



Clover Clips



Surry County 4-H Youth Development

November / December 2016

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For more information about joining a 4-H club, or subscribing to our newsletter, please contact:

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A NOTE FROM: *Ms. Whitney...*

I'm back from maternity leave and I would like to introduce to you the newest (and cutest) members of Surry County 4-H! Caden Frank (brown hair) and Carter Wade (blonde hair) Collins. They were born July 27, 2016 and our family couldn't be happier.



State and Regional 4-H Team Periodical Publication Awards Recipients



They Make a Great Team!

Whitney Collins, Surry County 4-H Agent and Sally Southard, Administrative Assistant for the North Carolina Cooperative Extension - Surry Center were honored recently at the 2016 Annual State 4-H Extension Agent conference in Kitty Hawk, NC. The submission of their "Clover Clips" newsletter placed them first in the State for the Team Periodical Publication Award. As the winner of the state contest, their submission advanced to the Regional level, where they were also awarded first place. Surry County is located in the Southern Region and includes the Virgin Islands and 13 states. The National Association of Extension 4-H Agents recognized regional and national winners at their annual meeting on October 12, 2016 in New Orleans, Louisiana.

WE LOVE 4-H CAMP!

This year, Surry County took four campers to Betsy Jeff Penn 4-H Camp in Reidsville, NC the week of July 31-August 5. Three of these campers participated in the Trekker Program where they learned and participated in canoeing, rock climbing, and leadership activities, and more. They even got to spend one night away from camp at Pilot Mountain State Park. Another camper participated in the



Adventurer Program where she took part in advanced activities such as high ropes and camping overnight at the camp outpost. While at camp, youth are able to participate in canoeing, riding horses, archery, swimming, nature/beaver hikes, arts and crafts, and much more! If you are interested in 4-H Camp for next summer, please contact Whitney Collins, 4-H Agent at 336-366-4314 whitney_collins@ncsu.edu.

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4-H Achievement Plan

Have you heard of the 4-H Achievement Plan? This form is a great tool to help you set goals and achieve them. Don't you feel great when you accomplish a goal?

The 4-H Achievement Plan will help you:

- Set goals and make plans to achieve them.
- Reach more of your goals.
- Enrich your 4-H experience.
- Set new goals that will help you grow and develop your skills and personality.
- Evaluate your own efforts and accomplishments by taking a look with your leader.

To be successful, your plan will require loyalty to your 4- H Club, your county, state, nation, and world. Service to others is very important. Creativity, responsibility, and leadership will be required. The satisfaction you feel for a job well done will make it all worthwhile. Below are a few examples of what you will find in the Achievement Plan. If you are interested in starting one, just call or email Whitney at (336) 401-8025 or whitney_collins@ncsu.edu.

Achievement Plans are due at the same time as 4-H Record Books (January 13, 2017).

Green Clover Achievement Award (for ages 9-18) To be eligible, you must meet Requirements 1-4 and 4 optional activities.

1. Attend at least 3/4 of scheduled 4-H Club Meetings.
2. Complete & turn in at least 1 project record book.
3. Participate in at least 1 county 4-H event.
4. Have a planning meeting with your 4-H Leader.

Optional Activities

- Have a parent or other adult to attend at least two club meetings.
- Learn what county & 4-H district you are in.
- Exhibit at least one 4-H project.
- Give a talk about your 4-H project before a group.
- Participate in one community service project.
- Attend 4-H District Activity Day.

5-6 Year Old Cloverbud Achievement Award To be eligible, you must meet Requirements 1-3 and 2 optional activities.

1. Attend at least 3/4 of the scheduled 4-H Club Meetings.
2. Have a planning meeting with your 4-H Leader.
3. Learn and lead the 4-H Pledge.

Optional Activities

- With your family's help, complete a curriculum book for ages 5-6.
- Learn and lead the 4-H motto.
- Make a collage or draw a picture to show what you've learned in 4-H and bring to club meeting.
- Show & tell about something you've learned in 4 -H with your family.

*The 7-8 year old requirements are very similar.

Don't Miss This!



APPALACHIAN NIGHT SKI TRIP

We will be taking a ski/snowboarding trip to French-Swiss College at Appalachian Ski Mountain in Blowing Rock on **Friday, January 27th**. This trip is for ages 12 and

up. Children under 12 will need a parent/guardian to accompany them. We will be leaving the office at 3:00 p.m. and will return around 1:00 a.m. The cost for skiing will be \$26.00 and \$30.00 for snowboarding. Clothing rental will be additional. We will have dinner available for purchase ~ \$8.00 from Chick-Fil-A or you may eat on your own at the Snack Bar. To see the slopes live visit: <http://www.appskimtn.com/asm-right-now/slopecam/>

Deadline to register is January 20th and spaces are very limited. Call the Extension office at 401-8025 to reserve your spot today!

CLUB MEETINGS

Cloverbud Club

Leader: Sasha Sprinkle & Brittany Turney / whitney_collins@ncsu.edu

When: November 28 & December 19 @ 6 pm

Where: Surry County Office Building

Livestock Club

Leader: Ashley Hooker / jmteachmom@gmail.com

When / Where: TBD

BEULAH CLUB

Leader: Gail Shelton 336.352.3517 / sheltona110@gmail.com

When: November 8 @ 7.00 p.m. & December 13 @ 6:00 p.m. (covered dish meal, gift exchange, caroling)

Location: Beulah Ruritan Club

SURRY SADDLES CLUB

Leaders: Trish Roberts & Stephanie Wurm / trish.r002@gmail.com

When: November 5 & December 3 (Christmas Social) @ 2:00 p.m.

Location: First Presbyterian Church - Downtown Mount Airy

FOOTHILLS FOOD PANTRY

Open Your Heart Christmas Campaign



The **Foothills Food Pantry** is beginning to organize their *Open Your Heart Christmas Campaign*. It is their goal to provide everything necessary to prepare a delicious Christmas meal for approximately 500 families again this year. They hope individuals, families, and the community will choose to participate in this year's endeavor.

Enrollment for assistance will begin on November 1st, and will continue throughout the month. Applications will be taken on Tuesday and Thursday mornings between the hours of 9:00 a.m. and 12:00 noon. For individuals who work during the day, the food pantry will take applications on Monday evenings from 6:00 to 7:00 p.m.

Listed below are non-perishable food items that will be delivered with each meal.

Turkey	Rolls	Fresh Potatoes	Fresh Fruit	Coffee
Sugar	Eggs	Cranberry Sauce	Butter / Margarine	Cake Mix
Macaroni & Cheese	Corn	Green Beans	Stuffing Mix	Icing

Donations will be accepted through **Monday, December 5th** for this campaign at both the Cooperative Extension office in Dobson and the Foothills Food Pantry on 233 Cooper Street, Dobson. For more information, call the **Foothills Food Pantry** at 336-386-8405.

HOLIDAY AREA FOOD SHOW



Tuesday, December 6 from 5:30-7:30 pm
Yadkin County Cooperative Extension Office / Ages 5-18.
*Make & Take gift stations *Light supper provided
*Transportation available if needed
Contact Whitney to sign up by Friday, December 2!

4-H COUNTY COUNCIL MEETING



We will be having a 4-H County Council meeting on Thursday, November 3 at 3:30 pm at the Cooperative Extension Office in Dobson.

The purpose of our County Council is for ages 10 & up to meet monthly to help plan county 4-H events, gain leadership skills, and plan community service projects they complete as a group! If this is something you think YOUR child may be interested in or would like more information about please shoot me an email or give me a call so that we can work TOGETHER to create a better 4-H program for our county. We will be packing shoeboxes at this meeting!

Operation Christmas Child



Help us GIVE BACK! Last year we packed 70 Operation Christmas Child shoe boxes and this year we would like to pack EVEN MORE! Donations will be taken until November 14. Suggested items include: TOYS, SCHOOL SUPPLIES, NON-LIQUID HYGIENE ITEMS, and ACCESSORIES: t-shirts, socks, hats, sunglasses, hair clips, jewelry, watches, flashlights (with extra batteries), etc.



4-H PROJECT RECORD BOOKS

We have had a wonderful summer full of educational and fun activities and 4-H'ers have been very busy! Did you remember to take before and after pictures of your activities and projects?

Take pictures of you sharing your 4-H work with others (at the fair, festivals, and events). Show off your community service work and how civic minded you really are. Write down ways in which you are sharing what you learned in your 4-H projects with others including other youth, your parents, and club members. It doesn't take that long to create a time line of what you have been doing this year. It is a great way to see your accomplishments and look at the direction you are headed. Need a little encouragement? Contact Miss Whitney at the office 336-401-8025. Mark this year in a record book and share everything you have learned. You can win and be recognized all the up to the national level with your project record book! Forms and guidelines can be found on the state 4-H website at: <https://nc4h.ces.ncsu.edu/youth-3/4-h-awards-incentives-programs-2/>

WORKDAY

Thursday, December 22nd

Drop in anytime from 10 am to 4 pm. We will have materials, supplies, and volunteers to assist you with putting together your 2016 Project Record Book!

DEADLINE!

All Project Record Books are due to the 4-H office by Friday, January 13, 2017. There will be no exceptions; all record books will be traded with a neighboring county for judging.

Cards & Cookies Workshop



Bring a nonperishable food item to be entered for a door prize drawing!

The holidays are a great time to discuss values with your children, such as giving back. It's also a great time to actually DO some giving back. On **Wednesday, December 21 from 1:30-3:30 pm** we will have our Cards & Cookies event. During this floating event, 4-Hers and their families can come to the County Office Building to decorate cookies and make Christmas cards to give out at a local nursing home. Many nursing home residents don't have family or friends who come to visit, and items such as these can bring them a little Christmas cheer! We hope you will join us for a relaxed afternoon to kick off your Christmas vacation and give back to the community!

RSVP by
December 16th



Winter Weather Policy
If schools are closed due to weather conditions, then any 4-H activity scheduled for the day will be postponed. This

EXTENSION TODAY
100.9
WIEM FEATURES:
Extension Professionals from Alleghany, Surry, Wilkes and Yadkin Counties
Wednesday @ 9:05am
Saturdays @ 10:05am
NC Cooperative Extension
Empowering People - Providing Solutions
FARM BUREAU
SURRY COUNTY

Accommodation Statement
If you are a person with a disability, or desire any assistive devices, services, or other accommodations to participate in any of our activities, please call 336-401-8025 during the business hours of 8:15 a.m. to 5:00 p.m. at least two weeks before the event to request accommodations.

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