



Harnett County Center  
North Carolina Cooperative Extension  
126 Alexander Drive, Suite 300  
Lillington, NC 27546  
(910) 893-7530  
(910) 893-7539, Fax  
Harnett.ces.ncsu.edu

# Harnett County 4-H 2015 Summer Fun



Day camps and workshops are open to all Harnett County youth, 5-18 years of age; however, classes are age specific. You **do not** have to be a 4-H member to participate. Activities are designed to be fun-filled and educational. Some activities will reflect upon our history and convey its significance to others. If you want to get a taste of 4-H, our Summer Adventures Program is the perfect place to start.



*Registration will BEGIN May 15, 2015*  
Classes are Subject to Change



**Harnett County 4-H is able to provide these programs at a reduced cost with the help of funding from South River Electric. The Dig It! Secrets of Soil field trip to the North Carolina Museum of Natural Sciences is sponsored by Harnett County Soil & Water Conservation.**

# 2015 4-H Summer Fun

## ENROLLMENT

Classes will be filled on a first-come, first-served basis. Your space can only be reserved upon receipt of registration form and class fees. The class fees are charged to cover class supplies and transportation costs. You may register for the class by completing the enclosed registration form. Please list **ALL** classes in which you wish to participate. **Parents/guardians, child care providers or youth groups may register no more than five children per class.** Child care providers/youth groups attending 4-H summer programs **MUST** provide one **ADULT** to assist with supervision for the duration of the activity.

You may return your form to the Harnett County Agriculture Center, Harnett County Cooperative Extension Office at 126 Alexander Drive in Lillington or mail to Harnett County 4-H, 126 Alexander Drive, Suite 300, Lillington, NC 27546. If paying in cash, **PLEASE BRING THE CORRECT AMOUNT.** We do not keep money on hand to make change. In the event you cannot attend a class, please notify the 4-H office as soon as possible. This will give another child the opportunity to attend the class. If you have any questions, please contact the 4-H office at (910) 893-7532. **Registration will not be accepted by e-mail or over the phone.**

## POLICIES & PROCEDURES

»All fees are non-refundable unless a class is filled to capacity or cancelled. Necessary refunds will be made in September.

»Medical Release and Photo Release forms must be completed for each participant.

»Punctuality of all participants is expected, particularly in the case of field trips. The van will wait a maximum of 5 minutes past the scheduled departure time.

»Punctuality of parents/adults/guardians picking up youth following programs is MANDATORY. Youth must be picked up at the time the program ends. If 4-H staff members are required to care for your child more than 30 minutes beyond the indicated pick-up time without notification, your child will not be allowed to participate in other 4-H Summer Fun activities.

>>All Harnett County 4-H Summer Fun events or activities are operating under the 4-H Code of Conduct and Disciplinary Procedure. The NC 4-H Code of Conduct and Disciplinary Procedure is a condition of participation in 4-H events/activities and can be found at:

[http://www.bae.ncsu.edu/programs/extension/4-h/4-H\\_codeofconduct.pdf](http://www.bae.ncsu.edu/programs/extension/4-h/4-H_codeofconduct.pdf)

>> For accommodations for persons with disabilities, contact Harnett County 4-H at 910-893-7532, no less than seven business days before the event.

1. **4-H: It's Electric**

**Ages:** 9-18 **Workshop Limit:** 20

**Date:** June 15, 2014

**Time:** 9:00-3:00pm

**Place:** Harnett County Agriculture Center

**Cost:** \$5.00

**Supplies Needed:** Bag Lunch

**Life Skill Focus:** Marketable Skills, Critical Thinking, Planning & Organizing

**4-H Target:** STEM



North Carolina 4-H has one of the nation's top electric programs. Participants will learn basic electric concepts that will enable them to build the 2015 4-H Electric Project, an electronic soil moisture sensor. Youth will also learn about 4-H Electric Congress and other electric projects.

2. **Let's Sew Something/Beginners Sewing**

**Ages:** 9-18 **Workshop Limit:** 6

**Date:** June 16-17, 2015

**Time:** 9:00-1:00pm

**Place:** Harnett County Agriculture Center

**Cost:** \$15.00

**Supplies Needed:** Bag Lunch

**Life Skill Focus:** Problem Solving,

**4-H Target:** Education/Economy



This poultry science workshop is for youth wanting to learn about chickens. Participants will have fun learning to identify different varieties of chickens. They will also learn poultry judging and to exhibit chickens. This workshop may include a short chicken farm tour. More details will be made available to participants one week prior. Snacks will be provided!

3. **Adventures in Babysitting**

**Ages:** 11-18 **Workshop Limit:** 20

**Date:** June 22 & 24

**Time:** 10:00am-4:00pm

**Place:** Harnett County Agriculture Center

**Cost:** \$15.00

**Supplies Needed:** Bag Lunch

**Life Skill Focus:** Leadership, Responsibility, Marketable Skills

**4-H Target:** Education, Economy



***Adventures in Babysitting***.....Youth interested in babysitting will enjoy this hands-on two-day workshop. Participants will develop skills that will teach best practices to keep children safe while in their care. They will learn basic care, safety and safe play. They will also learn leadership, professionalism and business skills that will help in starting their own business.

4. **Cloverbud 1/See Them Sprout**

**Ages:** 5-8 **Workshop Limit:** 20

**Date:** June 23, 2015 **See Them Sprout:** Let's Plan & Dig In!

**Date:** June 25, 2015 **See Them Sprout:** While You Wait!

**Time:** 9:00-1:00pm

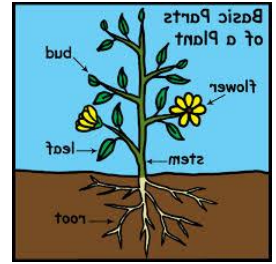
**Place:** Harnett County Agriculture Center

**Cost:** \$10.00

**Supplies Needed:** Bag Lunch,

Life Skill Focus: Healthy Living

4-H Target: Healthy Lifestyles



This is a "learn by doing" workshop for 4-H Cloverbud aged youth to learn about gardening. In this session participants will learn that "First You Plan" and then you "Plant It." Hands-on activities will be used. In this session participants will experiment with different planting methods by planting in different kinds of containers. They will learn about seed germination; parts of plants and what each part does.

5. **Cloverbud 2/See Them Sprout**

**Ages:** 5-8 **Workshop Limit:** 20

**Date:** July 7, 2015 **See Them Sprout:** Watch Out and Now What!

**Date:** July 9, 2015 **See Them Sprout:** Imagine That!

**Time:** 9:00-1:00pm

**Place:** Harnett County Agriculture Center

**Cost:** \$10.00

**Supplies Needed:** Bag Lunch,

Life Skill Focus: Healthy Living

4-H Target: Healthy Lifestyles



This is a "learn by doing" workshop for 4-H Cloverbud aged youth to learn about gardening. In this session participants will learn about gardening tools and using them safely. Hands-on activities will/may include plastic gardening tools. Will also explore different kinds of fruits & vegetables, learn to identify fruits and vegetables and how they are used.

6. **Let's Make a Quilt/Beginners Quilting**

**Ages:** 9-18 **Workshop Limit:** 10

**Date:** July 13-17, 2015

**Time:** 9:00 to 5:00pm

**Place:** Harnett County Agriculture Center

**Cost:** \$25.00 for quilting kit

**Supplies Needed:** Bag Lunch each day

Life Skill Focus: Marketable Skills, Organizing, Critical Thinking, Creativity

4-H Target: Economy



This is a beginner's five-day quilting workshop designed for participants with sewing experience. Participants in this workshop will receive a quilting kit to complete sewing project. Sewing machines and sewing tools will be provided or you may bring your own. There will be lots to learn and complete. This workshop is not suited for anyone that does not know how to operate a sewing machine.

7. **4-H Can Lamp Project**

**Ages:** 9-18 **Workshop Limit:** 15

**Date:** July 22, 2015

**Time:** 9:00-3pm

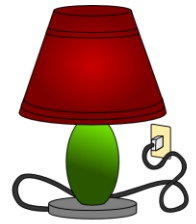
**Place:** Harnett County Agriculture Center

**Cost:** \$12.00

**Supplies Needed:** Bag Lunch with a 12oz aluminum can drink. The drink-can will be used to build their lamp.

**Life Skill Focus:** Critical Thinking, Marketable Skills, Wise Use of Resources

**4-H Target:** STEM, Economy



Participants will learn basic electric skills and concepts that will be useful in everyday life. They will then apply those skills as they build a working lamp using a recycled aluminum can from their lunch.

8. **4-H Sport Fishing**

**Ages:** 9-18 **Workshop Limit:** 10

**Date:** July 23, 2015 from 9:00-Noon

July 24, 2015 from 8:00-4:00pm

**Cost:** \$15.00

**Supplies Needed:** Fishing Pole, Bag Lunch on July 24th

**Life Skill Focus:** Planning/Organizing, Personal Safety, Healthy Living

**4-H Target:** Economy, Healthy Living



The 4-H Sport Fishing workshop utilizes the 4-H fishing curriculum. On day one, we will explore types of fish & baits, practice casting, and build a Pop Bottle Fishing Rod. Day two we will take a fishing trip to a catch & release body of water and hope everyone catches something with the skills that they have learned.

9. **4-H Cooking in the Kitchen**

**Ages:** 9-14 **Workshop Limit:** 10

**Date:** July 27-30, 2015

**Time:** 9:00-noon

**Place:** Harnett County Agriculture Center Kitchen

**Cost:** \$15.00

**Life Skill Focus:** Learning to Learn, Problem Solving, Healthy Living

**4-H Target:** Economy, Healthy Living



4-H Cooking in the Kitchen is a four day program adapted from the Chef & The Child program started in Forsyth County. Participants will learn basic food, nutrition and cooking tips to prepare recipes they will enjoy during the workshop and be able to prepare at home. Recipes the youth will learn include Easy Pyramid Pizza, French Omelet, Ice Cream Muffins, Easy Cheesy Lasagna, Garlic Bread, and many more.



10. **Energy & the Environment**

**Ages:** 9-18 **Workshop Limit:** 15

**Date:** July 31, 2015

**Time:** 9:00-3:00pm

**Place:** Harnett County Agriculture Center

**Cost:** \$10.00

**Supplies Needed:** Bag Lunch

**Life Skill Focus:** Learning to Learn, Problem Solving, Healthy Living

**4-H Target:** STEM



Energy and the Environment are two of the most pressing issues around the world. We will utilize lessons from the new 4-H Biofuels curriculum that deal with biofuel alternatives and their impact on the environment.

11. **4-H Aerospace & Rocketry**

**Ages:** 9-18 **Workshop Limit:** 10

**Date:** August 3-4, 2015

**Time:** 9:00-3:00pm

**Place:** Harnett County Agriculture Center

**Cost:** \$15.00

**Supplies Needed:** Bag Lunch

**Life Skill Focus:** Marketable Skills, Problem Solving,

**4-H Target:** STEM



We will be utilizing the 4-H Aerospace curriculum to learn about flight, rocketry, and other STEM programming. During the workshop, youth will actually build and launch a model rocket in addition to all of the other fun activities related to flight.

12. **4-H FIRST Lego League/SuGO Camp**

**Ages:** 9-18 **Workshop Limit:** 15

**Date:** August 5-7, 2015

**Time:** 9:00-3:00pm

**Place:** Harnett County Agriculture Center

**Cost:** \$20.00

**Supplies Needed:** Bag Lunch

**Life Skill Focus:** Marketable Skills, Problem Solving, Self-Esteem

**4-H Target:** Economy



4-H FIRST Lego League/SuGO Camp is a ROBOTICS camp designed to challenge and delight every participant. FIRST is an international organization designed to engage the student as they explore science and engineering in fun and empowering ways. Using teamwork, tools and STEM (science, technology, engineering, and math) materials; campers will experience the discovery process that all scientists and inventors employ in the real world.

13. **4-H Outdoor Cookery**

**Ages:** 9-18

**Date:** August 10, 2015

**Time:** 9:00-3:00pm

**Place:** Harnett County Agriculture Center

**Cost:** \$15

**Supplies Needed:** Bag Lunch



4-H has presentation programs you may not know about like Beef Char-grill, Chicken BBQ, Turkey BBQ, and Pork BBQ. In this workshop participants will learn about each of these presentation areas, food safety, how to light a charcoal grill, grilling techniques and much more. They will then try their hand at grilling a selected cut of meat and taste different meats grilled by other participants.

14. **Dig It! The Secrets of Soil**

**Ages:** 5-18 **Workshop Limit:** 20

**Date:** August 12, 2015

**Time:** 9:00-3:00pm

**Place:** Harnett County Agriculture Center

**Cost:** Free



Dig It! The Secrets of Soils is an exhibit at the North Carolina Museum of Natural Sciences. There are more living creatures in a shovelful of rich soil than there are people on the planet. Yet, more is known about the far side of the moon than about soil. Dig It! reveals the complex world of soil and how this underfoot ecosystem supports nearly every form of life on Earth. **Thank you Harnett County Soils & Water Conservation for sponsoring this field trip.**

15. **4-H End of Summer Celebration Lunch**

**Ages:** 5-18 **Open to all youth and a guardian who attended a 2015 4-H Summer Adventures Session**

**Date:** August 14, 2015

**Time:** 12:00-2:00pm

**Place:** TBA

**Cost:** Free for those who attended a 2015 4-H Summer Adventures Session



This session is a new addition to our summer program where we will celebrate the youth who attended the 4-H Summer Adventures program. We will have a catered meal followed by a small awards program. The goal is to bring all attendees during the summer together to celebrate what they have learned.

**For questions concerning Harnett County 4-H Summer Adventures  
please contact:**

Jackie Helton, 4-H Agent

or

Patricia McKoy, 4-H Program Assistant

or

Alia Langdon-Williford, 4-H Program Assistant

at

910-893-7532

**JOIN | THE REVOLUTION **  
**OF RESPONSIBILITY**  
Cooperative Extension's Youth Development Program



**Please make sure  
ALL of the  
following forms  
are filled out  
completely.  
Thank you!**



# Harnett County 4-H

## 2015 Summer Adventures - Registration



*All fees must be paid in full at the time of registration  
No registration will be accepted via phone, fax, or email*

Youth Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City State Zip

Parent's Name (Please print): \_\_\_\_\_

Parent's Phone Numbers: (Home) \_\_\_\_\_ (Cell) \_\_\_\_\_

Parent's Email: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Gender: ☐ Male ☐ Female

Race: ☐ Black ☐ White ☐ Latino ☐ Asian ☐ Native American ☐ Other

Grade (2014-2015 School Year): \_\_\_\_\_

Where do you live: ☐ Farm ☐ Town under 10,000 ☐ City 10,000-50,000

Workshop Title (Please Check Registering For)	Date	Cost	Fee
<input type="checkbox"/> 4-H: It's Electric	June 15, 2015	\$5	
<input type="checkbox"/> Let's Sew Something/Beginners Sewing	June 16-17, 2015	\$15	
<input type="checkbox"/> Adventures in Babysitting	June 22 & 24, 2015	\$15	
<input type="checkbox"/> Cloverbud 1/See Them Sprout	June 23 & 25, 2015	\$10	
<input type="checkbox"/> Cloverbud 2/See Them Sprout	July 7 & 9, 2015	\$10	
<input type="checkbox"/> Let's Make a Quilt/Beginners Quilting	July 13-17, 2015	\$25	
<input type="checkbox"/> 4-H Can Lamp Project	July 22, 2015	\$12	
<input type="checkbox"/> 4-H Sport Fishing	July 23-24, 2015	\$15	
<input type="checkbox"/> 4-H Cooking in the Kitchen	July 27-30, 2015	\$20	
<input type="checkbox"/> Energy & the Environment	July 31, 2015	\$10	
<input type="checkbox"/> 4-H Aerospace & Rocketry	August 3-4, 2015	\$15	
<input type="checkbox"/> 4-H FIRST Lego League/SuGO Camp	August 5-7, 2015	\$20	
<input type="checkbox"/> 4-H Outdoor Cookery	August 10, 2015	\$15	
<input type="checkbox"/> Dig It! The Secrets of Soil	August 12, 2015	Free	
<input type="checkbox"/> 4-H End of Summer Celebration Lunch	August 14, 2015	Free*	
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<b>Total</b>			

1. Checks/money orders: payable to **Harnett County 4-H**. If paying with cash, bring exact change.
2. Bring or mail this form and medical release/photo forms to the 4-H Office located in the Harnett County Agriculture Center, 126 Alexander Drive, Suite 300, Lillington, NC 27546.
3. Registration begins May 15, 2015
4. For accommodations for persons with disabilities, contact 910-893-7532, no later than seven business days before the event.
5. \*You must attend one other session during the summer to attend this event.



North Carolina 4-H and \_\_\_\_\_ County 4-H  
**Photographic, Video, and Audio  
Optional Publicity Release**



I do \_\_\_\_\_ or do NOT \_\_\_\_\_ give permission to North Carolina State University, through its Cooperative Extension program for North Carolina 4-H, and \_\_\_\_\_ County Extension staff, to take photographs and/or record video and/or audio or otherwise record images and likenesses of me and/or my property and to use these for 4-H Youth Development nonprofit educational, promotional, and/or marketing materials. I further consent that my name and identity may be revealed therein or by descriptive text or commentary.

I expressly release North Carolina State University, its agents, employees, licensees and assigns from and any and all claims which I may have for invasion of privacy, right of publicity, defamation, copyright infringement, or any other causes of action arising out of the use, adaptation, reproduction, distribution, broadcast or exhibition of such recordings of my image, voice, or likeness.

I understand this permission is entirely optional, and that participants who do not give permission will remain eligible for 4-H services, benefits, and privileges the same as those who do give permission.

Participant Name (please print): \_\_\_\_\_

Participant Signature: \_\_\_\_\_ Date: \_\_\_\_\_

*If individual is under the age of 18, consent of the legal parent or guardian is needed.*

Parent/Guardian signature: \_\_\_\_\_

Parent/Guardian name (please print): \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

#### IV. Informed Consent

In the event that a participant needs minor medical care from 4-H or more significant medical care from a qualified health care provider, including in rare cases possible hospitalization and/or surgery, the parent/guardian is asked to sign the informed consent form below. In case of serious medical condition, 4-H will make every effort to notify the parents, but the first priority may be providing care to the participant.

Authorization to Consent to Health Care for Minor

I, \_\_\_\_\_, of \_\_\_\_\_ County, am the custodial parent having legal custody of \_\_\_\_\_, a minor child, age \_\_\_\_\_, born \_\_\_\_\_. I authorize any adult(s) acting as agents (including official volunteers) or employees of the \_\_\_\_\_ 4-H program and in whose care the minor child has been entrusted, to do any acts which may be necessary or proper to provide for the health care of the minor child, including, but not limited to, the power (i) to provide for such health care at any hospital or other institution, or the employing of any physician, dentist, nurse, or other person for such health care, and (ii) to consent to and authorize any health care, including administration of anesthesia, X-ray examination, performance of operations, and other procedures by physicians, dentists, and other medical personnel except the withholding or withdrawal of life sustaining procedures.

This consent shall be effective for one year from the date of the execution.

Custodial Parent Signature \_\_\_\_\_ Date \_\_\_\_\_

STATE OF NORTH CAROLINA  
COUNTY OF \_\_\_\_\_

On this \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_, personally appeared before me the said named, \_\_\_\_\_, to me known and known to me to be the person described in and who executed the foregoing instrument and he (or she) acknowledged that he (or she) executed the same and being duly sworn by me, made oath that the statements in the foregoing instrument are true.

My commission expires \_\_\_\_\_, 20\_\_\_\_.

\_\_\_\_\_  
Notary Public  
\_\_\_\_\_

(OFFICIAL SEAL)