newsletter

January 2019



From the Agent:

Happy New Year! I hope you enjoyed the holidays and are looking forward to a wonderful 2019!

We have lots of exciting events planned for 2019. Please keep up to date with 4-H happenings via each monthly newsletter, the Rowan County Cooperative Extension website, and the Rowan County 4-H Facebook Program page (which is also linked to Twitter). The County Council officers have also started an Instagram page to post events.

Please know that this newsletter is where a majority of information is posted and the appropriate links are also posted here. **There are TONS of dates, information, updates, and upcoming events in this newsletter that you may not know about if you don't read through it!**

As a reminder, if you have any brief information or a 4-H picture & caption that you want published in the newsletter, please send it to me by the 25th of the month prior to the newsletter publishing date (which is typically the 1st of the month).

Laura

My contact information:
laura_allen@ncsu.edu
704-216-8970

NEW 4-H Club looking for members!!!

Submitted by: Jaysa Causby

We are excited to announce a new club that will be starting in January! This club will be led by Jennifer White and Becky Causby. It will offer a hands on experience and help kids learn more about citizenship, community service, and leadership. The focus will vary from meeting to meeting but some topics we have planned for the upcoming year include agriculture, outdoor activities, animal science, and so much more! Please plan to come in January and help us name the club and also elect our 2019 officers! Our first

meeting will be on January 27, 2019 at 3 PM (please contact Becky or Jennifer for meeting location).

For more information about meeting dates, times or additional club information, please contact either Jennifer White at jkwhite98@gmail.com or Becky Causby at bcausby@hotmail.com or Laura Allen at lahoffne@ncsu.edu.

Winter Enrichment & Teen Retreat

Both events are for youth ages 13-18 as of January 1.

Winter Enrichment will be on Saturday, January 12, 2019 in Charlotte, NC. We will be going to the Bette Rae Thomas Recreation Center for workshops and then to the Nascar Hall of Fame. Cost per youth is \$15. We will meet at the Extension office at 8:30 am and Laura will drive the youth to the event in the extension vehicle. We should return around 5 PM. **4-H'ers MUST be pre-registered by Friday, January 4.**



Teen Retreat will be March 9-10, 2019 at Millstone 4-H Camp. More information will be forthcoming, but please put the date on your calendar! Cost is \$50 per youth (4-H will cover the remainder).



4-H Award Deadline in January

All project record books, portfolios, and Achievement Plan Applications are due to Rowan County Cooperative Extension by **January 10, 2019** no later than 5 PM.

All NC 4-H Scholarship Applications and Honor Club Applications and Rowan County 4-H'er of the Year applications are due to Rowan County Cooperative Extension by **January 23, 2019** no later than 5 PM.

Please do not wait until the last minute to work on these applications and projects.

[Click here for more information](#)

2019 4-H Dates

This google doc is up-to-date with 2019 dates/events that have already been planned. I will update it as more events are planned. You can also find dates on the Rowan County Extension website calendar at the top of the webpage. Find it here: [Rowan County Cooperative Extension](#)



If there are events that you are interested in teaching or new event ideas you have for Rowan County 4-H, please email laura_allen@ncsu.edu! The extension center auditorium is filling up fast, so if you need to reserve it for a 4-H event, please contact

me ASAP!

[2019 Rowan County 4-H Events Calendar](#)



4HOnline updates

Since it is the new year, it is time to re-enroll in 4-H. 4-H runs from January-December and does not follow the school year calendar. So, that means re-enrollment must happen NOW! This re-enrollment is required for both members and volunteer leaders and will happen annually.

Enrollment/re-enrollment is all happening in 4HOnline. If you enrolled your child in 4HOnline in 2018 OR if your child was put into 4-HOnline by the 4-H office in 2018, then your re-enrollment process should be a little simpler (this was what I was told from state staff, but I've heard through the grapevine from other agents that you'll have to re-enter some info). You must login to nc.4honline.com and click on each child/volunteer's name separately to complete it for each child. Look through each page, update any information, and then resubmit enrollment for 2019.

******If a 4-H member in 2018 was entered by the 4-H office, you should have received an email from Laura Allen with instructions about your login email and password. Families without an email on file should have received a mailed letter with login and password instructions. You'll have to use that information to login. You can also use that email and click on "forgot my password" for it to send you an email with a password. Please contact Laura if you have questions or issues with this.

For brand new 4-H members or leaders, please go to nc.4honline.com and complete the entire enrollment process by typing in all information.

If you need assistance, please visit this site for helpful hints: <https://nc4h.ces.ncsu.edu/4honline/>

Please let me know if you have questions! If you are a club leader, please have new club members submit their enrollment via 4HOnline!

Speak Up: program to develop public speaking

Rowan County 4-H will once again be offering the Speak Up program conducted by Cheryl Kane of Barton & Kane Consolidated. This will be offered at the Rowan County Cooperative Extension office.

This program is a series of 4 workshops: February 5, 12, 19, 26. The cost is \$15 per youth which covers costs for all 4 workshops.

Youth ages 7-11 as of January 1 will come from 4:30-5:45 PM. *Limit of 10 youth.
Youth ages 12-18 as of January 1 will come from 6:00-7:15 PM. *Limit of 10 youth.
*The ages per session time are firm, as this is in the best interests of the youth.

Children MUST be pre-registered for this event. The last day to register is January 30, 2019. Payment will be due by February 5 and will be accepted at the first workshop. To register, email laura_allen@ncsu.edu or call 704-216-8970 to speak to Laura.

Cheryl does a great job and has high expectations for these youth. Youth who are interested must be committed to working hard, practicing and rehearsing at home and not using note cards. Youth must do their own work and create their own speeches. Parents are not allowed to sit and watch the youth during the workshops, but may sit in the lobby.

This workshop series will be a GREAT way to help 4-H'ers get ready for 4-H Presentations.



4-H Achievement Night

Achievement Night will be held on Monday, February 25, 2019 at 6 PM at the ag. center. This night will highlight 4-H'ers and their achievements from 2018. 2019 4-H officers will be installed too. 4-H'ers and their families are invited to attend, so please put this date on your calendar. This year, the entire meal will be catered. Please use the forms below to help us plan for food and to prepare for recognizing our 4-H'ers.

If a 4-H'er DOES NOT fill out the award recognition form, then they will not be recognized for their individual achievements and will not receive a years of service pin. It is imperative that this form is filled out.

[Fill out this form to be recognized for 2018 4-H Achievements](#) (due by Feb. 15)
[RSVP for Achievement Night \(due by Feb. 15\)](#)
[Rowan County 4-H'er of the Year Application \(due Jan. 23\)](#)



4-H Camp for Summer 2019

Rowan County 4-H will be attending traditional 4-H camp on **July 7-12, 2019** at Betsy-Jeff Penn camping facility in Reidsville, NC.

The NC 4-H Camping program is a wonderful program for youth! The camp is fully staffed and is accredited through the American Camp Association. Rowan County 4-H has not had 4-H'ers attend camp in the last couple of years, so I would LOVE to have some 4-H'ers attend this summer!

Traditional 4-H Camp costs \$495. For current, active Rowan County 4-H'ers, Rowan County 4-H will cover \$195 per camper. So, the family cost is only \$300. Non-active 4-H'ers must pay the entire cost of \$495. **To attend traditional camp, you will register through Rowan County 4-H**, not the state camping website.

-To reserve your spot, please pay a \$150 non-refundable deposit to Rowan County CES by Friday, March 29, 2019 and turn it in along with this registration form: [Rowan County 4-H Camp Registration Form](#) (can be mailed or brought by the extension office)

Other details:

- The remaining balance is due by Tuesday, June 4.
- A required "Camp Meeting" must be attended on Tuesday, June 4 at 6:30 PM at the Rowan County Extension Center. This meeting is for the camp participant AND at least one parent/guardian.
- Child must be enrolled in 4-H Online: nc.4honline.com
- Other required camp paperwork must be completed (will be provided at later date)

During traditional 4-H camp, youth will be involved in the following:

- Canoeing and Kayaking
- Crafts
- Swimming
- Hiking
- Field Games
- Ropes Courses
- Shooting Sports (archery, riflery, and shotguns)
- And Much More!

**Other more specialized camps are offered through NC 4-H as well (horsemanship, shooting sports, etc). Parents must register their youth for these camps via the camping website. Camping scholarships may be available through Rowan County 4-H.

Learn more about the NC 4-H Camping Program: [NC 4-H Camp Website](#)



4-H Presentations

It's time for youth to start thinking about 4-H Presentations! Youth will compete at the Rowan County level at County Activity Day on April 29. Those who qualify for the district level will compete at District Activity Day on June 14 in Lincoln County. District qualifiers will compete at State Presentations Finals on July 20.

Here are just a few reasons why youth should compete in 4-H Presentations:

- develop public speaking skills
- learn more about a topic
- gain confidence
- learn to answer questions extemporaneously
- gain responsibility
- learn life skills
- meet new people
- develop skills in conducting research

[4-H Presentation Categories](#)



4-H Embryology

It will soon be time for our 4-H Embryology curriculum. This curriculum is aligned with the standards for 2nd grade. This year, **only 2nd grade classrooms in the school system as well as interested home-school families** will have the opportunity to conduct the embryology program.

During this program, teachers must go through a training with Laura on embryology. An incubator, egg turner, chick life cycle kit and fertilized eggs will be provided for those who participate in this program. All supplies and chicks will be returned to Rowan County 4-H at the conclusion of the program.

The cost associated with this program will be \$10 per classroom or home-school family. This money will help us with purchasing needed supplies and replacement materials.

The required training and pick up date for home-school families will be January 29 at 3:30 PM (please put this on your calendar). This will be the only cycle available to home-school families. If you are interested and have not emailed me, please do so ASAP at laura_allen@ncsu.edu. I will soon be sending out emails to those families who have contacted me regarding specific details.

4-H Shooting Sports program SAVE THE DATE

Charles Young, State Shooting Sports Coordinator, will be coming to Rowan County for a "What's Shooting Sports All About" informational meeting on Thursday, January 31, 2019 at 6:30 PM at the ag. center. This will be the perfect time to learn about this program and what it can offer our youth. There will also be a Q & A opportunity at this meeting.



For those of you who are not familiar with this program, 4-H Shooting Sports is a youth development program that teaches youth proper safety, skill and discipline in shooting various types of firearms. The 4-H'ers involved in this program, as well as their adult leaders, spend many hours in training and practice to develop their knowledge and skills in shooting.

4-H competition occurs in the areas of Rifle, Shotgun, Archery, Pistol, Muzzleloading, and Hunter Skills.

If you are interested in your child participating in 4-H Shooting Sports, please contact me at laura_allen@ncsu.edu.



Want to be a 4-H District Officer?

It's time to start thinking about applying for a district officer position and preparing for the election process. If you are interested, please use the forms located under the heading "District Officer Nomination & Election Forms". They are due to Laura by January 10 (same day as project record books). Please let Laura know that you are interested!

[Click here and scroll down to find District Officer forms](#)



Upcoming Meetings

County Council: These meetings are for any 4-H'er ages 12-18 as of January 1. We will meet in the Suite A Conference Room at the extension Office.

January 24, 2019
February 18, 2019
March 28, 2019
April 9, 2019
May 16, 2019
June 18, 2019

PALS: These meetings are for any parent, alumni, or leader (or anyone at all) who supports 4-H. If you are interested in 4-H or new to 4-H, you are invited to attend these meetings as well! Please come share your ideas for 4-H and help us find ways to support Rowan County 4-H. This group will meet at the Rowan County Cooperative Extension office in Auditorium A.

February 18, 2019
April 9, 2019
June 18, 2019

4-H Competitive Age Change

As of January 1, Cloverbuds will now be considered ages 5-7 (as of January 1) and youth ages 8-18 (as of January 1) will be competitive in 4-H events. Please note this as youth participate in competitive events.



For our 4-H Club Leaders:

-All 4-H clubs who wish to continue for 2019 must re-charter in January. New clubs that started in 2018 will officially charter in January as well. Chartering

and re-chartering information will be given out at the December 18 PALS meeting or mailed to those who were not in attendance. These forms are **REQUIRED** for your club to operate in 2019. This packet of forms is due back to Laura by January 30, 2019.



-A MANDATORY volunteer club leader training will be happening on January 28, 2019 at 6 PM. Please put this on your calendar and plan to attend.

-PLEASE get your current club members and yourselves (and all 4-H volunteers) re-enrolled in 4HOnline. I know we just went through this for 2018, but we have to renew everyone in 2019. All new members should enroll in 4HOnline. Thanks for helping me with this new process!

-Please make sure your club elects new officers by early February 2019. All club officers will be installed at Achievement Night on Monday, February 25, 2019.

-Remember that as a club leader, you **MUST** attend 1 volunteer training during the calendar year to be able to re-charter your club. For Emerald Seal, you must attend 2 volunteer trainings.

-Please push your 4-H'ers to do a project record book or to get involved in 4-H in a new way! There are many deadlines in January. Note the dates listed above in this newsletter!

-Please read the "Achievement Night" section and help/encourage your members and parents to get the forms filled out. We need an accurate head count for food and need member/parent info in order to properly recognize 4-H'ers. I will also be sending out a form for all club leaders to fill out in an email soon.

THANKS FOR ALL YOU DO!!!!

Click here for more information:

[Achievement Plan](#)

[Project Record Books and Presentations](#)

[4-H Ambassador Program](#)



4-H Opportunities for Soil Day!

These opportunities were shared to me by Liz Driscoll, 4-H Youth Specialist in the Departments of Crop and Soil Sciences, Entomology and Plant Pathology, and Horticultural Science at NC State. **Please let me know if your 4-H'er plans to participate in any of these events!**

NC 4-H Beekeeping Essay (due Feb. 15): [Beekeeping Essay Information](#)

NC Youth Institute (paper due Feb. 1, program is April 5): [Youth Institute Information](#)

Horticultural Science Summer Institute (July 7-12): [Program information](#)

Resource Conservation Workshop (June 23-28): [Workshop Information](#)



Horse Updates

1. The most recent NC 4-H Horse Program Newsletter can be found here: [NC 4-H Horse Newsletter](#). This issue highlights some of the recently voted changes to the NC State 4-H Horse Show classes and divisions, as well as new divisions for Hippology and Horse Judging.
2. The 2019 NC 4-H Horse Calendar of Events can be found here: [NC 4-H Horse Calendar for 2019](#)
3. The 2019 NC 4-H Horse Program Rules and Regulations Manual has been posted. There are several changes, so please read it carefully. [2019 Horse Program Rules & Regulations Manual](#)
4. The requirements for getting a horse eligibility card have changed. Any 4-H horse member (must be in a 4-H club) who wishes to show their project animal must have a valid eligibility card that is distributed through this system, which also will declare which qualifying show they will attend.

You **MUST** complete this google form in order to receive an eligibility card: [MUST fill out this form to get a Horse Eligibility Card](#). **This form MUST be filled out by April 1, 2019.**

Once the form is filled out, the state will send me the eligibility card and then I will be in touch with you to get it to you and get the correct signatures. Please let me know if you have any questions!

5. 4-H volunteer Maggie Boreman has volunteered to train a horse judging team that will compete in April 2019. If you have a 4-H'er age 8-18 as of Jan. 1, 2019, they can participate. If you are interested in horse judging, please email Laura at laura_allen@ncsu.edu.

6. The plan is for Rowan County 4-H to have a horse quizbowl team in 2020. The 2019 competitions are quickly approaching and we don't think there is enough time to have a team trained for 2019. Maggie Boreman has volunteered to train this team. If anyone is interested in helping, please let Laura know.

[NC 4-H Horse Program Information](#)



4-H Dairy Updates

1. The first 4-H dairy judging practice will be on Thursday, January 3 from 2-4 PM at the Rowan County Cooperative Extension office.

2. The NC 4-H Dairy Judging contest will be held on Friday, March 22, 2019 in Winston Salem. We will begin practicing in January. Youth ages 8-18 as of January 1, 2019 are eligible to compete. If you are interested, please email laura_allen@ncsu.edu ASAP.

2. The NC 4-H Dairy Quizbowl contest will be in May 2019. Please email Laura if you

4-H Livestock Camp

Do you have a child that is interested in livestock? If so, check out this Livestock Science Camp opportunity at NC State this summer! Youth must be 14-17 years old. Registration ends in March.



[Livestock Science Camp Flyer](#)

How to Start a New 4-H Club!

Are you interested in starting your own 4-H club to meet the needs and interests of your family or community? If so, here are the requirements to charter a new 4-H Club:

1. Must have at least 1 approved volunteer to lead the group (having co-leaders is also recommended). Volunteers must fill out an application and go through a background check.
2. The club must have at least 5 members from at least 3 different families.
3. A written program of work must be completed for the first 6 meetings and must be submitted to the county Cooperative Extension office.
4. The club is organized with appropriate youth leaders that are either rotated or elected.
5. A club roster is completed and submitted to the county Cooperative Extension office.

An approved 4-H charter application must be on file at the Rowan County Cooperative Extension office and each club must re-charter annually. 4-H members must fill out 4-H enrollment and medical forms annually.

Please email laura_allen@ncsu.edu if you are interested in starting a club!

Click here for more information:

[4-H Clubs](#)



4-H Shout-outs!

-Thanks to all 4-H'ers, volunteers and parents for a great 2018! I appreciate all of your hard work and dedication. Let's make 2019 even better!



4-H International Exchange Program



4-H provides opportunities for 4-H'ers to be a part of international exchange programs and also opportunities for 4-H families to host exchange students.

The Summer Outbound Program is available to 4-H'ers who have participated in a county or state program. These 4-H youth can apply to travel to Costa Rica, Japan, Finland and South Korea.

This summer, NC 4-H will be hosting 12 Japanese delegates and 3 Costa Rican delegates. The Costa Rica Exchange will take place June 26th-July 21st and the Japanese Exchange will take place around the same time as last year: July 21-25 to August 18-22. Please check out the link below for more details!

[International Program Information](#)



Shared Folder for 4-H Pictures

I've had requests for some of the 4-H pictures I have taken at different events. To make it easier for everybody, I've created a shared folder in my Google Drive and have added all of my 4-H pictures in there. Please do not delete them, but you can copy ones you want to save, you can add pictures taken at 4-H events, etc. Also, be mindful that not all 4-H'ers have signed waivers allowing their picture to be taken. If I see any added pictures that include youth without that signed waiver, I will delete them. Here is the link:

<https://drive.google.com/drive/folders/16GQ50QsLH10AVBFeg2y1EHfoOP0DGkZm?usp=sharing>

Upcoming Events

January 10: Project Record Books, Portfolios, Achievement Plans due to Laura
January 12: Winter Enrichment
January 23: NC 4-H Scholarships, Honor Club Applications and Rowan County 4-H'er of the Year applications due to Laura
January 24: County Council, 6 PM
January 28: 4-H Volunteer Club Leader Training
January 30: Due date for 4-H Club Chartering/Re-chartering paperwork
January 31: What is Shooting Sports All About meeting (Charles Young, State Coordinator)
February 5, 12, 19, 26: Speak Up workshops
February 18: PALS & County Council, 6 PM
February 24: Set up for Achievement Night, 2:30-4 PM
February 25: Achievement Night, 6 PM
March 9-10: Teen Retreat (Millstone 4-H Camp)
March 22: NC 4-H Dairy Judging contest, Winston Salem, NC
March 28: County Council meeting, 6 PM

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NC State University and N.C. A&T State University work in tandem, along with federal, state and local governments, to form a strategic partnership called N.C. Cooperative Extension.

Extension's 4-H program is the largest youth development organization in North Carolina. We help over 247,000 young people grow into active, contributing citizens each year.