



2017: LEARN TO PRESERVE YOUR OWN FRESH FOOD

PRESSURE CANNER DIAL GAUGES should be checked each year for accuracy. Dial gauges will be checked FREE at North Carolina Cooperative Extension-Cabarrus County Center, 715 Cabarrus Avenue West, Concord, NC 28027. Make an appointment by calling Pam Outen, Extension Agent at (704)920-3310 or email pcouten@ncsu.edu.

THE BASICS OF HOME CANNING hands-on workshop will include canning safety, types of equipment and proper canning methods. Participants will experience operating a water bath canner and a pressure canner, prepare samples of both jelly and green beans and receive a copy of *The Ball Blue Book Guide to Preserving*. This class is designed for beginners, but would be helpful to those that want to update their knowledge. Participants may bring their pressure canner dial gauges for testing during the workshop. Snack will be provided. Classes will meet in the North Carolina Cooperative Extension-Cabarrus County Center, 715 Cabarrus Avenue West, Concord, NC 28027. Pre-registration and pre-payment is required. Maximum of 8 per workshop. Cost per person is \$22.00.

*Thursday, June 8, 9:30-1:30 p.m.

*Saturday, June 10, 9:30-1:30 p.m.

*Tuesday, June 13, 5:30-9:30 p.m.

*Monday, June 19, 1:00-5:00 p.m.

HOME PICKLING hands-on workshop will introduce the basics of pickling. You will prepare fresh packed "Bread and Butter Pickles," process them in a boiling water canner and also process a "Quick Pickle" recipe during the workshop. Maximum of 8 per workshop. Cost is \$15.00 per person.

*Wednesday, June 21, 9:30-1:30

TOMATOES AND SALSA hands-on workshop will teach how to preserve the abundant local tomatoes we enjoy using water bath canning. You will leave with both a tomato and salsa sample to enjoy this winter! Cost is \$15.00 per person. Maximum of 8 per workshop.

*Tuesday, June 27, 5:30-9:30 p.m.

*Wednesday, June 28, 1:00-5:00

Registration can be done in person, over the phone or online at:

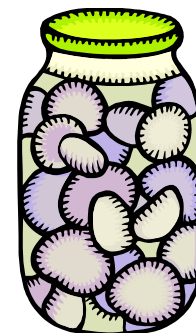
<http://go.ncsu.edu/registercabarrus>

For registration assistance call (704)920-3310.

Or checks may be made payable to: **CABARRUS COUNTY** and mailed to:

Food Preservation Classes,
c/o NC Cooperative Extension-Cabarrus County Center,
715 Cabarrus Avenue-West,
Concord, NC 28027

Please indicate which session you would like to attend. Classes will be filled on a first come-first serve basis and a space cannot be guaranteed through mail.



For accommodations for persons with disabilities, call
(704)920-3316 no later than five business days before the event.

