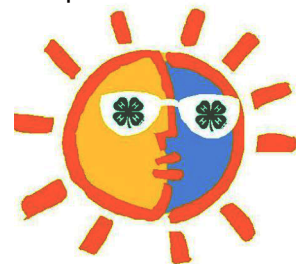


SWAIN COUNTY

2016 Summer 4-H News



Summer Program Extravaganza

Swain County 4-H announces the 2016 Summer Program Extravaganza lineup!

Inside there is something for everyone (ages 5-18). See what activities interest you!

You do not have to be a current member of 4-H to participate, but new member 4-H paperwork will have to be completed.

Registration NOW OPEN

8:30 AM - 4:30 PM

Monday - Friday

You may register for programs up to one week prior to event, unless otherwise noted. Please call to make arrangements. First come first serve on limited events.

Registration information enclosed. If you have any questions call the Swain County Cooperative Extension Office at 488-3848.

Thanks and we look forward to seeing you!!!



4-H Summer Fun Kick-Off Movie with a Splash!

Tuesday, June 7

9:30 AM - 1:00 PM

Meet at Cherokee Phoenix Theater parking lot

4-Hers age 5-18 + their family

Cost: FREE

Register by May 31



Kick off summer with Swain County 4-H! Sit back and enjoy a movie (Hotel Transylvania 2). 4-H will provide the popcorn and drinks for the movie! (*Free popcorn for 4-H enrolled members only*)! Chill out at the Oconoluftee Island Park. Enjoy a picnic lunch and splash around in the river.

What to Bring: Picnic lunch, change of clothes, sunscreen, bug repellent, water bottle.

Note: Parents are responsible for transportation to and from each location.

4-H Kitchen Science

Monday, June 13

11:00 AM - 1:00 PM

Swain County Cooperative Extension

4-Hers age 5-18

Cost: \$5 (covers cost of supplies)

Limit: 12

Register by May 30



Take on science with some super cool experiments! Be wowed as we perform 4 to 5 science experiments using everyday household kitchen items. Included in this explorative science fun . . . youth will be making their own tasty treat!!

What to Bring: Winter gloves, picnic lunch, water bottle. *Water provided.*

Cloverbud Art

with Julie Jacobsen-Kane

Wednesday, June 15
9:00 AM - 10:30 AM
Swain County Cooperative Extension

4-Hers ages 5-8

Cost: \$7 (includes take-home chalk pastels)

Limit: 12

Register by June 1

Get your art groove on and learn some basic still life drawing techniques. Youth will use chalk pastels for this class and will then be able to take them home to keep using the skills they learned!!
Light snack and juice provided.



District Activity Day at WCU

Saturday, June 18
8:00 AM - 3:00 PM
Western Carolina University, Sylva

4-Hers ages 5-18 + their family

Cost is free

Meals and snacks will be on your own



Join lots of other 4-H members from across Western North Carolina at this regional presentations contest. This year the contest is being held on the campus of Western Carolina University.

You are required to participate in our county presentations day first and then may be eligible to present at district activity day. You can also attend and watch the youth presentations without doing one yourself. You still need to register so we know to expect you.

~ District Event ~


JOIN THE CLUB

Heritage Arts Crafting Workshop

Weaving & Recycled Material Art

Wednesday, June 15
11:00 AM - 1:00 PM
Swain County Cooperative Extension

4-Hers ages 5-18

Cost: \$2 (covers cost of supplies)

Register by June 8

Looking for some fun ideas on what to enter in the 4-H Heritage Art Contest in July? (see page 3)
Then look no further, this is the workshop for you!
Choose from 2 to 3 different weaving and recycled art projects to get you started. Includes simple to follow instructions and all materials provided.

What to Bring: Picnic lunch and water bottle.
Water provided.



Cloverbud Sewing with Ms. Dee

Monday & Tuesday - June 20 & 21
10:00 AM - 12:30 PM
Swain County Cooperative Extension

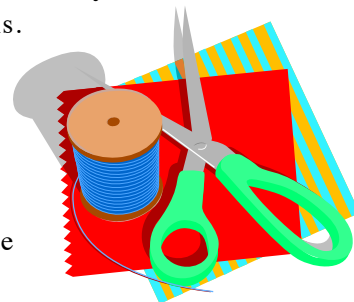
4-Hers ages 5-8

Cost: \$6 (covers cost of supplies)

Limit: 8 youth

Register by June 13

4-H is sew much fun!! Join our very own Dee Decker and learn basic sewing skills. Youth will use a sewing machine to make either an apron or a pillow that they can take home. Participants must attend both days to complete their project.



What to Bring: Picnic lunch and water bottle.
Water provided.

West District Gem Mining

Wednesday, June 22

9:00 AM – 3:00 PM

Mason Mountain Mine *Franklin, NC*

4-Hers ages 5-18 + their family

Cost: \$9 (*includes two buckets of dirt and transportation*)

\$6 (*if providing own transportation*)

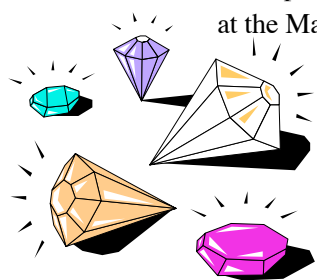
Register by June 15

Meet at 9:00 AM at Swain Extension Office

If driving meet at Mason Mountain Mine at 10:00 AM

Transportation provided by Swain County Transit

Join other 4-Hers from across the West District and let's see if we can strike it rich! Spend the morning looking for gems



at the Mason Mountain Mine. In the afternoon enjoy a picnic lunch at the Macon County Cooperative Extension Office and meet with a Geologist to talk about our treasures!

~ District Event ~

What to Bring: Picnic lunch, water bottle, water bottle, sunscreen, hat, and bug repellent. *Water provided.*

Bagels with Ms. Edith

Tuesday, July 12

9:00 AM - 11:30 AM

Swain County Cooperative Extension

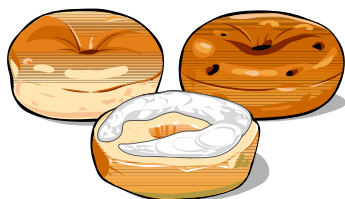
4-Hers ages 5-18

Cost: \$4 (*covers cost of supplies*)

Limit: 12

Register by July 5

Learn how to make bagels from scratch with Mrs. Edith Dingle. Follow a recipe and mix up some fun! We will be using a large stock pot for boiling and the oven for baking - younger participants may need parental assistance.



Snack and juice will be provided.

Farm Tour: Preserve at Little Choga

Friday, June 24

9:00 AM - 2:00 PM

Preserve at Little Choga, Nantahala

4-Hers ages 5-18 + their family

Cost: \$13 (*includes transportation & admission*)

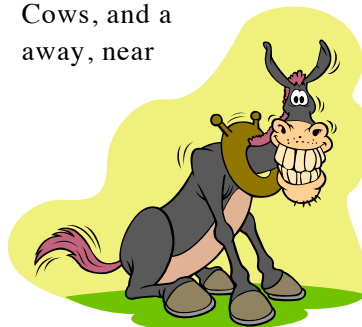
Limit: 20

Register by June 17

Meet at Swain County Extension Office at 9:00 AM

Transportation provided by Swain County Transit and Jackson County Cooperative Extension

The farm has Alpacas, Mini Donkey, Pony, Sheep, Goats, Rabbits, Turkey, Chickens, Quail, Pheasants, Ducks, Pigs, Cows, and a Fish Pond. Farm is about 1 hour away, near Lake Nantahala.



** Families are welcome but may have to provide own transportation depending on youth participation, as youth will get priority.*

What to Bring: Picnic

lunch (*picnic will be on the ground*) water bottle, sunscreen, hat, and bug repellent. *Water will be provided, and a light snack with juice provided for the ride over.*

Heritage Arts Contest

on display at SCC Swain Center's Summer Arts Festival

Saturday, July 16

10:00 AM - 5:00 PM

SCC - Swain Center

All Ages

Free Admission

Enter your art in this new contest. The purpose of the Heritage Arts Contest is to help youth discover, develop and encourage youth talent in creating Heritage Art and to provide an outlet for them to display their work. Categories include: Basket Weaving, Candle Making, Crochet, Knitting, Cross Stitch/Needlework, Hand Weaving, Jewelry Making, Natural Material Art, Pottery, Quilting, Sewing (*not clothes*), Woodwork, Recycled Material Art.

swain.ces.ncsu.edu/spotlight/4-h-heritage-arts-contest



4-H Junior Chefs

Tuesdays & Wednesdays
July 19, 20, 26, & 27
10:00 AM - 12:00 PM *each day*
Swain County
Cooperative Extension

4-H ages 9-12
Cost: \$20 *for all 4 sessions*
Limit: 8
Register by July 5

Here's an opportunity to creatively learn your way around the kitchen! These hands-on cooking classes will provide youth with the experience needed to feel confident in the kitchen. Participants will learn food safety, nutrition, food preparation and creative ways to display and present food. Each lesson will concentrate on culinary basics including reading a recipe, proper measuring techniques, recipe preparation, proper use of kitchen tools and equipment. The participants will be able to prepare easy and simple recipes at home and there will be a culinary challenge at the end of the 4 sessions! You must attend 3 of the 4 sessions offered because skills will build on previous lessons.

Joint class with Jackson County 4-H. Water provided.



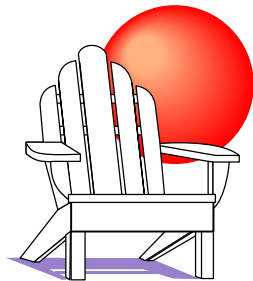
Fontana Fun Day

Friday, August 5
10:30 AM - until
Fontana Village Resort
Fontana Dam, NC

4-Hers ages 5-18 + their families
Cost: \$12.00 *(covers recreation pass and lunch)*
Meet at Fontana Village Resort
300 Woods Road, Fontana Dam, NC
Transportation on your own and parents must attend
Register by July 22

What to bring: towel, swim clothes, sunscreen, water shoes, snacks, and water bottle.

End summer with a splash! Join other West District 4-Hers for a fun relaxing day at Fontana Village Resort. Meet new friends, float down the lazy river, sit poolside and soak up the sun! What could be more fun! ~ **District Event** ~



Take Me Out to the Ball Game 4-H Night with the Asheville Tourists

Monday, July 25
7:05 PM game time *(gates open at 6:00 pm)*
McCormick Field, Asheville, NC

4-Hers ages 5-18 + their family
Cost: \$5 general admission ticket *(4-Hers & family)*
Register by July 11

Join the Asheville Tourists and other West District 4-Hers for a night at the ballpark. Enjoy watching the Asheville Tourists as they play against the Greenville Drive.



Kids 12 and under eat free, presented by Acropolis Pizza. Each child will receive a coupon as they enter for a complimentary slice of pizza and drink. ~ **District Event** ~

NOTE: Swain County 4-H will pre-order tickets. Tickets can be picked up at the Will Call booth. The discounted ticket price will not be offered at the gate. Transportation on your own.

4-H End of Summer Potluck\Cookout

Friday, August 12
5:30 PM - 7:30 PM
Deep Creek Pavilion

4-Hers and their family
Register by August 5

Bring the whole family to enjoy a "family style" meal at the Deep Creek Pavilion. Please provide a dish to share with other 4-H families. (Be mindful that we have several youth with tree-nut allergies). 4-H will provide the drinks, plates, napkins and cutlery.



How Do I Register?

Registration NOW OPEN ♦ 8:30 AM - 4:30 PM ♦ Monday - Friday

You may also register for programs up to one week prior to event, unless otherwise noted. Please call to make arrangements.

Required Forms

- 4-H Enrollment Form (if you are not already a 4-H member)
- Medical Release (**Informed Consent section MUST be notarized - your 4-H Agent can notarize at no charge**)
- Media Release
- Code of Conduct (**acknowledgement signed**)
- Summer Program Registration Form

Forms and payment are due when you register for programs. Additional forms can be picked up at the Extension Office or downloaded from the web at:

http://www.nc4h.org/procedures_and_guidelines/index.html

Payment

- **Make checks payable to Swain County 4-H Club Fund.**
- Your space is only secured once payment is received.
- Payment may be made with cash (*exact change*), check or money order.
- All fees are non-refundable unless activity is cancelled by Swain County 4-H.
- Fees will be used to cover cost of supplies, admission, limited insurance, snacks and/or transportation.

Mail to or drop by: Registration, enrollment, media release, and notarized medical release forms, to:

**Swain County Cooperative Extension
60 Almond School Road
PO Box 2329
Bryson City, NC 28713**

(828) 488-3848

Important to Note

All space is limited and on a first come first serve basis. If camps fill-up, a waiting list will be started.

If you sign up for an activity and later find out you cannot attend, please let the Extension Office know prior to the event, so we can contact someone on the waiting list.

Child must be the appropriate age by date of activity.

A list of materials and/or personal items needed for each program is available upon request.

When indicated, please provide a bagged lunch. You will be notified in advance if tree-nut products are prohibited. Please send a reusable water bottle for your child each day, additional water will be provided for refills.

Review the code of conduct with your child. Violations of this code will result in dismissal from the program and you must pick up your child immediately.

Please Indicate on Registration Form

- Parents are responsible for transportation to and from each event unless otherwise noted.
- Will you be dropping off your child? Or will you remain at the location for the duration?
- Will anyone be attending this workshop with your child (adult or sibling that is too young to enroll)?

4-H Summer Fun

A K Q I L P V R M F D J Y W M
D R I D G D A L W W E V C B A
X Y F S U M M E R M O P O G W
S A Z R A R H Y Y T D R O A E
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H P I Y I E I C Y P V O O A O
C E Z U B I N M I S J Y U G M
G H R Y G A M D A E P W T E E
U D E I S M S I S L N L P L G
C R A F T S O E N W S C A S Q
R C F X S A W V B I H W E S L
K K I S L R G N I A N C P F H
H I G O C Y Z E A E L G V Y I
N G F S E W I N G L I L L J L
Y I D B O N A F T H K Y Z D K

ANIMALS
CHEFS
HERITAGE
SPLASH
BASEBALL
SUMMER
CRAFTS
SCIENCE
MOVIE
SEWING
AWESOME
FRIENDS
BAGELS
MINING
COOKOUT

**Summer is the Best...
when you spend it with 4-H!!**

Check out these fun words! They all describe Swain County 4-H's Summer Program Extravaganza.

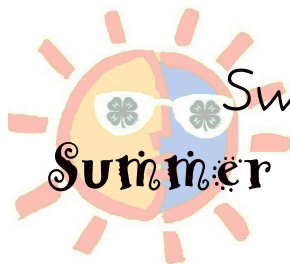
Including having an awesome time and making new friends. What could be better?! Can you find all the words?

This event or activity is operating under the 4-H Code of Conduct and Disciplinary Procedure. This 4-H Code of Conduct and Disciplinary Procedure is a condition of participation in any North Carolina 4-H activities or programs.

Swain County Center
P.O. Box 2329
Bryson City, North Carolina 28713



Look inside for
**Summer Program
Extravaganza**
information!!



Swain County 4-H Summer Program Extravaganza

There is something for everyone (ages 5-18)!

Come join the fun
and see what activities interest you!

Registration OPEN NOW
8:30 AM - 4:30 PM ♦ Monday - Friday

You may register for programs up to one week prior to event, unless otherwise noted. Please call to make arrangements. First come first serve on limited events. More information is included on the 2016 Registration Form (*enclosed*).

Contact the Swain County 4-H Office at 488-3848 to make special registration arrangements or if you have any other questions.



Swain County 4H
Swain County Cooperative Extension



2016
Summer
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Swain County 4-H News is a newsletter published once a year to announce upcoming 4-H summer programs and activities for Swain County youth and their family.

Jennifer Hill
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Swain County Cooperative Extension
PO Box 2329
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Bryson City, NC 28713

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[swain.ces.ncsu.edu](http://swain.ces.ncsu.edu)

