



Montgomery County 4-H 2016 Summer Fun

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4-H Summer Fun is a special program sponsored by Montgomery County 4-H through NC Cooperative Extension. Activities are open to all youth ages 5-19. Workshops are designed for specific age groups and there are limited spaces. ***(Please do not register your child for a class that is not for their age).*** We invite you to join us for a fun and exciting time. You do not have to be a 4-H member to participate.

To enroll in 4-H Summer Fun, you must **complete a registration form, available at the 4-H office**, along with a Code of Conduct, Medical Release and Photo Consent. Payment and/or scholarship request should be made at the time of registration. Make checks payable to Montgomery County 4-H. One registration form per participant, please.

Early Registration for current 4-H members will be on Thursday, May 26th from 8am-5pm. Registration for programs with scholarship opportunities available will be accepted but will be chosen by lottery after May 27th.

Early Registration for the public will be open on Friday, May 27th from 8am-5pm. We will continue to accept registrations after this date until each workshop is full or until June 10th at which time registration will close. Please take advantage of the early registration dates to ensure your child's space in the workshops of their choice.

Registration will be accepted at the NC Cooperative Extension Office located at 203 West Main Street, Troy. (910-576-6011). Payment is expected at the time of registration. ***No registration for Summer Fun will be accepted over the telephone.***

Farm to Fork

Participants will tour local Livestock and Produce farms to learn first hand how their food is produced. They will harvest food products and learn how to create a meal with their accumulated goodies. A "Chopped" themed game will also occur on the last day with a surprise awarded for Best Overall Dish and Most Original Dish. Bring bagged lunch the first day. Lunch will be provided on June 14th. **NO OPEN TOED SHOES!**; Dates: June 13th – 14th; Time: 9am-2pm; Ages: 10-18; Cost: \$20 each; Location: NC Cooperative Extension Office

Bee Smart about Bees

During this two-day program, you will learn about bees and other pollinators, their importance to our everyday life by following a very hands-on curriculum. You will experience nature walks, plant your own cucumber, improve native pollinator habitats, practice basic bee identification and enjoy a variety of pollinator produced simple snacks. Bring a bagged lunch both days. Snacks will be provided. Dates: June 16th – 17th Time: 9am-2pm; Ages: 5-18; Cost: \$10; Location: NC Cooperative Extension Office

Simple Snacks

Come learn more about My Plate and how to prepare your own safe and simple snacks at home. Ages: 8 – 12 year olds; Date: June 21st; Time: 9am-Noon; Cost: \$10.00; Location: NC Cooperative Extension Office

Around the World in a Day

Once you get your "passport", take a trip around the world and visit different countries to learn about culture, geography and try some exotic foods. Ages: 5- 18; Date: June 22nd; Time: 9 AM – 4 PM; Cost: \$15.00; Location: NC Cooperative Extension Office

Teen Fun Day

Participants will travel to Wet N' Wild Emerald Pointe, where they will learn about water safety and how to stay safe in the summer heat. Spend the rest of the day exploring the water park. Be sure to bring plenty of sunscreen, water shoes, and towels. Girls will be required to wear a tankini or one-piece bathing suit. Lunch will be provided. Ages: 13 and up; Date: June 23rd; Time: 8am-5pm; Cost \$35.00; Location: Greensboro, NC

Etiquette 101

The objective will be for students to learn proper dining etiquette; phone etiquette; internet safety and etiquette; and practice proper introductions. Youth will also have an opportunity to learn how to tie a tie and bow tie. We will end the class by taking a trip to a local restaurant and practicing our skills. Note: Dress nicely. Date: June 24th; Ages 9 - 18; Time: 9am -1pm; Location: NC Cooperative Extension Office; Cost: \$10.00

ACT PREP: Strategies for Success

Students will learn how to approach and complete the ACT Test. As a high school student, preparing for a college entrance examination like the ACT can be pretty difficult! In this workshop, you will learn the latest tactics and strategies to improve your ACT score and increase your chances of getting into college. Lunch will be provided. Date: June 28th; Time: 9 AM – 4 PM; 9 – 12 Grades; Cost: \$10.00; Location: NC Cooperative Extension Office

Money Fun for Kids

Children will learn the value of money and the value of setting goals and saving for important purchases through fun games. You will even make your very own piggy bank to take home. Ages: 5-8; Date: June 29th; Time: 9am-12pm; Cost: \$6.00; Location: NC Coop. Ext Office.

The Money Game

Putting participants into a real-life game where they experience, conceptually what adults experience for real is the perfect way to start giving our youth a “feel” for what they need to know & do to create financial freedom for themselves. Ages: 9 and up; Date: June 29th; Time: 1 – 5 pm; Cost: \$6.00; Location: NC Coop. Ext. Office

Aladdin – CPCC Summer Theater

What do you get when you mix a poor boy, a beautiful princess and a very large genie in a very tiny lamp? Travel with us to Central Piedmont Community College for their summer Theater production of Aladdin. Ages 5-18; Date: July 1st; Time: 8 AM – 4 PM; Cost: \$12.00; Location: CPCC Theatre, Charlotte

Day Camp at Millstone 4-H Camp

Day Camp at Millstone 4-H Camp offers friends for a lifetime, adventures in a safe nurturing environment, unforgettable activities like canoeing, archery, rock wall climbing, swimming and ropes courses without the overnight stay. The cost of camp includes transportation to and from camp, snacks, and a hot lunch each day. Transportation will depart from the Extension Office at 8:00am and return to the office at 4:45pm; Participants are to bring a swimsuit, towel, water shoes, tennis shoes, and sunscreen each day. Date: July 5th – 8th; Ages 8 to 14; Cost: \$140.00

****Scholarships from the County available.**

Safety Education Week

Montgomery County Cooperative Extension is sponsoring 4-H Safety Week. Participants will have the opportunity to learn about many different kinds of safety from resource people in the county that will provide them with the knowledge to help prevent personal injury. Field trips are planned and youth will receive lots of free giveaways including their own bicycle helmet and First Aid Kit. A fun-filled week is promised. Dates: July 11th – 14th. Time: 9 AM – 4 pm daily; Ages: 9 – 18; Cost: \$50.00; Location: NC Cooperative Extension Office

**** Scholarships from the County available.**

4-H Congress

NC 4-H Congress is a great way for teens to meet new people, learn New things and just have fun! Congress is held on campus at NC State University. Participants have workshops, elect officers, do community service and much more! Ages: 13 and up; Date July 16th – 19th; Cost: TBD; Location NC State University. **MUST BE AN ACTIVE 4-H'er AND HAVE COMPLETED A 4-H PRESENTATION IN 2016 IN ORDER TO PARTICIPATE IN NC 4-H CONGRESS!!**

Cloverbud Day at the Zoo

Travel with us to the NC Zoo in Asheboro where we will discover how the animals move in many ways. Investigate how animals get from here to there and back again through hands-on bio-facts, activities, and live animals. Date: July 20th; Time: 8 AM – 2 PM; Ages: 5 – 8; Cost: \$18.00; Location: Leaving from NC Cooperative Extension.

Cloverbud Day at Discovery Place Kids

Travel with us to Discovery Place Kids in Rockingham, NC where your child can be a firefighter, a chef, an inventor, or anything they want to be for the day. Through creative play, your child's imagination can soar at Discovery Place Kids. We will also have lunch at Pizza Inn and the cost of lunch is included in the fee. Date: July 21st; Time: 8 AM – 2 PM; Ages: 5 – 8; Cost: \$16.00; Location: Leaving from NC Cooperative Extension Office

Cloverbud Crafts

Come and enjoy using your creativity as you design masterpieces to take home including making your own tie-dyed t-shirt. Date: July 22nd; Time: 9am to 12pm; Ages 5 – 8; Cost: \$15.00 Location: NC Cooperative Extension Office.

Cloverbud Camp

This overnight camp is being held to give kids an opportunity to experience camp while not having to spend a whole week away! There will be many fun activities, games, a campfire, canoeing, archery, swimming, and crafts. Ages 5-8; Date: July 24th – 26th; Location: Millstone 4-H Camp in Ellerbe, NC; Cost: \$175.00.

**** Scholarships from the County available.**

Babysitting 101

Are you interested in learning the do's and don'ts of babysitting? Are you ready to start your own babysitting business? If so, this class is for you. Bring a bagged lunch and a baby doll for two days of learning how to be a great babysitter. If you do not own a baby doll, that is okay. We will have extra. Participants will also learn proper CPR and First Aid. Date: July 28th – 29th; Time: 9 AM – 1 PM each day; Ages: 9 – 18; Cost: \$20.00; Location: NC Cooperative Extension Office

Keep Calm & Be Empowered:

A Self-Esteem Workshop for Girls

Young girls today face a huge range of complex self-esteem issues, many of which will become apparent during their school years. This workshop is designed to help young people build body confidence, learn to develop positive “I” statements and begin to develop empowerment as young girls in today's critical world. We will also enjoy a day of pampering on-site complete with hair and nails. Please wear your favorite outfit. Lunch will be provided. Date: August 1st; Time: 9 AM – 4 PM; Ages: 9 – 18; Cost: \$15.00; Location: NC Cooperative Extension Office

Make A Difference Day

Come find out how to make a difference in your community. Participants will participate in a community service project and will visit a local nursing home where we will play games with the residents. Date: August 2nd; Time: 9 AM – 4 PM; Ages: 5 – 18; Cost: \$6.00; Location: NC Cooperative Extension Office

US National Whitewater Center Adventure

Join us as we travel to the US National Whitewater Center where we will participate in whitewater rafting, kayaking, high ropes, zip-lining and all other land and water activities with the All Sport pass. Participants must feel comfortable with all of the obstacles in order to participate and will need to pass a skill check as well to qualify for some activities participation. Visit <http://usnwc.org/> for more information about the Whitewater Center. Date: August 3rd; Time: 8 AM – 5 PM; Ages: 12 – 18; Cost: \$50.00; Location: Will depart from the NC Cooperative Extension Office

Summer Fun Celebration

Come and celebrate the end of Summer Fun with us at the Biscoe Park, Friday, August 5th from 6pm-9pm. Everyone who participated in Summer Fun Activities is welcome, as well as their parents and siblings. Bring your swim suit. The pool will be reserved just for 4-H. Dinner will be provided.

**** Montgomery County will provide scholarships for Day Camp, Safety Education Week, and Cloverbud Camp upon request. 50% discount is available to all Montgomery County residents and 75% discount is available to Montgomery County residents receiving free/reduced school meals for these three summer opportunities. A lottery drawing will be held to fill the scholarship slots that are available.**