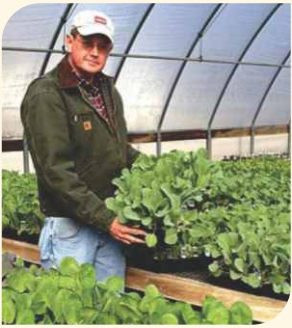


FOR YOUR HOME GARDEN:
CRYSTAL COAST GROWN
VEGETABLE and HERB
SEEDLINGS



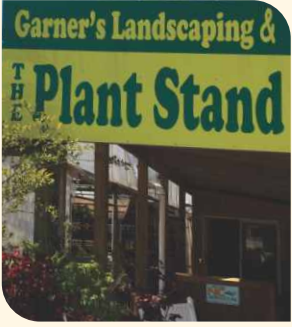
EDGEWATER
GARDENS

Robin Pitten
358 Hwy 70E
Williston, NC
(252) 729-1842



NEWPORT GARDEN
CENTER

Wally Emory &
Heidi Skinner
291 Chatham Street
Newport, NC
(252) 223-4120



THE PLANT STAND

Greg & Jackie Garner
173 Sam Garner Road
Newport, NC
facebook.com/
theplantstandnc



REDFEARN'S
NURSERY, INC

Allan & Judy Redfearn
1018 Cedar Point Blvd
Hwy 24
Cedar Point, NC
(252) 393-8243

CARTERET COUNTY
FARM
STANDS



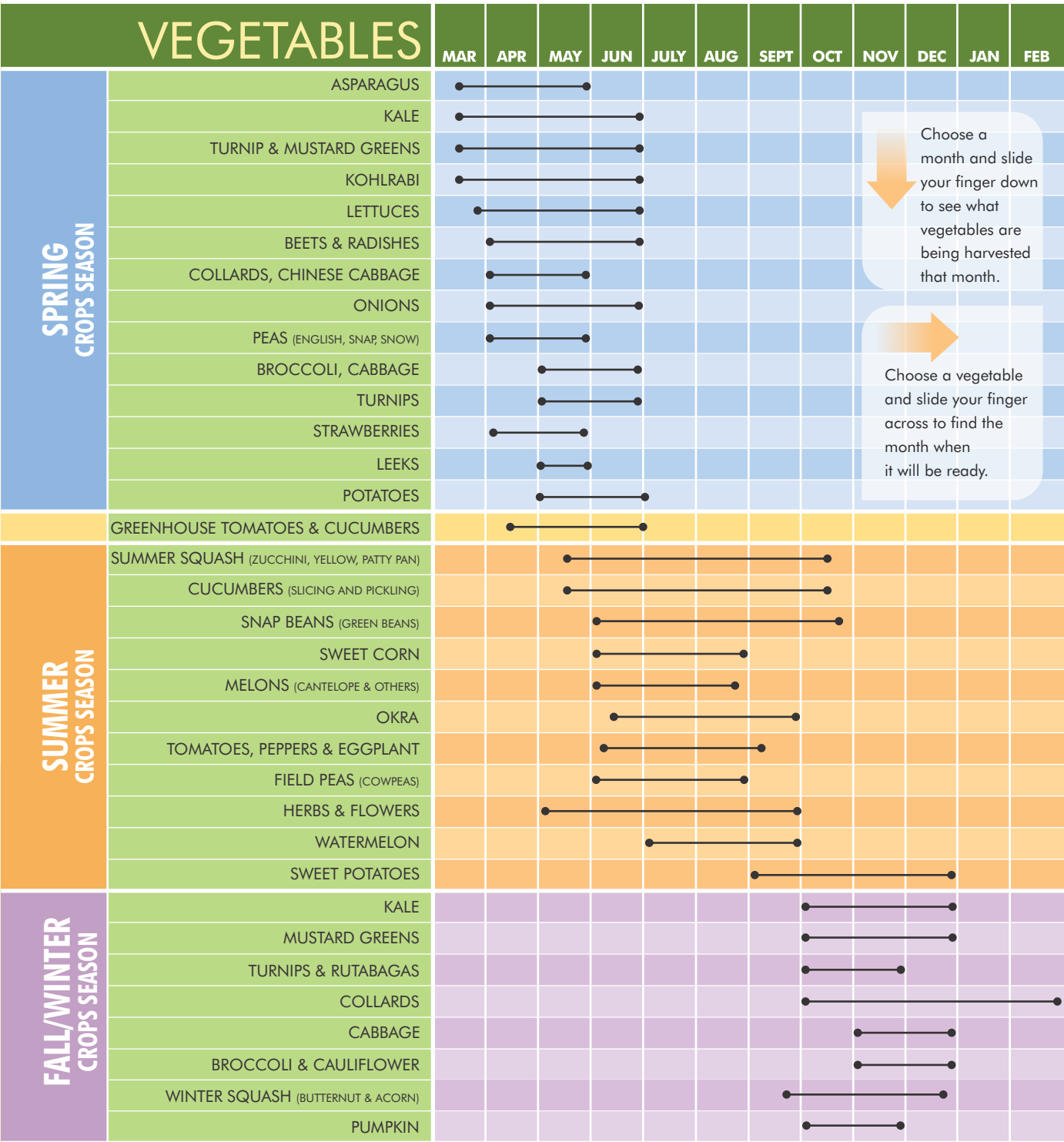
CRYSTAL COAST
produce

FRESH HARVEST DATES
for VEGETABLES in
CARTERET COUNTY

Farmers and gardeners in Carteret County are able to harvest fresh, healthy vegetables almost every month of the year. Some vegetables grow best in the cool, shorter days of late winter and early spring, others need warm summer soils, and some prefer that time when summer begins to fade to fall. This chart helps you understand which vegetables are freshly harvested and ready for your table each month of the year here in Carteret County.

If you want to preserve any of these vegetables while they are fresh and abundant, consider canning, freezing or pickling. Find out all you need to know at www.nchfp.uga.edu

For more information and classes about gardening, or food production, preparation, and preservation, plus health and nutrition, go to the Carteret County Cooperative Extension's website: <http://carteret.ces.ncsu.edu>



Choose a month and slide your finger down to see what vegetables are being harvested that month.

Choose a vegetable and slide your finger across to find the month when it will be ready.

for more information go to: <http://carteret.ces.ncsu.edu>



1. **BECKY'S PRODUCE STAND**
3838 NC Highway 58, Stella
2. **GARNER FARMS**
Newport: 173 Sam Garner Road
New Bern: 501 Garner Road
3. **GRAY'S PRODUCE**
Newport: 228 Shore Road
Beaufort: Beside Burger King, Hwy 70
(in front of Ace Hardware)

4. **GUTHRIE FARM PRODUCE**
5417 Highway 24, Newport
5. **JW MERRELL FARM**
1725 Highway 101, Beaufort
6. **SIMPSON'S FARM**
743 Highway 70, Bettie

7. **WILLIS FARM**
575 East Chatham Street, Newport
603 Highway 24, Cedar Point
8. **WINBERRY FARM PRODUCE**
1006 Cedar Point Blvd, Cedar Point



There is a certain satisfaction, even joy, that comes when you select good food from a bin of vegetables harvested that same morning. It just feels right to hunt for and gather up the best from each new season to feed yourself and your family. It's easy to get that feeling here at the Crystal Coast. Let us introduce you to your local farmers, and teach you which vegetables and fruits they are harvesting each month of the year.

Planting your own garden?
Meet the folks that grow seedlings for you, right here in Carteret County.



*Dates of operation for all stands are approximate, as the seasons for berries and vegetables changes from year to year based on the weather.

MARKETS OFF FARM

These intimate markets feature some vegetables and herbs, baked goods, jams and jellies, and crafts. Each may have offerings of county, regional or state produced honey, cheese, seafood, or other foods.

Olde Beaufort Farmers’ Market
Beneath the live oaks at the County Courthouse in downtown Beaufort. Saturday mornings April-December. www.beaufortfarmersmarket.com

The Curb Market
Corner of 13th and Evans St, Downtown Morehead City. Open for the season 1st Saturday in May through Labor Day. Open every Saturday from 7:30 - 11:30.

The Friendly Market
205 Friendly Road, Morehead City - Corner of Friendly Road and Bridges Street. Open 7 days a week. www.thefriendlymarket.com



Look for the Carteret Catch logo displayed by local-seafood retail markets and restaurants. It tells you these businesses are offering fresh, local seafood landed by resident commercial fishermen.

Blue Ocean Market
2010 Bridges Street, Morehead City (252) 726-4886
blueoceanmarketnc.com
Blue Ocean Market buys from boats that harvest finfish near or in the Gulf Stream — among the best fishing grounds in the country. Blue Ocean offers the public and restaurants a wide variety of locally sourced seafood including grouper, snapper, trigger, tuna and flounder, as well as shrimp and shellfish.



Captain Jim's Seafood
4665 Arendell St, Morehead City (252) 726-3454
www.captjimsseafood.com
Locally owned and operated, Captain Jim's offers the freshest seafood harvested by local fishermen when it is seasonally available. When you want delicious, local seafood, visit Captain Jim's Seafood Market.



Fishtowne Seafood
100 Wellons Drive, Beaufort (252) 728-6644
www.fishtowneseafood.com
Since 2004, Fishtowne Seafood has been retailing seafood harvested by local fishermen. The commercial fishing industry in Carteret County has a long history of producing quality seafood by hardworking, dedicated fishermen. Owner and operator Bill Rice regularly travels around the county to stock his market with the highest quality, freshest products when they are seasonally available.



Becky’s Produce Stand

JEFF and BECKY MORRIS



3835 NC Highway 58, Stella, NC
OPEN April thru December

At Becky's Produce you will find home grown strawberries, watermelon, cantaloupe, sugar peas, potatoes, string beans, beets, rutabaga, kohlrabi, lettuce, okra, cucumbers, squash, butterbeans, tomatoes, peppers and okra.

In addition, this farm stand makes available vegetables grown by other Carteret County and North Carolina Farmers.

Gray’s Produce

RANDY GRAY



Friday afternoons and some Saturdays mornings beside Burger King, HWY 70, Beaufort
(in front of Ace Hardware)

OPEN May thru July & Mid September thru December

At Gray's Produce stand you will find home grown bush snap beans, bush lima beans, beets, broccoli, cabbage, cantaloupes, cauliflower, collards, sweet corn, pickling cucumbers, slicing cucumbers, kale, mustard, okra, onions, snap peas, English garden peas, field peas (cowpeas), sweet and hot peppers, Irish potatoes, sweet potatoes, radishes, rutabagas, summer squash, field tomatoes, turnips and watermelons.

JW Merrell Farm

JW MERRELL



1725 Highway 101, Beaufort, NC
OPEN April to Labor Day, 6 days/week;
Labor Day to Christmas, 5 days/week

At the Merrell farm stand you will find home grown strawberries, green beans, beets, broccoli, cabbage, collards, slicing cucumbers, pickling cucumbers, kale, leeks, lettuce, mustard, okra, onions, English garden peas, snap peas, Irish potatoes, summer squash, turnips, herbs and cut flowers.

In addition, this farmer makes available a wide range of vegetables and fruit from other Carteret, North Carolina, SC and VA farmers, the State Farmers Market, and other commercial sources.

Willis Farm

ERNEST WILLIS



575 East Chatham Street, Newport, NC
603 Highway 24, Cedar Point, NC
OPEN April thru December

At the Willis' farm stand you will find home grown asparagus, green beans, lima beans, beets, broccoli, cabbage, cantaloupe, carrots, cauliflower, collards, sweet corn, Chinese cabbage, slicing cucumbers, pickling cucumbers, eggplant, kale, kohlrabi, leeks, lettuce, mustard, okra, onions, peas – both garden and snap, field peas, hot peppers, sweet peppers, Irish potatoes, sweet potatoes, pumpkins, radishes, rutabagas, spinach, summer squash, winter squash, tomatoes, watermelons, strawberries, and blackberries. Willis Farm also prepares fresh baked goods in the kitchen at the stand in Newport.

In addition, they make available vegetables grown by other Carteret County farmers, and from the NC State Farmers Market.

Garner Farms

CLAYTON GARNER, JR



Newport: 173 Sam Garner Road, Newport, NC
New Bern: 501 Garner Road, New Bern, NC
OPEN April to Mid August & Early Sept thru October
Collards available Thanksgiving & Christmas seasons

At the Garner farm stands you will find their home grown strawberries, asparagus, snap beans, lima beans, beets, broccoli, cabbage, cantaloupe, carrots, cauliflower, collards, sweet corn, Chinese cabbage, slicing cucumbers, pickling cucumbers, eggplant, kale, kohlrabi, leeks, lettuce, mustard, okra, onions, peas – garden, snap and snow, field peas, hot peppers, sweet peppers, Irish potatoes, sweet potatoes, radishes, rutabagas, spinach, summer squash, winter squash, tomatoes, turnips, watermelons, and cut flowers. Garner Farms also has a bakery at the Newport location.

In addition, this farmer makes available vegetables grown by other Carteret County, North Carolina, and SC farmers and from the North Carolina State Farmers Market.

Guthrie Farm Produce

SHERRY GUTHRIE
and TAJUANA G. HILL



5417 Highway 24, Newport, NC
OPEN 1 week before Memorial Day (May) &
close 1 week after Labor Day (September)

At the Guthrie Farm Produce stand you will find home grown bush snap beans, bush lima beans, pole lima beans, beets, cantaloupes, collards, sweet corn, field peas (cowpeas) slicing and pickling cucumbers, okra, onions, sweet and hot peppers, Irish potatoes, sweet potatoes, summer squash, tomatoes and watermelons.

In addition this farm stand makes available vegetables grown by other Carteret County and North Carolina farmers, and from the North Carolina State Farmers Market.

Simpson’s Farm and Nannie’s Bakery

GEORGE D. SIMPSON, SR.



743 Highway 70, Bettie, NC
about 2 miles east of Beaufort
OPEN April thru July 6 days/week
October thru December &
Mid January thru March: Wednesday - Friday

At the Simpson farm stand you will find home grown greenhouse tomatoes and cucumbers, broccoli, cabbage, cantaloupe, collards, leaf lettuce, okra, onions, sweet peppers, hot peppers, Irish potatoes, sweet potatoes, rutabagas, summer squash, and watermelons.

In addition, this farmer makes available vegetables grown by other Carteret County and North Carolina farmers.

Winberry Farm Produce

DAVID AND SARAH WINBERRY



1006 Cedar Point Boulevard, Cedar Point, NC
1 mile west of the intersection of Highways 24 and 58 in Cedar Point
OPEN Mid April thru Thanksgiving
Collards available in off season

At the Winberry's stand you will find home grown Bogue Sound watermelons, cantaloupes, tomatoes – both field grown and greenhouse, green beans, beets, broccoli, cabbage, collards, sweet corn, cucumbers, eggplants, lettuce, mustard, okra, onions, field peas, sweet peppers, hot peppers, Irish potatoes, sweet potatoes, radishes, summer squash, winter squash, and turnips.

In addition, this farmer makes available vegetables grown by other Carteret County and NC farmers, and from the North Carolina State Farmers Market.