

Northeast District 4-H Teen Retreat
March 13-15, 2015
Beaufort County – Washington, NC

Please note that Pitt County 4-H must have an updated 4-H Medical Release form that has been completed within the last year.

- ✿ Teen 4-H members
- ✿ Lodging – Comfort Inn, Washington, NC
- ✿ Cost – \$85.00
- ✿ Special Notes:
 - Arrive at the Extension office **Friday, March 13th at 6:00 PM**
 - Cost includes transportation, lodging, activities, supplies, all meals & snacks
 - **Registration & fees are due February 10th.** If paying by check, make payable to Pitt Mutual.

Name: _____ Circle: Male Female Birth date: ____/____/____

Address: _____

City/State/Zip: _____

Youth Cell Number: _____ Grade _____ E-mail: _____ T-Shirt Size _____
Adult – Sm. Med. Lg. etc.

Special Dietary / Medical Restrictions: _____

Parent's Name(s): _____

Parent(s) Phone: Home _____ Cell _____

Parent(s), by signing below, you are giving your child permission to participate in the above event. You are also indicating that you have reviewed and understand the 4-H Code of Conduct & Disciplinary Procedure and agree that your child is bound by its provisions.

Parent Signature: _____ Date: _____

All 4-Hers will be lodged 4 per room. Please list 1st and 2nd choice of roommate preferences.

1st Choice _____ 2nd Choice _____

3rd Choice _____ 4th Choice _____

Collected in compliance with federal requirements intended to ensure equitable program administration and availability:

Race or Ethnicity: ____ White ____ Black/African-American ____ American Indian/Alaskan ____ Asian ____ Native Hawaiian/Pacific Islander
____ Hispanic/Latino ____ Other

Dear Teen 4-H'ers & Agents,

We are very excited about the 2015 NED Teen Retreat. Our District Officers, Beaufort County 4-H, and your NED 4-H agent advisors have been working hard to prepare a great event for you. Thank you for your support and participation!

The following covers information needs your attention prior to the deadline and event.

ENROLLMENT FORM

Please submit a copy of the **4-H Enrollment if you are new to 4-H** and have not completed one for your club leader as of the deadline. This form is only completed once in a 4-H'ers involvement, unless otherwise requested from the state office for events.

MEDICAL RELEASE FORMS

The **Medical Release** form must be updated annually. If you have not submitted an updated copy, please do so and make sure it is notarized. Remember, the Medical Release form is only good for one year, and without it you cannot attend any teen event.

LOCATION & FACILITIES

We will be staying at the Comfort Inn in Washington, NC (1636 Carolina Ave, Business Highway 17). Other activities will be held at the Washington Civic Center, Golden Corral, Beaufort Community College, and the Washington Yacht & Country Club.

COSTS

The \$85 registration cost covers the hotel, all activities, snacks and meals, breakfast (at Golden Corral and hotel), lunch and dinner on Saturday, and breakfast (at hotel) on Sunday. **You will need to have eaten dinner Friday before arriving at the Extension office. We will return Sunday before lunch.**

DRESS CODE & CODE OF CONDUCT

Youth will be expected to follow the 4-H Dress Code and 4-H Code of Conduct for all the activities during Teen Retreat. Please ensure that you pack appropriate clothing for each of the events including, workshops, the banquet, and dance. You will be expected to remain in business professional clothes for the dance. Please note the appropriate dress for each event on the schedule.

CHECK-IN

Check-in will take place at the Washington Civic Center, **but we will not go to the hotel until after the evening activities.**

COUNTY REPORTS

Please have a youth prepared to give a county report during the opening business meeting on Friday. This report should include the number of delegates present at Teen Retreat, and a BREIF update on county programs. This should be a County Council officer role.

SERVICE PROJECT

On Saturday afternoon we will pack Hero FAMILY Packs for our military families as part of NC Operation: Military Kids for our community service project. An "OMK Challenge" within our district has been designed to see how many Hero FAMILY Packs the Northeast District can make. Attached is a list of items needed for the project. Please begin collecting articles and bring to the Teen Retreat. OMK workshops are scheduled to help you learn more about this great program!

DISTRICT SCRAPBOOK

District Reporter Joey Moore and the NED officers and advisors decided to create a Google document for each county to upload five pictures for the district scrapbook. The reporter with the help of the other district officers will compile these photos and finish our scrapbook at a later date.

DISTRICT OFFICER CAMPAIGNS:

If you are running for a district office, applications are due in the Pitt County 4-H office **January 30th**. Please be prepared for campaigning at Teen Retreat. **Each candidate should prepare a skit or speech, to be no longer than 2 minutes, and may include a maximum of eight participants, including the**

candidate. In addition, officers may submit a flyer to be included in county packets at Teen Retreat. Please submit your flyer with your application to the Pitt County 4-H office by **January 30th**. **No late flyers will be accepted.** Officers can also prepare an optional booth to be set up during the evening activities Friday night. These booths should be approximately the size of a tri-fold presentation board or smaller to fit on a table. Booths will be set up at the Washington Civic Center and will need to be manned by the officer candidate. Tables will be provided for each candidate.

TENTATIVE AGENDA

Friday

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|---------|---|
| 5-6:00 | District Officer Meeting at the Washington Civic Center |
| 6-7:00 | Check in at the Washington Civic Center |
| 7-8:00 | Opening Business Meeting, District Officer Campaign Skits, Agent Meeting – <u>Casual Dress</u> |
| 8-9:00 | Evening Activity |
| 9-10:00 | Campaign Booths Open for 4-H'ers to Browse |
| 10:00 | To Hotel: Comfort Inn, Washington |
| 10:30 | County Huddle (voting for district officers) |
| 11:00 | Lights Out |

Saturday

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|-------------|--|
| 8-9:00 | Breakfast at Golden Corral (<i>all counties</i>) |
| 9:30-9:45 | Opening and Welcome (<i>Beaufort Community College</i>) |
| 10-10:45 | Concurrent Workshops at Beaufort Community College – <u>Casual Dress</u> |
| 11-11:45 | Concurrent Workshops |
| 11:45-12:00 | Submit District Officer Ballots |
| 12-1:00 | Lunch at Beaufort Community College |
| 1-2:30 | OMK Challenge Community Service Project |
| 2:30-6:00 | Free Time & Banquet Prep (<i>See attached sheet for suggested activities</i>) |
| 6:30-8:00 | Banquet at Washington Yacht & Country Club (<i>Closing Business Meeting to conclude banquet</i>) – <u>Business Dress/Sunday's Best/Prom Attire (if 4-H'ers wish to wear)</u> |
| 8-10:30 | Dance |
| 10-10:45 | Travel back to Hotel: Comfort Inn, Washington |
| 10:45-11:00 | Evaluations (<i>in own hotel room</i>) |
| 11:00 | Lights Out |

Sunday

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|-----------|--|
| 7:45-8:15 | Counties A-H: Continental breakfast at hotel |
| 7:45-8:30 | Counties M-W: Continental breakfast at hotel |
| 8:30-8:45 | Pack Vans |
| 8:45-9:00 | Turn in Evaluations |
| 9:00 | Depart for home! Have a safe trip! |

Again, thank you for your support! We look forward to seeing each of you at Teen Retreat.

Sincerely,
District Officers Grace, Danny, Luke & Joey
&
Susan Tyre & Natalie Wayne, NED 4-H Agent Advisors