



March 2016

4-H NEWS WIRE

HEAD - HEART - HANDS - HEALTH

Union County, 3230-D Presson Road Monroe NC 28112 704-283-3735 - <http://union.ces.ncsu.edu/>

Upcoming Dates:

April 4	Summer Fun Registration Begins (General Public)
April 7	CIT Applications Due *Must be 14 to apply
April 12	Wake Up to Agriculture
April 13 - 24	Spring Paper Clover Campaign
April 14	Wake Up to Agriculture - Rain Date
April 14	County Activity Day 6:00 pm - Ag Center
April 18	Camp Scholarship Applications are Due
April 23	Union Co. Paper Clover Day @ Tractor Supply 11:00am - 1:00pm
April 28	Teen Council Meeting 6:30 pm - Ag Center
April 30	CIT Training 11:00am - 4:00pm Ag Center
May 14-15	South Central District Horse Show Latta Plantation, Huntersville, NC

Union County Hosts South Central Teen Lock-In



On January 29, 2016 South Central District teens joined together for the annual Winter Enrichment. The event was an opportunity for teens to interact with other 4-Hers, participate in various workshops, and most importantly have a great time with each other. 4-Hers enjoyed workshops ranging from public speaking, healthy cooking and were also given the opportunity to give back through a community service workshop. Towards the end of the night, teens and chaperones alike enjoyed a festive dance party courtesy of our local DJ Jimmy Huntley. Throughout the night, teens enjoyed a harmonious night of friendship, music and snacks. Union County Teen Council Secretary and Young Riders Member, Reva Dandrow shared Union County updates to her fellow district 4-Hers. We can't wait to see what other fun workshops and events the district comes up for 2017!



North Carolina State University and North Carolina A&T State University commit themselves to positive action to secure equal opportunity regardless of race, color, creed, national origin, religion, sex, age, veteran status, or disability. In addition, the two Universities welcome all persons without regard to sexual orientation. North Carolina State University, North Carolina A&T State University, U.S. Department of Agriculture, and local governments cooperating.

SUMMER FUN 2016

For more information, contact Crystal Starkes at 704-283-3735 or Yaneth Pena at 704-283-3740
4-Her Registration Begins: March 21 and Public Registration Begins: April 4

1. June 13-17

Arts & Science Discovery

8am-5pm

Ages 5-8

\$100.00

This camp combines a child's love for both creative arts and science. Participants will be engaged in hands-on experiments to discover the magic behind the science of how things work, and get creative by using various supplies to create a unique project daily. **Youth must bring bagged lunch.** 20 spaces available

2. June 19-24

Babysitting 101

8am-5pm

Ages 11-14

\$100.00

Youth interested in babysitting will enjoy this week. The course will teach the best way to be safe and help keep the children in their care safe. They will learn about: safety & safe play, basic care, leadership and professionalism. Campers will receive babysitting, CPR and First Aid Certification. **Youth must bring bagged lunch.** 12 spaces available

3. June 19-24

Overnight Camp at Millstone 4-H Center

8am-5pm

Ages 8-14

\$420.00

Campers will canoe, swim, learn archery, go fishing, and participate in crafts and science discovery. Youth gain valuable knowledge and understanding through experimental education or "hands on learning." Transportation, lodging, meals and t-shirt included.

4. June 27-July 1st

A Nature Wonderland

8am-5pm

Ages 9-12

\$100.00

Are you interested in learning about nature? Join the Union County Extension Master Gardeners for a week of nature wonderland. Campers will learn about bees, bugs, butterflies, worms, local food and more. They will participate in a wildlife exploration during various field trips and trail walks, including Cane Creek. You will create arts and crafts including natural tie-dyed t-shirts and more. **Youth must bring bagged lunch.** 12 spaces available

5. July 11-15

Fashion Forward

8am-5pm

Ages 9-12

\$100.00

Campers will learn to operate a sewing machine, the difference between fabrics and how to cut out patterns. Campers will end the week with a self-made project. **Youth must bring bagged lunch.** 12 spaces available.

6. July 18-July 22

Cooking 101

9am-3pm

Ages 9-12

\$100.00

Participants will explore different variety of foods during this week of cooking, crafts and culture. Youth will learn how local foods can be incorporated into a healthy diet and how physical activity is beneficial to all of us, no matter where we live. **Lunch and snacks will be provided.** 12 spaces available

7. July 25-27

Mini Arts & Science Discovery

8am-5pm

Ages 5-8

\$60.00

This camp combines a child's love for both creative arts and science. Participants will be engaged in hands-on experiments to discover the magic behind the science of how things work, and get creative by using various supplies to create a unique project daily. **Youth must bring bagged lunch.** 20 spaces available

8. July 27-29

Outdoor Adventures

8am-5pm

Ages 12-14

\$100.00

This hands-on, outdoor based learning experience gives youth practical knowledge about a variety of outdoor activities such as hiking, mountain biking, water rafting and other fun activities. Participants will have the opportunity to utilize their newly acquired skills on trips to Crowder's Mountain and the North Carolina White Water Rafting Center. See attached sheet for more details. **Youth must bring bagged lunch.** 12 spaces available

9. August 1-5

Let's Get Creative

8am-5pm

Ages 9-12

\$100.00

This camp is designed for the young art enthusiasts interested in creative arts and crafts. During the week, youth will learn about ceramics, both watercolor and canvas paintings, creative writing and journaling, and photography. By the end of the camp, each camper will expect to have at least one or two finished pieces to show in the Union County Creative Arts Competition. *Access to a digital camera (point and shoot) is strongly suggested.* **Youth must bring bagged lunch.** 20 spaces available

10. August 8-12

Shooting Sports

8am-5pm

Ages 10-14

\$100.00

Campers will education on archery, rifle, shot gun and black powder shooting in a safe environment by a certified instructor. Individuals will obtain basic survival skills knowledge and receive a North Carolina Hunter Education Certification. **Youth must bring bagged lunch.** 12 spaces available

4-Hers & families gather for Achievement Night!!

On February 19, 2016 more than 200 4-Hers and their families celebrated honors at the annual Achievement Night. The 4-Hers worked really hard this year from creating project records books, giving presentations at County and District Activity Days, attending various workshops and events, and serving time in the community.

The youth and families were welcomed by a keynote message from Union County 4-H alum, Jeremy Fehlman, pictured top center, who spoke to the youth about the impact 4-H had on his life. He spoke at length about the benefits of participating in programs such as presentations and going on trips to Congress and other teen retreats. Fehlman is currently a freshman, computer science major at North Carolina State University.

Many of the youth took home various awards. Union County 4-H awarded Madison Evans the Outstanding Jr. 4-Her, top right, and Sierra Simmerman, top left, won the Outstanding Sr. 4-Her award! Congratulations to everyone!



CLUB NEWS:

**IF YOU WOULD LIKE TO SUBMIT
ANY CLUB NEWS PLEASE
CONTACT YMPENA@NCSTU.EDU
BY APRIL 25TH**

KUDOS CORNER

A huge congratulations to Kaylyn Gise for being elected as the new South Central District Secretary Reporter for the 2016 election. We are all extremely proud of you and wish you much success in your new position!

Ten County Activity Day

Presentation Tips:

- 1.** Limit the presentation to one principle idea or theme. Avoid too much information!
- 2.** Decide on a goal. Ask yourself what do you hope to accomplish with this presentation? Entertain, stimulate, convince others to try a new technique, help others to learn a new skill or consider a new concept?
- 3.** Gather Information - Use sources such as 4-H projects, Extension publications, the internet, newspapers, etc.
- 4.** Select a method - Do you want to give a Demonstration or Illustrated Talk?
Demonstration - Do you want to show and explain the actual steps in a process? Can you take all of the equipment and supplies needed to the place where you are going to give it? Will there be a finished product?
Illustrated talk - Can you best explain or tell how to do something with the exclusive use of visuals?
- 5.** Create an outline - list important steps, arrange steps in order each step needs explanation, balance talking with action, list all needed materials, equipment, and supplies
- 6.** Organize your presentation into four major parts - Introduction, Body, Summary, Questions and Answers.
- 7.** Remember, the audience learns by seeing as well as hearing! Visuals, including posters, should be used only when needed. Use the real item whenever possible, be large enough to be seen be clean and neatly done
- 8.** Practice your delivery! synchronize action and explanation, do things in a logical order, stay within the time limit, know whether or not there is sufficient information on the subject, and use equipment skillfully.
- 9.** Practice and Practice some more: Record your practice with a tape recorder or video camera or practice in front of a mirror. Maintain eye contact with the audience; talk to someone. Speak in a voice that is natural, distinct, and loud enough to be heard. Use a friendly, confident tone to be convincing
- 10.** Be Confident! Smile to show interest, enthusiasm, and confidence for the subject.

Dancing in the Clover



Left: Crystal Starkes, Michael Staton, Madison Evans, Mikayla Tsuikes, Gavin Tsuikes, Seanna Tsuikes, Kevin Stokes and Kyle Stokes. Right: Bonita Simpson and Joel Paulus

On March 19, 2016 seven Union County 4-Hers participated in our Annual Dancin' in the Clover fundraiser. Through avid practice and hard work they were all able to showcase their talents of formal ballroom dancing accompanied to the theme of Downtown Abbey - The Suite written by John Lunn. Their performance was a welcome accompaniment to the effervescent demonstrations of dance by the other participants. Ultimately, the winners were Bonita Simpson and Joel Paulus for their showcase of the waltz. Overall, the event was spectacularly successful and the remainder of the party enjoyed a night of fun, dancing and philanthropy accompanied to the tunes of the live band The Entertainers.



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