

# McDowell County



## Summer Discovery 2015

4-H Summer Discovery is a collection of educational workshops, field trips, and hands-on activities planned especially for McDowell County youth. This special program is designed to give youth positive learning opportunities and focus on developing life skills. Summer Discovery is made possible by dedicated 4-H volunteers and McDowell County Cooperative Extension Service staff.

Chad Ray  
Extension Agent  
4-H Youth and Development

### **Registration BEGINS: Wednesday, May 19, 2015** **NO EARLY REGISTRATION WILL BE ACCEPTED!**

4-H is a non-profit organization and is open to **ALL** youth ages 5-18 in McDowell County. All fees are for educational supplies, admission fees, limited insurance, refreshments, and transportation. Limited insurance will be provided for all participants for \$1.00 (this insurance is required). Registration form and 4-H enrollment forms must be completed in its entirety and signed by parent or legal guardian prior to registering the participant. Registration will not be accepted if forms are incomplete.

If your child has any special needs, contact the 4-H Agent prior to registration. Every effort will be made to accommodate special needs if adequate notification is given.

Prepayment is required to reserve a space.

**No registration will be accepted by telephone.**

Make your checks payable to **McDowell County 4-H** and use only one form per child.

Activities are filled on a first-come, first-served basis.

**\*\*\*\* Drinks will be provided at all workshops\*\*\*\***

#### **Attention Parents:**

**Spaces are available to youth only. Adults that may want to attend activities will be responsible for their own transportation, food, and fees/license to the events. Parents attending activities or events understand that they are attending on their own accord, and release McDowell County Cooperative Extension and McDowell County 4-H from any and all liability. Note: Some events there is space for youth only and adults will not be allowed to attend.**

# Questions ????

For more information about 4-H Summer Discovery or the 4-H program in McDowell County, call Chad Ray @ (828) 652-8104, Monday – Friday, 8:30 am to 5:00 pm.

**Registration Deadline is June 6<sup>th</sup>.** Remember to register early, space is limited.

**Make check or money order payable to: *McDowell County 4-H* and mail or bring to:  
(Credit or Debit Cards will be accepted with a \$3.00 processing fee.)**

**McDowell County 4-H, Summer Discovery Program,  
North Carolina Cooperative Extension  
McDowell County Administration Building  
2<sup>nd</sup> Floor, Room 226  
60 East Court Street  
Marion, NC 28752**

**ALL FORMS MUST Be Completed to Register for Programs.**

\*Note: Jane McDaniel will be glad to notarize the medical release form.



## Come Share the FUN!

*For accommodations  
for persons with  
disabilities,  
Contact the  
McDowell County  
Center  
at 828-652-8104,  
no later than 10  
business days before  
the event.*



# Activities

All workshops will begin and end in the parking lot behind the EMS station.  
Unless otherwise stated. (Look for the Big RED Van)

## Fish On!

June 12, 2015  
Ages: 8-18  
Class Limit 12

8:30 am - 2:30 pm

Cost: \$5.00

Who wants to go fishing? Participants will get to try their hand at fishing. This is an entertaining fun filled day. Participants will go with Molly Sandfoss, aka Fish Momma, to see who will catch the biggest or the most. This is a great trip for both experienced anglers and first timers. **If you are 18 or older you must have a valid North Carolina fishing license to fish!!!**



*What to bring: Bag lunch, rods, reel, tackle (hooks, sinkers, and bobbers), stringer, and cooler so you can take your catch home. \*\*\*Closed face reels are much easier for youth to use. 4-H will provide bait.*



## A Day Hike in the Linville Gorge

June 26, 2015  
Ages 12-18  
Class Limit: 10

8:30 am - 5:00 pm

Cost: \$5.00

The Linville Gorge Wilderness is known as the Grand Canyon of the East, and it is right in our backyard!! It is also a paradise for hikers and backpackers. It has incredible views!

This hike is not for the faint of heart. We will hike along the Shortoff Trail in the Linville Gorge Wilderness. The Trail is approximately 8 miles. We will drop off at the Table Rock Picnic Area and pick up at the Wolf Pit Road Trailhead. Day hikers need to wear comfortable closed toe shoes, bring plenty of water, lunch and snacks. It would be wise to carry a small backpack with these items and a jacket in case of rain. A hat and sunscreen is highly recommended as well. Your child will be responsible for carrying their own items.

Please know the limits of your child. This hike is moderate to strenuous at times, but can be done. It will be quite an accomplishment to share with friends and family.

## 4-H Summer Camp

June 28 – July 3

All Week

Ages 8-12 Regular Camp  
Ages 13- 14 Trekker Camp  
Class limit: 6

Cost: \$225.00  
Cost: \$250.00

Join us at Betsy Jeff-Penn 4-H Educational Center for a week long residential summer camp experience. Youth will spend the week boating, shooting archery, swimming, making arts and crafts and learning about nature. Join us as lifetime memories will be made! For more information about the camp please visit [www.bjpenn4h.org](http://www.bjpenn4h.org)



### **Nascar Hall of Fame and Shop Tour**

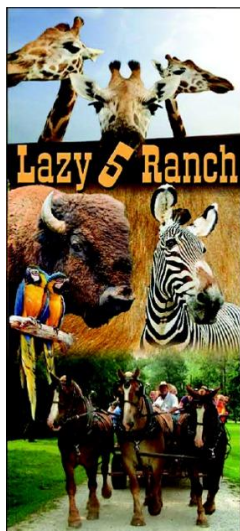
July 7, 2015  
Ages: 5-18  
Class Limit 12

9:00 am – 5:00 pm  
**Cost: \$15.00**

Come experience one of the many things that make North Carolina unique. We will start at the NASCAR Hall of Fame and see the history of the sport that calls North Carolina home. We will learn about the science, engineering, and technology that has brought the sport to where it is today. After our tour we will travel to some current race team shops and see how they prepare the cars each week.



*What to bring: Bag lunch*



### **Lazy 5 Ranch**

July 9, 2015  
Ages 5-18  
Class Limit 12

9:00 am – 3:00 pm  
**Cost \$12.00**

Come see all kinds of exotic animals in our own backyard. Join us as we take a wagon ride through a 3 ½ mile safari and feed the animals. You will see zebra, giraffe, ostrich, and many other animals. Visit [www.lazy5ranch.com](http://www.lazy5ranch.com) for more details.

*What to bring: Bagged lunch and wear closed toe shoes clothes. You may also want to bring a camera!*

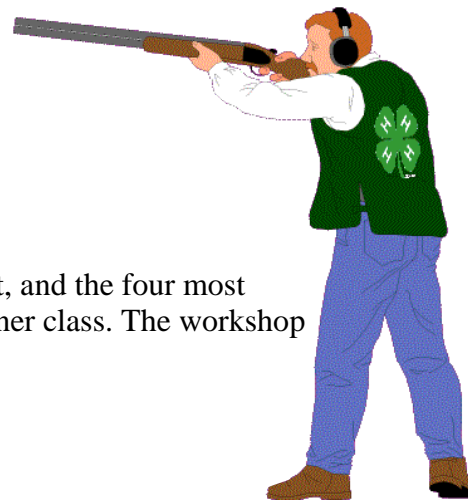
### **McDowell 4-H Shooting Sports (Rifle)**

July 23, 2015  
Ages: 9-18  
Class limit: 10

9:00 am – 12 noon  
**Cost: \$5.00**

This workshop will teach youth to properly shoot a .22 rifle, from a bench rest, and the four most common shooting positions. All equipment will be provided. This is a beginner class. The workshop will be taught at Carolina West Shooting Club in Nebo.

*What to bring: Participants are required to wear closed toe shoes.*







### McDowell 4-H Shooting Sports (Archery)

July 24, 2015  
Ages: 9-18  
Class limit: 10

9:00 am – 12 noon

**Cost: \$5.00**

This workshop will teach youth safety and technique to properly shoot a bow and arrow. All equipment will be provided. This is a beginner class. The workshop will be taught at Carolina West Shooting Club in Nebo.

*What to bring: Participants are required to wear closed toe shoes.*

### 4-H Night at the Ballpark

July 27, 2015  
Ages 5-18  
Class Limit 12

5:00 pm – 11:00ish

**Cost: \$7.00 4-Hers  
\$8.00 Adults**

What is summer without baseball? Join 4-Hers' from all across Western North Carolina for 4-H Night at the Asheville Tourists. This is a great family event and we encourage families to attend. 4-H will be prominently featured throughout the night and in the past 4-Hers have even got to throw out the first pitch.



### Whitewater Rafting on the Nantahala River

July 30, 2015  
Ages 12-18  
Class Limit 12

9:00 am – 5:00 pm

**Cost: \$40.00**

Are you looking for some adventure? Come battle the rapids of the Nantahala River. This is an exciting trip and is great for first timers to advanced paddlers. Check out [www.wildwaterrafting.com](http://www.wildwaterrafting.com) for more details.

*What to bring: Water shoes and appropriate water clothes are required. You must have shoes that strap on your feet, sandals are not permitted. Also everyone will need a change of clothes and a bag lunch.*

### Grandfather Mountain

August 4, 2015  
Ages 5-18  
Class Limit 10

9:00 am – 3:00 pm

**Cost \$10.00**



Travel up the mountain to see life from the top. We will hike around the mountain; visit with the park naturalist for a great educational class and for the brave walk across the mile high swinging bridge!

*What to bring: Bagged lunch and comfortable hiking shoes.*



### **Make Your Own Pottery**

August 6, 2015  
Ages 5-18  
Class Limit 10

12:30 am – 5:00 pm

**Cost \$20.00**

Don't miss out on this. This class is almost always the first to fill up! Participants will spend the day creating pottery by using a potter's wheel and also by using their hands. The workshop will be held at Pinkul Pottery. (Pottery is available at the Extension Office a few weeks after the

class, due to finishing time.)

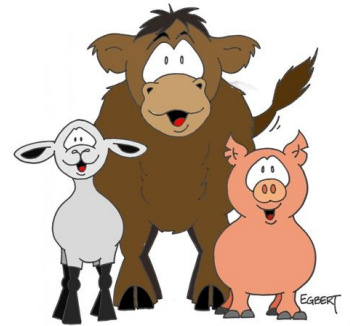
### **Down on the Farm: 4-H Farm Day**

August 7, 2015  
Ages 5-18  
Class Limit 12

8:30 am – 12: 00 pm

**Cost: \$5.00**

Youth will get to experience farm life for a day. Farmers in McDowell County provide a wide variety of fresh, nutritious food for us to eat. We will be visiting farms and learning about how your food is grown. We may even see chickens and pick a few berries.



*What to bring: Wear close toed shoes and bring bottled water*

### **Carowinds**

August 12, 2015  
Ages 10-18  
Class Limit 12

9:00 am - 8:30 pm

**Cost: \$40.00**



4-Hers' will get to take a screaming thrill ride on one of the tallest, fastest, longest roller coasters in the Southeast at Carowinds amusement park in Charlotte.. Carowinds is an amusement park and water park in one great location. For more information about Carowinds please go to their website at [www.carowinds.com](http://www.carowinds.com). This will be an all day trip and participants will need money for food and souvenirs. 4-H will pay for dinner on the way home.

*What to bring: Comfortable shoes, bathing suit if planning on using water park, a bag lunch and sunscreen*

# 4-H Summer Discovery Registration Form

Child's Name \_\_\_\_\_ Age \_\_\_\_\_

Date of Birth \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_

Mailing Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Parent's/Guardian's Name \_\_\_\_\_

Daytime Phone (required) \_\_\_\_\_ Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

## I WANT TO ENROLL IN THE FOLLOWING SUMMER PROGRAMS:

Activity	Date	Cost	Total
Fish On!	June 12	\$5.00	
A Day Hike in the Linville Gorge	June 26	\$5.00	
4-H Summer Camp	June 28-July3	\$225.00 \$250.00	
Nascar Hall of Fame	July 7	\$15.00	
Lazy 5 Ranch	July 9	\$12.00	
Shooting Sports (Rifle)	June 23	\$5.00	
Shooting Sports (Archery)	July 24	\$5.00	
4-H Night at the Ballpark	July 27	\$7.00 \$8.00 Adults	
Whitewater Rafting	July 30	\$40.00	
Grandfather Mountain	August 4	\$10.00	
Pottery	August 6	\$20.00	
Down on the Farm	August 7	\$5.00	
Carowinds	August 12	\$40.00	
Insurance Cost (One Time Fee)			\$1.00
Total			

All registration fees are non-refundable!

